



The Times

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briefs

Native to head PSC

FRANKFORT — Stephanie L. Stumbo, a Kentucky native with extensive management experience in state and local government, has been named executive director of the Kentucky Public Service Commission (PSC).

Stumbo comes to the PSC from G&H International Services Inc. (GHIS), a Washington, D.C.-based consulting firm providing strategic and policy development support and program implementation services to a variety of clients. During her employment with GHIS, Stumbo served as program director for Kentucky.

Before joining GHIS, Stumbo was executive director of the Kentucky Community Development Office in the Governor's Office for Local Development, a role in which she managed the disbursement of grants to Kentucky communities. She also served as executive director of the regional Kentucky Works program in a 53-county area and as director of economic development for the Big Sandy Area Development District.

"Stephanie Stumbo's diversity and depth of experience will serve her well in administering an agency that deals with complex issues in a rapidly evolving regulatory environment," PSC Chairman Mark David Goss said. "We are pleased to welcome a person with her management skills to the PSC."

"The PSC staff is known for its expertise and dedication," Stumbo said. "I am honored that the commissioners and Governor Steve Beshear

(See PSC, page eight)

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DRUG ROUNDUP



Swathi Gutti, center, an eighth-grader from Mountain Christian Academy, was all smiles as she was named winner of the county's spelling bee Wednesday. Patricia Watson, right, presented the winning speller with her award, as runner-up Andrea Akers, an eighth-grader from Betsy Layne Elementary, looks on.

UNITE, local police hold roundup of drug suspects

Department, Floyd County Sheriff's Office, Kentucky Bureau of Investigation and Kentucky State Police.

Four suspects were rounded up in Floyd County — three from Cliffside apartments.

The subjects were rounded up and brought to Prestonsburg City Hall, where they were processed, interviewed and photographed.

Two suspects, Jerry Allen, 54, and David Jason Stevens, 29, were each arrested for one

count each of trafficking in a controlled substance.

Another two, who were arrested without incident, were Nancy Brow, 37, who was charged with three counts of trafficking in a controlled substance within 1,000 yards of a school and two counts of second-degree trafficking in a controlled substance, and Ronald Hamilton, 47, on four counts of trafficking in a controlled sub-

(See ROUNDUP, page eight)

Woman accused of stealing \$7,193 from band boosters

by JACK LATTA
STAFF WRITER

PRESTONSBURG — A Prestonsburg woman turned herself in last week after authorities were notified by the county attorney that she was under suspicion of stealing over \$7,000 from a high school fund raising group.

Nancy Hall, 31, was arrested after she reportedly confessed to taking money raised by the Prestonsburg High School Band Boosters. Hall was charged with 32 counts of first-degree forgery and one count of theft by unlawful taking over \$300.

According to the warrant, "Through March 2007, the defendant, with intent to defraud, deceive or injure another, falsely made, completed or altered a written instrument when the defendant unlawfully signed other persons' names 32 times to

checks to obtain \$7,193 belonging to the Prestonsburg High School Band Boosters."

Det. Steve Little said the complaint was originally made to Ted George, principal of PHS, and then passed along through the Board of Education before coming to the attention of the County Attorney's Office.

Little reported that Hall, who was acting as treasurer, apparently was doing fine until she got behind on some personal bills and saw that, "The money was there, and easy to get to." Little said Hall seemed relieved to confess.

Hall, who had previously been found guilty in Johnson County of theft by deception for writing cold checks under \$300, was released last Friday from the Floyd County Detention Center, after paying a \$1,500 cash bond.

2 DAY FORECAST

Today
Showers
High: 62 • Low: 43

Tomorrow
Storms
High: 62 • Low: 32

For up-to-the-minute forecasts, see floydcountytimes.com

First Easter egg has been found

by RALPH B. DAVIS
MANAGING EDITOR

test's first-ever internet component.

The official winners of the "Little Junior" are Allen May, 8, son of Kris and Drema May, of Maytown, and Rylee Samons, 4, and Mackynzie Samons, 9, the children of Ronnie and Renea Samons, of Martin.

(See EGG, page eight)

Local Red Cross office opens

by KATHY J. PRATER
FEATURES EDITOR

PRESTONSBURG — When disaster strikes, you need a friend nearby. In many cases, this friend is in the form of an American Red Cross volunteer. And that volunteer is now even closer to home than before.

Tuesday afternoon marked a new chapter in Floyd County history for a new local office of the American Red Cross, when the Big Sandy Area Red Cross held an official open house and ribbon cutting ceremony to announce its arrival in the community.

"Most people around here grew up with the same notion I did," said Robyn Tackett, executive director of the new chapter office. "They think of the Red Cross as the cavalry. They ride in when disaster strikes, clean up the mess and then ride back out. Well, that's not the way it is. We are here every day."

And with the opening of the new chapter office, located on South Central Avenue, in Prestonsburg, Red Cross services will be even more readily available to Floyd Countians and their neighbors.

Serving a seven-county area of Floyd, Johnson, Martin, Magoffin, Pike, Letcher and Knott counties, the local Red Cross chapter is ready to provide not only major disaster services affecting large numbers of families and communi-

ties, but they are ready to provide services to single families, as well, in times of need.

"As a matter of fact," Tackett said, "we actually provide service to more single-

(See RED CROSS, page eight)



A ribbon cutting ceremony was held Tuesday afternoon to welcome the opening of a local American Red Cross chapter office in our area. Pictured cutting the ceremonial ribbon are, from left to right, Martin County Judge-Executive Kelly Callahan, Johnson County Judge-Executive R.T. "Tucker" Daniel, Magoffin Deputy Judge-Executive Walter Hardin, Pike County Judge-Executive Wayne T. Rutherford, Letcher County Judge-Executive Jim Ward, and Floyd County Judge-Executive R.D. "Doc" Marshall. Directly behind Judge Daniel is the chapter's executive director, Robyn Tackett, along with members of the local chapter's board of directors.



Allen May, left, Mackynzie Samons and Rylee Samons turn in the winning "Little Junior" egg to Times Editor Ralph B. Davis. The 2008 Great Easter Egg Hunt continues, however, as the grand prize egg remains unfound.

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Obituaries

Senate clears overhauled pension proposal

Treeva C. Newman

Treeva C. Newman 81, wife of Clyde Newman, formerly of Hi Hat, died Friday, March 7, 2008, in Stuart, Florida. She was a retired teacher from the Floyd County School System.

Survivors include a son, Kenneth Newman and his wife, Gail, of Stuart, Florida; and two grandsons: Kreg Newman of Birmingham, Alabama; and Kris Newman of Stuart, Florida. She is also survived by a brother, Clement Caudill of Martin; and four sisters: Creeda Caudill of Stuart, Florida; Virginia Hogan of Ocala, Florida; Nelsba Baker of Mt. Vernon, Illinois; and Betty Poole of Xenia, Ohio.

(Paid obituary)

by **JOE BIESK**
ASSOCIATED PRESS

FRANKFORT — A plan lawmakers say will keep the state's pension system from financial disaster cleared the Senate on Wednesday.

The measure, which passed 33-3, would apply primarily to future employees.

Among other things, the plan would require all future state employees to work longer before retiring with full benefits and to contribute to an annuity savings account.

Gov. Steve Beshear outlined a proposal earlier this year, calling on the General Assembly to address the state retirement system's gaping \$26.6 billion unfunded liability. Beshear said the deficit accrued because of years of

inadequate investment returns, rising health care costs and underfunding from the legislature by about \$1.5 billion.

Beshear's proposal called for small changes to benefits for existing employees.

Kentucky's state retirement system covers more than 445,000 people, including state and county employees and public school teachers.

The Senate plan would remove financial burdens from local governments, said Senate President David Williams, R-Burkesville.

The House plan called for making state employees work 30 years, instead of the current 27, and until at least age 55 to be eligible for full retirement. Under the Senate proposal, an employee would not be eligible for retirement

until at least age 57.

Still, Williams said the plan would treat all future state employees and lawmakers the same in their retirement benefits. Future judges and legislators would no longer be part of a separate retirement plan, Williams said.

The measure had been approved by a Senate committee earlier in the day on a 9-1 vote.

Rep. Mike Cherry, a Princeton Democrat who sponsored the House plan, said the latest Senate plan had "a lot to be digested." Senate lawmakers unveiled the plan for the first time publicly on Wednesday, just hours before it was scheduled to be voted on by the full chamber.

Lawmakers on the panel noted that if the measure cleared the chamber, the final version would likely be negotiat-

ed between the House and Senate.

"I see areas that we can reach, I hope, some agreement on, and I see areas that I'm going to have to spend some more time," Cherry told reporters.

Lee Jackson, president of the Kentucky Association of State Employees, said he had some concerns about the mandatory annuity program. Jackson noted that employees currently have the option of participating in a voluntary deferred compensation program.

"In these tough times, with the economy the way it is, people having to pay high prices for gas and food and everything else," Jackson said, "1 percent may not seem like a lot of money to some people. But if you're barely scraping by, it makes a big difference."

□ □ □

James C. Ridgway

James C. Ridgway, 65, of McDowell, died Tuesday, March 11, 2008, at the Pikeville Medical Center.

Born September 26, 1942, in Michigan, he was the son of the late Dalton and Mary Isma Thacker Ridgway. He was a disabled meter reader for Columbia Gas; a veteran of the Vietnam War; and a member of Little Rosa Regular Baptist Church.

He is survived by his wife, Rita Ridgway.

Other survivors include two daughters and son-in-law: Rebecca Jo Ridgway of Evansville, Indiana; and Brandy Faye Ridgway Little (husband, Brian Little) of Melvin; a step-son, Jerry Thomas Elliott of McDowell; four brothers: Johnny Ridgway, Lewis Ridgway, Robert Ridgway, and Edward Ridgway; two sisters: Louise and JoAnn; and four grandchildren: Blaine, Briana, Brenden, and Brittney.

In addition to his parents, he was preceded in death by a brother, Billy Ridgway.

Funeral services will be held Friday, March 14, at 11 a.m., at Nelson-Frazier Funeral Home, in Martin, with Regular Baptist ministers and Drift Community Church ministers officiating.

Military rites will be conducted by DAV Chapter 128, at Garrett.

Burial will be in the Little Cemetery, in Weeksbury, under the direction of Nelson-Frazier Funeral Home.

Visitation is at the funeral home.

(Paid obituary)

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AARP

Jenny Wiley Chapter AARP to conduct March meeting at East Ky. Science Center

Jenny Wiley Chapter No. 3528, AARP, will, in its first meeting of the year, meet Tuesday, March 18, at 6 p.m., at the Eastern Kentucky Science Center for a brief meeting.

Following the meeting they will attend a planetarium show.

All members and friends are encouraged to attend.

There is no charge for the show.



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For the Record

Marriage Licenses

Johnda Leadingham, 29, to Dennis Hammonds, 34, both of Banner
 Tiffany Mullins, 18, to Dewey Conway, 18, both of Galveston.
 Emily Salyer, 25, Robert Hurd, 29, both of Prestonsburg.
 Brittany Newsome, 19, to Marvin Tackett, 24, both of Teaberry.
 Kimberly Mullins, 37, to Delmar Baldrige, 50, both of Prestonsburg.
 Summer Lyons, 29, to Christopher Johnson, 29, both of Prestonsburg.
 Fayla Shepherd, 22, of Garrett, to Francisco Dominguez, 22, of Langley.
 Teresa Adams, 42, to Reggie Cook, 56, both of Ivel.

Civil Suits Filed

Robert Huhn vs. Patty Clark
 Barbara Ferrell vs. John Kidd
 James E. Johnson vs. Krystal Compton
 Nicholas Hall vs. Latasha Hall
 Tammy Gannon vs. Danco Trucking
 Discover Bank vs. Doug E. Johnson
 Deutsche Bank vs. Alexander Hall
 Lewis E. Hall vs. Harold Nelson, et al
 Kimberly Akers vs. Sean Flannery
 Lori Regal vs. Dennis Regal
 Linda Staggs vs. Connie Staggs
 Kelly A. Miller vs. Dustin K. Justice
 Richard Bevins vs. Angela Bevins
 Commonwealth Credit Union vs. Lee E. Ratliff
 Arrow Financial Services vs. Jennifer Hunt
 Wells Fargo vs. Randal C. Holbrook, et al
 Amex Centurion Bank vs. Todd Prater
 Countrywide Homes vs.

Gary Conley
 Howard Sturgill vs. American Country
 Duane Branham vs. Leatrice Branham
 Bean Taylor & Whitaker Mortgage Corp. vs. Kimberly Rackey, et al.
 Marlene Dingus vs. Charles "Chuck" Meade
 Unifund CCR Partners vs. Clarence Brown
 Kent A. Metcalf vs. Trudy Wade

Small Claims Filings

NCO Portfolio Mgt. vs. Jessica Johnson
 Capital One Bank vs. Irene Johnson
 Pioneer Credit Co. vs. Rebecca D. Swanson
 Capital One Bank vs. Kayla R. Chapman
 NCO Portfolio vs. John S. Stumbo II
 Capital One Bank vs. James H. Isaacs
 Capital One Bank vs. Audrey M. Jones
 Midland Funding vs. Michael Hall
 Midland Funding vs. Mary Tackett
 HSBC Bank Nevada vs. Charles Scoville
 Midland Funding vs. Rex Gayheart Jr.
 Housing Authority of Martin vs. Hope M. Rose
 Housing Authority of Martin vs. Charles Twiss
 McDowell ARH vs. James Hamilton
 Baptist Healthcare System vs. Charlie Stewart
 Cash in Hand vs. Kayla Stewart Harris
 Cash in Hand vs. Regina Jervis

Charges Filed

Larry D. Hall, 49, of Grethel, possession controlled substance; controlled substance, prescription, not in original container.
 Susan A. Keathley, 36, of Galveston, assault; resisting arrest; disorderly conduct.

Donna Patton, 47, of East Point, failure to send child to school.

Cheryl Rogers, 31, of Betsy Layne, failure to send child to school.

Nicole Michelle Smith, 29, of Prestonsburg, terroristic threatening (2 cts.)

Karen Kay Smith, 55, of East Point, terroristic threatening; criminal trespassing.

Lisa Darby, 24, of Allen, failure to send child to school.

James C. Smith, 45, of Martin, assault/domestic violence.

Rita Collins, 57, of Prestonsburg, failure to send child to school.

Retta Castle McKenzie, 32, of Prestonsburg, failure to send child to school.

Angela Goble, 24, of Prestonsburg, failure to send child to school.

Brenda R. Stacey, 53, of East Point, terroristic threatening (2 cts.)

William Lee Martin, 43, of Hazard, alcohol intoxication, public place.

Brenda Sohl, 43, of Prestonsburg, unauthorized signature on credit card.

Evelyn S. Johnson, 23, of Lexington, alcohol intoxication, public place; possession open alcohol beverage container in motor vehicle.

Julia McGuire, 36, of Hi Hat, failure to send child to school.

Robert Lewis Piercey, 53, alcohol intoxication, public place.

Mary Johnson, 34, of Wheelwright, failure to send child to school.

Esther Johnson, 38, of Melvin, failure to send child to school.

Mike Johnson, 42, of Melvin, theft by unlawful taking.

Melissa Manock, of Prestonsburg, harassment.

Racheal Jervis, 31, of Allen, alcohol intoxication, public place.

Jason Lee Mollette, 30, of Paintsville, alcohol intoxication, public place.

Chuck Jason Caudill, 30, of Topmost, operating motor vehicle on suspended/revoked license; possession controlled substance; controlled substance, prescription, not in original container; use/possession drug paraphernalia.

Terry Hall, 41, of Banner, domestic violence.

Jeremy Keith Reed, 27, of Bevinville, public intoxication, controlled substance.

Laudie E. Mullins, 54, of Hi Hat, alcohol intoxication, public place.

Steven J. Bobo, 25, of Prestonsburg, alcohol intoxication, public place.

Bobby L. Hall, 27, of Prestonsburg, endangering welfare of minor.

Rachel Lynn Friend, 27, of Ivel, public intoxication, controlled substance.

Garland Chapman Jr., 25, of Pikeville, possession controlled substance; controlled substance, prescription, not in original container; use/possession drug paraphernalia; menacing.

Jeffrey Caudill, 45, of McArthur, Ohio, public intoxication, controlled substance.

Wendy Boyd, 28, of Betsy Layne, operating motor vehicle under influence of alcohol/drugs; endangering welfare of minor.

Eric DeRossett, 19, of Hi Hat, public intoxication, controlled substance.

Brian Wesley Jarrell, 39, of Nippa, speeding; failure to wear seat belt; possession marijuana; possession open alcohol beverage container in motor vehicle.

Charles Keith Hall, 29, of Teaberry, alcohol intoxication, public place; disorderly conduct.

Sara D. Hinton, 26, of Prestonsburg, possession marijuana.

Chester J. Cunningham, 22,

of Manson, Michigan, possession marijuana.

Remanda A. Fath, 24, of Manson, Michigan, possession marijuana.

Christopher Henson, 18, of McDowell, possession cigarette lighter on school premises.

Steve Bolen, 49, of Garrett, rape.

Nancy Carol Hall, 31, of Prestonsburg, forgery (32 counts); theft by unlawful taking.

Inspections

Taco Bell, Prestonsburg, regular inspection. Violations noted: Sanitary Towel or Hand Drying device not provided at lavatory or hand washing sink. Garbage and refuse containers not covered as required. Floors not in good repair. Lighting not provided as required. Employees personal items not stored properly. Score: 93.

Our Lady of the Way, Martin, regular inspection. Violations noted: Employees personal items not stored properly. Score: 99.

The Perfect Setting, McDowell, regular inspection. Violations noted: Commercially canned or packaged products improperly labeled. Lack of numerically scaled thermometer for checking cooking and holding temperature of potentially hazardous food. Food contact surface of equipment and utensils not free of abrasive. Score: 96.

Hi-Lite Pizza, Minnie, regular inspection. Violations noted: Lack of numerically scaled thermometer for checking cook and holding temperature of potentially hazardous food. Lack of effective hair restraints. Where chemical sanitization methods are employed, operators not providing and using chemical test kits. Cloths used for food and non food contact surfaces not stored and rinsed frequently in water sanitizing solution. Employees personal items not stored properly. Score: 95.

Smith S Grocery, Banner, regular inspection. Violations noted: Lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods. Toilet room doors not self-closing. Floors not in good repair. Score: 96.

Bitter Sweet By, Eastern, regular inspection. Violations noted: Lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods. Lack of effective hair restraints. Score: 98.

Property Transfers

Gary and Linda Bevins to US Bank NA; location undisclosed.

Ruby Colgrove to Lassale Bank NA; location undisclosed.

Community Trust Bank to Michael Trimble; location undisclosed.

Gary Conley to Karen Stiltner; Martin Addition to Estill

Floyd and Nancy Davis to Judith Ham; Left hand for of Middle Creek.

Dorothy Dotson to Edith and Jerry Butcher; Stephens Branch.

Burnetta and Tommy Hall to John Hall; Amanda & TJ Dingus Subdivision.

Cecil Hamm to Floyd Davis; Left Hand Fork of Middle Creek.

Judith Hamm to Floyd Davis; Left Hand Fork of Middle Creek.

Keith and Sara Hatch to Frederick Farrar; location undisclosed.

Jamie and Thomas Hereford IV to Jamie and Thomas Hereford IV; Hager Branch.

Jamie and Thomas Hereford IV to Jamie and Thomas Hereford IV; Meadows Branch.

Ben Hicks to Adam Hicks; Stone Creek.

Sylvia Howell to Cathy and Timmy Cook; Branham Creek.

Gypsie Jones to Calvin and Phyllis Herrick; Davids Memorial Gardens.

Thelma Jones to Forrest and Glenn Jones; location undisclosed.

Master Commissioner William Kendrick to US Bank NA; location undisclosed.

Master Commissioner William Kendrick to Lasalle Bank NA; location undisclosed.

Lisa and Timothy Malone to Freddy and Glenda Bush; location undisclosed.

Melissa Meade to Phillip Meade; location undisclosed.

Jennifer and Tristan Parsons to Bryan Cox; location undisclosed.

Urban Peters to Billy Delia Crace; New Martin Addition.

Chandra Ratliff to Lasalle Bank NA; location undisclosed.

Riteway Builders to Jeremy and Jessica Shepherd; Right fork of Middle Creek.

Anita and Stephen Roberts to Anita and Stephen Roberts; Pike Floyd Hollow.

Amanda and Daniel Rowe, Kevin and Stephanie Williams to Bryan Cox; location undisclosed.

Gene Schifle to Jeremy and Jessica Shepherd; Right Fork of Middle Creek.

Rodney Stone to Lorna Stone; location undisclosed.

Irene Sparks to Kathryn Jackson and Michael Jarrel; location undisclosed.

Lizzie Thornsbury to Don Burk; location undisclosed.

US Bank to US Bank; location undisclosed.

Lila Vanhousse to Rhonda and Shawn Woods; location undisclosed.

Senate Democratic Caucus Chair Johnny Ray Turner, D-Drift, recognized family, friends and co-workers of the late Christa Dawn Burchett on the floor of the State Senate Tuesday and asked for a moment of silence in her honor. The Senate also adjourned in honor of Burchett, who was killed in a tragic accident Jan. 28. On that morning, Burchett responded to a call for help from a young mother-to-be who had lost control of her car on an icy road in Paintsville. While assisting her, a tractor-trailer loaded with coal slid on the highway and hit both women. They both died. Along with Burchett's parents, Redford and Melinda LeMaster, and daughter, Olivia Burchett, others to visit the Senate were Paintsville Fire Chief Bob Dixon, Mayor Bob Porter and fellow fire fighters.



House passes energy incentives bill, 97-0

FRANKFORT — A bill that would provide tax incentives for energy-efficient improvements to homes and businesses cleared the Kentucky House by a 97-0 vote today.

House Bill 2, sponsored by House Majority Floor Leader Rep. Rocky Adkins, would offer limited nonrefundable tax credits for energy improvements including, but not limited to, insulation upgrades, solar and wind systems, energy efficient lighting or HVAC systems and purchase or construction of an "Energy Star" (federal

Energy Star program) dwelling. Credits would total up to \$500 per taxpayer for residential projects, up to \$1,000 per taxpayer on commercial and multi-family rental property projects (for some upgrades), \$800 per taxpayer for purchase or construction of an Energy Star home and \$400 for purchase of an Energy Star manufactured home.

The credits would be offered between 2009 and 2015, and would help Kentucky's energy policy to continue moving forward, said Adkins, D-Sandy Hook.

"During the special session last year, this General Assembly (took) a very significant step toward putting Kentucky at the forefront of the energy arena," said Adkins. "This is the next step."

Other provisions in HB 2 would increase construction of energy efficient state buildings, assess potential energy savings in public school buildings and promote private investment in hydroelectric power at Kentucky River dams.

The bill now goes to the Senate for its consideration.

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Viewpoint

Worth Repeating ...

Hollywood is a place where they'll pay you a thousand dollars for a kiss and fifty cents for your soul.

— Marilyn Monroe

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

— Guest View —

Editorial roundup

South Florida Sun-Sentinel, Fort Lauderdale, Fla., on why Florida Democratic voters should focus on November elections and forget about a primary do-over:

The latest iteration to resolve an irresolvable disaster is a do-over Florida Democratic primary via the postal system. Democratic voters would be asked to mail their ballots by a deadline date this spring.

Sounds good, except someone still has to figure out how to pay for it. Using Florida tax money is out of the question. ...

The only fair, face-saving way out of this mess is for Florida Democrats to accede to the delegate ban until a nominee is chosen. Once that's done, the nominee should invite the Florida delegation to be seated at the national convention, and to cast their votes in the name of party unity.

It should be embarrassing to Florida Democrats that, having railed about being disenfranchised in the 2000 presidential election, they've now been disenfranchised by their own party. However, there's not a solution to their plight, and it's best they focus their time, energy and money on the November general election.

Times Union, Albany, N.Y., on primaries in Florida and Michigan:

It's been weeks since it made any sense at all for Democratic National Committee chairman Howard Dean and other party leaders to try to impose some discipline on the unwieldy process of trying to choose a presidential nominee. Two huge and critically important states wanted to hold their primaries in January, before almost everyone else?

Sure, don't seat their delegates. Send 'em a message. ...

But the campaign of 2008 is an extraordinary one, so brutally competitive and so tantalizingly close that literally every state will need to have its say before it's even remotely clear whether Sen. Hillary Rodham Clinton or Sen. Barack Obama has a more legitimate claim on the 2,025 delegates required to win the nomination.

A party convention without Florida's 210 delegates or Michigan's 156 delegates would be worse than a farce. ...

It's encouraging, then, to see Democrats are swallowing hard and accepting the reality of having both Florida and Michigan vote again. Oh, the weekend was full of mild bickering, with various Democrats offering contrary opinions over how to proceed.

A primary by mail?

An election of such huge potential consequence probably isn't the time for the state to try what it hasn't tried before, argues Rep. Debbie Wasserman Schultz of Florida. She could make the same point about Michigan.

So, more traditional voting, then? And who'll pay for all this? ...

"The only thing I know to do is to do it over," says Sen. Bill Nelson of Florida.

Not exactly words of eloquence. But sage words nonetheless. ...

Vindicator, Youngstown, Ohio, on national security and personal privacy:

In the immediate aftermath of Sept. 11, 2001, very few politicians were willing to challenge the administration's demand for new surveillance powers contained in what was cleverly dubbed the USA Patriot Act. ...

Today, there is a different climate in Washington and national politics. It is not that Americans are any more willing to be attacked by terrorists than they were in 2002 or 2004, but they have reason to be more suspicious of whether the government is using its expanded powers responsibly.

They've come to realize that when government officials are given the authority to snoop into what American citizens are doing, snoop they will.

And last week, FBI Director Robert Mueller acknowledged that his agency improperly used national security letters in 2006 to obtain personal data on Americans during investigations. ...

So the FBI's acknowledgment that it underreported the number of national-security letters it issued by 4,600 in 2006 is unsettling.

Congress should renew its efforts to establish some type of independent oversight of national security letters. That would provide Congress with the ability to determine whether the extraordinary power the administration has been given is not being abused and whether the letters are as effective an anti-terrorism tool as the administration claims them to be.



— Guest column —

House week in review

by STATE REP. HUBERT COLLINS

Lawmakers in the Kentucky House were anticipating a vote in committee and in the full House early this week on a state Executive Branch budget that will outline approximately \$18 billion in spending on state programs through 2010.

Steps were taken by the House Appropriations and Revenue Committee last week to prepare the bill, House Bill 406, for a floor vote this week when the committee took a procedural vote on the bill that enabled it to get two of the three "readings"—or reporting before the full House—required for passage. The same action was taken by the committee on the Legislative and Judicial budgets -- HBs 407 and 408 -- which are expected to be voted on by the House the same day as the Executive Branch budget.

Actual committee passage of the state budget bill and other two budget bills, however, will not come until the House budget committee officially votes to send the legislation to the full House, a vote that was expected on Monday. Since that vote was expected to be taken after this column was prepared, any details about the budget legislation will have to be reported to you next week.

What I can tell you now is that after the budget measures pass the House, they will go to the Senate where many changes will likely be made to the Executive Branch budget bill. It will then be up to law-

makers from both chambers to hammer out an agreement on the final version of the bill, a process that normally takes place in a House-Senate conference committee during the session's final days. The current state budget crisis will make any final budget compromise between the House and Senate difficult to arrive at, but lawmakers remain dedicated to meeting as many critical budget needs as possible.

A House committee largely agreed to Senate language in an education bill last week when it passed Senate Bill 2, a measure that would offer several incentives to increase the number of students taking advanced math and science courses in Kentucky.

Only a few changes were made to the bill by the House Education Committee, including a provision that would allow high schools to use start-up grants to pay for college training of advanced math and science teachers. Other changes would require the Kentucky Department of Education to provide an ACT prep program to all high school juniors (if funding is available) and clarify that each middle school must have a policy for moving students into advanced classes like algebra and chemistry, if the students meet certain requirements. SB 2 now goes to the full House for a vote.

Incentives were also approved by the House Appropriations and Revenue Committee last week as part of an energy bill that would expand upon policy changes in HB 1, approved by state lawmakers last year.

HB 2 would provide tax credits for renewable energy and energy efficient improvements to homes

and businesses in Kentucky between 2009 and 2015. Other provisions would increase construction of energy-efficient state buildings, help to assess potential energy savings in public school buildings, promote private investment in hydroelectric power at Kentucky River dams under the jurisdiction of the Kentucky River Authority, and create a Center for Renewable Energy Research and Environmental Stewardship to support the state's renewable energy efforts. The measure now goes to the full House for its consideration.

Bills affecting the health and safety of Kentuckians of all ages have received broad support in the House throughout this session, and last week was no exception. Health-related legislation approved by the chamber included HB 371, which would improve access to trauma care statewide, and HB 186, which would require all children ages three to six who are enrolling for the first time in public school, public preschool or Head Start to have a dental examination beginning in 2010. The legislation passed 96-0 and 91-4 respectively and now goes to the Senate for its consideration.

Incredibly, only 17 days remain in the 2008 Regular Session. The real crush of passing legislation is yet to come, although no new bills can be filed at this point in either the House or the Senate. We can only focus on the bills and the issues now before us.

If you would like to share your comments or concerns with me or another legislator about any legislation under consideration this session, please call the toll-free Legislative Message Line at 800-372-7181.



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In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

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THROUGH MY EYES

Look out! It's a monsoon!

I can barely describe the joy I felt as the warmth of the pulsating water from the showerhead cascaded down the entire length of my body. Soaking the tip-top of my head, down my back and past my toes, disappearing into the drain; the warm water felt like heaven to my soul as I readied myself for work this past Tuesday morning.

After being without hot water in my bathtub since last Thursday afternoon, I can assure you, folks, that it is, indeed, the "little" things in life that bring most pleasure.

My family and I were not without water entirely. We had water, both hot and cold, in the various

(See EYES, page seven)

DINNER DIVA

Cellular nutrition

by LEANNE ELY

This morning as I was reading my email, I saw an ad for chemotherapy. Yes, you read that right. A long time ago, in a place not so far away, this would have never happened. Cancer was talked about in hushed tones, fear was the plumb line and there was no such thing as a print ad or commercial for cancer products!

But it's not like that today. Cancer is as ordinary as the common cold and while still feared, it's talked about a lot more openly, and it's discussed at the dinner table. Thankfully, the options for treatment have improved dramatically.

On one hand, I'm happy to see this disease taken out of the closet. On the other hand, I'm alarmed that a disease with so much money spent on research, hasn't been

(See DIVA, page seven)

School Awards

Something to brag about

At the February 25 meeting of the Floyd County Board of Education, held at Betsy Layne Elementary School, the members of the district board recognized several of the county's schools for recent accomplishments.

Five schools, May Valley Elementary, Allen Elementary School, Betsy Layne High School, Allen Central Middle School, and Adams Middle School, were awarded plaques in recognition of high achievement on the 2006-2007 round of CATS testing.

Members representing their various districts, along with Supt. Henry Webb, presented administrators from the schools with their respective "Bragging Rights" plaques.

May Valley Elementary School was awarded a plaque in recognition of being the district K-5 school with the highest CATS scores in grades 4-5; Allen Elementary School was recognized for being the district K-8 school with the highest CATS scores in grades 4-8; Betsy Layne High School was recognized for being the district high school with the highest composite CATS scores; and, Allen Central Middle School and Adams Middle School tied for the honor of being the district middle school with the highest CATS scores for grades 7 and 8.

The Floyd County Board of Education is proud of these schools and their accomplishments, as well as all the other district school's staff and students who put forth great effort each day to being the very best they can be. Congratulations!



Adams Middle School Principal Jack Goodman with staff and board representative Linda Gearheart.



Allen Elementary School Principal Tony Childers and school staff with board representative Dr. Chandra Varia.



Allen Central Middle School Principal Davida Bickford with staff and board representative Sherry Robinson.



Betsy Layne High School Assistant Principal Brent Rose with staff and board representative Jeff Stumbo.



Staff of May Valley Elementary School with May Valley Principal Tonya Williams and board representative Dr. Chandra Varia.

FLY LADY

Calendar happiness

by MARLA CILLEY

A couple of years ago, Dr. Steven Covey and I were speaking to an audience of over ten thousand people. Before the event, he had called me to his dressing room and wanted to know just exactly what "The FlyLady" did! I kind of laughed out loud.

I told Dr. Covey to think of it like this: "Once my ladies graduate from FlyLady they can understand his planner." I still don't think, though, that he could grasp how anyone could not

comprehend how to use his planner.

This is what has happened to us our whole lives. The born organized folks often looked at us in dismay because we could not do things the way they expected. Our inability to process Born Organized instructions does not make us stupid. Would we be ostracized if we spoke a different language?

We are creative people who just want to have fun. Our spontaneity can be an asset but it can also interfere with our creativity. When we miss an appointment or an important event

because we got sidetracked again, we feel guilty. This guilt becomes the roadblock to loving ourselves.

As I told Dr. Covey, I help my ladies establish routines that include checking their calendars each morning and evening. In our excitement to start another beautiful day, we sometimes forget to check our calendar for what's next. I know why this happens to us. With a planner, it is usually hiding from us in our bottomless pits of a purse. As with most things in our lives, if they are "out of sight" they are "out of mind."

Over the years, I have spent thousands of dollars on the perfect planner. Nothing ever worked well for me and I

now know why! I was afraid to mess it up with my handwriting. I would buy a planner system only to look like I had myself organized. You can't have the perfect planner if you allow your perfectionism to get in the way of using it. The sad part was that planners don't come with instructions. We are just expected to know how to use them.

I finally figured out that I needed a calendar that would get my attention; one with big spaces so I could write large enough to see. The most important rule for using a calendar is to remember to look at it. Procrastination is another big stumbling block to cal-



(See FLY LADY, page seven)

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Family Medicine

Martha A. Simpson, D.O., M.B.A.
Associate Professor
of Family Medicine

Treatment of co-worker's bad breath would depend on cause

Here is a problem that a lot of people have, but they often don't know they have it or what to do about it. I'm talking about halitosis! I work with a person who has it so bad you have to get across the room to avoid it. What can be done to help this problem, and how can we let people know without embarrassing them or ourselves?

I really can't answer your last question - that would best be handled by a personal advice or manners columnist, but I can tell you some things that might be going on with your co-worker. For convenience sake, I'll address this question as though you are the one with the

problem. You can take it from there. Bad breath, or halitosis, is very common, but usually it's only an occasional and temporary problem. A typical scenario is going out to lunch and eating a meal with a lot of onions, garlic or other pungent foods. In these situations, using a mouthwash or brushing your teeth might help some, but the smell will probably keep coming back until enough time has passed. This is because oils from these foods get into your blood and the "smelly air" comes from your lungs - not your mouth. On the other hand, chronic bad breath can be caused by a number of things. The primary cause is bacterial

overgrowth in the mouth due to dental problems and/or poor dental hygiene. It is easy for this overgrowth to occur because the warm, dark, and moist environment in your mouth provides an ideal environment for bacteria to flourish. The bad breath is caused by foul-smelling chemicals these bacteria produce. The remedy for this kind of halitosis can start with a visit to your dentist. He or she can inspect your mouth for gum disease, teeth problems and denture issues that might be causing your problem. You'll also be instructed in good dental hygiene techniques. These will include brushing your teeth every morning, after every meal, and each night before you go to bed. Daily flossing is also advisable, and perhaps the use of a water pic. You may also be told to brush your tongue daily. Tongue brushing does not need to be vigorous but just enough to clean your tongue. If you wear dentures, you might ask your

dentist for additional instruction on how to clean them. Sometimes bad breath is caused by a dry mouth. This can be from medications, dentures or smoking. Drinking more water can help this problem. Sucking on sugar-free hard candy can also increase saliva production. Medical conditions such as lung disease, kidney disorders and liver failure can also cause bad breath. Chronic acid reflux and uncontrolled diabetes are also illnesses that can cause halitosis. These problems should be diagnosed and treated to get rid of the bad breath. An often overlooked cause of bad breath is fad dieting. Severely restricting carbohydrates, for instance, causes your body to produce ketones. When these move through the blood stream to the lungs they can be exhaled and produce what's been described as "rotten apple breath." Treatment for halitosis is aimed at

the underlying cause. Go to the dentist, improve your brushing and flossing and drink more water. These things alone can improve your breath. Avoid offending foods, and discuss your medications with your physician to see if they are the cause of your problem. Get any medical conditions you have under control. *Family Medicine® is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicine-news.org. Medical information in this column is provided as an educational service only. It does not replace the judgment of your personal physician, who should be relied on to diagnose and recommend treatment for any medical conditions. Past columns are available online at familymedicine.org.*

School Happenings

Adams Middle School Youth Services Center

- "Get Moving AMS" will meet on Mondays, beginning Feb. 25, for six weeks. Students may sign up in the Youth Services Center.
- March 25 - Magic Me (weather permitting).
- March 14 - 4-H Camp promotion.
- March 27 - Dept. of Transportation will present a Hands On Student Simulation for 8th graders on the dangers of drinking and driving.
- April 10 - Give Yourself a Break Day, parent program.
- Lending Library available for student/parent use. Pamphlets, videos, books and more on a variety of topics available.
- Appointments now available with the Floyd County Health Dept. nurse. Nurse can do school physicals and immunizations on site. Please call 886-1297 to schedule an appointment.
- The Youth Services Center provides services to families regardless of income. Please contact the center for more information on center services and programs. Call the center at 886-1297. Coordinator is Michelle Keathley.

Allen Central High School

- March 15 - JROTC trip to Fort Knox.
- March 17 thru 21 - Spring Break.
- March 24 - Camp Nathaniel, 9:30 a.m.
- March 25 - ACT make-up exam.
- March 26 - ROTC formal inspection.
- March 27 - Open House
- March 29 - Military Ball
- Center hours: 8 a.m. to 3:30 p.m., Mon. thru Fri. Sharon Collins, coordinator. Telephone 358-3048. Center provides services for all families regardless of income.

Allen Central Middle School

- Please have your Food City Valu Card scanned for ACMS! Points help purchase school merchandise.
- March 26 - CPR training for 8th grade.
- March 27 - Advisory Council meeting, 8:30 a.m., in YSC.
- March 29 - "Fun Fair for New and Expectant Parents," 9 a.m. to 12 p.m., at the MAC. For Floyd County expectant parents and parents of children up to 1 year old.
- March 29 - Last day for ACMS to receive Food City points for merchandise.
- Career Decisions and Job Development videos available in YSC lending library.
- The ACMS Youth Service Center offers services to all families, regardless of income. For more information, call Marilyn Bailey, center coordinator, at 358-0134.

Allen Elementary and Family Resource Youth Service Center.

- Call Allen Elementary Youth Service Center at 874-0621 to schedule your child's Hepatitis B vaccination, immunizations, and WIC appointments.

Betsy Layne Elementary

- Center hours are 8 a.m. to 3 p.m., Mon. thru Fri. Center offers services to all families, regardless of income.
- The Betsy Layne Elementary Family Resource Youth Service Center is located in the 7th and 8th grade wing. The goal of the FRYSC is to meet the needs of all children and their families who reside in the community or neighborhood by the school in which the center is located. For further information, please contact the center at 478-5550.
- Brian H. Akers, Center Coordinator.

Duff Elementary

- Center is in need of gently used clothing, shoes, belts and backpacks. All donations greatly appreciated.
- Floyd County Health Dept. is on site three days per month. Services include 6th grade school entry physical; kindergarten, Head Start and well-child physicals (age birth to 18 years); T.B. skin test; T.D. boosters; and WIC services. Please call 358-9878 for appointment if you are in need of any of these services.
- The J.A. Duff Elementary Family Resource Center provides services for all families regardless of income. We are located in the area where the old main office used to be. Contact persons are Judy Handshoe, coordinator.

May Valley Elementary

- March 27 - Special-called PTO meeting, 6 p.m., in library.
- May Valley is currently accepting applications for the May Valley Elementary Early Childhood Program (3-4 year olds). Fee for services is \$18/per day. Services available Mon. thru Fri. Contact school at 285-0883 for more information. Slots will be filled on first-come, first-serve basis. Remaining applicants will be placed on waiting list.
- March 24, 25 - Quality Kids (personal hygiene program).
- Parent Lending Library is available to parents for video check-outs. A variety of topics are available.
- Floyd County Health Dept. nurse at school every Wednesday. Services include Head Start physicals, kindergarten physicals, 6th grade physicals, well-child physicals, immunizations, TB skin test, WIC program, blood pressure checks, and more. Must call the FRC at 285-0321 for an appointment.

McDowell Elementary and Family Resource Center.

- Parents of 5th grade students are urged to call the FRC and make an appointment for their child's 6th grade physical exam!
- Floyd County Health Department Nurse Joy Moore, is at the center the first three Mondays each month to administer immunizations, T.B. skin tests, well-child exams, WIC, prenatal and post-partum services, and school physicals. Call 377-

2678 for an appointment.

- Parent lending library available to all parents for video/book checkouts. A variety of topics are available.
- GED classes available at FRC each Monday, 8 a.m. to 12 p.m., in library.
- Family Resource Center is open weekdays, 7 a.m. to 3:30 p.m. Center is located upstairs in the old high school building, on the McDowell Elementary School campus. For further information, call Clara Johnson, director, at 377-2678. The McDowell FRC provides services to all MES students and their families, regardless of income.

Mountain Christian Academy

- Tuition assistance and bus transportation is available. For more information or a tour of the school, call 285-5141 or 285-5142.
- Call 285-5141, Mon. thru Fri., from 8 a.m. to 4 p.m.
- MCA is an accredited non-denominational Christian school.

Prestonsburg Elementary and Family Resource Center.

- April 10 - "Give Yourself a Break Day," 9 a.m. to 2 p.m., at the MAC. Parents/guardians of students enrolled in Floyd County Schools invited.
- The Family Resource Center is open weekdays 8 a.m.-4 p.m., and later by appointment. Office provides services for all families, regardless of income.
- After-School Child Care: 3-6 p.m.
- School hours: 8:15 a.m. to 3 p.m.
- Call 886-7088 for information and referrals regarding GED classes, preschool child care, and other programs or services offered to the community. Reminder: The Floyd County Health Dept. offers services through the AMS Youth Services Center. Call the AMS Center at 886-1297 to schedule appointments for WIC, HeadStart, Kindergarten, 6th grade exams, and well-child exams from birth to 18 years.

South Floyd Youth Services Center

- Floyd County Substance Abuse Counselor will be on South Floyd campus on Mondays; Mt. Comp Care counselor will be on campus on Tuesdays. If you need to speak with either counselor, contact the SFYSC.
- SFHS and SFMS Parent Volunteer training held throughout the year. Watch for dates TBA.
- Juniors and Seniors will attend the pre-Prom program at the MAC in May.
- Parents needing assistance with daycare may contact Mable Hall for information, or the "A Step Ahead" daycare center, at 452-1100.
- Walking track open to public (track closed during special events).
- The center has a one-stop career station satellite that is available to the community as well as students.

Stumbo Elementary/Mud Creek Family Resource & Youth Service Center

- All new students and visitors, stop by the Center, located on the South Floyd campus, Room 232, and see Mable Hall. Open 8 a.m. to 4 p.m., Mon. thru Fri.
- For more information call 452-9600 or 452-9607, ext. 243 or 153.
- March 14 - Joe Washington, 9 a.m.
- March 26 - Parent Support Group meeting, 12:30 p.m.
- March 26 - Safety & First Aid program, 4th and 7th grades; presented by Melissa Perry, McDowell ARH.
- John M. Stumbo Elementary is currently registering students for Kindergarten. Parents/guardians may pick up packets in school office.
- Lost & Found located in the Family Resource Center. If your child has lost an item, please contact us as soon as possible. Items left over two weeks become the property of the center and will be donated to charity.
- Resource Center hours are 8:00 a.m. to 4:00 p.m. Parents and community members are welcome to visit. For questions, call the center at 587-2233 and ask for Anita Tackett, Center Coordinator or Joyce Blackburn, Assistant.
- W.D. Osborne "Rainbow Junction" Family Resource Center
- Healthy Floyd County 2010 Oral Health/Dental Initiative Program: Hygienist scheduled to be at Osborne

Wesley Christian School

- March 20 - Deadline for Yearbook orders.
- March 21 - No School - Good Friday.
- March 24-28 - No School - Spring Break.
- April 22 thru 25 - Stanford testing.
- May 1, 2, 8, 9 - WCS Aldersgate Camp Family Retreats. K-4 through 2nd grade on May 1, 2; 3rd grade through 7th grade on May 8, 9.
- WCS Learning Center accepts toddlers, preschool age (2-4). Hours: 7:30 a.m. to

Big Sandy Community & Technical College Adult Education and GED

- Monday: 8 a.m. to 12 p.m. - McDowell FRC; Martin Comm. Ctr.; Auxier Learning Ctr.; BSCTC.
- 1-4:30 p.m. - BSCTC; Martin Comm. Ctr.
- 1:30 - 5 p.m. - Wheelwright Baptist Church.
- Tuesday: 8 a.m. to 12 p.m. - Mud Creek Clinic; BSCTC.
- 9:00 a.m. to 12 p.m. - David Craft Center.
- 9:30 a.m. to 12 p.m. - Dixie Apartments.
- 1-4:30 p.m. - BSCTC; Mud Creek Clinic; Floyd County Jail.
- 6-8 p.m. - Auxier Learning Ctr.; Martin Community Ctr.
- Wednesday: 8 a.m. to 12 p.m. - Martin Comm. Ctr.; Auxier Learning Ctr.; BSCTC.
- 1-4:30 p.m. - Layne House; BSCTC; Floyd County Jail.
- 6-8 p.m. - BSCTC.
- Thursday: 8 a.m. to 12 p.m. - BSCTC.
- 8 a.m. to 4:30 p.m. - Weeksbury CC.
- 9 a.m. to 4:30 p.m. - Betsy Layne YSC.
- 1-4:30 p.m. - BSCTC.
- Kay Hale Ross - Manager of Adult Education, 886-7334
- Lisa Pelfrey - Assistant, 886-7397
- Ron Johnson, Stephania Conn, Lynn Hall, Nancy Bormes, Cindy Justice and Wayne Combs - Adult Education teachers.

GET OUT OF LINE

Now you don't have to wait in line for government services and information because now the government is officially online at FirstGov.gov. In an instant, you can print out tax and Social Security forms you used to wait in line for. You'll also find passport and student aid applications and more. FirstGov.gov. Lose the wait.

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Fly Lady

endar happiness. When we have an appointment in hand we don't use the "Do It Now Principle" to put that appointment on our calendar.

We have people complain that using a wall calendar gets in the way of putting an appointment on your calendar when you are at the dentist office or other appointment. To that I say "NO EXCUSES!" Check your calendar before you go and then call yourself and leave a voice-mail. When you get home, you can easily put a fun sticker on

your wall calendar. The best part is that when your calendar is front and center, your entire family learns how to use it and everyone knows what is going on in the household. With color codes for family members you can tell at a distance who has something going on. Even small children can recognize their color. When we make it fun, we will use it! This is your main family calendar. Everyone's schedule is posted on this calendar. Each Sunday, make a point to sit down at the dinner table and

synchronize everyone's pocket calendar with the family calendar. If you don't ask, you are never going to know what is going on in your home; especially with teenagers.

FlyLady's Calendar Tips

1. Check your calendar in the morning.
2. Use our Stickers and other stickers to make it fun.
3. Print when you post events on your calendar.
4. Use small address labels to write on. Helps the perfectionist in you!

5. Color code the address labels for each family member with a hi-liter.

6. Synchronize the family calendar on Sunday with individual schedules.

7. Write "What's for dinner" on each day at the top when you plan your menus.

8. Post events on your calendar immediately.

9. Leave yourself voice-mail messages when you can't post events immediately.

10. On the 27th of the month, check next month for birthdays and events.

11. Check your calendar before going to bed.

Your calendar along with the "Do it Now Principle" will help relieve the stress in your life! Do it now! Don't wait! Get things done in 2008!

For more help getting rid of your CHAOS; check out Flylady's website and join her free life coaching at www.FlyLady.net, listen to her <http://www.blogtalkradio.com/flylady> show or read her books, *Sink Reflections* published by Bantam and her New

York Times Best Selling book, *Body Clutter* published by Fireside. Copyright 2008, Marla Cilley. Used by permission in this publication.

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Cinema 1—Starts Friday, Mar. 14
HORTON HEARS A WHO (G). Mon.-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00.
Cinema 2—Starts Friday, Mar. 14
NEVER BACK DOWN (PG-13). Mon.-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00.
Sunday Matinee—Open 1:00; start 1:30



Congratulations, Brittany!

Brittany Thornsburg was crowned South Floyd High School's 15th Annual Basketball Homecoming Queen for the year 2007-2008, this past February 1. Brittany is the daughter of Doug and Debbie Thornsburg, of Wheelwright. She is an honor student with future plans to attend Morehead State University and major in criminal law. Brittany was escorted at the Homecoming event by Kory Henry, the son of Keith and Karen Henry, of Stanville. Kory, also an honor student, plans to attend the University of Kentucky this coming fall, where he will major in engineering.

Eyes

sinks around the house, just no hot water in the only bathtub in the place.

Making do with "sponge baths" is better than nothing, but with high standards of personal hygiene like ours, sponge bathing just does not quite get the job done.

Of course, it snowed like crazy all day long on Saturday, so the kids and I just snuggled in our comfies and watched movies while the snowflakes swirled. Although we were beginning to feel pretty grungy, somehow we managed to make the best of the day.

Come Sunday morning, however, we were at the "I-can't-take-this-anymore" stage and had to hide behind sunglasses as we drove to Uncle Jerry and Aunt Barb's house to make use of their pristine facilities. Thank goodness for loving relatives who will take you in no matter your condition and do what they can to make you new again!

Regretfully, however, I

somehow managed to hurt my lower back on Sunday afternoon, and by bedtime, was in quite a bit of pain. Did I say "quite a bit"? How about "excruciating"?

Taking to my bed with a heating pad set to high and a handful of Motrin, I tossed and turned, and moaned, all the night long. Whatever I had done, I had managed to do it very well.

Come Monday morning, try as I might, I just could not pull my sore back out of bed before the "early to rise" plumbers were at the door and shutting off the water main. What to do now?

Well, make the best of it, what else? I did the best I could to put myself together and get myself into the office. I looked horrible, didn't smell quite as bad as the morning before, but felt like I had pulled myself out from under a steamroller.

Okay, now - a horrible cold, followed by a full-on attack of the flu, complicated by a sinus

infection that rendered me all but deaf for almost three full weeks, to no hot water in the tub, to a nearly broken back? Come on!

When it rains, it pours. And I am fully ready for my "rainy" season to end.

Send those thoughts and prayers my way, dear readers! Good Lord willin', I'll see you next week!

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cured. If not cured, at least significantly curbed. Somewhat, anyway! It seems that I am always reading about increased and growing rates of cancer. 1 in 3 people get cancer nowadays. 1 in 9 women will get breast cancer...it's scary!

And while I am pro-research, I'm also pro-personal responsibility. Research has shown that we better our odds as we better our nutrition. Phytochemicals are the name of the game and they're mostly hiding in fruits and vegetables—if we eat a lot of fruit and vegetables, we're going to get those lovely phytochemicals doing their jobs inside our bodies.

And guess what? To get going with an increased intake

of fruits and vegetables, it starts with a trip to the grocery store—there's the pro-personal responsibility part of the equation. There is a direct correlation between the quality of your health and the food you put in your grocery cart every week. The quality of our food affects us right down to the very cells of our bodies.

Think of it this way. Our bodies are huge mosaics made up of minuscule cells. Those cells are tiny snapshots of who we are in our entirety. Each mosaic piece is important because it defines that one small area. It isn't until you step back and look at everything that you can see a whole person. This illustration shows why each cell is so significant; each one delineates and

reflects its own cell health, which in turn paints the big picture of our bodies and our health overall.

It boils down to eating well to maintain and boost the integrity of each of our cells. If we have healthy cells, we have healthy bodies. It's sort of living life in a microcosm if you think too hard on it. However, thinking in such minute terms helps us to grasp the importance of just one bite of healthy food! Eating that one bite could save a cell!

Here is a recipe that will tickle your cells' mitochondria and at the same time, put a smile on your face and satisfaction in your tummy. Enjoy!

Fire Roasted Tomato Soup
Serves 4

- 1 tablespoon olive oil
- 1 medium onion, chopped
- 2 (15 ounce) cans fire roasted tomatoes, with juice drained, but saved
- 2 cloves garlic, pressed
- 1 handful fresh basil leaves, chopped (remember to remove stems)
- 1 pinch of sugar
- 2 1/2 cups chicken broth
- 1/2 cup low fat milk (optional)
- Salt and pepper to taste
- 4 sprigs flat leaf Italian parsley

In a saucepan, heat the oil over medium heat. Add the onions and cook till onions are translucent. Add the drained tomatoes, garlic, basil and sugar.

Cook this mixture for 10 minutes or so, stirring every so often. Stir in the broth and drained tomato juice, bring to a boil and simmer for a couple of minutes. Remove from the heat and let cool.

If you prefer creamier soup, blend in a blender in batches, otherwise, serve it up, top with a sprig of parsley and enjoy!

For more help putting dinner on your table check out Leanne's website SavingDinner.com or her *Saving Dinner* Book series (Ballantine) and her New York Times Best Selling book *Body Clutter* (Fireside). Copyright 2008 Leanne Ely. Used by permission in this publication.

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Cinema 3—Held Over
10,000 B.C. (PG-13). Mon.-Sun. 7:00-9:25; Fri. (4:25) 7:00-9:25; Sat.-Sun. (2:00-4:25) 7:00-9:25.
Cinema 4—Held Over
FOOL'S GOLD (PG-13). Mon.-Sun. 7:00-9:15; Fri. (4:15) 7:00-9:15; Sat.-Sun. (2:00-4:15) 7:00-9:15.
Cinema 5—Held Over
WITLESS PROTECTION (PG-13). Mon.-Sun. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:30.
Cinema 6—Held Over
COLLEGE ROAD TRIP (G). Mon.-Sun. 7:10-9:25; Fri. (4:25) 7:10-9:25; Sat.-Sun. (2:10-4:25) 7:10-9:25.
Cinema 7—Starts Friday, March 14
HORTON HEARS A WHO (G). Mon.-Sun. 7:20-9:20; Fri. (4:20) 7:20-9:20; Sat.-Sun. (2:20-4:20) 7:20-9:20.
Cinema 8—Starts Friday, March 14
NEVER BACK DOWN (PG-13). Mon.-Sun. 6:50-9:15; Fri. (4:15) 6:50-9:15; Sat.-Sun. (1:50-4:15) 6:50-9:15.
Cinema 9—Starts Friday, March 14
DOOMSDAY (R). Mon.-Sun. 7:00-9:10; Fri. (4:10) 7:00-9:10; Sat.-Sun. (2:00-4:10) 7:00-9:10.
Cinema 10—Held Over
STEP UP 2 (PG-13). Mon.-Sun. 7:05; Fri. (4:20) 7:05; Sat.-Sun. (4:20) 7:05.
Cinema 10—Held Over
CHARLIE BARTLETT (R). Mon.-Sun. 9:20; Fri. 9:20; Sat.-Sun. (2:05) 9:20.

**Lordy, Lordy
Look Who's 40!**

As cute as can be, is this little girl,
With her big brown eyes, and all those curls.
It's hard to believe how fast time flies,
'cause, come this Friday, 39 years will have gone by.
Yes, Lordy, Lordy, Missy's 40!
Happy Birthday
We Love You Much!

Rental Central

by TOM DOTY
TIMES COLUMNIST

One of the best films of the year and four mediocre efforts hit the shelves this week.

■ "No Country for Old Men" — Films usually veer from the books that bear them, but that is not the case in this excellent adaptation of Cormac McCarthy's bestseller by the Cohen Brothers ("Fargo"). When a young man stumbles across drug money he can't believe his good fortune, but he'll soon be asked to pay a high price when he finds himself hunted by an oddball assassin. Javier Bardem got most of the critical attention for his role as the killer for hire, but Tommy Lee Jones is equally good as an aging lawman who tries to intervene but soon finds himself questioning whether he can stand to police a world that has gone straight to hell. Also look for Josh Brolin as the man on the run and a wicked turn by Woody Harrelson as a more likable hit man.

■ "Bee Movie" — Adults will probably have more fun here than kids with this animated effort from Jerry Seinfeld. The comic stars as a bee who graduates from college but soon questions how far his degree will take him. When he finds out that

humans actually consume the honey he will spend his life making, he decides to lawyer up and sue the pants off of humanity. The adult jokes work better here and Seinfeld fans will appreciate that Patrick Warburton ("Puddy") is featured.

■ "Dan in Real Life" — Steve Carell stars here as a widower who finds love again but freaks out when he learns that his new love is dating his brother. The drama bits actually work better than the comedy here and focus on Dan's relationship with his three daughters.

■ "Hitman" — A killer for hire (who works for a secret organization and has a bar code on his neck) finds himself on the run from Interpol and Russian thugs in this video game adaptation that is heavy on the action though

light in the plotting department. Timothy Olyphant (the morally challenged sheriff on HBO's "Deadwood") is fine in the lead role, but there is no one to root for so it's hard to stay interested in the proceedings.

■ "Sleuth" — Jude Law continues to remake Michael Caine movies (he also did "Alfie") with this version of the 1972 thriller that pitted Caine against Lawrence Olivier. Here Caine takes the Olivier role as a rich writer who enters a battle of wits with the young writer who means to steal his wife. The first version was clever enough, but if you've already seen that then don't expect anything new here.

Next week look for "Enchanted" and "Revolver," featuring Jason Statham.

Card of Thanks

Perhaps you sent a lovely card, or sat quietly in a chair,
Perhaps you sent a floral piece, if so, we saw it there.

Perhaps you spoke the kindest words, as any friend could say,
Perhaps you were not there at all, just thought of us that day.

Whatever you did to console our hearts,
We thank you so much, whatever the part.

Special thanks to everyone who were so nice and helpful.
Also, special thanks to Trans-Star Ambulance Service.

THE FAMILY OF
IDA MAE JOHNSON

FLOYD COUNTY HEAD START / PRESCHOOL

Will be taking applications for the
2008-2009 school year, on
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8:30 a.m.-3:00 p.m.

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| May Valley Elementary | Stumbo Elementary |

Parents should bring the following documents:

- Proof of Income (W-2, Tax Form, Check Stubs)
- Proof of Birth
- Social Security Number for Child
- Proof of Medical Insurance

Egg

The egg was found under the U.S. 23 bridge over Route 2555, the Old Middle Creek Road in West Prestonsburg.

The Great Easter Egg Hunt is an annual contest run by The Floyd County Times, in which a series of clues leads to a hidden plastic prize egg. In previous years, only one egg, worth \$500, has been hidden.

This year, The Times added a new wrinkle to the contest by also hiding the "Little Junior" worth \$200. Unlike the grand prize egg, clues for the "Little

Junior" egg could only be found at The Times' website — www.floydcountytimes.com — and consisted of a variety of maps, pictures and, so far, one audio clue.

As it turned out, the audio clue — the fourth clue provided — proved to be pivotal. While most people had difficulty in deciphering what the sound was, Allen May's father, Kris May, was formerly a bridge inspector and immediately recognized that the sound

was of high-speed traffic passing overhead.

But while the Mays and Samonses knew from that clue that the egg must be hidden around a bridge, it was not until Wednesday's seventh clue that the two families knew where to look. That clue, a picture of the rocks underneath the U.S. 23 bridge, led them to the correct spot.

While the "Little Junior" egg has been found, the 2008 Great Easter Egg Hunt will continue until the grand prize

egg is found. Another clue — the eighth out of a series of 12 clues — can be found somewhere in today's paper. Previous clues can only be obtained by visiting sponsors of the contest.

Sponsors of the 2008 Great

Easter Egg Hunt include Gearheart Communications in Harold, Heritage House Hotel in Prestonsburg, Home Rentals in the Prestonsburg Village Shopping Center, Honda of Prestonsburg, Little Caesar's Pizza in the Prestonsburg

Village Shopping Center, Little Rascals in downtown Prestonsburg, McDowell Professional Pharmacy, MedZone Pharmacy in Auxier, Prestonsburg Auto Mart on South Lake Drive, and Reno's Roadhouse in Prestonsburg.

Continued from p1

Clarification: Appeals court did not say 'frivolous'

by JACK LATTA
STAFF WRITER

In the wake of a Times news story on Wednesday about a Court of Appeals decision, a local attorney representing the plaintiffs requested a correction be published in regards to the headline.

The story, headlined, "Appeals Court finds Allen election suit 'frivolous,'" was a report on a recent Court of Appeals examination of the 2006 case of Pauline Bentley, et al vs Judy Parsons, et al, a lawsuit which alleged election fraud in the November 2006 mayor and commissioner races in Allen, as well as a measure to dissolve the city of Allen.

Attorney for the plaintiffs,

Ned Pillersdorf, of Prestonsburg, issued a letter to The Times staff saying, "I was rather stunned to read in The Floyd County Times that the Court of Appeals had found our appeal to be 'frivolous.'" Pillersdorf requested a correction to the error.

The story actually notes that the word frivolous was used in the "original trial," where in the court records it reads, "Petitioners failed to provide a scintilla of evidence in support of the allegations within their petition. As such, the court finds the petition is frivolous and that Rule 11 sanctions are appropriate."

According to legal resources, Federal Rule of Civil Procedure 11 provides that a court may sanction attorney's or parties

who submit pleadings containing "frivolous arguments" or arguments which provide no evidentiary support.

As part of the original decision, "The court determined that petitioners violated CR 11 and therefore shall be responsible for reimbursing respondents all of their costs and attorney fees incurred in the defense of this action."

To clarify, the frivolity of the case was described among the findings of fact issued by the Floyd Circuit Court Judge John David Caudill in his directed verdict against the plaintiffs, a decision which was affirmed by the Court of Appeals. The Court of Appeals did not actually use the word "frivolous" in its ruling.

Roundup

stance within 1,000 yards of a school and four counts of second-degree trafficking in a controlled substance.

One individual on the list of those to be apprehended was easily found, as the suspect was already lodged in the Floyd County Detention

Center. Virgil Cross, 32, was arrested last week on an indictment charging him with three counts of first-degree trafficking in a controlled substance.

After processing, all of the suspects were transported to the Floyd County Detention

Center. Several off-duty Prestonsburg Police Officers, who had come off shift only four hours earlier volunteered their services on the raid.

According to officials, other arrests are expected in the future.

Red Cross

family events, such as house fires, than we do to catastrophic events. We're there for all disasters, but many people just don't know that we are here for single-family tragedies, too."

Passing out small, lunch-size, brown paper bags containing a single piece of paper reading, "What if everything you had left in this world, would fit inside this bag?" Tackett and her board of directors attempted to convey the message that the Red Cross is available to every community, every family and every individual that finds themselves in need.

The Big Sandy Area Red Cross has readied themselves to be prepared to provide services such as: Food and clothing for families affected by disasters; mental health services for affected families and communities; emergency shelter; canteen services for emergency responders; CPR and first aid training; life guarding and water safety classes; babysitting classes; elderly care services and classes; speaking engagements; and more.

A non-profit organization, the Big Sandy Area Red Cross office will operate solely on donations and financial contributions. Tackett is quick to point out that she, along with the chapter's board of directors, are all volunteers. "I'm a volunteer executive director," she said, "That's a full-time position, an extra full-time position. But I'm happy to serve." Tackett previously worked with the Floyd County Family Court system and says now that contacts made through that office in child care and social services should prove to serve her well in her new position with the Red Cross. "Being involved in helping has sort of become second nature to me now," she said.

On hand to sign a proclamation designating March as "American Red Cross Month" in the seven-county service area of the Big Sandy chapter, county judge-executives from each of the counties, excluding Knott County Judge-Executive Randy C. Thompson, who was unable to attend, assisted Tackett in kicking off the

office's "Heroes" fundraising campaign.

The goal of the Heroes campaign is to raise enough money to allow the Big Sandy Chapter to continue to serve each of the counties in their service area. Volunteers in each county will be in charge of local fundraising campaigns.

"We're looking for volunteers," Tackett said. "We need people from all walks of life, nurses, firefighters, teachers, clerical workers, young people, retired or otherwise. Anyone with a passion for making their community a better place to live."

Red Cross offices can accept many types of donations. To volunteer, donate, make a financial contribution or offer other assistance,

please contact: Big Sandy Area Red Cross, 113 S. Central Avenue, Prestonsburg, KY 41653, or call (606) 886-8330.

The Big Sandy Area Red Cross office is located on the second floor of the Prestonsburg Tourism Commission office, or "old post office building," in downtown Prestonsburg. Office space and paid utilities are being provided by the City of Prestonsburg and Mayor Jerry Fannin.

Big Sandy Area Red Cross Board of Directors include: Dennis Dorton, chair; Brenda Davenport, Gary Dotson, Paula Fairchild, Sharon Green, Cindy Hackworth, Mark Rodney Holbrook, Judy Lusk, Bertie Kaye Salyer, Michelle Sode, and Doug Tackett.

Continued from p1

Continued from p1

PSC

have entrusted me with the responsibility of leading this group of professionals whose work is so important to all Kentuckians."

The PSC is an independent

agency attached for administrative purposes to the Department of Public Protection in the Environmental and Public Protection Cabinet. It regulates

more than 1,500 gas, water, sewer, electric and telecommunication utilities operating in the Commonwealth of Kentucky and has approximately 105 employees.

Continued from p1

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FLOYD COUNTY Sports

Inside

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NASCAR • B4

Pittsburgh turns back East Kentucky in play-in game

Miners conclude debut season with 26-23 record

TIMES STAFF REPORT

PITTSBURGH – Host Pittsburgh battled back from a 17-point first half deficit Tuesday night, rallying to defeat American Conference foe East Kentucky 129-121 at the Petersen Events Center in a play-in game held as part of the CBA Playoffs.

John DeGroat led Pittsburgh in scoring. DeGroat netted a team-high 31 points for the victorious Xplosion.

Seven different Pittsburgh players reached

double figures scoring status. Albert White scored 21 points and dished off eight assists for the Xplosion in the play-in game triumph. White went 5-for-8 from beyond the three-point arc. Chaz McCrommon added 20 points as Pittsburgh successfully defended its home hardwood.

Pittsburgh dominated in the quarter points category, prevailing 6-1.

East Kentucky controlled the opening quarter, outscoring Pittsburgh 32-20. The Miners withstood a strong Pittsburgh charge in the second quarter en route to a 64-61 half-time lead. The Xplosion, claiming each of the last three quarters, went back out in front in the third period. Pittsburgh carried an 85-84 advantage into the final quarter.

Jason McLeish led East Kentucky with a game-high 34 points. McLeish also pulled

down five rebounds, dished off four assists and recorded three steals.

All five East Kentucky starters reached double figures in the scoring column. Boo Jackson (27 points, 15 rebounds) and Steve Thomas (14 points, 12 rebounds) each registered a double-double for East Kentucky in the season-ending loss. Mike Dean scored 18 points for the Miners, one of the CBA's four expansion teams for the 2007-08 season. Josh Pace contributed 17 points, nine rebounds and three assists for visiting East Kentucky.

The Miners suffered the campaign-closing setback despite outrebounding Pittsburgh 51-38. East Kentucky committed 24 turnovers versus Xplosion pressure. The Miners were also held to only 11 assists.

East Kentucky ended its debut season 26-23.



photo courtesy of Dusty Layne Photography/East Kentucky Miners
Jason McLeish scored a game-high 24 points in East Kentucky's season-ending loss to Pittsburgh.

Fish and Wildlife Commission proposes deer season changes

TIMES STAFF REPORT

FRANKFORT – The Kentucky Fish and Wildlife Commission proposed deer zone changes for the 2008-2009 deer season at its quarterly meeting March 7.

The Kentucky Fish and Wildlife Commission recommends all hunting, fishing and boating regulations for approval by the General Assembly and approves all expenditures by the Kentucky Department of Fish and Wildlife Resources. All recommendations must be approved by legislators before they become law.

The Commission voted to change deer zones for several counties. Marion and Taylor counties would be changed from Zone 1 to Zone 2; Boyle, Casey and Grayson counties would be changed from Zone 2 to Zone 3; and Hart County would be changed from Zone 2 to Zone 1.

The Commission also voted to decrease the number of antlerless deer hunting days in Zone 4 counties during late muzzleloader season. Under the recommendation, antlerless deer hunting in Zone 4 counties would only be allowed for the last three days of the nine-day late muzzleloader season, beginning the Friday after opening weekend. Hunting for antlered deer would still be allowed during the entire nine-day season.

The 2008-2009 Deer Seasons:

Statewide All Zones: Archery (either sex) – September 6, 2008 – January 19, 2009; Crossbow (either sex) – October 1 – 19 and November 8–December 31, 2008; Youth-Only Firearms Season (either sex) – October 11 – 12, 2008; Early Muzzleloader (Zones 1, 2, 3 either sex, Zone 4 antlered deer only) – October 18-19, 2008; Late Muzzleloader – December 13-21, 2008 (Zones 1, 2, 3 either sex; Zone 4 antlered deer only Dec. 13-18; either sex Dec. 19-21); Free Youth Weekend (either sex) – December 27-28, 2008.

Zones 1 & 2: Modern Firearms (either sex) – November 8-23, 2008.

Zones 3 & 4: Modern Firearms (Zone 3 either sex, Zone 4 antlered deer only) – November 8-17, 2008

Bag limits remain the same as

(See DEER, page two)



photos by Greg Moore

Paintsville is headed back to the Boys' Sweet Sixteen state basketball tournament. The Tigers defeated long-time rival Johnson Central 59-44 Wednesday night at the East Kentucky Expo Center.

Tigers take 15th Region championship

by STEVE LeMASTER
SPORTS EDITOR

PIKEVILLE – Shane Grimm and J.D. VanHoose scored 18 points apiece Wednesday night as Paintsville defeated rival Johnson Central in the 15th Region Tournament championship game at the East Kentucky Expo Center.

Paintsville (29-3) overcame a slow start. The Golden Eagles outscored Paintsville 11-6 in the opening quarter. Paintsville, however, regained focus in the second quarter and finished very strong. The Tigers toted a 24-15 lead into halftime.

Paintsville enjoyed balanced scoring in the championship contest. Landon Slone netted 13 points for the Tigers.

Paintsville, ranked as a 15th Region title contender each of the last four years, outscored Johnson Central 13-10 in the final quarter.

James Blankenship led Johnson Central with 14 points. Ian Welch added 11 points for the Golden Eagles. Six different Johnson Central players scored five or fewer points.

The Golden Eagles ended the season 14-19.

Paintsville will face Jefferson County (26-5) in the opening round of the Boys' Sweet Sixteen on Wednesday, March 19 in Rupp Arena.

Elliott County 53, East Carter 32 (16th Region); At Morehead State University, Elliott County claimed its second straight 16th Region championship, defeating East Carter.

Elliott County set the tone early on,

at East Kentucky Expo Center. Paintsville 59, Johnson Central 44.

Paintsville (29-3) – Slone 13, VanHoose 18, Bundy 4, Grimm 18, Murray 2, Pack 1, Vilapondo 3.

Johnson Central (14-19) – Whitaker 3, Crum 2, Blankenship 14, Welch 11, Conley 1, Dale 2, Hall 3, Parker 5, Smith 3.

P.....6 18 10 25-59
JC.....11 4 13 16-44

Rivals Central, Paintsville pull out close wins: Following wins Tuesday night at the East Kentucky Expo Center, Johnson Central and Paintsville boys' basketball teams landed spots in the 15th Region Tournament title game. Johnson Central edged East Ridge 40-37 in a postseason matchup that was decided in regulation. In a game that went two overtimes long, Paintsville defeated Shelby Valley 79-70. More on each game follows.

Johnson Central 40, East Ridge 37: Guard James Blankenship scored 14 points and forward Ian Welch turned in a double-double of 10 points and 11 rebounds as Johnson Central upended East Ridge 40-37 and earned its

place in the 15th Region Tournament championship game at the Expo Center.

Johnson Central, which was held to 22 points in the first three quarters, finished strong. The Golden Eagles (14-18) outscored East Ridge 18-8 in the final quarter.

Jaryd Crum added 11 points for the victorious Johnson Central team.

East Ridge (17-13) outscored Johnson Central 12-4 in the third quarter.

Paintsville 79, Shelby Valley 70 (2OT): Forward Shane Grimm scored a game-high 29 points as the Tigers topped Shelby Valley in the 15th Region Tournament semifinals.

Paintsville owned a 20-point advantage (27-7) early in the second quarter before Shelby Valley rallied.

J.D. VanHoose scored 17 points and Landon Slone added 15 for the determined senior-laden Paintsville squad.

Justin Murray narrowly missed double figures for the Tigers, finishing with nine points.

Jacob Bryant scored 17 points for the Wildcats. Elisha Justice contributed 14 points in Shelby Valley's season-ending setback.



LANDON SLONE

UK to host WKU

TIMES STAFF REPORT

LEXINGTON – The University of Kentucky football program's lineup of opponents for the 2008 season has been completed with the addition of a game versus Western Kentucky on Sept. 27. Western Kentucky replaced Temple on the Wildcat schedule. The Hilltoppers posted a 7-5 record in 2007, their first season as a member of the Football Bowl Subdivision. This will be the first football meeting between UK and WKU.

Here is the updated Kentucky schedule: TBA – at Louisville; Sept. 6 – Norfolk State; Sept. 13 – Middle Tennessee; Sept. 20 – Open;

Sept. 27 – Western Kentucky; Oct. 4 – at Alabama; Oct. 11 – South Carolina; Oct. 18 – Arkansas; Oct. 25 – at Florida; Nov. 1 – at Mississippi State; Nov. 8 – Georgia; Nov. 15 – Vanderbilt; Nov. 22 – Open; Nov. 29 – at Tennessee.

Louisville-Connecticut FB game moved: ESPN has announced that the University of Louisville's football game versus Connecticut will be moved to Friday, Sept. 26 at 8 p.m. at Papa John's Cardinal Stadium. ESPN2 will broadcast the game live. It's the fifth game slated for national television this season for the Cardinals. The 2008 BIG EAST opener was originally scheduled for Saturday, Sept. 27.



The Johnson Central High School girls' basketball program captured its sixth 15th Region championship Monday night, defeating defending champion Pike County Central in the title game.

TNA set to invade Pikeville

TIMES STAFF REPORT

PIKEVILLE – The superstars of Total Nonstop Action (TNA) Wrestling will bring their Mid-Atlantic tour to Pikeville tonight for a card at the Eastern Kentucky Expo Center. Belltime for the TNA event is set for 8 p.m.

TNA superstars set to appear are former Olympic gold medalist Kurt Angle, Booker T, Samoa Joe, A.J. Styles, Awesome Kong, Motor City Machineguns, Jay Lethal, Sonjay Dutt, "Cowboy" James Storm, The Latin American Xchange and The Rock And Rave Connection.

Tickets for the card remain on sale online at www.ticketmaster.com and www.tnawrestling.com.

TNA Wrestling delivers a distinct brand of high-risk, athletic entertainment. TNA features the innovative six-sided ring and the high-flying "X Division," as well as concept matches such as "Ultimate X," "King of the Mountain," and "Six Sides of Steel." TNA Entertainment, LLC is a privately held company headquartered in Nashville, Tenn.

"TNA Thursday Night IMPACT!" airs every Thursday at 9 p.m. on Spike TV. Spike TV is available in over 96 million homes and is a division of MTV Networks. MTV Networks, a division of Viacom International Inc.

MSU releases football schedule

TIMES STAFF REPORT

MOREHEAD – The 12-game 2008 Morehead State University football schedule features eight Pioneer Football League games and the Eagles' first meeting with Eastern Kentucky since the 1995 season. The schedule was released earlier in the week.

MSU's six home games are against Southern Virginia (Aug. 30), St. Francis (Sept. 27), Davidson (Oct. 4), Jacksonville (Homecoming, Oct. 18), Valparaiso (Nov. 1) and Campbell (Nov. 22). Campbell is in its first season in the PFL.

Road games will be played at Robert Morris (Sept. 6), Eastern Kentucky (Sept. 13), San Diego (Oct. 11), Butler (Oct. 25), Drake (Nov. 8) and Dayton (Nov. 15).

"We believe our 2008 schedule is one of the strongest, most exciting that we have had in several years," said MSU Athletic Director Brian Hutchinson. "I'm sure our fans will be especially excited with the fact that we are playing Eastern Kentucky again in football. We have six home games, four against PFL opponents including our inaugural game with new conference member Campbell."

Coach Matt Ballard's Eagles are coming off a 7-4 season and a third-place finish in the PFL. MSU led the nation (Football Championship Subdivision) in rushing defense, and junior defensive back David Hyland led the nation in interceptions per game. Prestonsburg High School product John Gilliam serves as the MSU defensive coordinator.

Spring training: Arroyo leads Reds to 6-1 victory over Phillies

THE ASSOCIATED PRESS

CLEARWATER, Fla. — Bronson Arroyo pitched four effective innings and the Cincinnati Reds hit three home runs Wednesday night in a 6-1 victory over the Philadelphia Phillies.

"Everybody threw the ball good," Reds manager Dusty Baker said. "Bronson was very good and he had better velocity than I've seen."

Arroyo stymied a Phillies offense that was missing only center fielder Shane Victorino from its projected opening-day lineup. The right-hander retired his first eight batters and finished with three strikeouts. He allowed one run, three hits and no walks.

"I feel like my fastball has good life to it, like it should in April," Arroyo said.

Cincinnati left-hander Bill Bray appeared in his first game this spring after being sidelined by a sore shoulder. He gave up one hit in a scoreless inning, striking out one and throwing 13 pitches.

"Throwing hard was really not something I was paying attention to. I just wanted to get out there and throw strikes. No pain and throwing strikes were my two goals tonight," Bray said. "It's night and day pitching in a game like this than throwing on the side or in a simulated game. There is nothing to prepare you for the adrenaline rush."

Three straight singles in the third by Carlos Ruiz, Jimmy Rollins and Greg Dobbs put the Phillies on the scoreboard. The Reds outthrew Philadelphia 12-5 and used the long ball to score five of their six runs.

Jerry Hairston Jr. hit a solo shot in the third, Scott Hatteberg had two-run homer in the fourth and Craig Tatum added a two-run drive in the seventh.

The Phillies played Rollins, Chase Utley and Ryan Howard for the entire game.

"I think that it's about time for us to start allowing them to play a full game," manager Charlie Manuel said. "We're not hitting the ball good. One of our guys will put good wood on it every now and again but we're not consistent."

Notes: The Reds claimed LHP Jose Capellan off waivers from San Francisco. ... Struggling RHP Kyle Kendrick will throw in a minor league game Friday for the Phillies. "Kyle doesn't have to prove nothing to me," Manuel said. "It will take more than a

bad spring for him to lose his job." ... Phillies closer Brad Lidge threw a bullpen session and thinks returning from arthroscopic knee surgery by opening day is more than realistic. ... Philadelphia LHP Cole Hamels missed his scheduled minor league start because of the flu. ... Phillies RHP Adam Eaton threw a bullpen session and is set to pitch in a minor league game Friday. ... RHP Lincoln Holdzkorn cleared waivers and became a free agent. Holdzkorn was selected by the Phillies in the winter meeting draft (Rule 5) in December.

FSN Ohio announces 145-game Cincinnati Reds TV schedule: FSN Ohio today announced its 2008 Cincinnati Reds television schedule, including 71 games in high definition (HD). Steve Liverani, Senior Vice President and General Manager, FSN Ohio, made the announcement.

The Reds will open the 2008 season at home against the Arizona Diamondbacks on Monday, March 31 with a 2:00 pm start. Entering their 16th consecutive season, the Reds longest running TV duo, George Grande and Chris Welsh will call the action. Also back in the FSN Ohio broadcast booth for their second season is Cincinnati's own Thom Brennaman and former Reds pitcher Jeff Brantley.

FSN Ohio will telecast more games than ever before in crystal clear high definition during the 2008 Reds season. See the schedule below for the complete HD line-up.

Reds Live, FSN Ohio's pre and post game show, is back and will kick off the season on Opening Day, at 1 pm with a special hour-long pre game show. Jim Day and Jeff Piccoro take the field for another exciting season of analysis, features and the most in-depth Reds coverage anywhere.

Behind-the-scenes on all of FSN Ohio's Reds productions are producer, Christian Roberts; directors, Brian Hunterman and Roy Alfors; and, Reds Live producers, Kent Weaver and Matt Sigafos.

"Nobody covers your home team like FSN Ohio," said Liverani. "We look forward to providing Reds fans with more games in HD and even more inside access and in-depth coverage of their team all summer long."

Runyon going out a winner

by RICK BENTLEY
TIMES COLUMNIST

The line was a long one Wednesday night, and at the head of it was Bill Mike Runyon, who, if he sticks to his guns, coached his last game in his beloved mountains and went out a winner.

But let me say this: The last thing Bill Mike, the coach, needed was another regional title for him to go out a winner. Nobody embodies winning quite like Coach Runyon, who led his Tigers to an eighth 15th Region title Wednesday night with a 59-44 win over crosstown rival Johnson Central at the Expo Center.

Regional titles or no regional titles. State title or no state title. Bill Mike Runyon has always been a winner.

When he got the head coaching job at Paintsville, he didn't exactly take over a powerhouse. Hired on as track & field coach, it only took a couple of years for him to take over the basketball position. The team hadn't been to the Sweet 16 since 1933. Johnson Central had only recently been consolidated, a joining of several schools roughly the size of the city school, and it was widely believed the Eagles would dominate basketball in the mountains.

To be true, Paul Williams, father of Bart, led the Eagles to the title in 1972. Wendell Wallen did it again in 1975.

In 1984, a last-second shot by Harry Meek from mid-court gave the Eagles their third trip to the Sweet 16 and denied what would prove to be the best chance for legendary Magoffin County Coach Danny Adams.

But then came 1985. Three sophomores named Pelphrey, Couch and Minix helped the Pikeville College ball of fame to his first state tournament appearance. They did it again in 1986, and one more time in 1987, falling in the Saturday-morning semifinals.

From there, it was a dry spell by Paintsville standards. From 1988 through 1994, the regional title was claimed by Prestonsburg, by Phelps, Belfry three times, Elkhorn City and Allen Central.

Then came the likes of J.R. VanHoose, Craig Ratliff, Matt Ratliff, Josh McKenzie and Todd Tackett. It was time for another run, and in the middle of it — 1996 — came a run for glory.

"Let me tell you about 1996," the coach said after last night's game. "Do you know what our regular-season record was? 17-10. We were 17-10. But we played in Myrtle Beach, in Vegas, in Delaware ... and then we made a run. We won nine straight."

And on a March night in 1996, Bill Mike Runyon won the first state title for the 15th Region since the Inez Indians of 1954.

"It was a special time and something I'm very honored to have been a part of," said the coach of the Phelps Lady Hornets, J.R. VanHoose, who later was named Mr. Basketball. "To have played for the coach is a special thing, it's something I'll always cherish."

"Coming back now and coaching with him for six years, I realize how special it is and how hard he works," said Matt Ratliff, who later played at Pikeville College and is considered in many circles to be the front-runner to replace Runyon. "He's a special person. It's been great to be there with him."

Another former player celebrating with Runyon last night was Craig Ratliff. "I don't have the words to say how much he means to me," Ratliff said. "As a coach, as a person, as a man, he's been very special to me. He still is."

"He was tough on us," said VanHoose. "We didn't realize how good we were because he was so tough on us, throwing us out of practice and things. He didn't let us get the big-head at all."

"I'll tell you one thing, this one is special," Runyon said last night. "It's special because it's my last game in the mountains. And believe me, I'm a mountain boy. I'm a hillbilly. This is very special."

Another person passing out the praise last night was Johnson Central Coach Tommy McKenzie. "I played against him and now it's an honor to coach against him in his last game in the region," McKenzie said. "You can't say enough good things or give enough honor to Coach Runyon."

Runyon said after the game he tried to get involved when the Central job opened the last time. "I went public in the papers and said Tommy McKenzie won a regional championship as the point guard at Central and he deserved the chance to be their coach. I believe now Tommy has proven he's the right man for the job there."

In the end, the coach accepted the hugs and congratulations from his fans in Paintsville, or course, but also those from Prestonsburg, from Pikeville, and, gulp, even from Johnson Central.

Matt Ratliff, the possible heir apparent, watched on with a smile. "If this is it for him," his former point guard said, "he sure knows how to go out in style."

Kinzer to race at Bulls Gap

TIMES STAFF REPORT

BULLS GAP, Tenn. — The NASCAR events at Bristol Motor Speedway aren't the only racing scheduled in East Tennessee this weekend.

Weather permitting, Rusty Wallace Toyota of Morristown will present the Toyota Tundra Running of the Bulls, featuring nightly \$10,000-to-win, \$700-to-start Super Late Model shows tonight and Saturday Volunteer Speedway. Each night will feature hotlaps, qualifying, heat races, last chance consolation(s), and a \$10,000-to-win, 100-lap Running of the Bulls main event. A \$100 entry fee for each night's racing, payable at the pit gate upon sign-in, will be charged.

Many of the nation's top Late Model drivers will compete for a spot in each of the main events.

A partial list of drivers expected to compete in the Toyota Tundra Run with the Bulls events

includes Allen driver Brandon Kinzer, Scott Bloomquist, Mooresburg, Tenn.; Jimmy Owens, Newport, Tenn.; Shannon Babb, Mowequa, Ill.; Rick Eckert, York, Pa.; Dan Schlieper, Sullivan, Wis.; Ray Cook, Brasstown, N.C.; Austin Dillon, Welcome, N.C.; Wayne Chinn, Bradford, Ohio; Damon Eller, Crumpler, N.C.; and Eric Jacobsen of Santa Cruz, Calif.

Adult grandstand admission nightly is \$25, youth ages 7-14 \$6, with 6-and-under admitted free. Pit passes and backside tier-parking \$35 for everyone entering the pit gate.

The pit gate will open each day at 3 p.m. The grandstands will open daily at 5 p.m. The driver's meeting will take place in the backside pits at 6 p.m., nightly. Hotlaps are tentatively scheduled to begin each evening around 6:30 p.m. Qualifying and racing will follow the hotlaps.



THE 15TH REGION honored Paintsville coach Bill Mike Runyon last week. Runyon, who has announced his retirement effective at the end of the current season, guided Paintsville to this year's regional championship.

ATHLETES OF THE WEEK

Kaitlin Lawson, Betsy Layne Girls' Basketball

Hunter Crowder, Allen Central Boys' Basketball

Deer

last year.

In other wildlife-related business, the Commission voted to allow trapping for squirrels and rabbits during small game hunting seasons when the furbearer trapping and small game hunting seasons overlap. Small game trappers would have to possess a trapping license. People who trap and transport live squirrels or rabbits would be required to have a captive wildlife permit prior to possessing a live squirrel or rabbit. Hunting bag limits would apply and legal trap types would be the same as those already in place for furbearer trapping.

In fisheries-related business, the Commission recommended removing the 9-inch minimum size limit on crappie at Wood Creek Lake in Laurel County. On Carter Caves State Park Lake (Smokey Valley Lake) in Carter County, the Commission recommended removing the 15-inch minimum size limit and 3 bass daily creel limit on largemouth bass. Minimum size and daily creel limits on largemouth bass would revert back to statewide regulations. Both of these fisheries regulations, if approved, go into effect on March 1, 2009.

The next Kentucky Fish and Wildlife Commission meeting will be held at 8 a.m., Friday, June 13, 2008 at No. 1

Sportsman's Lane off U.S. 60 in Frankfort. Persons interested in addressing the Commission must notify the Kentucky Fish and Wildlife Commissioner's office in writing at least 30 days in advance to be considered for placement on the meeting agenda. People who are hearing impaired and plan to attend the meeting should contact Kentucky Fish and Wildlife at least 10 days in advance and the agency will provide a translator. To request to address the Commission, write to Kentucky Fish and Wildlife, Commissioner Dr. Jon Gassett, No. 1 Sportsman's Lane, Frankfort, Kentucky, 40601.

Continued from p1

Test and tune session among upcoming events scheduled at Bristol Dragway

TIMES STAFF REPORT

BRISTOL, Tenn. — Racers looking to shake off a little winter rust and sharpen their skills before the racing season hits high gear will have an opportunity to do just that with a test and tune session on Sunday, March 30 at Bristol Dragway.

Dragway staff will be on hand for the annual Bristol Dragway tech inspection beginning at 9 a.m. and continuing until 1 p.m. An NHRA-

certified inspector also will be on hand to conduct chassis certifications.

The test and tune session begins at the conclusion of tech & chassis inspection and lasts until 5 p.m. Drivers are encouraged to bring their cars to the track to complete their technical inspections and to gain a little track time for the upcoming season.

The test and tune cost is \$20 for Super Pro, Pro, Sportsman and motorcycle racers, and \$10 for junior drag-

sters. The cost for spectators is \$5.

To reserve a time to get receive annual tech and chassis certification, contact Richard Keesling at 276.706.0007.

Have racing news? If so, submit it to The Times for publishing in an upcoming edition. Follow racing throughout the 2008 season in The Floyd County Times.



photo by Jamie Howell
MID-SOUTH CONFERENCE CHAMPION GEORGETOWN remains ranked as the top team in the NAIA. The Tigers defeated Pikeville in the MSC Tournament semifinals at the East Kentucky Expo Center.



SPORTS FAN OF THE WEEK



If you are the sports fan circled here... it's your lucky day!

If you are the sports fan circled, you are entitled to a free 8-inch ice cream cake of your choice, redeemable at DAIRY QUEEN OF PRESTONSBURG. When claiming your ice cream cake, present this newspaper.

Kentucky hopes SEC Tournament marks return of 'Catlanta'

Cats hope to be on course for NCAA Tournament berth

by WILL GRAVES
ASSOCIATED PRESS

LEXINGTON — Kentucky fans dubbed the Georgia Dome in Atlanta — the usual home of the Southeastern Conference men's basketball tournament — "Catlanta" because of the sea of blue-clad followers who give the Wildcats a decided homecourt advantage in the usually antiseptic arena.

The last three seasons though, "Catlanta" became a ghost town a little too early, as the program that's won more SEC tournament titles than any other has left the dome empty-handed.

It's one of the holes in senior Joe Crawford's resume he would like to fill before his career with the Wildcats ends.

"That's what the mission is," Crawford said. "It's something

we've talked about for a while."

After a roller coaster season under first-year coach Billy Gillispie, the Wildcats (18-11, 12-4 SEC) know they're playing as good as anybody in the conference despite playing without injured forward Patrick Patterson and guard Jodie Meeks.

"I really don't know how (we've done it), but it's just worked out that way," Crawford said. "Things just happen to be going right for us. I think all we went through, with hard work and things like that, it's prepared us."

The Wildcats have certainly looked well-prepared over the last month, winning six of their final seven games to finish second behind Tennessee in the SEC East, Kentucky's best SEC record since 2004-05.

Though the Volunteers held onto the top spot all year, they've hardly been dominant. Kentucky split with Tennessee during the season, and Gillispie said the tournament is wide-open.

"I think there's a lot of good teams in this league, there's a lot of varying styles," Gillispie said. "I think there's players that have immense talent, immense potential. There's a lot of guys in this league

that could go for 35 points and just win a game by themselves."

It's a feat Crawford pulled off in a win over South Carolina last week, though Crawford has hardly done it alone. The Wildcats have rebounded from a nightmarish nonconference schedule behind the kind of selfless play that Gillispie knew would come with time.

"They think about others before they think about themselves," Gillispie said. "They understand what their roles are, and they try to perform their roles, and when they do, a lot of times you have a great chance to win."

Kentucky's turnaround hasn't been lost on opponents. The SEC coaches named Gillispie Co-Coach of the Year on Tuesday along with Tennessee's Bruce Pearl. While flattered by the recognition, don't expect Gillispie to put it on his mantle.

"That's an honor to the team," Gillispie said. "It has my name on it, but it's their award."

Getting the Wildcats into the NCAA tournament will be reward enough for Gillispie, particularly after a 7-9 start left some wondering if the first-year coach had lost the team.

The players, though, say their

faith in Gillispie never waned.

"He's a tough guy and he wants you to be tough," forward Perry Stevenson said.

The Wildcats will need that toughness if they want to survive the SEC tournament. The prospect of playing three games in three days is a difficult task for most teams. It's one that could be even harder for the injury-depleted Wildcats, who split the overwhelming majority of the minutes between just seven players. Gillispie, however, stopped worrying about his team getting tired a long time ago.

"I think if your mind is tough, then your legs are fine," Gillispie said. "I think if your mind is weak, you have to spend a lot of time worried about how your legs are going to be weary or whatever. This is a very tough-minded team, one of the toughest I've been around, they don't let anything bother them."

Certainly not the pressure of a "win or go home" scenario. The Wildcats feel they've had their backs against the wall for the last three months, and each time they appear to be done for, they bounce right back up.

"We just don't worry about anything," Crawford said.

The Wildcats hardly looked worried during Sunday's 75-70 win over Florida. Several times the Wildcats found themselves scattered offensively as the shot clock wound down. And each time they needed a bucket, they got one.

"The pressure is off you then," Crawford said. "Nobody is really expecting the shot to go in, so you just shoot it."

For a team that has seemingly done nothing but play close games all season — none of Kentucky's 12 SEC wins came by more than 10 points — taking it down to the wire seems to be the only way the Wildcats know how to play. It's something Gillispie hopes will pay off in the tournament.

"These guys have a great deal of experience now," Gillispie said. "They've been in a lot of tough situations. I think that's one of the best things about us. We've had so many close games, that's the way tournament games are, that's the way postseason games are so we're not going to see anything that we haven't seen so far. Sometimes you make plays at the end, sometimes you don't but I have great confidence we will if we get in that situation."

Gillispie named SEC Coach of the Year

Patterson named co-freshman of the year

TIMES STAFF REPORT

LEXINGTON — University of Kentucky head coach Billy Gillispie has been named the SEC Co-Coach of the Year, along with Tennessee's Bruce Pearl, by league coaches. He was also given the honor by Rivals.com.

The Gillispie-led Wildcats overcame numerous injuries to tie for the SEC's second-best

league record (12-4) and second-place in the SEC East.

It is the fifth-straight year Gillispie has been named his league's conference coach of the year. In 2004, he was the WAC Coach of the Year honor at UTEP. He then won similar recognition by either coaches or a media outlet for each of the three seasons he was at Texas A&M.

It is the 15th time that a Kentucky coach received the league's coach of the year honor as voted on by SEC coaches.

Patrick Patterson, along with

Florida's Nick Calathes, was named the SEC's Co-Freshman of the Year by league coaches, despite missing the final three conference games with a stress fracture in his left foot. He was also given the honor outright by Rivals.com.

Patterson finished the regular-season as one of two freshmen to rank in the SEC's top 10 in both scoring (8th) and rebounding (7th), and is one of two players in the league's top 10 in points, rebounds, field goal percentage (5th) and free throw percentage

(9th).

It marks the first time that a Wildcat has been named the league's freshman of the year.

Ramel Bradley, Joe Crawford and Patterson were all named All-SEC by league coaches. Bradley was a first team All-SEC selection, while Crawford and Patterson were both second team selections.

Patterson was also voted to the SEC All-Freshman team, while Bradley was named to the SEC All-Defensive team.

Tulane tops Herd in C-USA tourney first round

Jones posts 16-14 record in first season as Herd head coach

TIMES STAFF REPORT

MEMPHIS — The eighth-seeded Marshall University men's basketball team fell in heartbreaking fashion, 48-47, to ninth-seeded Tulane on Wednesday in Conference USA Championship first-round action after the Green Wave closed the game on an 11-0 run to erase a 10-point Thundering Herd lead.

Marshall, which finished the season 16-14 under first-year head coach Donnie Jones, took its biggest lead of the game, 46-36, with 6:46 remaining, but failed to score for the remainder of the contest. The Herd was

forced to play much of that drought without the services of senior guard Taurean Marshall and sophomore forward Tyler Wilkerson, both of whom went down in the second half due to injury.

Marshall, who missed the past two contests after re-aggravating a knee injury, returned to the Herd for 12 minutes and scored two points with three assists and a steal before being forced from the game. Wilkerson's hyper-extended elbow kept him out of the lineup until the game's final minute.

Freshman Tirrell Baines paced the Herd with 15 points and 10 rebounds for his fourth career double-double. Wilkerson was the only other Herd player in double figures, registering 10 points in 27 minutes of action.

The Herd shot 36.4 percent from the floor, including just 31 percent in the second half. Defensively, Marshall was able

to limit just one Green Wave player, Kevin Sims, to double figures with 14 points. The Wave shot 40 percent from the floor in a turnover fest that saw TU commit 18 turnovers to MU's 16 miscues.

It was Sims who drew a foul on Wilkerson, with the Herd up one point and six seconds remaining, and sank the game-tying and game-winning points from the free-throw line.

With 1.7 seconds on the clock, Marshall inbounded the ball to Markel Humphrey. The junior's 3-point attempt from the top of the key was blocked by Donnavan Stith to end the contest.

Tulane (17-14) led 26-25 at halftime in a tight, defensive battle. Marshall jumped out to a 6-0 lead at the outset and Tulane quickly responded with an 8-0 run. Sims hit a running hook in the lane to give the Green Wave its slim one-point advantage

going into the locker room.

Early in the second half, Marshall looked to be pulling away as it slowly built to its 10-point advantage with 6:46 left. Unfortunately for the Herd, ice cold shooting and key rebounds by Tulane haunted MU down the stretch and ultimately cost it the game.

MU senior Mark Dorris netted a season-low five points. He finishes his career with 996 career points. Fellow seniors Jean Francois Bro Grebe, Pierre-Marie Altidor Cespedes and T. Marshall closed out their careers by helping the Herd to its first winning season since 2001.

Marshall defeated Tulane twice during the regular-season but could not pull off its first three-game sweep since 2000. The Green Wave moved on to face No. 1 seed Memphis on Thursday night. The Tulane-Memphis game ended too late to make this edition.



PAINTSVILLE SENIOR FORWARD SHANE GRIMM went up for a layin Wednesday night during the 15th Region championship game versus Johnson Central. photo by Kody Little

Ohio County, Butler, Manual, Breathitt County advance in girls' state tournament

THE ASSOCIATED PRESS

BOWLING GREEN — Mariah Robinson scored 24 points and capped Ohio County's 19-point third-quarter barrage as the Lady Eagles defeated Rockcastle County 60-56 to highlight opening-round action in the Kentucky girls' state basketball tournament.

Courtney Albin's free throw with 2.4 seconds finally sealed the game for the 3rd Region champion Lady Eagles (28-4), who Friday will face the 6th Region's Butler, a 65-38 first-round winner Wednesday over Marshall County.

Manual will play Breathitt County in another quarterfinal game Friday after Manual routed South Laurel 68-34 and Breathitt County rallied past Rowan County 60-49 in other first-round action.

Rockcastle County (23-9) had a chance to tie its game against Ohio County, but freshman Angie Lawrence could not convert any of her three free throws with three seconds left after being fouled on a desperation 3-point attempt.

Rockcastle County, of the 12th Region, led 32-24 at halftime, then scored the first basket of the second half to go up by 10 points.

The Lady Eagles then reeled off 19 unanswered points and went ahead 43-34 on Robinson's basket at the 2:25 mark of the third quarter.

That lead quickly evaporated, though, as Rockcastle County scored 11 straight points to regain the lead. From that point, neither team managed more than a four-point lead.

Jensen Keown added 14 points for Ohio County.

Sarah Rowe paced Rockcastle County with 20 points.

Butler had a much easier time in its victory over 1st

Region winner Marshall County as Tia Gibbs had 21 points and 14 rebounds.

The Bearettes (30-5) used a dominant second quarter, outscoring the Lady Marshals (24-11) 17-5 to take a 32-14 halftime lead.

Tiara Hopper added 13 points for the Bearettes. Jessica Holder led the Lady Marshals, who scored in single figures in each of the first three quarters, with 12 points.

Marshall County made just 14 of 45 shots (31 percent) from the floor and committed 29 turnovers in the loss.

Manual also had an easy time of it, as Brittany Wilson scored 26 points and the 7th Region's Lady Crimson used an 18-2 spurt at the start of the game to case past South Laurel.

The Lady Crimson (29-5), continued to dominate throughout, leading as many as 35 points in the fourth quarter before emptying the bench.

At the 3:57 mark of the third quarter, Manual led 53-24, and Wilson, who was 5-of-5 from 3-point range, had outscored the Lady Cardinals by herself in just 21 minutes of playing time.

Avery Jones added 10 points for Manual in the victory.

Lauren Wombles paced South Laurel (24-9), presenting the 13th Region, with 16 points.

Breathitt County, the 14th Region winner, battled back from seven points down in the third quarter to defeat the Lady Vikings (27-6) of the 16th Region.

Kendall Noble had 16 points and 12 rebounds for the Lady Cats. Amanda Southwood also scored 16, and Lenae Shouse finished with 12 points and 14 rebounds.

ONLINE:
www.khsaa.org

College baseball: Marshall sweeps Valpo in Louisa

TIMES STAFF REPORT

LOUISA — Marshall University senior catcher Tommy Johnson delivered a two-run walk-off home run to right field in the ninth inning of game two of Wednesday afternoon's doubleheader to help lift the Herd to a 12-10 win and series sweep of Valparaiso in Lawrence County.

With the pair of victories, Marshall increases its winning streak to three games and improves to 5-6 overall, while Valparaiso falls to 2-12 on the season.

Marshall won game one 12-6 (seven innings) and game two 12-10 in nine innings.

Trailing 9-5 in the bottom of the seventh inning of game two, Marshall exploded for four runs to send the game to extra-innings. Junior shortstop Adam Yeager doubled and scored after junior right fielder Kurt Lipton tripled down the

left field line. Lipton then scored on junior third baseman Brandon Casamassima's double to left field to cut the gap to 9-7. Sophomore first baseman Josh Valle then tied the game on his second home run of the season, knotting the game at 9.

In the top of the eighth inning, senior left fielder Jason Brunelli walked, stole second and then scored the potential game-winning run on senior right fielder Zach Rodeghero's double down the left field line. Senior right-handed reliever Andrew Hancock was then able to force a groundout and two strikeouts to end the Crusader threat.

Marshall responded in the bottom of the eighth when senior pinch-runner Matt Helm (running for Victor Gomez, who drew a walk) advanced to second on sophomore pinch-hitter Blake Sanders' bunt single, stole third, and then scored on Yeager's sacrifice bunt to

force a 10-10 deadlock.

After Hancock hurled a one-two-three ninth, Valle picked up a one-out single in the bottom of the ninth setting up Johnson for a two-run walk-off homer to deep right field. The shot was Johnson's fourth of the season, and also marked the first time the Herd has won on a walk-off hit since Helm tallied a tenth-inning single, March 17, 2007 against Canisius.

Valle and Yeager each finished game two with three hits, while Lipton, Casamassima and junior center fielder Nate Lape each tallied two hits.

Hancock struck out four Crusaders and allowed just one run on one hit in 3.0 innings of sound relief work en route to picking up his first victory of the season.

In game one, Marshall broke a 6-6 tie in the bottom fifth inning when Lape led-off the inning with a blast to right

center field, his second of the game. Lipton followed with a single, stole second, advanced to third on a passed ball, and scored on a sacrifice fly by Valle. Casamassima, who reached on a free pass, eventually scored on Gomez's RBI single.

The Herd added three more runs in the bottom of the sixth to put the game out of reach.

Freshman right-handed reliever Ian Kadish earned his first victory of the season, while freshman right-hander Arik Sikula picked up his first collegiate save with a solid 2.0 inning, three-strikeout performance.

Lape registered three hits, while Lipton, Valle, Gomez and freshman left fielder Ben Jurevicius picked up a pair of hits in the win.

Lape tallied his sixth and seventh home runs of the season, while Johnson and Valle each added one.

Pikeville College bowlers set to compete in USBC tournament

TIMES STAFF REPORT

PIKEVILLE — The bowling teams from Pikeville College are en route to Allentown, Pa., in an attempt to win their way back to the national tournament.

The 64-team field on both the men's and women's sides will be pared down to 16 teams for the 2008 USBC Intercollegiate Team Championships, scheduled for April 16-19 at Northrock Lanes in Wichita, Kan.

On the women's side, Pikeville is the top-ranked team in Allentown. The USBC will

send no more than two of the top eight teams and four of the top 16 to each of the sectional sites.

Pikeville is third in the country in the latest Team Ranking System tally, trailing only top-ranked Wichita State and Central Florida. They are joined in Allentown by No. 8 Morehead State, No. 10 Penn State and No. 11 Shippensburg from the top 16.

Pikeville's men are ranked 13th in the latest TRS poll. Also in Allentown are No. 3 William Patterson, No. 6 St. John's and 11th-ranked Michigan State.

The teams will begin action on Saturday morning and both total Baker games each day for a 32 of 64 Baker games. The top four teams by total pinfall in each division will advance to the national tournament, giving the championship's 16-team field in both men's and women's.

In addition, these four locations will host qualifying for the 2008 USBC Intercollegiate Singles Championships on March 14. All participants will bowl six games with total pinfall determining final standings. The top four finishers in each

division (men and women) at each Sectional Qualifier advance to the USBC Intercollegiate Singles Championships, scheduled for May 18-20 at Olympic Lanes in Milwaukee.

From Pikeville, the women's bowlers will be Kayla Bandy, Ashley Galante, Sarah Germano, Ashley Stahurski, Becky Sullivan and Jennifer Wright.

On the men's side, representing Pikeville will be Kyle Barnes, John Grundy, Nathan Hause, Jesse Hawkins, Jeremy King, Mark Mantle and Chris White.

UP FRONT: NASCAR revs its engines with an exciting 1st month

Toyota's first victory ranks as one of highlights

by JENNA FRYER
ASSOCIATED PRESS

CHARLOTTE, N.C. — Bashing NASCAR has been easy pickings the last few seasons.

With its changing formats, confusing rulebook, subjective scoring, sinking ratings and miles upon miles of mindless left turns, NASCAR has taken its lumps in its ascent to the top of American auto racing.

Now it's time to give credit.

An exciting opening month to the season has pumped much-needed life into NASCAR, which has so far delivered on its pledge to return to basics. Decent racing, strong personalities and some juicy dramas have suddenly made NASCAR fun again.

The past week alone proved that. It started with a flurry of activity from the NASCAR appeals committee. The group issued a handful of rare reversals on season-opening penalties, including a whopper of an overruling that likely saved Robby Gordon's season.

In rescinding the 100-point deduction to Gordon and lifting his

crew chief's six-week suspension, Gordon is no longer in danger of having to fold his team because of the errant front bumper he took to Daytona.

Then NASCAR hammered Carl Edwards, stripping him of his points lead because the cover was missing from his oil tank following last week's win in Las Vegas. In its harshest penalty yet, Edwards was also docked the 10 bonus points he earned with the win and would have carried into the championship race.

And then things got really interesting.

Toyota executive Lee White, long silent while Jack Roush has railed against the Japanese automaker's inclusion in NASCAR, pounced on the opportunity to tweak the team owner. In intimating that the Roush Fenway Racing team deliberately cheated in Edwards' Vegas win, White sounded a message the rest of the garage subscribed to.

As driver after driver lined up to assail Edwards' team, Roush grew enraged and focused most of his fury on White, who once worked for the car owner.

"I was not complicit ... and I'm going to treat Lee White and Toyota for their accusations like they were an ankle-biting Chihuahua and be done with it,"

Roush grumbled.

The backbiting was fascinating to watch, and joined Gordon's appeals saga and the drama over Edwards' illegal win and ensuing punishment as yet another headline-grabbing moment for NASCAR.

White got the last laugh in this latest battle with Roush, from Victory Lane, where Toyota spent Sunday night celebrating Kyle Busch driving a Camry to its first Cup win. Busch had to beat five Roush cars to do it, including fourth-place finisher Greg Biffle.

"I'm a little overwhelmed," said White, the vice president of Toyota Racing Development. "Everybody associated with this organization are at a level of people that I have rarely been associated with in four decades."

The excitement didn't end when the winner crossed the finish line, either. Tony Stewart led a trio of NASCAR stars in railing against Goodyear and the underwhelming tires the manufacturer brought to Atlanta. The criticism from Stewart, Jeff Gordon and Dale Earnhardt Jr. was so intense, Earnhardt encouraged reporters to attend Monday's tire test at Darlington Raceway.

Of course, he wasn't one of the three drivers participating. But in crashing the test for Gordon, Greg Biffle and Ryan Newman, Earnhardt turned a nondescript event of

unmarked cars making individual runs into a media attraction.

It's been that kind of month for NASCAR, which can't seem do much wrong right now. Aside from the debacle three weeks ago in California — where NASCAR foolishly tried to outrun the rain and started the event when the track wasn't ready then stubbornly tried to squeeze in the race between showers — everything else has been on the money.

And the ratings reflect it, too. Sunday's race in Atlanta scored an overnight rating of 5.6, up 19 percent from last year. Of the four events this season, only California — which ran on a Monday morning because of rain — did not post increased ratings over 2007.

It can be traced back to NASCAR's renewed focus this season on racing and the stars that drive the sport. The sanctioning body fulfilled its promise of allowing personalities to shine when NASCAR slapped the wrists of Stewart and Kurt Busch for their Daytona dustup during the first practice of the season.

The feud helped build momentum through Speedweeks, where Dale Earnhardt Jr. romped early with two nonpoints victories and it culminated with a thrilling finish to the Daytona 500 that saw Newman break Stewart's heart by stealing the

win from him on the last lap.

The series then rolled on behind 22-year-old Kyle Busch, who is proving by the week he's the future of NASCAR. The current points leader in both the Truck Series and Cup Series, Busch is showing that drivers really are athletes. He has an intense schedule of three races a weekend — and he's running up front in all of them.

NASCAR's only significant tweak to its procedures this season was to qualifying, which now groups all cars not in the top 35 together at the end of the session. Even that has worked in NASCAR's favor, creating excitement to what's typically been a mundane exercise in single-lap runs.

Now, all eyes are on who makes the field, and starting next week, the drivers fighting for the final positions should get a whole lot more interesting. From Michael Waltrip in 33rd place in points to open-wheelers Sam Hornish Jr., Dario Franchitti and Patrick Carpentier in 43rd, big names could soon be missing races.

It's returned interest to what's important in NASCAR, but now it needs to be sustained for the next 32 weeks. There's a long way to go, but this first month shows there's indeed hope to bring this series back to its heyday.

Johnson off to unusually slow start in NASCAR Sprint Cup Series

by MIKE HARRIS
ASSOCIATED PRESS

Jimmie Johnson is off to a terrible start — for Jimmie Johnson, that is.

The two-time reigning NASCAR Sprint Cup champion simply isn't used to being ordinary.

He heads to Bristol this week a mediocre 13th in the standings after the first four races of the season and is already 198 points behind the series leader, former Hendrick Motorsports teammate Kyle Busch.

That really doesn't sound so bad with 22 races to go until the start of the 12-man Chase for the Championship, in which Johnson hopes to go for the first three-peat since Cale Yarborough in 1976-78. But it isn't the kind of start that Johnson and his No. 48 Hendrick Motorsports team expect.

"We knew that this year we were going to have challenges with the Car of Tomorrow on larger tracks, and we're not where we want to be, but we're working very, very hard to get on top of things," Johnson said. "I wouldn't expect us to have a poor performance much longer."

Nobody else does, either.

In his first six full seasons in Cup, Johnson has never been worse than 10th after the first four races. Twice, he has been leading the points and two other times he

was fourth.

But it isn't just the fact that he is lagging a bit this year — it's the way he has raced at times that is worrisome.

Two weeks ago, in Las Vegas, the combination of driver Johnson and crew chief Chad Knaus had one of its worst days ever, without being involved in a crash. The No. 48 Chevy started the race bad and never got much better on the way to a 29th-place finish.

That just isn't like the team that prides itself on in-race adjustments that take Johnson to the front.

Last Sunday, in Atlanta wasn't quite as bad. But it wasn't great, either.

Johnson was twice knocked a lap down by the leaders and saved a lead-lap, 13th-place finish only by being the "Lucky Dog," the first driver a lap down, each time.

Team owner Rick Hendrick says it's too soon to be concerned about Johnson, who had seemed almost automatic in spending more time in the top 10 since he arrived in the sport full-time in 2002 than any other driver.

Last year, the season was split between the old-style cars that had been racing for more than two decades and NASCAR's new CoT, which ran 16 times in 2007, mostly on short tracks.

This year, it's all CoT, and that might be the rub.

Hendrick pointed out last week that his team spent an inordinate amount of time and effort building the old car as Johnson and teammate Jeff Gordon slugged it out for the title. The Hendrick team also won nine of the 16 CoT events last year after testing heavily for those short-track events.

"I think Chad said this, 'If you think back, we did all of our CoT testing on short and flat tracks,'" Hendrick noted. "We built, I can't tell you how many, but I think three or four new editions of the old cars in the last three or four years."

"We were building cars we knew we wouldn't even run at more than one place. We knew we were not going to use that car again, but with Jimmie racing for a championship, and Jeff right there on him, we had to do that."

That hard work and planning may be costing Hendrick's elite team a little now.

After winning 18 of 36 races a year ago, and replacing Busch with highly regarded Dale Earnhardt Jr. over the winter, Hendrick Motorsports is 0-4 so far this season.

"All that work building cars we knew we'd never use again, it paid off and won us a championship," Hendrick said. "But how did it affect us this year? We're good on short tracks and flat tracks, but a little behind on the intermediates."

Johnson agreed with his boss this week.

"Coming into this season, we didn't spend any time testing on any of the big tracks," Johnson said. "We've been on track. We've been learning. We've been making improvements, if you look at Vegas and Atlanta. We still have a very loose race car, but we made up a lot of ground (at Atlanta)."

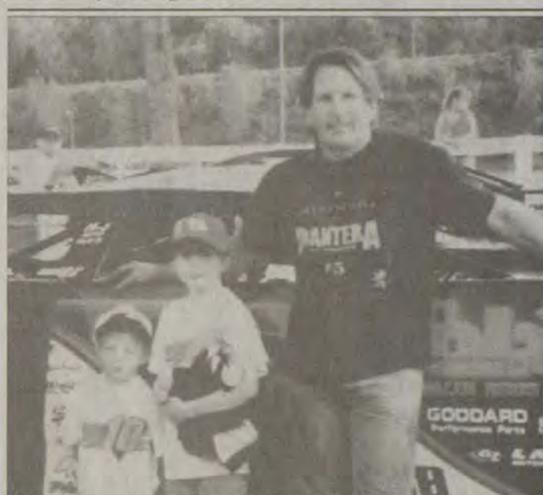
"It wasn't the day that we wanted, but we're definitely going down the right road."

Now it's back to the short tracks at Bristol and Martinsville for the next two Cup races — a chance to get the Hendrick ship righted and re-establish the team's dominance.

"We're excited to get on the short tracks," Johnson said. "Bristol isn't my best short track; we all know that. But when we get to Martinsville and Richmond and some of the other tracks where we've been strong with the CoT, we hope to be right back where we were."

"We're just learning the 1.5-mile stuff. My teammates have shown well. I ran well at California. But even with those runs, we weren't the best car. And that's what we're trying to find as a company, and what we're trying to find in the No. 48 car is how we can be the best car."

It certainly would be a big surprise if they don't figure that out.



photos courtesy of Robert Slzemore

THUNDER RIDGE RACEWAY & ENTERTAINMENT COMPLEX once hosted the nation's top dirt track drivers. The track was a favorite destination for fans of all ages. Above: Caleb and Morgan Slzemore are pictured with leading Late Model driver Scott Bloomquist prior to the start of the Miller Brothers 100, a race held at the Floyd County track in 2002. Below: Donnie Moran is pictured after winning the Thunder Ridge 100 in 1999.



Ned Jarrett to wave green flag on son Dale's final NASCAR Sprint Cup points race

TIMES STAFF REPORT

BRISTOL, Tenn. — Former NASCAR Cup champion Ned Jarrett will be the honorary starter for Sunday's Food City 500 at Bristol Motor Speedway, waving the green flag for what will be his son Dale's final points race.

Jarrett, named to NASCAR's 50 Greatest Drivers list, replaces Dallas Cowboys Pro Bowl tight end Jason Witten. Witten was scheduled to serve as honorary starter but due to family obligations won't be able to attend the race.

A two-time champion in 1961 and 1965 Jarrett, who competed in NASCAR's top series from 1953-1966, finished his career with 50 career victories, which ties him with Junior Johnson at 10th on the all-time win list. Ned and Dale Jarrett are one of only three father-son combinations to have won at Bristol Motor Speedway. Bobby and Davey Allison and Dale Earnhardt and Dale Earnhardt Jr. are the others.

The elder Jarrett is thrilled at the prospect of waving the green flag at Bristol Motor Speedway on Dale's final points race.

"I'm very pleased to have been asked to be the honorary starter for the Food City 500," he said. "And to be asked to do it for Dale's last race makes it even more special. Bristol has been a memorable place for both Dale and I, especially since we've both won here and I'm very honored to be able to be in the flag stand for his last points race."

Steven C. Smith, Food City CEO/President, is excited about having Jarrett wave the green flag on the Food City 500.

"What Ned Jarrett and his family have meant to NASCAR is immeasurable," Smith said. "We are delighted to have both he and his son Dale participate in the Food City 500 and I know the fans share our excitement."

The Food City 500 gets underway at 2 p.m. on Sunday with qualifying set for 3:40 p.m. Friday. The Sharpie MINI 300 takes place Saturday, March 15 with qualifying slated for 9:40 a.m. that day.

Tickets are available for Pole Day (\$15) and for the Sharpie MINI 300 (starting at \$45) and may be purchased at <http://www.bristolix.com/> or by calling the BMS ticket office at 423/989-6900.

NASCAR drivers headed to Bristol Motor Speedway

by BRIAN KACHARABA
ASSOCIATED PRESS

NASCAR SPRINT CUP SERIES

Food City 500, Site: Bristol, Tenn.

Schedule: Friday, qualifying (Speed Channel, 3:30 p.m.); Sunday, race (FOX, 1:30 p.m.).

Track: Bristol Motor Speedway (oval, .533 miles, 36 degrees banking in turns).

Race distance: 266.5 miles, 500 laps.

Last race: Kyle Busch gave Toyota its first NASCAR Sprint Cup victory, driving away from the pack in the waning laps to win the Kobalt Tools 500 at Atlanta Motor Speedway, Busch, winning for the first time since last March 25 at Bristol, took the lead for good with 50 laps to go when Carl Edwards, trying for a third straight victory, went out with a broken transmission.

Last year: Busch held off teammate Jeff Gordon on a restart, then beat Jeff Burton in a drag race to the finish line to win the first Car of Tomorrow race. Busch took the lead with 16 laps to go on a smooth pass around Denny Hamlin in thick traffic and stayed there through a pair of cautions. Busch had driven away from the competition when the 15th and final caution set up overtime.

Fast facts: Dale Jarrett's 24-year career will be coming to an end this weekend. The 1999 champion won 32 Cup races, including one at Bristol and three Daytona 500s. He will compete in the exhibition all-

star event at Lowe's Motor Speedway in May before heading to the broadcast booth. ... Hendrick Motorsports has yet to record a victory this season after taking 18 of the 36 races in 2007. The manufacturer won last year's Food City 500 to ignite a five-race winning streak. ... Dario Franchitti, who won both the Indianapolis 500 and the IndyCar series championship last year, is off to a slow start in Sprint Cup. He struggled to a 33rd-place finish at Atlanta and is already 401 points behind overall leader Busch. Sam Hornish Jr. is 36th in the standings. ... Toyota is the first foreign winner in stock car racing's top series since Jaguar in 1954. ... Last week, Busch became the first driver to win the Cup and truck events in the same weekend.

Next race: Goody's Cool Orange 500, March 30, Martinsville, Va.

NASCAR NATIONWIDE Sharpie MINI 300, Site: Bristol, Tenn.

Schedule: Saturday, qualifying, 9:40 a.m. (Speed Channel, Noon, tape), race (ABC, 2 p.m.).

Track: Bristol Motor Speedway (oval, .533 miles, 36 degrees banking in turns).

Race distance: 159.9 miles, 300 laps.

Last race: Matt Kenseth passed Jeff Burton for the lead on lap 186 and held on to win the Nicorette 300. The race was extended three laps beyond the scheduled 195 at Atlanta Motor Speedway because of a late

caution flag. It was Kenseth's first Nationwide victory since April 14, 2007, at Texas — a stretch of 18 races.

Last year: Carl Edwards held off hard-charging teammate Kenseth over the final dozen laps to win at Bristol Motor Speedway. It was a typical crash-filled Bristol race, with 12 cautions for 103 laps and one red-flag stoppage. NASCAR also made a miscue on pit road that confused most of the field and gave Edwards, Kyle Busch and Ryan Newman a second chance. Edwards used that free pit stop to get fresh tires and drive away to his first win of 2007.

Fast facts: Sprint Cup drivers occupied the top eight spots in last year's race. ... Busch led 153 of the first 170 laps at Atlanta before blowing a tire and hitting the wall for the second straight week. ... Kevin Harvick has four career Nationwide wins at Bristol, including the 2005 event from the 38th starting position. ... Mike Wallace will try to become the 12th driver in series history to make 300 career starts, while Jason Keller will seek his 29th career appearance at Bristol, which would break a tie with Tommy Houston for most all-time. Next event: Pepsi 300, March 22, Lebanon, Tenn.

NHRA ACDelco Gatornationals Site: Gainesville, Fla.

Schedule: Friday, qualifying, Noon; Saturday, qualifying, Noon (Sunday, ESPN2, 1 a.m., tape); Sunday, race, 11 a.m.

Next event: O'Reilly Spring Nationals, March 30, Baytown, Texas.

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 PRESTONSBURG MUNICIPAL BUILDING PARKING LOT
 We have been authorized to sell the various lots of goods that were evidence in Case No. 06-CR-00093-001 and 002 of Division II of the Floyd Circuit Court. There are two box trailers of goods that will be sold, some as individual pieces and others by the box lot. Pictures and further information can be obtained by going to www.auctionzip.com.
 Terms and Conditions - Payment by Cash or Check with proper Kentucky identification. Sold AS IS-WHERE IS with no warranties or guarantees either expressed or implied. There will be a Buyer's Premium of 10% added to the high bid price, plus 6% KY Sales Tax unless a Resale certificate is presented. All purchases must be removed following the sale.
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Applications are now being accepted for 2- and 3-bedroom apartments for low and very low income households at the Housing Authority of Martin.
 These apartments are located at Grigsby Heights and Pageant Hill in Martin, KY. All utilities are included (or an allowance is given) and the individual pays rent based upon their gross monthly income. Please apply between 1:00 p.m. and 4:00 p.m., Monday, Tuesday, Thursday or Friday, at the office, located at Grigsby Heights on Route 80, in Martin. You may call (606) 285-3681 for more information.
 The Housing Authority of Martin does not discriminate in admission or employment in subsidized housing on account of race, color, creed, religion, sex, national origin, age, familial status or disability. The Housing Authority of Martin has a Ceiling Rent of \$360.00 per Household. Income Limits up to \$42,350 a year for a family of eight. Air conditioned units are available.

ABSOLUTE PERSONAL PROPERTY AUCTION
 SATURDAY, MARCH 15TH, 10:21 a.m.
 PRESTONSBURG MUNICIPAL BUILDING PARKING LOT
 We have been authorized to sell the various lots of goods that were evidence in Case No. 06-CR-00093-001 and 002 of Division II of the Floyd Circuit Court. There are two box trailers of goods that will be sold, some as individual pieces and others by the box lot. Pictures and further information can be obtained by going to www.auctionzip.com.
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Now Accepting applications for 30 week Underground mining program. Apply until March 31, 2008. All applicants must complete Jobfit survey, math, and reading test. Successful candidates will be notified after application period. Big Sandy Community and Technical College Hager Hill Campus. 606-788-2868

600 grizley 4 - wheeler. 400 Miles. \$3,800. Call 886-2842 or 886-3451.

Wolf tanning bed for sale \$1,200. Call 886-2842 or 886-3451.

For sale: 2 - 2007 3 seater Honda turbo wave runners with cover on a double aluminum trailer. Life jackets, tubes and many other items included. Only been on the water 5 times. Great price. Call today for more information. 226-1198

For sale: 2006

Yamaha R-6 series 600, black. Slight front end damage. Excellent opportunity to purchase beautiful street bike way below cost. Good buy for some one with repair skills. Buy cheap, repair and resell for profit or keep for self. Will sell for payoff- app. \$3,300. Call 7 8 9 - 8 1 3 3 (evening) or 886-8506 (day). Ask for Kathy.

Ameriplan - Discounted Health Coverage for the uninsured and underinsured. For more information visit www.mybenefitsplus.com/vis-itme.

Two story home with wrap around decks, appx 3,000 sq ft on one + acre city water/sewer. Many extra's-167

Job Opening
 Position: Cook Supervisor
 Work Schedule: 4 a.m. to 12:30 p.m., and 11:00 a.m. to 7:30 p.m.
 Pay Rate: \$8.50 per hour.
 Job Description: Basic job functions include responsibility for timely food preparation for all menu items for the inmate population. Supervise inmate labor in accordance with the company and the institution policies. Delegate inmate duties. Use and complete records.
 Benefits: Company offers complete benefits packages. Must have valid driver's license and be able to pass drug screen and background check.
 To schedule an interview, please call (606) 452-9799, between 8:00 a.m. and 4:30 p.m., Monday thru Friday, and ask for Ann Meade.

ATTENTION

Advent Mining, LLC, located in Western Kentucky, is expanding operations and seeking:
 ♦ Engineers
 ♦ Engineering Technicians.
 We provide excellent benefits, including competitive pay, health, dental and vision insurance, life insurance, and 401k Plan with match, plus we offer free medical care to you and your dependents at Sebree Family Practice!
 ALL INTERESTED INDIVIDUALS, PLEASE MAIL RESUME TO:
 Green River Collieries, LLC
 15 New Steamport Road
 Sebree, KY 42455
 FAX: (270) 835-9369 or
 EMAIL: jbenson@alliedresources.org
 Green River Collieries, LLC, is an Equal Opportunity Employer.

LOCATION MANAGER

We are seeking a **Location Manager** to manage location assets and personnel in the **Martin, KY**, area to meet established location goals and strategies in support of the regional strategic plan. Responsibilities include safety and health training, managing location operating costs and inventory, and ensuring compliance with all company policies and procedures.
Qualifications include:
 • High school diploma or equivalent (GED)
 • 5+ years of heavy industry specific or mining industry experience
 • 2+ years of supervisory experience
 • MSHA Safety and Health training
 • Ability to perform physical labor
 • Equipment/vehicle knowledge and operational skills
 • Basic computer skills
 Only candidates meeting the requirements of all State and Federal explosives laws will be considered.
 Please forward your response information to Austin Powder Company, fax: 216-591-1568, or email: humanresources@austinpowder.com
 EOE

REAL ESTATE

Houses

Income producing houses for sale by owner.
 1) 1 story 2br currently rented for \$550 per month.
 2) 2 story house. 3 br currently rented for \$650 per month. Located just off four lane at Ivel, Ky. Shown by appointment only. No rent to own- No land contracts. Already rented. Call 606-437-1950 or 606-424-1150.

Job Opening

Position: Cook Supervisor
 Work Schedule: 4 a.m. to 12:30 p.m., and 11:00 a.m. to 7:30 p.m.
 Pay Rate: \$8.50 per hour.
 Job Description: Basic job functions include responsibility for timely food preparation for all menu items for the inmate population. Supervise inmate labor in accordance with the company and the institution policies. Delegate inmate duties. Use and complete records.
 Benefits: Company offers complete benefits packages. Must have valid driver's license and be able to pass drug screen and background check.
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 We provide excellent benefits, including competitive pay, health, dental and vision insurance, life insurance, and 401k Plan with match, plus we offer free medical care to you and your dependents at Sebree Family Practice!
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Qualifications include:
 • High school diploma or equivalent (GED)
 • 5+ years of heavy industry specific or mining industry experience
 • 2+ years of supervisory experience
 • MSHA Safety and Health training
 • Ability to perform physical labor
 • Equipment/vehicle knowledge and operational skills
 • Basic computer skills
 Only candidates meeting the requirements of all State and Federal explosives laws will be considered.
 Please forward your response information to Austin Powder Company, fax: 216-591-1568, or email: humanresources@austinpowder.com
 EOE

Lakeview village Prestonsburg call 789-1230 ask for Sam.

House for sale: 3 br completely remodeled. Ready to move into. 3 miles from Mt Arts Center. 100 % financing available. Estimated payments 600 mth. Call 265-1734 for more details.

3 br, 2 ba brick home for sale. 1/2 mile from the MAC in Spurlock creek. 1st brick on right. With fenced in yard, 0.75 acres, 1 car carport front & back porch, fire place, small garden spot. 2,200 sq ft with large bedrooms, and closets. \$178,000 Call 889-0544 after 6 pm on

weekdays.

3 Story house for sale in Martin. 4 br, 1 bath, 1/2 acre land. No land contracts. \$60,000. Call 285-9453.

3 Bd house for sale. 1 1/2 bath new kitchen & app. Commercial bldg also located on property. Located on Middle Creek. Call 886-2699.

Brick & Stone House for Sale. Four bedrooms, two and a half baths. 2900 square feet. Desirable location in Trimble Branch. Reasonably priced. Call 886-2020

HOUSE FOR SALE Newly constructed house for sale located at Abbott Creek. Vaulted living room ceiling, 3 BR, bonus room, fireplace, with cherry hardwood floors and cabinets with spacious attached garage. Located 4 miles from us 23. Panoramic view located in new subdivisions. \$210,00 asking price Seller willing to help with closing costs! Call 606-285-0054 606-791-0719, evenings 606-377-6042

Sale or Lease

Level lot for sale: 100x300 with city water. \$15,000 Call 886-8366.

Acres for sale. Located at Rt 80 close to Martin. Possible commercial property. \$85,000. Call 886-8366.

Apartment building for sale by owner. Located near HRMC. Call 889-9717. for more information.

Building for rent: approx.2500 square ft. Former John P. Wells garage. Equipped with mechanics lift. Located on South Lake Dr Prestonsburg, Ky. Call 886-9690 for more info.

Beauty Shop For Rent: fully equipped located on South Lake Dr Prestonsburg, Ky. Ready to move in! Call 886-9690 for more info.

Prestonsburg business for lease. Great location on the main road, close to downtown and the courthouse. lease as is or change, many possibilities, ie restaurant, sports bar, office complex, ample parking. May consider selling. Call 791-3663.

FARM FOR SALE Floyd county 75 acres more or less, rt. 1100 off US 23 East Point Upper Little Paint. Lum Derossett Branch. Call 606-325-4430 or 606-325-2809. Level- Sloping and timber. HUNTERS PARADISE!! Could be made into a subdivision.

Rentals

APARTMENT

Unicourt Apts: Large apt for rent. 2 br, 2 ba walkin closet. Located on US 23 at Stanville. 1 Yr lease. No Pets. Call 478-8100.

For rent: 2 br apt near Prestonsburg. Call 205-9510.

Nice 1 br apt for rent. Located on private lot on Rt 1428 between Allen & Prestonsburg. Partially furnished. Utilities paid including cable. Internet

ready. No HUD and no PETS. \$475 mth plus \$250 deposit. Call 606-262-4296.

Town house apt for rent. 2 br 1 bath. Stove and refrigerator. City limits at 23 & 80. \$505 mth plus utilities with \$300 deposit. 1yr lease. NO PETS. Call 606-237-4758.

3br apt for rent. 2 baths, parking for trucks. Will rent to contractors. Mt Parkway 6 miles from Prestonsburg. Call 886-8366

Townhouse 2 BR 1 Bath w/d hookup 2 car garage \$575 per month plus utilities plus deposit. Call 606-477-2783

One bedroom unfurnished apt for rent near college suitable for one person. No pets. Deposit required. Call 874-9976 after 5 p.m

Efficiency Apt for rent. \$375 mth. \$375 deposit. Must be paid before moving in. Call 285-9003.

1Br furnished apartment located 3 miles from Prestonsburg. Call 358-9483 after 6:00 pm or 794-9484.

Apt. For rent: 1 and 2 BR apartments on Rt. 321 near Porter school. Central heat and air, washer and dryer hookup. \$375 per month plus references and deposit. Seniors welcomed! Call 789-5973.

Furnished 1 bedroom Apt. Central heat & air. Rent starting at \$375. month, + \$300. deposit water included. Located near HRMC. 606-889-9717.

Houses

For rent: 5 br house located at lvel. \$550 per month plus one month security deposit. No pets. Call if interested 874-6700.

For rent: 1 1/2 story 3 br 2 full bath cedar house for rent. Lots of storage

ADVERTISEMENT FOR BIDS

The City of Prestonsburg, is accepting bids for the services of a landscape architect for the "Prestonsburg Welcome" sign, located on Rt. 114, at the entrance to Walmart. The scope of the project will be to re-design the area surrounding the existing sign. Bids must be submitted in a sealed envelope, no later than 4:00 p.m., March 24, 2008. The City of Prestonsburg reserves the right to accept and/or reject any or all bids.

ADVERTISEMENT FOR BIDS

The City of Prestonsburg is now accepting sealed bids on a new 12 inch Diesel Powered Wood Chipper. A bid specification sheet is available at City Hall or Prestonsburg Public Works Department. All bids must be submitted no later than 4:00 p.m., March 21, 2008. Call 886-3537 or 886-2335 with any questions. The City of Prestonsburg reserves the right to accept or reject any or all bids.

CONTRACT PROPOSAL

The Housing Authority of Martin is accepting proposals to replace plumbing devices at the Town Center site, which has twenty-eight (28) apartments. The work involves replacing all drain lines on 20 apartments, two boilers, one pressure reducing device, plus other related materials. For a list of the items to be considered, please contact the Housing Authority of Martin.

Proposals will be considered based on experience, references, quality, timeliness, and price.

Proposals must be submitted to the Housing Authority of Martin, P.O.Box 806, Martin, KY 41649, and received by 2 p.m., local time, April 11, 2008. We reserve the rights to reject any and all proposals.

Please contact Bruce Coleman, 606-285-3681, if you have any questions.

and closet space. Full under ground basement. Hardwood floors, real wood kitchen cabinets & vanities. Washer/dryer included. Large fridge with ice maker. 16x36 carport. Sitting on 5 acre private land. No indoor pets. Located 2 miles from Mt Arts Center on Spurlock Creek Rd. \$850 per month plus 850 security deposit. Call 785-0770.

Mobile Homes

LOTS FOR RENT Dwale Mobile home Park. off US 23 near Prestonsburg. Nice quiet community. Restrictions apply. 606-377-2357

For sale: 12x65 mobile home with vinyl siding deck included. Plywood floors and new carpet. Refrigerator and new range. \$6,000 Call 447-2645.

2007- 28x64 3br, 2 bath loaded w/ options plus free 32" flat screen tv & over \$ 3,000 in furniture. Lot model only!! \$62,250. The Home Show - Louisa. 606-638-4663.

2008- 28x44 3br, 2ba. Delivered & set. As low as \$ 38,990. The home show - Louisa. 606-638-4663.

Only 4 2007 double wides left in stock. Save thousands! The Home Show- Louisa. 606-638-4663.

2007 14 X 70 3 Br, 2 ba. Delivered & set only \$25,750. The Home Show - Louisa. 606-638-4663.

2007 16x80 3 br, 2ba. Delivered & set. Only \$ 29,850. The Home Show- Louisa. 606-638-4663.

Looking for a preowned home. We have 5 homes to choose from! Starting at \$8,500. The Homes Show - Louisa. 606-638-4663.

2 Br, 1 bath

mobile home for rent. Located on Spradlin Branch. North of Prestonsburg Rt 321. NO HUD. Call 889-0363.

Mobile home for rent. Extra nice, 3 br, 1 bath. Located on Cow Creek. \$425 mth plus utilities and security deposit. No dogs. Hud accepted. Call 874-2802.

28x72 double wide for sale. 3br, 2 large bathrooms. 2 Storage buildings, with 2 car carport. Excellent condition very good neighborhood. 1/2 acre lot. Located left Penhook/Eagle Trace Harold, Ky. Call 478-7274.

Special FHA Finance Program. \$0 down if you own land or use family land. We own the BANK your approved. Call 866-597-2083.

2 Br mobile home for rent at Martin, Ky. Couples preferred. No pets. Call 874-2000.

For rent: Like new 1997 14x70 Clayton mobile home. 3 Br, 2 ba, central heat & air, metal roof w/ 2 inch installation for reduced electric bill. Located near new food city in Prestonsburg. Garbage, water & sewer included. Rent \$475 month with \$400 deposit. No HUD. Call 606-874-9852 or 606-874-2162.

Legals

NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-0332

In accordance with KRS 350.055, notice is hereby given that, FCDC

Be an Angel.
 Become a Kentucky organ & tissue donor. Sign the back of your driver's license or place a Donor Not on it. & tell your family of your wishes.
 For information contact: 1-800-323-3456, or www.transforlife.org
 TRUST FOR LIFE
 Kentucky Organ Donor Clinic Association
 Organ And Tissue Donor Association

Coal, Inc., P.O. Box 77, lvel, Kentucky 41642 has applied for a permit for a surface/auger coal mining and reclamation operation located 3.0 miles Southeast of Printer and is situated in Floyd County. The proposed operation

will disturbed 428.67 surface acres and will underlie 356.21 acres, and the total area within the permit boundary will be 784.88 acres. The proposed operation is approximately 3.0 miles Southeast from

State Rt. 2030's junction with State Rt. 122 and located 0.1 miles West of the Spurlock Creek. The proposed operation is located on the McDowell and Harold U. S. G. S. 7 ? minute quadrangle map. The operation will use the

area and auger methods of surface mining. The surface area to be disturbed is owned by Clayborn Bailey Heirs, Ruby Halbert, Kermit & Doreen Martin, Alma Land Company, Cas Spurlock Estate, Tommy & Sherry

Shelton, The Elk Horn Coal Company, LLC., Phillip & Ida Ann Meade, and Denzil Yates Heirs. The operation will underlie land owned by Clayborn Bailey Heirs, Ruby Halbert, Kermit & Doreen Martin, Alma Land

SPRING INTO ACTION!

Receive 10% off until end of March.

only \$53.10

1-year Subscription to the **Floyd County Times** (In County Only)

Call 606-886-8506 or stop by the Times Office at 263 S. Central Avenue Prestonsburg

FLOYD COUNTY CLERK—CHRIS WAUGH

INCOME STATEMENT

2007 ACCOUNT

Receipts		Expenditures	
Tax Bill Preparation	\$ 3,506.25	Licenses & Transfers	1,101,322.97
Election Personnel Reimb.	15,426.75	Usage Tax	4,389,211.20
Registration of Voters	309.75	Tangible Personal Property	1,177,314.32
Tax Bill Preparation	3,504.75	Affordable Housing Trust Fee	39,438.00
Calculation of Taxes	6,485.70	Fish & Game	18,689.00
Board of Assesment	50.00	Delinquent Tax	91,235.49
Board of Elections Commissione	200.00	Legal Process Tax	39,984.90
Election Cost Reimb.	79,617.57	Tangible Personal Property	427,880.44
Licenses & Transfers	1,573,915.04	Occupational	550.42
License & Transfers Refund	(283.75)	Beer & Liquor	8,550.00
Usage Tax	4,535,336.28	Delinquent	133,548.53
Usage Tax Refund	(11,153.82)	Fire Acreage	237.61
Tangible Personal Property	3,359,664.87	Deed Transfer	44,651.19
Tangible Personal Property Ref	(1,197.86)	Tangible Personal Property	1,618,865.15
Fish & Game	19,393.50	Delinquent	663,683.38
Fish & Game Refund	(25.00)	Delinquent Taxes	7,994.15
Marriage	13,202.00	Delinquent Taxes	133,415.04
Occupational	579.37	Official Maximum Compensation	81,277.31
Beer & Liquor	9,000.00	Official Expense Allowance	3,600.00
Beer & Liquor Refund	0.00	Deputies Salaries	519,933.18
Deed Transfer Tax	47,001.68	Social Security	36,010.25
Delinquent Taxes	1,112,935.52	Medicare	8,421.75
Delinquent Taxes Ref	(2,606.06)	Life & Health Insurance	38,969.26
Fixture Filings	4,025.00	Unemployment Insurance	4,914.24
Releases (Mrtgs / Deeds)	19,675.00	Train Fringe Benefits (HB 810)	3,386.52
Deeds, Easements, Contracts	33,341.00	Advertising	491.00
Deeds, Easements, Refund	(99.00)	Img, Index, Internet Website	11,631.49
Real Estate Mortgages	70,917.00	Audit & Accounting	15,000.00
Real Estate Mortgages Refund	(13.00)	Tax Bill Preparation (PVA)	8,177.75
Chattel Mortgages/Financial St	122,223.00	Office Utilities	4,150.72
Chattel Financial Statements	(44.00)	Office Supplies	25,710.47
Power of Attorney	2,466.00	Office Expenses	15,322.37
Notary Bonds	3,367.00	Conventions & Travel	5,411.53
Property Bail Bonds	1,680.00	Fees, Dues & Subscriptions	1,216.00
Wills	1,370.00	Postage	10,357.32
Leases	3,436.00	Errors & Omissions Ins.	1,425.57
Articles of Incorporation	989.00	Rental Fees	14,382.00
Mechanics Liens & LIS Pending	20,482.00	Lease Fees	15,851.01
Mechanics Liens Ref	(39.00)	Election Expenses	79,578.17
All Other Recordings	4,833.44	Office Equipment	12,511.72
Copy Work	3,987.56	Web Renewals	624.87
Postage	1,599.49		
Candidate Filing Fees	40.00	Total Expenditures	10,814,926.29
Miscellaneous	20.38		
Bank Interest Income	3,455.23	Total Receipts	11,062,681.96
Overage / Shortage	107.32		
Income Transfer	0.00	Excess Fees	\$ 247,755.67

Company, Gas Spurlock Estate, Tommy & Sherry Shelton, The Elk Horn Coal Company, LLC., Phillip & Ida Ann Meade, and Denzil Yates Heirs. The operation will affect an area within 100 feet of public road Stonecoal County Road. The operation will not involve relocation or closure of the public road. The application has been filed for public inspection at the Department for Natural Resources' Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director of the Division of Mine Permits, #2 Hudson Hollow Complex, U.S. 127 South, Frankfort, Kentucky 40601. This is the final advertisement of this application; all comments, objections or requests for a permit conference must be received within (30) days of today's date.

COMMON-WEALTH OF KENTUCKY FLOYD CIRCUIT COURT DIVISION I CASE No. 08-CI-00175 Kentucky Housing Corporation 7255 Baymeadows Way Mail Stop JA XB2007 Jacksonville, FL 32256

Plaintiff V. NOTICE OF LEGAL ACTION Mary B. England, Executor and Known Heir of the Estate of Thelma Bentley; Unknown Spouse of Mary B. England; Unknown Heirs (if any) of Thelma Bentley; Unknown Spouses of Unknown Heirs of Thelma Bentley; Terry D. Bentley, A Known Heir of Thelma Bentley; Unknown Spouse of Mance D. Bentley; Unknown Executor of the Estate of Dianna G. Hale, Known Heir of Thelma Bentley; Unknown Spouse (if any) of Dianna G. Hale; Unknown Heirs of Dianna G. Hale; Unknown Spouses of Unknown Heirs of Dianna G. Hale; Robin Hale, a Known Heir of Dianna G. Hale; Unknown Spouse of Robin Hale; Tax Ease Lien Investment I LLC; Caudill Tire Company; Capital One Bank; Subaru American Credit, Assumed Name of Ford Motor Credit Company, and Floyd County Judge Executive
On February 19,

2008, I was appointed warning order attorney to notify the Unknown Heirs of Dianne G. Hale, of an In-Rem Complaint for Foreclosure filed in Floyd Circuit Court, involving a certain tract or parcel of land located on Left Beaver Creek, Northwest of Hannah Branch, near Hite, Floyd County, Kentucky, identified as Parcel Number: 049-00-00-140.00. Address: Route 122, nka 1997 Hite Road, Hite, Kentucky 41649, Parcel Number: 049-00-00-140.01, Address: 2011 Hite Road, Hite, Kentucky 41649, more particularly described as follows: A parcel of land located on Left Beaver Creek, Northwest of Hannah Branch, near Hite, Floyd County, Kentucky, and being more particularly described as follows: Beginning on a stake, 11.9 feet from the center-line of the existing road and being S 75 deg. 13' W 50.49 feet from the East corner of house, and S 63 deg. 02' W 73.00 feet from South corner of the house; thence parallel and 30 feet from Said house S 39 deg. 00' W 144 feet to East right-of-way of the C&O Railroad; thence following the right-of-way in a Northwesterly direction 210 feet; thence leaving the right-of-way N 39 deg. 00' E 83 feet to the existing road; thence with the road in a Southeasterly

direction 200 feet; thence leaving the road S 39 deg. 00' W 11.9 feet to the beginning, and containing 0.52 acres, more or less; the same according to a new survey dated December 27, 1979, by John A. Reed, Land Surveyor, Formerly Described As: Beginning on a willow corner to Rebecca Salisbury line and with her line to a spotted oak, same course to P.M. Dingus line and with P.M. Dingus line down the point to the C&O Railway, thence up the C&O Railway right-of-way to the beginning. Being the same property conveyed to Mance Bentley, Thelma Bentley, his wife, by virtue of a deed from Anne Stephens and Edgar Stephens, her husband, dated February 11, 1961, filed February 25, 1961, recorded in Deed Book 176, Page 410, County Clerk's Office, Floyd County, Kentucky. Mance Bentley died on February 20, 1986, and pursuant to the Last Will and Testament of Mance Bentley and Thelma Bentley of record in Book G, Page 239, all his rights, title and interest pass to Thelma Bentley. And further conveyed to Thelma Bentley, no status given, by virtue of a deed from Robin Hale, no status given, dated October 29, 2003, filed October 29, 2003, recorded in Deed Book D492, Page 253, County

Clerk's Office, Floyd County, Kentucky. Thelma Bentley died on October 22, 2005, and pursuant to the Last Will and Testament of Mance Bentley and Thelma Bentley of record in Book G, Page 239, all her rights, title and interest pass equally to her children, Dianna G. Hale, Mary B. England, Terry D. Bentley, and Mance D. Bentley, Dianna G. Hale died on July 7, 2007. A copy of the complaint in this action may be obtained from the Floyd Circuit Court, Floyd County Justice Center, Prestonsburg, Kentucky 41653. In the complaint, the plaintiffs are requesting In-Rem Foreclosure. If you are an heir of Dianne G. Hale, then you may want to make an entry of appearance in this action. Under our civil rules, you must answer the complaint within 50 days of February 19, 2008. If you fail to file an answer, you might forfeit your rights to challenge these allegations or be forever barred. You may need the services of a local attorney. Please understand that I am the warning order attorney and do not and

cannot represent you. My function is to attempt to notify you and report my findings to the court. Should you decide to answer the complaint yourself, your answer should be mailed to Floyd Circuit Clerk, Floyd County Justice Center, 127 S. Lake Drive, Prestonsburg, Kentucky, 41653. This warning order notification is being made by publication in the Floyd County Times and this notification will be published for two consecutive weeks beginning March 07, 2008. Ralph H. Stevens Warning Order Attorney P.O. Box 466 142 West Branham Street Prestonsburg, KY 41653

1.06 miles southeast of Blue Moon in Floyd County. The proposed operation will disturb 8.9 surface acres and will underlie 696.0 acres, and the total area within the permit boundary will be 704.9 acres. The proposed operation is approximately 1.03 miles southeast of Little Mud Creek. The proposed operation is located on the McDowell U.S.G.S. 7-1/2 minute quadrangle map. The surface area to be disturbed is owned by The Elk Horn Coal Company, LLC. The operation will underlie land owned by SEQ CHAPTER 17-1 The Elk Horn Coal Company, LLC, Emory Newsome, Icess Newsome, Willis Newman, Joseph Tackett, Carmel Newman, Thurman Newman, Marie Tackett, Lou Tackett, Rosemary Tackett, Commonwealth of Kentucky, James Newman, Terry and Gayle Hall, Akers Estate, Estil Moore, Palmer Hamilton, Clifford Hall, Ravin Parsons, John Tackett and Judy Tackett. The operation disturbs 42.50 acres of sur-

area within 100 feet of public road CR 1737. The operation will not involve relocation or closure of the public road. The application has been filed for public inspection at the Department for Natural Resources' Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Mine Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601.

face area, and will underlie an additional 123.00 acres, for a total of 165.50 acres. The operation is approximately 2.70 miles southwest from Daniel's Branch Road's junction with KY State Route 3, and located 0.1 mile south of Dick's Creek. The operation is located on the Lancer U.S.G.S. 7-1/2 minute quadrangle map. The surface area to be disturbed is owned by Pocahontas Development Corporation. The operation will underlie land owned by Pocahontas Development Corporation. The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Mine Permits, No. 2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601.

NOTICE OF INTENTION TO MINE Pursuant to Application No. 836-5341 Renewal

In accordance with the provisions of KRS 350.055, notice is hereby given that Czar Coal Corporation, HC 64, Box 915, Debord, Kentucky 41214, has applied for an underground coal mining operation, located 2.7 miles south of Odds, in Floyd, Martin, and Johnson Counties. The proposed operation disturbs 42.50 acres of sur-

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FLOYD COUNTY Around Our Schools



Fun with Romeo and Juliet

Renee Meade's English I class at Allen Central High School recently completed the reading of the Shakesperian tragedy "Romeo and Juliet." As a culminating activity, students had a choice of projects to complete to showcase his/her understanding of the play. Some of the students chose artistic style projects such as the one pictured here showing puppets "Romeo" and "Juliet." The students working on this particular project made their own puppets and stage and performed for their class.



JMS Student Council working to improve school

The student council met January 10th and planned the upcoming Family Fun Read Night. It was decided that there would be dress up days that week. A Valentine dance was also planned. The dance will be Friday, February 8th for 3rd -8th grades. The next spirit assembly (for January) will be Thursday, January 31st, 12:30. The following homerooms were represented at the student council meeting: Mrs. Howell, Mrs. Short, Mrs. Tackett, Mrs. D. Hall, Mrs. Spencer, Mrs. B. Hamilton, Mrs. Newsome, Mrs. Blanton, and Mrs. Newman. After refreshments, the meeting ended with members participating in a campus clean up outside where three bags of litter were collected. The next meeting will be Wed., January 30th, 3:15-4:30. Thank you student council for what you do!



Mrs. Lawson's class.

Move 'em out!

Students in Mrs. Lawson's and Mrs. Pack's 2nd grade classes at Duff Elementary have been studying Westward Expansion. As a family project, the students and family members made covered wagons.



Mrs. Pack's class.

Baseball is Here in Prestonsburg!



Sign Ups at the Prestonsburg Dairy Queen

March 8th - 10 am - 4 pm

March 13th - 6 pm - 8 pm

March 15th - 10 am - 4 pm

AGE GROUPS

- 5 - 6 Years Old - TeeBall
- 7 - 8 Years Old - Coach Pitch
- 9 - 10 Years Old - Little League
- 11 - 12 Years Old - Major League
- 13 - 14 Years Old - Junior League

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- Honda of Prestonsburg
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- Gearheart Communications
- Reno's Roadhouse

2008 Great Easter Egg Hunt

CLUE #8
Math quiz:
Start with 6 or 8,
no less, no more,
then take 5
between
3 and 4.

Choose Health
Choose Healthful Foods





Faith and Family



KIM'S KORNER

Politics and religion

From the time I have been knee-high to a grasshopper I have heard politics and religion don't mix. And these two topics are two that should definitely not be discussed in the workplace.

My, the times they are a changin', and when one works for the "Times," as in this newspaper, not discussing those topics is, well, inevitable. After all, reporting the news is a responsibility of newspapers and just adding this new addition of Faith and Family, religion is bound to come up in a conversation or two.

As in all topics of conversation, there is a right way and a wrong way to make a point. And these two topics can cause a person's dander to rise faster than any other it seems.

Discussing politics can get pretty heated sometimes, especially when a person's "personal" view or input is added and imposed on another that is totally the opposite, and the reason it has probably been said all these years to refrain from discussing such in the workplace.

This year marks a major landmark for our nation with the likes of Hillary Clinton and Barack Hussein Obama vying for the Democratic position for the president of the United States. And not discussing this phenomenal occurrence, well, one would probably have to have their head stuck in the sand somewhere.

As for self, I have never been one of those to jump up on my sandbox women's libbers and throw myself out there saying I can do anything a man can do, because I can't. I can't rebuild a motor, pour concrete nor would I use a weed-eater — those things scare the bejeebies out of me. However, there are definitely women out there who most definitely can and do. And as for Hillary throwing her hat in the ring for the presidential nomination of our precious United States, I for one say YOU GO GIRL!

As for Barack, and all the

(See KORNER, page three)



Kim Little Frasure

READER TESTIMONIAL

God heard my prayers

by KENNETH EARL WATKINS
WOODSTOCK, VA.
FORMERLY OF EAST POINT

Around the year of 1949, and at around 12 years of age, I silently prayed one night in a church service ... "God, I do not know what the truth is. If you let me live long enough to know the truth, I will one day serve you."

I became very confused at about age 12, but I was convicted and desired to go forward and accept Christ at the visiting evangelist's invitation. As I listened to him, he stated in his sermon, and near the beginning of it, "If you will give your life to Christ, He will keep you and make you what you ought to be." About 15 or 20 minutes into that same message, he said, "Woe be unto you backsliders. If you do not repent, give your heart back to God and get saved and baptized again, hell is your eternal home."

I thought "Whoa! How can this be? If God keeps you and makes you what you ought to be, how can you backslide and go to hell?"

That is when I silently prayed the above prayer. God heard me but I never knew it at the time.

In the year of 1956 I joined the U.S. Army, and in 1957 was on the USS General Mann (troop ship) on the way to South Korea. We got a bad storm and I again silently prayed that prayer. Again He heard me but I never knew.

One weekend a buddy of mine from Missouri named Herb, from Rayville, said, "Ken, let's go to Seoul and sightsee." I agreed, got my 8 MM Bell and Howell movie camera, and we boarded a Korean bus going south for about 20 miles to Seoul. Our base was eight miles south, and between a town called Ui Jung Bu (pronounced we jom boo) and Seoul. We rode the bus into the city of 8 million people and began walking around, drinking, and taking photos. We visited a museum and other points of interest. It began to get late and Herb said, "Ken, let's get back to base." I had drunk too much and said, "No! I am staying." He left. I began to sober up and had no idea where that bus station was. We had wandered around that city for hours. I walked to a train station and got on a Korean train going to Ui Jung Bu. It stopped every few hundred yards and took on and let people off. It loaded coal and water (steam powered) and it was up into the wee morning hours before it arrived in Ui Jung Bu.

I had only been there twice in that city, getting drinking water once and guarding food



supplies (riding shotgun) another time. I had no idea where I was in that city. I saw a light off in the distance and began walking toward it, knowing I had an eight-mile walk to our base, which was back toward Seoul. The train never passed near it as it came north. As I walked it was very dark. I walked between thatched roofed houses on each side of the street. That street was just wide enough for an Army deuce and a half truck to pass between those roofs.

As I walked toward that light I saw cigarette butts glow in the dark on each side of the street, as they raised them and took a draw. I thought, "Ken, if you get out of this alive you have done something." We had been warned by the military to never get caught out alone. Then I heard footsteps fall in behind me. Three sets of them. We were advised there were still hostiles in South Korea from the war, and they would kill you for your clothing, class ring, camera, combat boots, etc. — and I had all those.

As I walked, one Korean came up on my right and began talking in broken English. The two behind me were nearly stepping on my heels. He just asked general questions as he looked me over. I finally arrived at the light source. It was a large steel bridge over a river that the U.S. Corps of Engineers had built and put lights on. I then knew where I was and I was going the right direction. As I crossed that big bridge I thought, "They intend to kill and rob me when I get to the end of that light on the other end of this bridge and toss my body in that river. What shall I do? Shall I chop this one to my right across his Adam's apple, turn and kick the other two in a sensitive area of their anatomy and run off?"

Just as I prepared to step the last step into that deep darkness, suddenly there were two huge truck headlights

truck and they stopped and let me off. I would love to know who they were. I have always believed God sent two angels and rescued me at the very last second. I believe God heard the prayer of a lost, seeking, confused youth, once in a church in the past, and once on the ship in the Pacific Ocean, in a storm, saying "God, if you let me live long enough to know the truth, I will one day serve you."

In 1970, on Nov. 22, I heard the glorious gospel of the Lord Jesus Christ and prayed for salvation in that church service. He saved me just as He promised in Romans chapter 10, verses 9 to 13. All of the confusion, nervousness,

fear, depression, anger and resentment began to leave. I still at times fail, but He is with me and is helping me overcome. I am not perfect in 2008, but He is not finished with me yet.

Again I thank God for keeping and saving me. I am totally grateful for the great sacrifice He made to save me and all the world, if we will only believe and trust Him.

It is not what we can do that gets us into His heaven, but what He did on the cross for us, and in our place. He, being God and knowing all things, looked down to 1970 and saw every sin I would ever

(See PRAYERS, page three)

Fitzpatrick Baptist Church

A Southern Baptist Church affiliated with the Kentucky Baptist Convention

Sunday Morning 9:15 Breakfast Fellowship 9:45 Sunday School 11:00 Worship
Sunday Evening 6:00 Worship Children's Programs

Wednesday Evening 7:00 Prayer Meeting/Bible Study Children's & Youth Programs

*Nursery provided for all services

1063 Big Branch Road of Abbott Prestonsburg, Kentucky 41653 606-886-6204 Tommy Reed, Pastor www.fitzpatrickbaptist.com



Faith Fellowship Pastors Carl and Missy Woods

Our Mission

As people called by God,
We gather to praise God, listen to Him, and respond.
We nurture each other in faith and obedience to Christ.
We love and care for one another as God's children.
We commit ourselves to serve and to tell others about Jesus.
We strive to pursue God's justice and peace in every area of life.

Sunday School10 AM
Worship Service11 AM
Sunday Evening Service7 PM
Wednesday Evening Service7 PM
Friday Evening Intercessory Prayer7 PM

Come Worship and Praise with us!

Without faith it is impossible to please Him; for he that cometh to God must believe that He is, and that He is a rewarder of them that diligently seek Him.

Hebrews 11:6

First Presbyterian Church

1430 North Lake Drive, Prestonsburg, KY • 606-886-2214



First Presbyterian's Mission... Growing in Faith, Fellowship, and Family. Our vision is for God to work through us to nurture and encourage one another in our common faith, and use our talents and resources for the fulfillment of His plan in our church and in our community.

WORSHIP TIMES

Sunday School—9:45 a.m.
Continental Breakfast Served
Worship Service—11 a.m.
Children's Church available

Rev. Vicki Poole, Pastor
www.prestonsburgfpc.org
email: ffirstpresky@gmail.com

Prayers

commit even though I had not been born or committed them, took them all upon Himself on that cross and paid for the sins of the world in His own blood. I shall be eternally grateful unto Him.

As it is written, He removed my sin at that time as far as the east is from the west never to remember them against me anymore. This was in the message preached that night in 1970 when I at age 33 went forward and confessed I am a sinner and asked Christ to come into my life. He did and gave me eternal life. I was "born again" by the Spirit of God. And so it is always by faith first, then comes feelings.

The first thing I noted in the five senses was as I drove the 12 miles or so to Arcadia, Ohio, where we lived at that

time, from Findlay, the stars appeared much larger and nearer to earth than I had ever seen them. They radiated a new, soft loveliness.

The second thing I noted was I had to come back into Findlay that night at 11 p.m. and run a production line for Dow Chemical Corp. I lay down to sleep an hour or so and slept the "sweetest sleep" I had ever slept and still do in 2008 whether sick or well. I never even knew it was in the Bible but began reading it and found in Psalms 127:2 and Proverbs 3:24 that God gives His beloved sweet sleep.

The third thing was I worked the night shift and as I drove home around 7:15 a.m. the next day, the sky looked bluer than I had ever seen it. The grass appeared greener, and my wife had breakfast

ready. It tasted so good it was as though I was tasting it for the first time.

The fourth thing noted was I went out into the yard and looked down at tiny flowers I had walked over many times, with just a cursory glance. Suddenly they were as though someone had a magnifying glass upon them. They shimmered in a delicate loveliness I had never observed.

In my Spiritual ignorance I thought, "God has changed the world. He has made it brand new." Then I remembered the night before when the visiting evangelist had said, "When you ask Christ to come into your heart, He has promised to do just that, and abide with you forever." Then I knew He had not changed the world ... He had changed me. His Spirit was now living inside of

me and I was seeing His world through His eyes as He sees it. I was and am truly born again.

That newness is still with me today in 2008. Two weeks or so afterward I was baptized by immersion in water and that was an experience no human language can express. I will save that for another time.

Be an Angel.

Become a Kentucky organ & tissue donor. For information contact: 1-800-525-3456, or www.trustforlife.org

Garrett First Baptist Church



Sunday School
9:45 a.m.
Worship Service
11:00 a.m.
Sunday Night Service
7:00 p.m.
Wednesday Night Service
7:00 p.m.

Come Worship With Us!

Korner

informational emails floating about of his background and the picture of him alongside the other candidates as they salute our nations flag while he wasn't and trying to decipher the fiction and non-fiction on all of that, well, it just makes the head swim.

Then there's McCain, that Republican character who's been there and done that when it comes to politics.

And I say, yes, it is definitely time to mix politics with religion!

It is high time every single

one of us hit our knees and pray fervently for wisdom on who we choose to vote for to run our country.

We need to forget the fact of female, African American or Republican, and pray which one of these individuals has the faith, knowledge and credentials to sit at the helm of our nation.

To cast a vote for such an amazingly important position because a person is female, or African American, or simply the same party affiliation, or God forbid because some

celebrity such as Oprah is backing them, is a sad, sad point in my opinion.

Yes, the time has come, it is here, it has arrived, it is time to pray and pray hard.

It is time we all mixed politics with religion and every single one of us and all our congregations PRAY for the next leader of the United States.

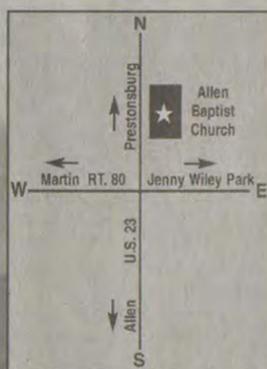
Til next week ... There is power in prayer and we need to pray for who we put in power.

Continued from p1

We have a place for you Allen Baptist Church

Sunday School
10:00 a.m.
Morning Worship
11:00 a.m.
Evening Worship
6:00
Nursery Available

Wednesday Evening Youth Services
Children's Choir
Bible Study
7:00 p.m.



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allenbaptist@bellsouth.net
Website:
allenbaptistchurch.com
Phone 606-874-9468

Arnold Turner, Pastor

Chris Bombolough, Minister of Youth & Missions

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Serving the World*



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SERVICES:

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Morning Worship 11 a.m.
Evening Worship 6 p.m.
Wednesday Bible Study 7 p.m.
Friday Youth Service 6 p.m.

Sr. Pastor, Darlene Wiggins
Preachers: Bro. Claude Allen
Bro. Ken Issac

Community United Methodist Church

147 Burke Ave., Prestonsburg, Kentucky 41653
886-8087

email: community@mikrotec.com

Sunday School 10 a.m.
Sunday Morning Worship 11 a.m.
Sunday Evening Worship .. 6 p.m.
Prayer Meeting and Small Groups:
Wednesday 7 p.m.
Youth Ministry: Sunday 6 p.m.
and Wed. .. 7 p.m.
Children's Ministry: Wed. 7 p.m.

And now these three remain:
faith, home, and love.
But the greatest of these is love.
I Corinthians 13:13 NIV

I have come that they may have life,
and have it to the full.
John 10:10 NIV

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2004-2005



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St. Martha Catholic Church

60 Marthas Vineyard
Prestonsburg, KY 41653

St. Martha Catholic Church is a small, multicultural parish community located on Lancer/Watergap Road in Prestonsburg, KY. As a parish family we join together to worship, serve, evangelize and nurture one another in our faith.

As followers of Jesus Christ, we serve the spiritual and material needs of our parish family and our community through a variety of outreach and education programs:

- Martha's Portion—providing previously owned clothing, and household items for the needy of our community, and a Diaper Program for infants.
- Good Samaritan Program—providing for the spiritual and social needs of our parish family through home visits.
- Giving Bag Program—providing cleaning and personal care products on a monthly basis for individuals and families referred by community agencies.
- Prison Ministry—providing for the spiritual needs of inmates in local prisons.
- Spanish Masses—providing for the spiritual needs of the Spanish-speaking community (held monthly at St. Francis Catholic Church in Pikeville, KY).
- Religious Education Programs for Children and Adults—providing for life-long spiritual growth in our faith.

Mass Schedule
Saturday—5:00 p.m.
Sunday—11:15 a.m.
Reconciliation
Saturday—4:45 p.m.
and by appointment

Pastor:
Fr. Robert Damron

Phone—606-874-9526



<http://www.prestonsburg.cdlex.org>

The faith of George Washington



and president, he repeatedly thanked God for directing and protecting Americans in their struggle to obtain independence and create a successful republic. Arguably, no president has stressed the role of Providence in the nation's history more than Washington.

The Virginian planter was a giant even among the remarkable generation of America's founders. His powerful physique, athletic prowess, stately bearing, personal magnetism, and incredible stamina impressed his contemporaries. More significantly, because of his exceptional character and extraordinary contributions, he has been deemed indispensable to the success of the patriot cause and the new republic. Risking his reputation, wealth, and life, he commanded an undermanned and poorly supplied army to an improbable victory over the world's leading economic and military power. He presided over the convention that produced the United States' venerable Constitution. For nearly a quarter of a century (1775-99), Washington was the most important person in America. As president, he kept the new nation from crashing on the shoals of anarchy, monarchy, or revolution.

Washington firmly believed that God controlled human events. In both his public and private writings, he repeatedly discussed how God providentially helped the United States win its independence against incredible odds, create a unified country out of diverse and competing interests, establish a remarkable constitution, and avoid war with European powers that still had territorial ambitions in North America. Because God created and actively ruled the universe, Washington insisted, people must revere, worship, and obey him. Although members of his staff wrote most of Washington's public statements, he oversaw the process, and therefore they expressed what he wanted to convey. Furthermore, Washington routinely used similar language in private letters he wrote.

Throughout his life, Washington appealed to "an all-powerful Providence" to protect and guide him and the

nation, especially in times of crisis. Throughout the War for Independence, he asked for and acknowledged God's providential guidance and assistance hundreds of times. He told Reverend William Gordon in 1776 that no one had "a more perfect Reliance on the alwise, and powerful dispensations of the Supreme Being than I have nor thinks his aid more necessary." "The hand of Providence has been so conspicuous" in the war, the general asserted in 1778, that anyone who did not thank God and "acknowledge his obligations" to him was "worse than an infi-

del that lacks faith, and more than wicked." After the war ended, Washington declared, "I attribute all glory to that Supreme Being," who had caused the several forces that contributed to America's triumph to harmonize perfectly together. No people "had more reason to acknowledge a divine interposition in their affairs," he wrote in 1792, than those of the United States."

Scholars and ordinary Americans will continue to debate the precise nature of Washington's faith, but clearly it became deeper as a result of his trying and sometimes trau-

matic experiences as commander in chief of the Continental Army and the nation's first president, and it significantly affected his understanding of and his actions in both positions.

□□□

Gary Scott Smith chairs the History Department at Grove City College, is a fellow for Faith and the Presidency with the Center for Vision & Values, and is the author of *Faith and the Presidency: From George Washington to George W. Bush* (Oxford University Press, 2006).

by DR. GARY SCOTT SMITH

On July 9, 1755, the "most catastrophic" day in Anglo-American history, Colonel George Washington was traveling with General Edward Braddock's army toward Fort Duquesne when they were ambushed by Indians and French hiding in the woods. In the ensuing massacre, hundreds of British soldiers, including Braddock, were killed or seriously wounded. Perched on their horses, officers were perfect targets. One after another, they were hit. Bullets ripped through Washington's coat, knocked his hat off, and killed two of the horses he rode.

Rumors circulated that Washington had been killed. On July 18, he wrote his brother from Fort Cumberland, "As I have heard since my arriv' at this place, a circumstantial acct. of my death and dying speech, I take this early opportunity of contradicting both, and of assuring you that I now exist and appear in the land of the living by the miraculous care of Providence, that protected me beyond all human expectation." Two weeks later the colonel wrote to Robert Jackson, "See the wondrous works of Providence! The uncertainty of Human things!"

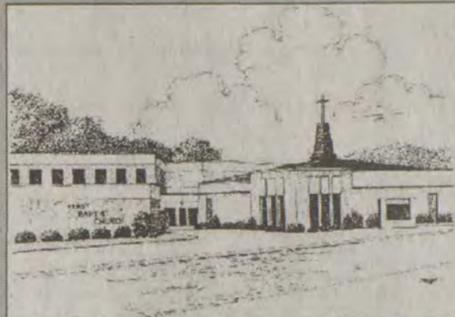
Preaching to a volunteer company of militia, Presbyterian minister Samuel Davies declared, "As a remarkable instance" of military ardor, "I ... point ... to ... that heroic youth, Colonel Washington, whom I cannot but hope Providence has hitherto preserved in so signal a manner for some important service to his country." And so began the stories about Washington's faith in God and divine selection to lead the American people.

Although the religious convictions and practices of many presidents have been ignored, Washington's have been closely scrutinized and endlessly debated. Some authors have portrayed the Virginian as the epitome of piety, and others have depicted him as the patron saint of skepticism. The fact that Washington said almost nothing publicly or privately about the precise nature of his beliefs has evoked competing claims that he was a devout Christian, a Unitarian, a "warm deist," and a "theistic rationalist."

One point, however, is not debatable: Washington strongly believed that Providence played a major role in creating and sustaining the United States. In public pronouncements as commander in chief

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WORSHIP TIMES

Sunday
9:45 a.m. Sunday School
11:00 a.m. Worship Service
6:30 p.m. Worship Service

Wednesday
6:30 p.m. Prayer & Bible Study

Pastor,
Jerry C. Workman

Youth & Children's
Minister,
Danny Blanton



St. Vincent Mission, Inc.

6369 Hwy. 404, David, KY 41616

"It takes a lot of faith and trust that the Lord will provide from one day to the next." This statement was made by Br. Michael Lonsway, who was one of the original volunteers with St. Vincent Mission and still holds a seat on the mission's Board of Directors.

St. Vincent Mission, Inc., is a non-profit organization that was established in 1968 by the Brothers of Charity from Philadelphia, PA. The Mission forms a community of people dedicated to sharing the expression of Christian values in Eastern Kentucky. Because the Mission is located in the central Appalachian Mountains, the staff has been called to the service of unique people with a rich ancestral heritage. Staff members include a full-time Executive Director, Sr. Kathleen Weigand, and a full-time Social Services Coordinator, Joyce Mitchell. There are also two part-time warehouse, second hand store and food pantry workers. 350 to 400 volunteers come from Kentucky and across the United States each year for the Home Repair Program to assist low-income, disabled and elderly individuals.

The Mission's goals, which are met through concrete programs, are to encourage the use of participant's skills, talents and personal gifts to help each other. The mission is one of Hope that leads all who participate toward a vision of continuous growth.

David Appalachian Crafts is a subsidiary of St. Vincent Mission. Sr. Ruth Ann Iwanski, its full-time director, and two part-time employees, help to identify, train, mentor and provide marketing services for about 90 artists and crafters at this time.

Come and join us for our 40th anniversary reunion on Saturday, July 19, 2008, at the mission's property on Highway 404 in David, Kentucky, which is the site of the old David swimming pool. Please call 886-2513 to make reservations or to inquire about specific directions. The celebration will include music from local artists, craft demonstrations, a silent auction, lunch, and time to visit David Appalachian Crafts. We are also looking forward to the guest appearance of some of the original singing Patsy Teenagers!



June, 1982
10th Year Anniversary
of David
Appalachian Crafts

Mountain Christian Academy

6467 HWY 80, PO Box 1120, Martin, KY
606-285-5141
www.MountainChristianAcademy.com

History & Mission

Mountain Christian Academy, an academically enriched Christian school in Eastern Kentucky, was established in 1983. The mission of Mountain Christian Academy ("MCA") is to provide quality education in a Christian environment.

MCA equips its students, inside and outside the classroom, with the skills they need to excel in their future plans and goals. More importantly, through daily Christian education classes and prayer, we strive to develop in each MCA student the moral and ethical character upon which the futures of our communities, Nation, and world depend.

MCA Curriculum

- Language Arts • Mathematics • Science • Social Studies
- Christian Education • Spanish • Physical Education • Art
- Computers • Music

Extracurricular Activities

- Boys & Girls Basketball • Volleyball • Golf • Science Olympiad
- Elementary & Middle School Academics • MATHCOUNTS
- Private Music Lessons • After School Tutoring & Care
- Summer Academic Camp

"The mission of Mountain Christian Academy is to provide quality education in a Christian environment."

Riverview Health Care Center

Prestonsburg, KY

SPIRITUALITY

- Church Services
- Morning Worship
- Afternoon Services

THERAPY

- Vacation Bible School
- Bible Study
- On-site Chaplain
- 24-hr. Chapel
- Tuesday, 10:15
- Wednesday, 10:15
- Thursday, 10:15/11:15
- Friday (3rd), 2:00
- Sundays, 2:00
- Neuromuscular re-education
- Therapeutic exercise
- Therapeutic activity
- Wheelchair management
- Gait training
- Orthotic and prosthetic training
- Ultrasound and electrical stimulation
- Adaptive equipment utilization
- Daily living re-education
- Orthopaedic rehabilitation
- Speech language and swallowing
- Cognitive retraining

QUALITY OF LIFE

- Bowling
- Picnics
- Mall Shopping
- Baseball Games
- Dining Out with Friends
- Bingo
- Theme Days

NURSING

- IV Therapy
- Wound Care
- Enteral Feedings
- 24-hr. Nursing Care
- Respiratory Care
- Diabetes Care
- Nutritional Services

RIVERVIEW HEALTH CARE CENTER

"Honoring Our Community One Resident at A Time"

Floyd County Devotional Page

This devotional and directory is made possible by these businesses who encourage all of us to attend worship services.

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Fax: (606) 285-6409
www.olwh.org
Our Lady of the Way Hospital
11203 Main St. Box 910 Martin, KY 41649

ASSEMBLY OF GOD

First Assembly of God, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lorle Vannucci, Minister.

In Victory Assembly of God, West Prestonsburg; Sunday School, 10:00; Worship Service, 11:00 & 6:30; Wednesday Evening, 6:30; Gary Stanley, Pastor.

New Bethel Assembly of God, Burning Fork Rd., Salyersville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Arthur (Sam) Smith, Minister.

Praise Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 80 and U.S. 23; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; J.M. Sloce, Minister.

BAPTIST

Allen First Baptist, Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.

Auxier Freewill Baptist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thursday, 7 p.m.; Bobby Spencer, Pastor.

Ball Branch Regular Baptist Church, Mousey Ky; Worship Service, 9:30; Every third Sat. and Sun. of each month; Roger Hicks, Pastor, Ralph Howard, Asst. Pastor. Contact Kermit Newsome 606-377-6881 for more information.

Benedict Baptist, Slick Rock Branch, Cow Creek; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Gordon Fitch, Minister.

Betsy Layne Free Will Baptist, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.

Big Sandy Community and Technical College Baptist Student Union, J 102; Wednesday, 11:30 a.m.; Vera Joiner, 886-3863, ext. 67267.

Bonanza Freewill Baptist, Abbott Creek Road, Bonanza; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jimmy D. Brown, Minister.

Brandy Keg Freewill Baptist, Corn Fork; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Music, Minister.

Calvary Southern Baptist, Betsy Layne; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister.

Community Freewill Baptist, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.

Cow Creek Freewill Baptist, Cow Creek; Sunday School, 10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathon Lafferty, Minister.

Daniels Creek Baptist Fellowship Church of God, Banner; Services: Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.

Drift Freewill Baptist, Drift; Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m. Jim Fields, Minister.

Endicott Freewill Baptist, Buffalo, Sun. School, 10 a.m.; Church every Sun. Morning 11:00 a.m.; Wed. evening Bible Study & Prayer Meeting, 7:00 p.m.; First Sat. evening Service, All Welcome 7 p.m. Pastor Mark Hunt, 606-478-2698; Bto. Jim Smith, 606-874-8077.

Faith Bible Church, an independent Baptist church, located on 1428, between Allen & Martin; Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Wednesday Bible Study & Prayer, 6 p.m.; Pastor, Rev. Bob Wireman.

Faith Freewill Baptist, 1/4 mile above Worldwide Ept. on Rt. 1428; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Elder Donnie Patrick and Buddy Jones, Ministers.

First Baptist, Garrett; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister.

First Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. Sunday Evening Service 7 p.m.; Wednesday, 7 p.m.; Greydon Howard, Minister.

First Baptist, Prestonsburg, 157 South Front Street; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wed, 6:30 p.m.; Jerry C. Workman, minister.

Fitzpatrick First Baptist, 1063 Big Branch, P.O. Box 410, Prestonsburg, KY 41653; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Tommy Reed.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 7 p.m.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.

Grethel Baptist, State Rt. 3379, (Branham's Creek Rd.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.

Garrett Regular Baptist, Route 550, Garrett; Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Willie Crace, pastor; Assist. Larry Patton. Phone 358-4275.

Highland Avenue Freewill Baptist; Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; David Garrett, Minister.

Jacks Creek Baptist, Bevinsville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Truay.

Katy Friend Freewill Baptist, 2 miles up Abbott; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chad Blair, Pastor.

Lackey Freewill Baptist, Lackey; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister.

Lancer Baptist Church, 71 Cooley St., Prestonsburg, Sunday School, 10:00 a.m. Morning Worship, 11:00 a.m., Evening Worship, 6:00 p.m., Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter

Liberty Baptist, Derwar; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Merle Little, Minister.

Ligon Community Freewill Baptist, Ligon Worship Service, Sunday, 11:00 a.m. Thursday, 7 p.m.

Little Rosa Regular Baptist Church of Jesus Christ, (Indian Bottom Association) Services: 1st Saturday & Sunday every month 9:30 a.m., 3rd Sunday 9:30 a.m., Odd Sunday 9:30 a.m.

Martin Branch Freewill Baptist, Estill; Sunday Service, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Morris, Minister.

Martin Freewill Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister.

Maytown First Baptist, Main St., Maytown; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Varney, Minister.

McDowell First Baptist, McDowell; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Gene Bracken, Minister.

Middle Creek Baptist, Blue River; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Eugene Cook, Minister.

Lighthouse Baptist, 2194 KY Rt. 1428, Prestonsburg; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister. home phone 285-3385

Pleasant Home Baptist, Water Gap Road, Lancer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.

Pleasant Valley Old Regular Baptist Church, Tinker Fork; Meeting time 1st Saturday & Sunday of each month, 3rd Sunday Evening at 6:00 p.m.; Moderator, Gary Compton; Assist. Moderator, Jimmy Conley.

Prater Creek Baptist, Banner; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; J.B. Hall, Pastor. Phone: (606) 874-3222.

Rock Fork Freewill Baptist; Garrett Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Wendell Crager, Minister.

Rock Fork Regular Baptist, Garrett; Worship Service, 9:30 a.m.; Jerry Manns, Pastor; Willie Crace Jr., Assistant Pastor.

Salt Lick United Baptist, Salt Lick, Hueysville; Worship Service, 2nd & 4th Sunday, 10:30 a.m.; Pastor, Allen Chaffins, phone 946-2123.

Sammy Clark Branch Freewill Baptist, Dana; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Stephens Branch Missionary Baptist, Stephens Branch; Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.

The Third Avenue Freewill Baptist; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Phillip Ramey, Pastor.

Tom's Creek Freewill Baptist, U.S. 23 (north of Layne Brothers); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chuck Ferguson, Minister.

Tom Moore Memorial Freewill Baptist; Cliff Road; Sunday

Devotional Spotlight
Hueysville Church of Christ
Chester Ray Varney, Minister
Services
Sunday School10:00 a.m.
Worship11:00 a.m.
Sunday Night6:00 p.m.
Wednesday7:00 p.m.
T.V. Channel 5 Sunday, 3:30 p.m.
Attention Church Organizations, send in a picture of your church, pastor, or youth leaders.

School, 10 a.m.; Worship Service, 11 a.m.; Youth Service, 5:00 p.m.; Evening Service, 6:00 p.m.; No Service the 1st Sunday of each month; Wednesday, 7 p.m.; Jody Spencer, Minister.

Trimbale Chapel Freewill Baptist; Intersection of U.S. 23 and KY 80, Water Gap; Sunday School, 10 a.m.; Morning Worship Service, 11 a.m. and Evening Worship Service 6 p.m.; Wednesday Bible Study, 7 p.m., Youth Services 7 p.m.; Everyone Welcome.

United Community Baptist, Hwy. 7, Hueysville; Worship Service, 2 p.m.; Friday, 7 p.m.; Carlos Beverly, Minister.

Wheelwright Freewill Baptist, Wheelwright Junction; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louis Ferrari, Minister.

CATHOLIC

St. Martha, Water Gap; Mass: Sunday, 11:15 a.m.; Saturday, 5 p.m.; Sunday; Father Robert Damron, pastor.

CHRISTIAN

First Christian, 560 North Arnold Avenue; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister.

Victory Christian Ministries, 1428 E.; Sunday School, 11:30 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Sherm Williams, Minister.

CHURCH OF CHRIST

Betsy Layne Church of Christ, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.

Prestonsburg Church of Christ, 88 Hwy. 1428; Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Kelly and Nelson Kidder, Ministers.

Harold Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Willie E. Meade, Minister.

Highland Church of Christ, Rt. 23, Hager Hill; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Hueysville Church of Christ; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Chester Varney, Minister.

Lower Toler Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Lonie Meade, Minister.

Mare Creek Church of Christ, Stanville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Martin Church of Christ, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m. Gary Mitchell, Minister.

Maytown Church of Christ, 66 Turkey Creek Rd., Langley; Sunday Bible Study 10:00 a.m., Sunday morning worship 11:00 a.m., Evening Worship 6:00 p.m., Wednesday Bible Study 6:00 p.m.

Upper Toler Church of Christ, 3.5 miles up Toler Creek on right; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy Dale Bush, Minister.

Weeksbury Church of Christ; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m. Mike Hall, Minister.

CHURCH OF GOD

Betsy Layne Church of God, Old U.S. 23; Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Judith Caudill, Minister.

Community Church of God, Arkansas Creek, Martin; Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Crum, Minister.

First Church of God; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven V. Williams, Pastor.

Garrett Church of God, Garrett; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Family Training Hour - Thursday 7 p.m., Bill B. Tussey, Jr, Pastor

Landmark Church of God, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11:10 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr., Minister.

Little Paint First Church of God, 671 Little Paint Road, East Point; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Charles Heater Jr., Minister.

The Ligon Church of God of Prophecy, Saturday Services, 7:00 p.m.; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph Hall, Pastor.

EPISCOPAL

St. James Episcopal; Sunday Service, 9:45 a.m.; Holy Eucharist 11:00 a.m. Wednesday Study Group 6:00p.m., Holy Eucharist & Healing 7:30 p.m. Father Johnnie E. Ross, Rector.

LUTHERAN

Our Savior Lutheran, Sipp Bayes Room Carriage House Motel, Paintsville; Sunday Service, 11 a.m.; WKLW (600 am) 12:05 p.m.; Roland Bentrup, Minister.

METHODIST

Auxier United Methodist, Auxier; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Garfield Potter, Minister.

Betsy Layne United Methodist, next to B.L. Gymnasium; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister.

Allen Christ United Methodist, Allen; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m.; Kenneth Lemaster, Minister.

Community United Methodist, 141 Burke Avenue (off University Drive and Neeley St.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steve Pescosolido, Minister.

Elliott's Chapel Free Methodist, Rt. 979, Beaver; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Philip T. Smith, Minister.

Emma United Methodist, Emma; Sunday School 10 a.m., Sunday Worship Service 11 a.m.; Pastor David Profit.

First United Methodist, 256 South Arnold Avenue; 9 a.m. Contemporary Service; Sunday School, 9:45 a.m.; Worship Service, 10:45 a.m. and 6 p.m. U.M.S. Service; Wednesday, 7 p.m.; Mark D. Walz, Pastor.

Horn Chapel Methodist, Auxier Road, Auxier; Sunday School, 10 a.m.; Sunday Morning Service, 11 a.m.; Mid-week Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Larry J. Penix, Minister.

Graceway United Methodist, Rt. 80, Sunday School, 9:45 a.m.; Worship Service, 11 a.m.; Wednesday Night, 7 p.m.; Roy Harlow, Minister.

Salisbury United Methodist, Printer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday Bible Study, 6 p.m.; Bobby G. Lawson, Minister.

Wayland United Methodist, Rt. 7, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Jack Howard, Pastor.

Wheelwright United Methodist, Wheelwright; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bobby Isaac, Minister.

Vogle Day United Methodist Church, Harold; Sunday School, 10:00 a.m.; Sunday Worship Service, 11:00 a.m.; Wed. Bible Study, 7:00 p.m.; Dennis C. Love, Pastor.

Drift Pentecostal, Drift; Sunday School, 10 a.m.; Worship Service, Saturday/Sunday, 7 p.m.; Wednesday, 7 p.m.; Ted Shannon, Minister.

Free Pentecostal Church of God, Rt. 1428, East Point; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs., 6:30 p.m.; Buster Hayton, Minister.

Free Pentecostal Church of God, Weeksbury; Sunday School, 10 a.m.; Worship Service, 7 p.m.; Wednesday/Saturday, 7 p.m.; John 'Jay' Patton, Minister.

Free Pentecostal Deliverance, Ext. 46 off Mt. Parkway at Campton; Worship Service, Saturday and Sunday, 7 p.m.; Patricia Crider, Minister.

Free Pentecostal Holiness, Rt. 122, Upper Burton; Sunday School, 11 a.m.; Worship Service, 6 p.m.; Friday, 7 p.m.; Louis Sanlan, Minister; David Pike, Associate Minister.

Goodloe Pentecostal, Rt. 850, David; Worship Service, 6 p.m.; Malcolm Stone, Minister.

Parkway First Calvary Pentecostal, Floyd and Magoffin County Line; 1 Worship Service, 6:30 p.m.; Mike D. Caldwell, Minister. 297-6262.

Trinity Chapel Pentecostal Holiness, Main St.; Sunday School, 10 a.m.; Worship Service, 7 p.m.; 2nd Sat., 7 p.m.; Thurs., 7 p.m.; Ellis J. Stevens, Minister.

Free Pentecostal Church, Dwale; Services Saturday, 6 p.m.; Sunday School, 10 a.m.; Services, 11 a.m.; No Sunday Night Service.

PRESBYTERIAN

Drift Presbyterian, Route 1101, Drift; Worship Service, 11 a.m.

First Presbyterian, North Lake Drive; Sunday School, 9:30 a.m.; Worship Service, 11 a.m. Rev. Vicki Poole, pastor.

SEVENTH DAY ADVENTIST

Seventh-Day Adventist, 5 miles West on Mountain Parkway; Church Service, 9:15; Sabbath School, 10:45; John Baker, Pastor, 358-9263; Church, 886-3459, leave message. Everyone welcome!

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

The Church of Jesus Christ of Latter-Day Saints; Sacramento Mtg., 10:00 a.m.; Sunday School, 11:20 a.m.; Relief Society/Prest-hood/Primary, 12:00 p.m.; Wednesday, 6 p.m. Church Meeting House address, Hwy. 80, Martin, KY 41649; Meeting House telephone number: 285-3133; Ken Carriere, Bishop.

OTHER

Pastor Atha Johnson welcomes everyone to attend services at the **CHURCH OF GOD OF PROPHECY TRAM KENTUCKY,** Sunday school 10 a.m., Worship service 11 a.m.

Drift Independent, Drift; Sunday, 11 a.m.; Thursday, 6:30 p.m.

Grace Fellowship Prestonsburg (next to old flea market), Sunday School, 10 a.m. Worship, 11 a.m. Bill Stukenberg, Pastor 889-0905.

Faith Deliverance Tabernacle, West Prestonsburg; Sunday School, 10:00 a.m.; Thursday, 7 p.m., Don Shepherd, Minister.

Faith 2 Faith, Harkins Ave., West Prestonsburg; Sunday School, 10 a.m.; Worship service, 11 a.m. and 6 p.m.; Thurs. 7 p.m. Randy Hagans, Minister. 886-9460.

Faith Fellowship, Allen, Ky. Sun. School, 10 a.m.; Worship Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed, 7 p.m. Carl & Missy Woods, Pastors.

Faith Worship Center, US 460, Paintsville; Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude Frye, Minister.

Full Gospel Community, (formerly of Martin) moved to Old Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 p.m.; Lavonne Lafferty, Minister.

Lighthouse Temple, Main St. and Hall St.; Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister.

Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge; Wednesday, 7:00 p.m., Sunday Evening, 6:00 p.m. Pastor: Curt Howard.

Martin House of Worship, Old Post Office St.; Worship Service, 7 p.m., Saturday/Sunday.

Old Time Holiness, 2 miles up Arkansas Creek, Martin; Sunday School,

POWER *of* Protein

FAMILY FEATURES

Beef helps fuel an active lifestyle by providing a powerhouse of protein. This is good news considering research by Donald Layman, Ph.D., professor of nutrition at the University of Illinois, that suggests many Americans may need more protein in their diets. Americans can feel good about loving beef because the protein in beef is a powerful nutrient that strengthens and sustains their bodies. Protein is essential to building muscle and helping enhance strength.

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Visit www.BeefItsWhatsForDinner.com for nutrition information, recipes and more.

Healthy Living

"I've always loved the taste of beef and that it provides protein," says Christine Riccietelli from Incline Village, Nev., the 2007 National Beef Cook-Off grand prize winner.

Exercise is important to Christine. She enjoys daily hiking as well as swimming, pilates and lifting weights. Describing her recipe, she says: "I like to pair beef with colorful vegetables or fruits or wholesome grains. Plus, I can take a nice long hike while it cooks in the oven." Her recipe, Nuevo Chipotle Beef in Butternut Squash Boats, is loaded with flavor, looks great and fits a healthy lifestyle.



Ginger-Maple Steak With Napa Cabbage & Grilled Onions

Total preparation and cooking time: 40 to 45 minutes

Marinating time: 15 minutes to 2 hours

- 2 boneless beef top loin (strip) steaks, cut 1 inch thick (about 10 ounces each)
- 1/4 teaspoon pepper
- 1 large red onion, cut into 1/2-inch-thick slices
- 4 cups thinly sliced Napa cabbage

Ginger-Maple Marinade & Dressing:

- 1/2 cup reduced sodium soy sauce
- 1/3 cup pure maple syrup
- 1/4 cup lemon juice
- 2 tablespoons minced fresh ginger
- 1 tablespoon sesame oil
- 1-1/2 teaspoons minced fresh garlic
- 1-1/2 teaspoons chile-garlic paste

1. Whisk Ginger-Maple Marinade & Dressing ingredients in medium bowl. Place beef steaks and 1/2 cup marinade in food-safe plastic bag; turn steaks to coat. Close bag securely and marinate in refrigerator 15 minutes to 2 hours. Cover and refrigerate remaining marinade for dressing.
2. Remove steaks from marinade; discard marinade. Sprinkle steaks with pepper. Place steaks in center of grid over medium, ash-covered coals; arrange onion around steaks. Grill steaks, uncovered, 15 to 18 minutes for medium rare to medium doneness, turning occasionally. Grill onions 15 to 20 minutes or until tender, turning occasionally.
3. Carve steaks into slices. Cut onion slices into quarters. Toss cabbage, onion and 2 tablespoons reserved dressing in large bowl. Arrange beef on cabbage mixture. Drizzle with some of remaining dressing. Pass remaining dressing.

Makes 8 servings.

Nutrition information per serving: 166 calories; 5 g fat (2 g saturated fat; 2 g monounsaturated fat); 35 mg cholesterol; 501 mg sodium; 11 g carbohydrate; 0.8 g fiber; 17 g protein; 4.5 mg niacin; 0.4 mg vitamin B₆; 0.9 mcg vitamin B₁₂; 1.2 mg iron; 18.2 mcg selenium; 3.3 mg zinc.

Winning Recipes for Healthy Living



Nuevo Chipotle Beef in Butternut Squash Boats

Total preparation and cooking time: 2 to 2-3/4 hours

- 1-1/2 pounds beef for stew
- 1/3 cup water
- 1/4 cup tomato paste
- 2 tablespoons brown sugar
- 2 tablespoons balsamic vinegar
- 2 teaspoons ground chipotle chile pepper
- 1 teaspoon ground cumin
- 1/2 teaspoon salt
- 1/2 teaspoon ground black pepper
- 1 medium butternut squash (about 3 pounds)
- 1-1/2 cups water
- 1 medium tomato, chopped
- 1 small ripe avocado, cut into cubes (optional)
- 1/4 cup chopped fresh cilantro

1. Preheat oven to 325°F. Place beef, water, tomato paste, sugar, vinegar, chipotle pepper, cumin, salt and black pepper in stockpot. Cover and bake in 325°F oven 1-3/4 to 2-1/4 hours or until beef is fork-tender.
2. Meanwhile cut squash lengthwise into quarters; remove seeds. Place squash cut side down in 13 x 9-inch glass baking dish, overlapping if necessary. Add water. Bake in 325°F oven 1 to 1-1/4 hours or until fork-tender.
3. Place each baked squash quarter onto serving plate. Fill with equal amounts of beef mixture. Top with tomato and avocado, if desired. Sprinkle with cilantro.

Makes 4 servings.

Cook's Tips: One tablespoon minced, seeded chipotle pepper in adobo sauce may be substituted for ground chipotle chile pepper.

Chipotle Beef mixture may also be cooked on the stovetop. Bring beef mixture to a boil. Reduce heat, simmer, covered, 1-3/4 to 2-1/4 hours or until beef is fork-tender.

Nutrition information per serving: 355 calories; 9 g fat (3 g saturated fat; 3 g monounsaturated fat); 73 mg cholesterol; 528 mg sodium; 44 g carbohydrate; 9.7 g fiber; 29 g protein; 7.0 mg niacin; 0.7 mg vitamin B₆; 2.2 mcg vitamin B₁₂; 5.3 mg iron; 20.5 mcg selenium; 6.3 mg zinc.

Crispy Beef Lettuce Wraps With Wowie Sauce

Total preparation and cooking time: 25 to 30 minutes

- 1 pound ground beef
- 1/3 cup sliced green onions
- 2 tablespoons reduced sodium or regular soy sauce
- Pepper
- 8 large lettuce leaves (such as Bibb, leaf or iceberg)
- 3/4 cup sliced water chestnuts
- 3/4 cup shredded carrots

Wowie Sauce:

- 1 can (8 ounces) crushed pineapple in juice, drained
- 1/3 cup orange marmalade
- 2 tablespoons reduced sodium or regular soy sauce

1. Combine Wowie Sauce ingredients in small bowl. Set aside.
2. Brown ground beef in large nonstick skillet over medium heat 8 to 10 minutes or until beef is not pink, breaking up into small crumbles. Pour off drippings, if necessary. Add green onions and soy sauce; season with pepper, as desired. Cook and stir for 1 minute.
3. Evenly spoon beef mixture onto each lettuce leaf. Top with equal amounts of water chestnuts and carrots. Spoon some Wowie Sauce over top. Wrap lettuce around filling. Serve with remaining Wowie Sauce.

Makes 4 servings.

Cook's Tip: Three-fourths cup crushed baked tortilla chips may be substituted for sliced water chestnuts.

Nutrition information per serving, using 95% lean ground beef: 389 calories; 10 g fat (4 g saturated fat; 4 g monounsaturated fat); 114 mg cholesterol; 750 mg sodium; 35 g carbohydrate; 3.8 g fiber; 40 g protein; 9.8 mg niacin; 0.7 mg vitamin B₆; 3.4 mcg vitamin B₁₂; 5.0 mg iron; 27.6 mcg selenium; 9.2 mg zinc.



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JUST FOLLOW THESE OFFICIAL RULES:

1. Follow the clues. A new clue will be printed in the Floyd County Times each publication day from Wednesday, February 27 to Sunday, March 23.
2. Each clue will be printed in paper only once. Previous clues can be found at Official Sponsor Locations. Clues are posted at Official Sponsor Locations 24 hours after each publication.
3. Discover the egg. The egg is located on public property in an easily accessible hiding place. No Fear Factor® stunts required!
4. Bring the egg and the enclosed certificate to the Floyd County Times Office at 263 S. Central Ave. Prestonsburg, between 9-5 weekdays, and you win \$500!
5. Employees of the Floyd County Times and their families are ineligible to win.
6. The Floyd County Times and the Official Sponsors are not liable for any injuries, damages, or losses resulting from your participation. Your attempt to locate the egg is acknowledgment that you agree and hold said parties harmless.

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Congratulations to Allen May, 8, left, Mackynzie Samons, 9, and Rylee Samons, 4, for finding "Little Junior" and winning \$200!

The Grand Prize Egg worth \$500 is still hidden. A new clue to its whereabouts can be found in today's paper. Past clues can only be obtained by visiting any of the sponsors on this page.

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