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The Times

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briefs

Inmate indicted for heroin

by SHELTON COMPTON
STAFF WRITER

PIKEVILLE — An inmate of the U.S. Penitentiary at Big Sandy was indicted this past week in Pikeville on two counts of possession of contraband in prison.

According to the indictment, inmate Jerry Blewett was found with a mixture or substance containing a detectable amount of heroin at the Inez prison on Aug. 9, 2008. In a separate count, it is also alleged that on the same day, Blewett was found with another substance containing a detectable amount of heroin.

If convicted, Blewett could face up to 25 additional years in prison and as much as \$250,000 in fines.

The indictment was returned in open court at U.S. District Court in Pikeville. On the same day, Oct. 15, U.S. District Judge Edward B. Atkins issued orders following two motions for Blewett to be arraigned on the new charges.

Blewett is scheduled to appear for arraignment in Pikeville before Judge Atkins on Oct. 28 at 10:30 a.m.

2 DAY FORECAST

Today
Sunny
High: 74 • Low: 52

Tomorrow
Cloudy
High: 67 • Low: 56

For up-to-the-minute forecasts, see floydcountytimes.com

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Smoke ban takes effect Nov. 1

by SHELTON COMPTON
STAFF WRITER

PRESTONSBURG — In a little less than two weeks, a new law in Prestonsburg passed months ago will officially go into effect and smokers throughout the city will find fewer places they can light up.

The smoking ordinance passed in

August becomes enforceable beginning Nov. 1.

That new ordinance, if violated, will see people fined up to \$50 and businesses face up to \$200 for each violation.

A push to gain an exemption by Court Street Bingo and local VFW centers failed in the weeks leading up to passage of the law as the ordinance passed by a 5-2 vote, with embattled councilman

Kelly Moore absent for the meeting.

However, the final version of the often stalled final ordinance did include amendments.

One amendment that found its way into the new law allows for smoking in outdoor seating sections at establishments, such as the one recently constructed at Reno's Roadhouse. Also the exemptions from the original draft of the

ordinance still stand, allowing for smoking in private clubs, tobacco stores, as well as hotel and motel rooms that were already designated as smoking rooms before passage of the law.

Others points in the ordinance requires smokers to tend to their habit at a distance of at least 10 feet from any

(See SMOKING, page six)

RED, WHITE & BLUE



photos by Ralph B. Davis
Miss Kentucky Mallory Ervin, at right, greeted youngsters during a chilly Red, White and Blue Festival parade Saturday in Martin. Ervin was the headliner of a parade filled with local beauty queens, as well as public officials, first responders and area high school bands, such as the Allen Central High School marching band, above. For more pictures of the parade, see Lifestyles, pages B4 and B5.



Man tackles corruption on website

by JARRID DEATON
FEATURES WRITER

MARTIN — A new website focusing on suspected voter fraud in Floyd County has hit the internet, and its creator, Stan Lee, hopes that the site will expose fraud in the county's electoral process.

Lee, a former state and federal corrections officer who left that profession to go into marketing, is ashamed by what he calls a "history of political corruption that is internationally known."



Stan Lee

(See WEBSITE, page six)

AT&T asking for help in solving copper thefts

by JARRID DEATON
FEATURES WRITER

The rise in the market price of copper is suspected to be a major factor in the recent rash of copper telephone cable thefts in Floyd County.

Officials with AT&T are seeking information leading to the arrest and conviction of those who are responsible for the vandalism of the company's telephone cables.

"AT&T is taking this matter very seriously," said David McFaddin, regional manager of legislative and external affairs for AT&T in Kentucky. "We are working with local law enforcement to ensure that those responsible for the crimes are apprehended and punished."

According to information released by AT&T, nearly 20 thefts have occurred in the past several weeks in Floyd County.

"Tampering with phone lines that the public uses to

(See THEFTS, page six)

Retiring judge honored by officials, coworkers

by SHELTON COMPTON
STAFF WRITER

PRESTONSBURG — A reception to honor the retirement of Floyd County Circuit Judge Danny P. Caudill was held this past week at May Lodge at Jenny Wiley State Resort Park in Prestonsburg.

Caudill served just over 17 years as a circuit judge in Floyd County.

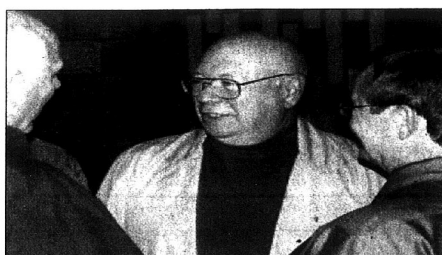
"No one reaches a level of success if they don't have people who care for them, assist them," said Caudill. "I have been very fortunate to have worked with the people I have. I never dreaded going to work while doing this job. I've been a lucky person, and you're the ones who made that luck

for me."

Now a resident of Lawrenceburg in Anderson County, Caudill said he would be traveling back to Floyd at various times, as would his wife. In the meantime, he will soon begin traveling the state as a senior judge, offering advice and counseling attorneys and others in the legal profession.

Fellow Circuit Judge John David Caudill, who at times became visibly emotional during the evening, moderated the reception and spoke highly of his colleague.

"I think this should be amended to honor the service that Judge Danny Caudill has given to the



Retiring Floyd Circuit Judge Danny P. Caudill spoke with friends and colleagues during a reception in his honor last week. Caudill has served just over 17 years in the position. He will now spend time touring the state as a senior judge.

photo by Sheldon Compton

(See CAUDILL, page six)

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Obituaries

Ralph Luther "Junior" Anderson

Ralph Luther "Junior" Anderson, 83, of Ypsilanti, Michigan, died Wednesday, October 14, 2009, in Grand Rapids, Michigan.

Born May 22, 1926, in Pond Creek, he was the son of the late Ralph Sr. and Clovia A. Allen Anderson. He was a World War II Navy veteran; a member of the Baptist Church; and a member of the American Legion Club.

He is survived by his wife, Thelma Conn Anderson.

Other survivors include two sons: Ronald Dwayne Anderson and Ralph Leonard (Kim) Anderson, both of Ypsilanti, Michigan; one brother, Russell (Maxine) Anderson of Ypsilanti, Michigan; one sister, Judy A. (Bill) Slindrud of Ann Arbor, Michigan; seven grandchildren; six great-grandchildren; and six step great-grandchildren.

In addition to his parents, he was preceded in death by two brothers; and one sister, Helen R. Salisbury.

Funeral services were held Sunday, October 18, at 1 p.m., at Nelson-Frazier Funeral Home, in Martin, with Dr. Russell Anderson officiating. Burial was in the Anderson-Conn Cemetery, (Haus Branch), in Banner.

Visitation was at the funeral home. (Paid obituary)

Melvin Ray Hall

Melvin Ray Hall, age 71, of Prestonsburg, husband of Mabel Martin Hall, passed away Sunday, October 18, 2009, at Highlands Regional Medical Center, in Prestonsburg.

He was born January 3, 1938, in Orkney, the son of the

late Elisha Hall and Millie Gayheart Hall. He was a retired coal miner.

Survivors include his wife, Mabel; a son, Alvin Ray (Debbie) Hall, of Prestonsburg; a sister, Ruth "Dec" Howell of McDowell; and a grandson, Tanner Ray Hall.

He was preceded in death by his parents; and three brothers: Elmer Hall, Herman Hall, and Haskell Hall; two sisters: Edith Hall Lawson and Ruby Hall Hobson; a sister-in-law, Hettie Hall; two brothers-in-law, James Lawson and Leonard Hobson; and a special nephew, Ron Lawson.

Funeral services were conducted Tuesday, October 20, at 1:00 p.m., at the Hall Funeral Home Chapel, in Martin, with Regular Baptist ministers officiating.

Burial was in the Lucy Hall Cemetery, in McDowell, with the Hall Funeral Home, caring for those arrangements.

Palbearers were Jim Blevins, Tim Mitchell, James Shepherd, Jerry McBrayer, Mike Hobson, Jeff Burchett, Grady Stephens and David Brown.

In lieu of flowers, the family requests donation to be made to the American Cancer Society, or the charity of choice. (Paid obituary)

Wynndale Newsome

Wynndale Newsome, 50, of Teaberry, died Friday, October 16, 2009, at the Hazard Appalachian Regional Hospital.

Born September 20, 1959, in McDowell, he was the son of the late Roosevelt and Florence Adkins Newsome.

Survivors include four brothers: Beebob Newsome of Ligon; Teddy Newsome and Eddie Newsome, both of

Grethel; and Randall Newsome of California; four sisters: Minda Stanley and Alpha Hamilton, both of Teaberry; Lois Newsome of Albion, Michigan; and Brenda Tucker of Beaver; two half brothers: Donald Ray Hall of Teaberry; and Bert Newsome of McDowell; and several nieces, nephews, and other relatives and friends.

In addition to his parents, he was preceded in death by three sisters: Viola Johnson, Nadine Newsome, and Verda May Newsome; two half brothers: Emery Newsome and Gordon Newsome; and two half sisters: Bertha Ruma and Maggie Adkins.

Funeral services were held Tuesday, October 20, at 11 a.m., at the Samaria Old Regular Baptist Church, in Teaberry, with Old Regular Baptist ministers officiating.

Burial was in the Adkins Cemetery, in Grethel, under the direction of Nelson-Frazier Funeral Home, in Martin.

Visitation was at the church. (Paid obituary)

Lois Compton Ousley

Lois Compton Ousley, age 65, of Prestonsburg, wife of the late Virgil Ousley, passed away Sunday, October 18, 2009, at Highlands Regional Medical Center, in Prestonsburg, following a brave battle against cancer.

She was born October 23, 1943, in Dock, a daughter of the late Henry and Stella Ousley Compton. She was a homemaker.

Survivors include one son; Brian K. Ousley of Austell, Georgia; two brothers: Estill and Ollie Compton, both of Prestonsburg; two sisters: Sally Kinney of Warsaw, Indiana; and Thelma Joseph of Centre, Alabama. She also leaves behind a special sister-in-law, Vicki Bryant of

McDowell, who served as primary care giver and advocate during her final weeks.

In addition to her husband and parents she was preceded in death by one brother, Henry Compton Jr.; and three sisters: Ruby Compton, Julie Ann Campbell, and Helen Compton.

Funeral services will be conducted Wednesday, October 21, at 11:00 a.m., in the Hall Funeral Home Chapel, in Martin, with Robert Ousley officiating.

Burial will follow in the Gethsemane Gardens, in Prestonsburg.

Visitation is at the funeral home.

Palbearers will be: Michael Compton, Joseph Dorsey, John Music, Henry Edward Compton, Elbert Compton, and Ed Ousley.

Honorary pallbearers will be: Dennis Minnix, Elbert Campbell, and Elbert Compton Jr. (Paid obituary)

James R. Steffey

James R. Steffey, 73, of Tramm, died Wednesday, October 14, 2009, at Signature Health Care Center.

Born May 23, 1936, in Pike County, he was the son of the late Leonard Monroe and Cynthia Anna Fife Steffey. He was retired from Ky.-WV Gas Company, and was a member of the Lower Toler Church of Christ, in Harold.

He is survived by his wife, Margaret Jewell Hester Steffey.

Other survivors include three sons: Timothy (Cathy) Steffey of Allen; James Douglas (Gina) Steffey of Georgetown; and Kenneth James (Misty) Hamilton of Prestonsburg; two daughters: Bambi Danelle Boyd of Hermitage, Tennessee; and Bambi Dawn Steffey of Tramm; one brother, John Pitts (Wanda) Steffey of Oceana,

West Virginia; seven sisters: Eulah Sartor of Sesser, Illinois; Magdalene Scaff and Hannah (Bryant) Whisenant, both of Oceana, West Virginia; Bonnie Adkins of Bellevue, Florida; Loretta Harvel and Helen Smith, both of Tramm; and Sheila Kaye (Frank) Horton of Hariman, Tennessee; 10 grandchildren: Tiffany, Nikki, Crystal, Ginger, Tyler, Jackson, Barrett, Madison, Raegan and Mariah; and four great-grandchildren: Alexandria, Gabriella, Brandi and Laci.

In addition to his parents, he was preceded in death by one son, James Kevin Steffey; one daughter, Kimberly Dawn Mosley; four brothers: Leonard Jr., Charlie, Claude and Leon; and four sisters: Naomi, Harriett, Mayfern and Martha Ellen.

Funeral services were held Saturday, October 17, at 11 a.m., at the Nelson-Frazier Funeral Home, in Martin, with Joe Meade officiating.

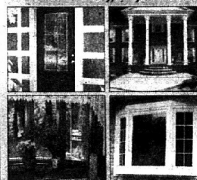
Burial was in Davidson Memorial Gardens, at Ivel, under the direction of Nelson-Frazier Funeral Home.

Visitation was at the funeral home. (Paid obituary)

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Educational program seeks to help caregivers through holidays

Teleconference to be shown in Pikeville, Hazard

LEXINGTON — Families and friends of those who suffer from memory disorders have the opportunity to attend an educational program focused on supporting the extremely important role of caregivers in maintaining quality of life for their loved ones and for themselves at 6:30 p.m. on Oct. 22.

The program, "Caring for the caregiver and healthy tips to prepare for the holiday season," will be shown via the Kentucky Telehealth Network at the following locations: St. Claire Regional Medical Center in Morehead; Owensboro Medical Center in Owensboro; UK Center for Excellence in Rural Health in Hazard; Murray Calloway County Hospital in Murray; Pikeville Medical Center Library in Pikeville; Trovato Clinic Auditorium in Madisonville; TJ Samson Hospital in Glasgow; Western Baptist Hospital in Paducah; and Monroe County Hospital in Tompkinsville.

The UK Sanders-Brown Center on Aging, UK Alzheimer's Disease Center,

the Greater Kentucky and Southern Indiana Alzheimer's Association, and the Kentucky Telecare Network are joining with other Kentucky health care organizations to present the program.

Presenters will include Dr. Greg Jicha, a UK College of Medicine assistant professor of neurology, and faculty member in the UK Sanders-Brown Center on Aging and UK Alzheimer's Disease Research Center, in addition to staff of the UK Alzheimer's Disease Center including Marie Smart, family caregiver support specialist, and Tonya Cox, education coordinator for the Greater Kentucky and Southern Indiana Alzheimer's Association chapter.

"The Sanders-Brown Center on Aging's state-of-the-art Alzheimer's disease resources, care, and support belong to every Kentuckian, not just those living in Fayette County," said Jicha. "There's strength in numbers, and our interactive videoconferencing programs allows us to link communities together, from Pikeville to Paducah, strengthening our efforts to promote quality of life for all who suffer from Alzheimer's disease."

Other sessions have been held across the state and will

(See CAREGIVERS, page three)

Card of Thanks

The family of Hazel Anderson Bates would like to express our appreciation to all who sent flowers, or perhaps said a kind word, and for the prayers that were spoken on our behalf. We especially want to thank Jeemes Akers for all his comforting words; the Sheriff's Department for their assistance in traffic control; and Hall Funeral Home for their kind and professional care. All the acts of kindness will never be forgotten. Thank you, and God bless.

THE FAMILY OF HAZEL ANDERSON BATES

Card Of Thanks

The family of Irene Newman Sherwood would like to humbly thank each and everyone who helped in any way during our recent loss, those who sent beautiful floral arrangements, food, and words of encouragement. A special thanks to the Regular Baptist ministers for their comforting words; Pilgrim Home Regular Baptist Church for all the love and support that was shown to our family; the Sheriff's Department for their assistance in traffic control; and the Hall Funeral Home staff for making our loss a little easier to bear. For anyone who may have helped in any other way, we lovingly say, "Thank you, and God bless."

THE FAMILY OF IRENE NEWMAN SHERWOOD

Card of Thanks

The family of Jewell McCoy would like to express their sincere appreciation to all who sent food, flowers, or prayers to our family during this difficult time. A special thanks to Clergyman Levi Coleman for his comforting words; the Sheriff's Department for their assistance in traffic control; and the Hall Funeral Home for their kind and professional care. All the love and support that was shown to our family will never be forgotten.

THE FAMILY OF JEWELL MCCOY

Card of Thanks

The family of Rudolph "Doc" Akers would like to sincerely say, "thank you," to all of our wonderful friends and neighbors who helped to comfort our family during this difficult time. Thanks to those who sent flowers, or came by to share our loss. A special thanks to Clergyman Randy Osborne for his comforting words; the Sheriff's Department for their assistance in traffic control; and to the staff at Hall Funeral Home for their kind and professional service. To all we say, "thank you, and God bless."

THE FAMILY OF RUDOLPH "DOC" AKERS

Card of Thanks

Perhaps you sent a lovely card, or sat quietly in a chair. Perhaps you sent a floral piece, if so we saw it there. Perhaps you spoke the kindest words, as any friend could say. Perhaps you were not there at all, just thought of us that day. Whatever you did to console our hearts. We thank you so much, whatever the part.

Special thanks to Nelson-Frazier Funeral Home; the Floyd County Sheriff's Department; Benedict Baptist at Slick Rock; Martin House of Worship in Martin; and Arkansas Church of God in Jesus Name in Martin.

THE FAMILY OF JOHN HENRY JARRELL

Office of Highway Safety kicks off distracted driving campaign

FRANKFORT — "It was a typical summer night, just like any other," said 18-year-old Nicole Meredith, of Louisville, describing the fateful July evening last year when she lost control of her vehicle while texting a friend. "I heard shattering glass and screeching tires. I thought my life was going to end."

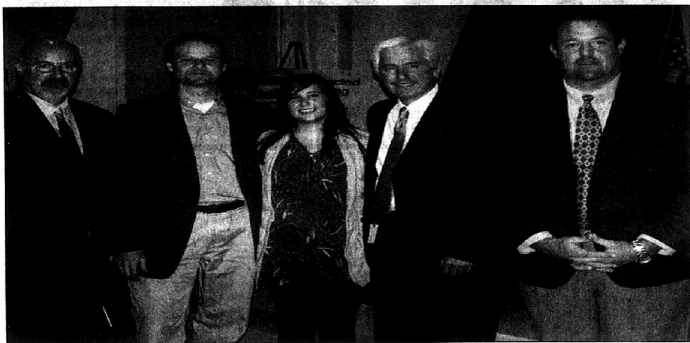
Nicole and her father, Jason, joined state officials at the Transportation Cabinet last Wednesday to kick off the "Distracted Driving is Deadly Driving" campaign, sponsored by the Kentucky Office of Highway Safety (KOHS).

Acting Transportation Secretary Mike Hancock said distracted driving is nothing new, but technology advancements have brought new issues to light.

"It's not just talking on a cell phone," Hancock said. "People can text, e-mail and even surf the Internet from their phones."

With more than 53,000 distracted driving-related crashes last year in Kentucky, it's a concern also shared by Gov. Steve Beshear. Hancock said the governor is currently considering a policy that would limit distracted driving for all state employees.

KOHS Executive Director Chuck Geveden said the campaign ties in perfectly with the



From left to right, Division of Highway Safety Programs Meredith, Nicole Meredith, Acting Transportation Secretary Highway Safety Executive Director Chuck Geveden spoke at the "Distracted Driving is Deadly Driving" press conference last week in Frankfort.

nationwide effort to reduce distracted driving crashes.

"We believe our message will help increase awareness and encourage drivers to stay focused on the task at hand," Geveden said.

KOHS demonstrated its Interactive Distracted Driving (D2) Simulator, which mimics and displays the handling

characteristics of vehicles to educate the public on safe driving habits. The portable simulator is taken to schools and community events statewide.

"The D2 simulator is one of many educational programs we use to educate motorists of all ages about safe driving and riding behavior," said KOHS

Director of Highway Safety Programs Boyd Sigler. "We will continue our efforts until we reach our goal of zero fatalities in Kentucky."

Nicole is committed to telling her story to those who will listen. "When I look back, I realize how stupid it was," she said. "It was not an accident, it was a choice. I want others to realize it can happen to you."

Nicole's father hopes parents will also get the message. "She knows she made a mistake, but she is turning her experience into something positive," Jason Meredith said. "We hope her story will encourage discussions between teenagers and their parents about staying safe on the road."

For more information about highway safety, visit KOHS's website: <http://highwaysafety.ky.gov/>. To contact Nicole Meredith, please visit www.nicolemeredith.com/.

SOCIAL SECURITY NEWS

Get your benefit verification before the chill sets in

by PAUL D. BARNES
SOCIAL SECURITY REGIONAL
COMMISSIONER IN ATLANTA

It's that time of year again — when people in many parts of the country feel a new chill in the air each morning, and put an extra quilt or blanket on the bed.

It's also the time of year when many states offer energy assistance to people who have low income and resources. Under the energy assistance program, your state may help with the cost of heating your home during the winter. But to get it, in most cases, you'll need to provide proof of your income. If you get Social Security or Supplemental Security Income (SSI) benefits, you can get proof of the amount of your benefit quickly and easily by going online. Just visit www.socialsecurity.gov.

There are a number of reasons you may need written verification of your benefit amount, besides energy assistance programs. Perhaps you're ready to make a major purchase and you're trying to get a loan from a bank or financial institution. Or maybe you're applying for state benefits or moving into a new apartment or home. Whatever your reason, Social Security makes it easy for you to get the written veri-

fication you need at www.socialsecurity.gov. Just look in the left column under "What you can do online," expand the "If you get benefits" section, and select the "Request a Proof of Income Letter" link.

The letter can be used for any reason that someone requires proof of your income. In addition to offering proof of your income, the letter is an official document that verifies your Medicare coverage, retirement or disability status, and age. The letter does not

include your Social Security number.

From the time that you complete the online request, it will take about 10 days for you to receive the proof of income letter in the mail. If you need one sooner, you'll want to call us at 1-800-772-1213 (TTY 1-800-325-0778) or visit your local Social Security office.

But for most people, simply requesting the proof of income online is the most convenient way to get what you need. Get your benefit verification by visiting www.socialsecurity.gov.

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Viewpoint

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Guest View

Flu vaccines safe, vital for public health

Forget about Bill Maher and Glenn Beck. Go get a flu shot — especially if you belong to a group most at risk for the disease. The vaccinations are safe, they are effective and they build a wall of protection for you and your community.

Maher, a left-wing comedian, wrote on Twitter recently: "If u get a swine flu shot ur an idiot." Beck, a conservative talk show host for Fox News, raised the possibility that the neurological disease Guillain-Barre Syndrome would break out. "How much do you trust your government?" Beck asked. "I think that's the main question."

Think about it for a moment. Glenn Beck? Bill Maher? Or the best scientists in the country?

We'll go with the scientists. They believe the swine flu vaccine is safe. They believe Americans who are most at risk should receive it. The swine flu — H1N1 — has spread to 191 countries and infected millions of people, killing more than 4,500. Because the outbreak of disease last spring seemed so mild, a false sense of security seems to have taken over Milwaukee and the rest of the country. It would be a mistake to underestimate the killing power of H1N1.

A recent study by the New England Journal of Medicine found that most people who get H1N1 are sick for several days and recover on their own. But for those who require hospitalization, the outlook is much worse: One in four ended up in intensive care, and 7 percent died. The swine flu is most prevalent in children, young adults and pregnant women. At the moment, about 99 percent of all flu diagnosed in Wisconsin is H1N1.

The government hopes to vaccinate pregnant women, health care workers, children with underlying health conditions between the ages of 6 months and 24 years and older Americans with underlying health conditions. Ideally, about half the population would receive the vaccine. However, a contagion of misinformation is causing needless hesitation. Sixty percent of those surveyed in a recent University of Michigan poll said they either wouldn't vaccinate their children against the swine flu or weren't sure if they would. A Consumer Reports survey found similar sentiments.

So much skepticism about such a common-sense act of public health is astonishing. Vaccination is a front-line defense against disease. Children have been vaccinated for years against deadly diseases such as diphtheria and whooping cough with few side effects and have been spared suffering and death. If large numbers of people forgo vaccination and the disease becomes more virulent, hospitals could be overwhelmed.

And it's not just funny guys and TV gabbers peddling bad advice. Smart people who should know better are using the Internet's echo chamber to do the same. The popular medical Web site Mercola.com recently listed nine reasons you shouldn't vaccinate your kids against swine flu. Among them is the implication, without a shred of evidence, that vaccinations cause autism. The science is rock solid on this:

No study has ever found such a link.

"We're fighting two wars — a virus that can mutate — but we're also fighting something that is bigger than that. And that is fear," Milwaukee Health Commissioner Bevan Baker said.

The myth makers are working hard, so we'll have to work harder.

Myth: The vaccine was rushed into production; it wasn't properly tested.

Reality: In clinical trials, the National Institutes of Health and makers of the vaccine have proved that it is safe. The U.S. Food and Drug Administration has licensed it. Secretary of Health and Human Services Kathleen Sebelius says the vaccine "has been made exactly the same way seasonal flu vaccine has been made, year in and year out."

Myth: Flu shots cause serious side effects including death.

Reality: Every year, tragedy strikes people around the time they get their flu shots — a person gets a flu shot and suffers a heart attack or suffers life-threatening ailment. This is coincidence. The Centers for Disease Control and Prevention has received no reports of serious side effects from the swine flu vaccine. The same people who got the vaccination and became ill probably used their cell phones the day they were stricken. It would be just as logical to blame their ring tones.

Myth: The federal government is requiring everyone to get the vaccination.

Reality: Wrong. It's voluntary.

Myth: A lot of people came down with Guillain-Barre Syndrome in 1976 after President Gerald Ford ordered everyone to get a swine flu

(See EDITORIAL, page five)

The Times

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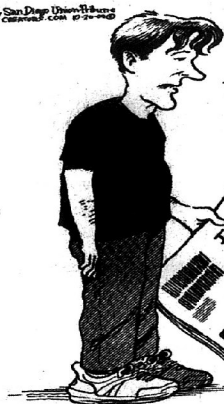
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I WANTED TO GET FAMOUS
IN THE WORST WAY...

YOU DID, DAD.

Guest Column

A legislative perspective

by GREG STUMBO
SPEAKER OF THE HOUSE

While such television shows as "CSI" may offer unrealistic expectations when it comes to crime-scene analysis, they nonetheless have helped educate the public on just how important technology has become in solving many cases.

This is an area where Kentucky has taken a leading role. Three years ago, for example, the University of Louisville partnered with the FBI to open a regional computer forensics lab. Just one of 14 nationwide, and the only one with ties to a university, it has helped law enforcement find and preserve digital evidence from such sources as cameras and computer hard drives.

Three years ago is also when the state's Department of Criminal Justice Training started the Kentucky Criminalistics Academy so that law enforcement could quickly gain knowledge that might take years to acquire in the field.

The academy, which runs for 10 weeks, graduated its fourth class last month. In addition to learning about the latest techniques and equipment

used to secure evidence, those taking the course visit such places as the University of Tennessee's Anthropological Research Facility, a hands-on site that teaches them what to look for in death investigations.

In August, the Kentucky State Police improved its investigative abilities when it unveiled its new Crime Scene Response Vehicle, which was bought with money that came from the sale of assets seized during criminal investigations. It is based in Hazard.

The long-term goal is to have similar multi-purpose vehicles at every state police post. The need is certainly there: KSP investigates about half of the 190 homicides that occur annually. Investigations of more serious crimes took a major step forward last year, when the General Assembly required that DNA samples be taken from every felon, rather than just sex offenders and those convicted of violent crimes and burglary.

This change caused Kentucky's DNA database to more than double in less than a year, from 14,000 samples to 29,000 as of this past spring.

Based on what other states have experienced, law enforcement officials say this could lead to as many as 80 additional arrests each year.

Another area where technology has made a significant difference is tracking prescription drug abuse, an issue that I focused on extensively as

Attorney General.

Kentucky was the first state in the nation to implement an online reporting system for prescription drugs, allowing doctors, pharmacists, police officers and other qualified officials to have the information they need quickly, rather than waiting anywhere from two hours to three weeks.

Late last month, the state's Justice and Public Safety Cabinet reported that prescriptions for controlled substances, such as morphine and OxyContin, went up in 118 of our 120 counties between 2005 and 2007. In more than 30 counties, these prescriptions increased more than 20 percent.

Not surprisingly, illegal use of prescription drugs has gone up statewide. A study by the Administrative Office of the Courts found that, between 2003 and 2007, these crimes went up more than a fifth.

On the bright side, there is some evidence that the legislature's efforts to crack down on methamphetamine has worked. There were 1,223 arrests in 2006, but just 690 in 2007, according to the Justice Cabinet's report.

As these advances in technology and training show, detective work has come a long way over the years. Not every case may be solved with "CSI"-like speed, but in an era where evidence not even visible to the naked eye can lead to life behind bars, we are getting closer to that goal.

Letters

ATC students are 'seeds of recovery'

It was my pleasure to participate in the Kentucky Tech-Floyd County Area Technology Center's annual fall steering committee meeting, led by Principal Lenville Martin. I want to thank businesses and school leaders who support career and technical education programs offered at the school. We are working through some tough economic times affecting funding. The Kentucky Tech-Floyd County ATC budget is set by the General Assembly and managed by the Office of Career and Technical Education. It is the leanest in the history of our Kentucky Tech System of Schools.

I appreciate Sen. Johnny Ray Turner and Rep. Hubert Collins, who took time from their busy schedules to attend the meeting and offer their support. We were able to briefly talk about how difficult it is to manage in tough economic times with limited state budget resources. They were also concerned about not being able to say

yes to the many worthy and deserving needs that impact their district. Sen. Turner, Rep. Collins and all of us understand the value of offering high-level technical skills to students and their economic impact on Floyd County, Kentucky and the nation.

The very sharp and highly skilled students taught at the Kentucky Tech-Floyd County ATC represent the seeds of recovery for our nation.

Michael L. Kindred
Deputy Executive Director
Office of Career and Technical Education
Kentucky Tech System of Schools
Frankfort

Help those who help us

I would just like to tell you a story of hardship. When you're at the end of the line and think nothing else can go wrong, pow! You get hit again. You feel alone and doubtful that you will get through.

This recession has hit everyone.

rich and poor, but there is light at the end of the tunnel. Of course, God and prayers are always there for us. They send us people and places, such as Kings Daughters Hospital, who saved my husband this past June, and the Hospitality House made me feel like family, fed me and gave me a room so I could rest. To these wonderful people I would like to give my sincere gratitude. And to George and Jason, who went above and beyond. They all truly cared.

We came home and St. Vincent Mission, Sister Kathleen and Elmer and the best group of kids I've ever known from all over, mostly western Kentucky, got together and helped with home repairs and built a deck and ramp to help my husband get in and out of our home. There are too many names to mention, but Nancy and Amanda were guiding this group of wonderful young people.

I also I would like to acknowledge Delmar and Dearsa Holbrook and the Middle Creek Fire Department, Barry Belinger and his son and crew, who provided me with clean water for my

(See LETTERS, page five)

Letter Guidelines

Letters to the Editor are welcomed by The Floyd County Times.

In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objection-

able. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

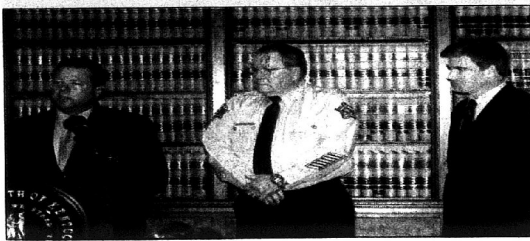
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Sheriffs' offices to receive equipment following settlement

FRANKFORT — Attorney General Jack Conway has announced that Kentucky sheriffs and their deputies will benefit from a settlement reached between his office and a Texas-based charity and its solicitor over allegedly deceptive fundraising practices.

The Office of the Attorney General began investigating the United States Deputy Sheriff's Association (USDASA) and Courtesy Call, Inc. (CCI) in May 2009 as part of the Federal Trade Commission's nationwide crackdown on fraudulent charitable solicitors claiming to help police, firefighters and veterans. USDASA and CCI allegedly deceived donors by leading them to believe that their donations would be used to buy bulletproof vests and other equipment for their local sheriffs' offices. In some cases, the solicitor is alleged to have told donors that the caller was actually employed by the local sheriff's office.

"In truth, these calls were coming from a telemarketing company and there was no expectation on the part of



Jerry Wagner, Executive Director of the Kentucky Sheriff's Association, Warren County Sheriff Jerry "Peanuts" Gaines and Attorney General Jack Conway.

USDASA that these donations would be used to assist sheriffs and deputies in Kentucky," said General Conway. "Deceptive charitable solicitations not only exploit the generosity of our citizens, they do a disservice to the first responders who risk their lives to protect us."

While USDASA has donated some equipment to Kentucky law enforcement agencies, its average annual donation for the entire state was only approximately \$10,000, much

less than what was actually raised. The \$71,500 in equipment that will be donated to Kentucky sheriffs and deputies is in addition to USDASA's average annual donation, and shall be given to sheriffs and deputies who submit an equipment request application. The Office of the Attorney General is sending applications to all Kentucky sheriffs' departments. The equipment to be purchased by USDASA could include bulletproof vests, tasers, digital cameras and

radar guns, among other items.

"I appreciate the Attorney General's office for its work in combating deceptive charitable solicitations that have taken thousands of dollars from our state. This settlement will ensure that local sheriffs' departments across Kentucky will receive much needed equipment," said Warren County Sheriff and President of the Kentucky Sheriff's Association Jerry "Peanuts" Gaines.

In May, USDASA and CCI voluntarily agreed to temporarily halt fundraising in Kentucky while the Attorney General's Office concluded its investigation. As part of an Assurance of Voluntary Compliance (AVC) filed October 15 in Franklin Circuit Court, CCI can continue its charitable solicitations in Kentucky, but must identify itself to call recipients as a paid professional solicitor in accordance with Kentucky law, and obtain written confirmation from its non-profit clients verifying that the scripts it uses and the representations it makes are true and accurate.

USDASA must also correct false statements appearing on its website about donations to various Kentucky counties, and it must approve, in writing, all the scripts used by any solicitors that fundraise in Kentucky. Additionally, USDASA and CCI will pay \$30,000 to the Commonwealth of Kentucky for its attorneys' fees and costs of the investigation. "Kentuckians are generous

people who want to give back to those who keep us safe. I hope you will join me in continuing to support our local charities, but to make sure that when you give, you're giving wisely. If a charitable solicitor claims to be raising funds on behalf of a local organization, contact the organization to verify that it is conducting a fundraising event," said General Conway.

Consumers can also contact the Office of the Attorney General, Consumer Protection Division at 888-432-9257 or visit <http://ag.ky.gov/civil/consumerprotection/charity/> to find out more information about the solicitor and the charitable organization.

As part of the settlement, USDASA and CCI have not admitted any wrongdoing and the AVC is not a finding of any wrongdoing.

Editorial

vaccination.

Reality: A scientific review by the federal Institute of Medicine in 2003 concluded that people who received the swine flu vaccine in 1976 had a slightly increased risk for developing the neurological ailment, Guillain-Barre. Since then, numerous studies have found no association between later flu vaccines and the disease, although two studies suggested that about one additional person for every million receiving the seasonal flu vaccine may be at some increased risk for the syndrome.

Guillain-Barre causes the body to attack its own nerve cells, resulting in weakness, occasionally paralysis and, rarely, death. Each week in the United States, about 140 new cases are diagnosed, leading some to speculate that coincidence may have played a role 33 years ago.

But the odds of dying from the flu are far worse than the

odds of contracting Guillain-Barre. Each year, 1 in 8,400 Americans die from seasonal influenza.

The vast majority of people who get flu shots tolerate them well and have few, if any, side effects. The swine flu vaccine has been thoroughly tested; the government says it is safe.

The community benefit is just as important as the individual protection the vaccine provides. If you are vaccinated, you will not spread the disease to other people. One person at a time, a wall of protection can be built in the community to prevent needless deaths.

"There is nothing scarier than seeing a 10-year-old on a respirator," Baker said. "Seventeen kids died in the last 10 days in the United States. There is nothing scarier than that."

Get that vaccination. — *Milwaukee Journal Sentinel*

Letters

cistern. They also have a Women's Auxiliary Club, run by Mary Belinger. They also work with Clinton Lafferty, who runs the food bank. To all these wonderful people, I would like to give my most sincere thank you for being a good neighbor, good friend and for being our guardian angel when we needed you.

I only have one request of our community. If you want to be an angel or help in some way with cash, food or volunteer for any of these organizations, please, please do so. So many people depend on them besides myself. But they cannot do it alone. They ask no questions and will help anyone they can.

Please help if you want to

do something special this year to help our community. Help these organizations, or one of your choice. These are all very special groups of people and deserve a sincere thank you. I love all and may God continue to bless them so they can continue His work. No words can say thank you enough. I pray everyone is well. And together, we can all get through the hard times.

Anyone who needs any kind of help can call these people and they will help.

I would like to thank The

Floyd County Times for allowing me to say what I want to say.

— *Terrie Woods and the Woods Family*

Prestonsburg

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<p>'07 Scion TC: WAS \$12,750 - \$219/mo.</p>	<p>'03 Acura TL: WAS \$13,995 NOW \$10,950</p>	
<p>'05 Dodge Ram: WAS \$19,995 NOW \$16,875</p>	<p>'07 Chevy Impala: WAS \$14,995 NOW \$11,950</p>	<p>'08 Pont. Gr. Prix: WAS \$14,995 NOW \$11,650</p>
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<p>'03 Chevy Silverado: WAS \$10,995 NOW \$7,995</p>	<p>'03 Mits. Galant: WAS \$7,995 NOW \$5,995</p>	<p>'02 Pont. Grand Prix: WAS \$5,995 NOW \$3,995</p>
<p>'99 Mercury Villager: WAS \$6,995 NOW \$4,995</p>	<p>'99 Ford Windstar: WAS \$4,995 NOW \$2,995</p>	
<p>'92 Infiniti J30: WAS \$4,995 NOW \$2,995</p>	<p>'05 Pont. Sunfire: WAS \$8,995 NOW \$6,995</p>	<p>'03 Toyota Tacoma: WAS \$9,995 NOW \$7,995</p>
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<p>'03 Hyundai Sonata: WAS \$8,995 NOW \$6,995</p>	<p>'04 Ford Ranger: WAS \$10,995 NOW \$8,995</p>	<p>'03 Chevy S10 Ext. Cab: WAS \$10,995 NOW \$6,995</p>
<p>'02 Ford Ranger: WAS \$6,995 NOW \$4,995</p>	<p>'05 Mits. Galant: WAS \$9,995 NOW \$7,995</p>	
<p>2005 Chevy Silverado: 4x4, Must See!</p>	<p>2008 Chevy Silverado: 4x4, Loaded, LT, Just Arrived!</p>	<p>2004 Ford F150: 4x4, XLT, FX4, Priced To Sell!</p>

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Four indicted on drug charges

by SHELTON COMPTON
STAFF WRITER

PIKEVILLE — Darrel J. Swiney, the Pike County man who saw a federal complaint filed against him last month in connection to charges of drug trafficking, was indicted this week in federal court, along with three others who are now being connected in a drug ring allegedly responsible for circulating more than 10,000 oxycodone tablets across the county.

The indictment names Swiney on one count of conspiracy to distribute oxycodone, five additional counts of distributing oxycodone and one count of possession.

Also, federal prosecutors indicted Timothy L. Rich, Timothy D. Rich and Brian Justice on charges of conspiracy to distribute, selling and possession with intent to sell oxycodone.

Timothy D. Rich was a passenger in Swiney's vehicle at the time of his arrest, police said.

The indictment, which includes a total of 19 counts, alleges that between June 2005 and Sept. 17, 2009, the four worked together to distribute oxycodone tablets throughout Pike County.

A federal complaint was issued on Swiney last month following a sworn affidavit from Kentucky State Police Det. James R. Hunter, a member of KSP's Drug Enforcement and Special Investigation Office.

This development came after Swiney was initially arrested for reckless driving along Caney Road.

According to statements from Hunter, the buy was set up after police were told during an interview with an unnamed source that Swiney had been transporting and directing others to transport various amounts of pills from Michigan and Missouri into Pike County.

The same source also told investigators she had driven Swiney to St. Louis to buy upwards of 800 to 1,000 Oxycotin tablets, saying Swiney would carry a hand-

gun with him on these trips.

This information was used to later set up a controlled buy, Hunter said. Undercover officers met with Swiney in the parking lot of the Eagle Masonry building in Pikeville and bought 27 Oxycotin tablets for \$1,700.

Undercover agents conducted three more controlled buys in June and August before Swiney was arrested during a traffic stop along Caney Road in Pike County and charged with drunk and reckless driving.

A search of Swiney's home after his arrest produced more than 750 oxycodone and Oxycotin tablets, a stolen dirt bike and more than \$6,500 in cash. Also taken into evidence from a nearby residence and now linked to Swiney were three ATVs that police later discovered had been reported as stolen.

The federal complaint that preceded this week's indictment also alleged Swiney's primary areas of distribution in Pike County were Pikeville, Shelby Gap, Rockhouse and Regina.

Smoking

entrances and that no smoking signs must be posted at all public entrances. The original proposal had called for a distance of 20 feet.

Smoking is now banned in some outdoor areas, such as arenas, stadiums and amphitheaters.

Leading the march for the new law was the local group Breathe Easy Floyd County. This group provided statistics during

the debates leading up to city leaders giving the proposal a green light.

According to the figures offered then, 70 percent of Floyd County residents were nonsmokers. Statistics compiled by the Kentucky Institute of Medicine in 2007 reflect that same figure. That study also set Floyd County's adult rate of smokers at 30 percent with the youth rate at a close 27 percent.

Continued from p1

Local appointed to promote equestrian games

by SHELTON COMPTON
STAFF WRITER

PRESTONSBURG — A local woman was recently selected to help promote the 2010 Alltech FEI Equestrian Games in her region.

Jen Crisp, of Prestonsburg, was named along with nine others throughout the state in September. Crisp and the others were selected

by Alltech to represent the games, the company and the company's related initiatives such as the Alltech Farmington Festival.

"These 10 men and women were identified by Alltech as individuals who would represent Alltech well in their hometowns and surrounding communities," said Dr. Pease Lyons, Alltech president and founder.

Crisp says she has a passion

for the preservation of the Appalachian culture and recently started pursuing a degree in Appalachian studies at Morehead State University.

Over the course of the next year Crisp will work to broaden Alltech's reach in across the state by visiting schools, clubs, civic organizations, churches and festivals to garner attention to both the equestrian games and the Alltech

Festival. The 10 members, including Crisp, are spread throughout the state, representing each congressional district.

Crisp is a member of the Kentucky Association of Secondary and College Admissions Counselors, the Big Sandy Area P-16 Council and the MSU at Prestonsburg Advisory Board, among others.

Website

"My main goal is to bring transparency to our voting system and bring mismanagement and fraud out in the open," Lee explained. "Our citizens suffer from voter apathy because they know our system is totally corrupt and they feel there is no way of changing this. We send our young people overseas to fight to protect the rights of people in foreign countries but will not even attend a fiscal court meeting or vote when it's raining. As a citizen it is our duty to participate and those leaders who will put the county before themselves. This led me to start researching the political history of our county and I was simply amazed at the level of mismanagement and impropriety that defines our current state of government. The more I researched, the more I realized how bad our citizens have been taken advantage of and felt a strong desire to place as much information in one location so our people could properly decide for themselves that a change is

long overdue."

Lee said that his site has already received an abundance of feedback, and he welcomes the discourse.

"I receive emails and phone calls nearly every day from citizens who are thanking me for presenting this information and taking a stand," Lee said. "I have heard many stories and plan to present every one of them, pending verification. Most of the information on my site is public knowledge. However, this information is spread across many sources and is hard to find for most internet users. My site places this information in one easy to find and permanent location for the benefit of all Floyd County citizens."

While Lee uses the site in an attempt to expose corruption and fraud, he also has political aspirations of his own.

"Yes, I would like to run for office at some point in the future," Lee said. "However, I will never pay a vote. I

will never ask a citizen to 'trust me.' My father always told me that if someone says 'trust me,' they don't know what they're talking about or they're lying. Voters should take the time to look closely at each candidate and vote out those who do not avoid impropriety and who do not noticeably improve our county. If a citizen casts a vote for me I would only want that vote based on my abilities and accomplishments. If it even appears that I did not put the county before myself then I should be voted out. I only ask that voters stop taking cash from politicians that give them little, but take everything."

Although Lee would like to run for office in the future, his current political focus is on the website, and he sees a lot of work to be done.

"Buying votes is wrong and illegal," Lee said. "The process of buying votes and the complete bastardization of our voting process absolutely disenfranchises every tax-paying citizen of our county."

However, vote buying is just the tip of this dirty iceberg and floydcountyvoterfraud.net will attempt to expose every angle of voter fraud.

The website is located at www.floydcountyvoterfraud.net.

Continued from p1

Thefts

Continued from p1

place emergency telephone calls or to request emergency assistance is a serious crime," McFadden said.

AT&T is currently working with law enforcement and scrap metal dealers in Prestonsburg and throughout the county.

According to a representative of Mr. Metal Recycling in Allen, the business is currently offering \$2 per pound for uncleaned and ungraded copper, while the price at other recycling dealers may be higher for copper that is cleaned and graded.

Shop owners, employees and anyone with information on the recent copper thefts are urged to call AT&T Asset Protection at (800) 807-4205, or the Kentucky State Police at (606) 433-7711.

Caudill

Commonwealth of Kentucky, specifically to Floyd County, Kentucky," John David Caudill told the audience.

The evening was laced with goodhearted humor, in particular focusing at one point on the long-running speedbump of people confusing the two circuit judges over the years.

"We are not related," said John David Caudill, "except during election years."

In turn, Judge Danny Caudill himself turned on the wit when reflecting on his career, relating a question from a co-worker as to whether retiring made him "feel old."

Caudill said later that, after being asked the question, he found an old picture while cleaning out his desk.

"I had a lot more hair and it was a lot more brown," he joked. "So, after considering the evidence I will say that I am fast approaching... middle age."

During the reception, Caudill was presented with a plaque of recognition from the Floyd County Bar Association and heard comments from Kentucky Court of Appeals Judge Janet Stumbo and Chief Justice of the Kentucky Supreme Court John Minton.

"If you look in the dictionary for the definition of an independent judge, that would

be Danny Caudill," Stumbo said. "I've set through many motion hours with him and enjoyed his friendship."

Chief Justice Minton spoke of Caudill's widespread notoriety as a working judge.

"Your reputation for fairness is well-served," said Minton. "It reaches all the way to Frankfort. We look forward to you visiting these places and working with others."

Stories were told of the two

circuit judges confiding in one another and asking advice, sharing a special bond between two unique public servants.

"I look forward to working with the person who steps into his shoes," John David Caudill said near the end of the evening. "I hope we have the same kind of relationship."

As of this week, no replacement had been appointed to fill Caudill's seat until the upcoming election.

Continued from p1

Wedding Announcement



Mr. and Mrs. Isaac, and Mary Combs of McDowell, announce the marriage of their son, Daniel Isaac, to Dawn Allison Brooks of Campton.

The couple wed on July 16, 2009, in a beach front ceremony at Virginia Beach, Virginia.

Daniel is a graduate of Morehead State University and Eastern Kentucky University. He is a high school English teacher at Wolfe County High School.

Allison is a graduate of the University of Kentucky and Morehead State University. She serves as the guidance counselor at Wolfe County Middle School.

The couple honeymooned in Cancun, Mexico, and now reside in Campton.

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FLOYD COUNTY Sports

Wednesday, October 21, 2009

PC FOOTBALL
• A8

Rebels win 54th District championship

by STEVE LeMASTER
SPORTS EDITOR

PRESTONSBURG — Allen Central remained on top in Floyd County volleyball Thursday evening following a 54th District triumph over Betsy Layne. Allen Central defeated Betsy Layne 2-1 at the Prestonsburg High School Fieldhouse, claiming the 54th District title for the fourth time in five years.

Allen Central and Betsy Layne both advanced to the 15th Region Tournament following the district championship match.

During a week in which the Kentucky Volleyball Coaches' Association (KVCA) named Allen Central senior Kelsey Jones the 15th Region Volleyball Player of the Year and the Rebel Coach Larry Maynard the 15th Region Coach of the Year, Allen Central was determined and confident as the postseason arrived.

Allen Central won the first set 25-19 over Betsy Layne. The Ladycats, however, did not go away. Betsy Layne took advantage of Rebel miscues to

win the second set 25-19.

In the third set, Allen Central battled past a 4-4 tie to take a lead that it would not relinquish. Allen Central was able to pull away, posting a 25-14 win in the third set to claim the match victory and capture the 54th District championship.

The Rebels (27-9) used a balanced attack with three players pounding in seven kills each. Katie Dingsu had seven kills on .438 hitting for the Rebels.

Kelsey Jones pounded in seven kills on .280 hitting for

Allen Central while teammate Courtney Hodge slapped in seven kills on .250 hitting.

Tiffany Burdzilaukas slammed in five kills as part of a balanced offense. Blevins slapped in four kills for the Rebels. Mandy Howard and Libero Rebekah Potter dropped in two kills each for 15th Region championship contender Allen Central.

"This is an unselfish team, they do not care who gets the points as long as the team gets the win," Allen Central Coach Larry Maynard commented at the conclusion of the district

championship match.

The Allen Central squad served 67 times committing only one service error for a near-perfect .99-percent. Dingsu slapped in three aces and Jones, Leigh Williams and Potter connected on two each.

Williams ran the Allen Central offense 52 times and had a team-high 18 assists.

Jamie Mullins set up 10. Jones added two assists and Blevins was credited with one.

"Betsy Layne is a talented team and they certainly did not give us anything — we earned the victory," Maynard added.

"We overcame deficiencies and never backed down at all and came back to win a great third set. I am excited for this team and they deserve all the credit for hanging in there and winning."

"I was extremely proud of our defense, particularly our net game — this was a key ingredient to the match win."

The Rebels accumulated 10 solo blocks and eight deflections in 19 attempts. Dingsu had five solo blocks and interrupted three Ladycat attacks.

(See **REBELS**, page eight)

Panthers pounce Betsy Layne

by STEVE LeMASTER
SPORTS EDITOR

BETSY LAYNE — Visiting Pikeville completed a Floyd County sweep Friday night, defeating host Betsy Layne 55-8. The Panthers had defeated Allen Central (34-24) and South Floyd (54-6) in two out of the last three weeks prior to visiting the Bobcats.

Taylor Ratliff scored four touchdowns for visiting Pikeville, two on the ground, one through the air and another on an 80-yard kickoff return.

Pikeville claimed an early lead and never faltered en route to the lopsided win.

The Panthers forced Betsy Layne to play from behind early on in the district contest.

Pikeville quarterback Blake Branham completed 8-of-15 passes for 148 yards and one touchdown. The Pikeville signal-caller was intercepted once.

Branham also led Pikeville in rushing, finishing with 72 yards on three carries.

Ross McCoy helped to pace Pikeville on the ground, rushing 10 times for 62 yards.

Ratliff rushed seven times for 25 yards and one touchdown. He was the leading receiver for the Panthers, hauling in three catches for 81 yards and one touchdown.

Randy Maynard netted four catches for 61 yards as Pikeville prevailed.

The Pikeville defense plagued Betsy Layne throughout the game.

Defensively, Maynard blocked a kick and recovered it in the endzone for a touchdown.

McCoy had three sacks (-9, -13 and -9) and two deflected passes for the Panthers.

This week, Pikeville will host Paintsville and Betsy Layne will visit Floyd County rival Allen Central Friday night in two more district games.

BLHS boys to host golf scramble

by STEVE LeMASTER
SPORTS EDITOR

BETSY LAYNE — The Betsy Layne High School boys' basketball program will host a golf scramble on Saturday, Oct. 31 at Allen Golf Course beginning at 9 a.m. with a shotgun start.

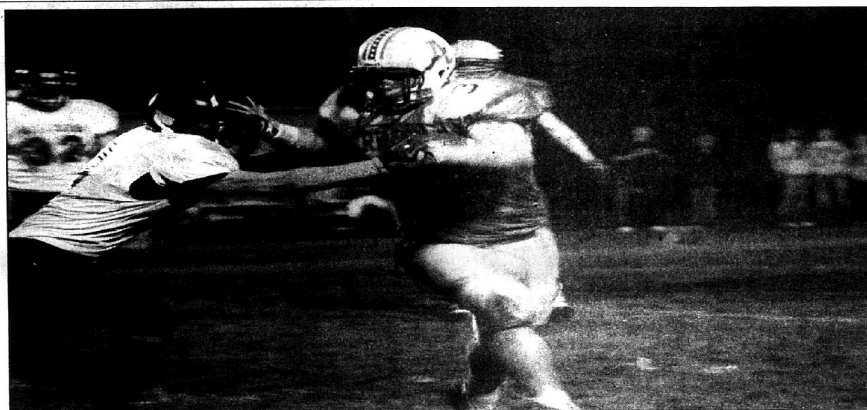
The first-place prize will be \$500. Second-place (\$300) and third-place (\$200) prizes will also be awarded.

The entry fee for the Betsy Layne High School Boys' Basketball Golf Scramble is \$50 per player or \$200 per four-player team.

Prizes will be given for the Longest Drive, Closest to the Pin and Longest Putt. Door prizes will also be handed out.

Donations will be accepted. For more information on the upcoming golf scramble, call any of the following individuals:

Coach Junior Newsome, 478-1985 or 791-1986; Coach Gary Keathley, 434-0882; Coach Randy Coleman, 205-7218; Coach Brandon Gearheart, 339-5591, Troy Cole, 889-7750 or Steve Roberts, 422-0905.



Brothers Logan Crowder (above) and Hunter Crowder (below) kept the South Floyd defense on its heels Friday night in the annual Red, White & Blue Bowl.

Rebs rout Raiders in Red, White & Blue Bowl

by STEVE LeMASTER
SPORTS EDITOR

EASTERN — Allen Central successfully defended its home field Friday night, defeating Floyd County/district rival South Floyd 52-6 in the Red, White & Blue Bowl on Homecoming Night. The Rebels remained in control in the Battle of the Beavers, improving to 7-1 overall and remaining among the state's Top 10 Class A teams.

Allen Central rushed for 436 yards in the win over South Floyd.

Senior Logan Crowder led the way for the Allen Central offense, rushing 10 times for 175 yards and four touchdowns. Justin Jackson and Hunter Crowder weren't too far behind Logan Crowder in the Allen Central rushing column, picking up 96 and 89 yards, respectively.

Mickey Parsons carried the football twice for 37 yards, scoring on one of the two attempts.

Allen Central senior quarterback Chris Stumbo rushed for one touchdown and passed for another in the Red, White & Blue Bowl.

South Floyd intercepted

the Allen Central quarterback once.

Defensively, Stumbo returned an interception 32 yards for a touchdown.

Numerous players stepped up and played well defensively for the Rebels.

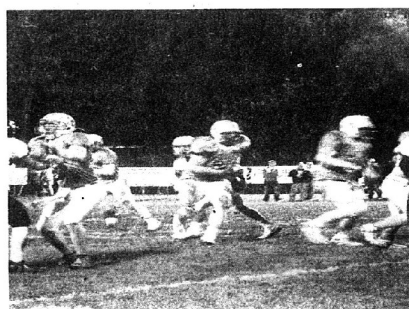
Sheldon Rice, a consistent defensive leader for the Rebels, recovered a South Floyd fumble.

Bradley Fields topped the tackle chart for Allen Central, exiting the district game with seven tackles. Logan Crowder and Cory Conn each had six tackles for the Rebels.

The Allen Central defense held the Raiders to 117 total yards. South Floyd rushed for 84 yards in the loss.

Allen Central showed its support for breast cancer awareness during the game, wearing breast cancer stickers on the backs of their helmets and sporting pink wristbands in addition to their regular uniforms.

Allen Central will host Betsy Layne Friday night in a regular-season home finale. South Floyd will entertain Phelps in its regular-season home finale.



HIGH SCHOOL FOOTBALL SCOREBOARD

Scores from Friday's area games

Allen Central 52, South Floyd 6
Breathitt County 63, Powell County 26
Estill County 21, Magoffin County 14
Harlan 26, Pineville 18
Harlan County 15, Perry County Central 14
Johnson Central 64, Woodford County 14
Letcher County Central 52, Clay County 20
Middlesboro 56, Knott County Central 16
Paintsville 21, Phelps 6
Pike County Central 62, East Ridge 0
Pikeville 55, Betsy Layne 8
Shelby Valley 49, Morgan County 8

AC, Betsy Layne advance to region semis

by STEVE LeMASTER
SPORTS EDITOR

PAINTSVILLE — The tradition-rich Allen Central volleyball program played its way back into the 15th Region Tournament Semifinals Monday evening. Allen Central pulled off a 2-0 win over the Phelps Hornets Monday evening in the opening round of the 15th Region Volleyball Tournament. Allen Central squeaked past Phelps in the first set 25-23 and then came out with a vengeance in the second set, posting a convincing 25-6 victory to advance to the region tournament semifinals.

Reigning 15th Region Player of the Year Kelsey Jones led the Rebel offense with six kills on .545 hitting without a hitting error.

Courtney Hodge also had six kills on .360 hitting for the Rebels.

Allen Central hit .250-percent and landed 24 kills during the region tournament match.

"This was not our best night hitting in post season play but we were able to make the kills when we needed them," said Allen Central Coach Larry Maynard.

Katie Dingsu pounded in four kills for Allen Central in the post-season match. Clara Jones, Tiffany Burdzilaukas, Mandy Howard and Kelsey Blevins chipped in two kills each for the Rebels.

Leigh Williams paced Allen Central with nine assists while directing the offense 27 times. Jamie Mullins set up eight in 34 attempts. Serving again proved to be a strong point for the Rebels. The Allen Central squad committed only one error in 54 attempts for 98-percent.

Williams and Rebekah Potter led the Allen Central service barrage with three service aces each. Jones landed two aces while Hodge and Mullins slipped in one apiece.

Defensively, Jones led Allen Central with 44 receiving attempts, returning 42 and earning seven digs.

"Our defense was not very strong and very disjointed in the first set but our net game and floor coverage really improved in the second set," Maynard confided.

The Rebels had 136 receiving attempts, committing eight errors, six of which came in the first set.

Allen Central also recorded 21 digs.

(See **REGION**, page eight)



CHAMPIONSHIP FORM

Allen Central is the 2009 54th District Champion.

Front row (from left to right): Rebekah Potter, Mandy Howard, Tiffany Burdzilaukas, Kelsey Jones, Jamie Mullins and Leigh Williams.

Standing: Head Coach Larry Maynard, Clara Jones, Laken Tackett, Kelsey Blevins, Brooke Risner, Julie Halbert, Katie Dingsu, Courtney Hodge, Katie Kendrick, Rachel Moore, Breanna Ousley and Assistant Coach Larry Hodge.

Late spurt lifts Union over Bears

Jamerson hauls in three catches for Pikeville

TIMES STAFF REPORT

PIKEVILLE — Sophomore quarterback Mike Brinkley threw three fourth quarter touchdowns to lead a comeback 21-6 win Union College, ending Homecoming for Pikeville College Saturday night.

Brinkley's numbers were somewhat pedestrian, going 13-of-31 for 138 yards. But he heated up down the stretch with the three fourth-quarter touchdowns for the win, the first road win of the season for 4-3 Union.

The Union win gave the team its first win after the home team had won each of the first eight meetings between the Mid-South Conference East Division rivals.

The teams were quiet offensively for nearly the first three periods. Pikeville got on the scoreboard with 1:59 left in the third when freshman quarterback Chase Ellis scored on a five-yard keeper. The score

ended an eight-play, 56-yard drive, but the snap failed on the PAT to leave the score 6-0.

The Bulldogs immediately responded, needing only seven plays to cover 61 yards with Brinkley's 23-yard scoring pass to freshman Tim Dandy. Sophomore Chad Boyington hit the first of his three extra-point kicks with 13:31 left to put Union on top to stay at 7-6.

After quickly turning the Bear offense away, Brinkley got after it again with a 10-play, 51-yard drive ending on a 22-yard toss to freshman Rob Brown with 6:17 to play to make it 14-6.

A turnover gave the Bulldogs the ball at the Bear 27, and on the third play of the drive Brinkley hit junior P.J. Burrows from eight yards out to set the final score.

A major difference in the game was turnovers; while the Bears coughed it up four times (two fumbles, two interceptions), Union went without a turnover in the win.

Junior tailback Martrey Littlejohn led the Bear offense with 126 yards on 19 carries, giving Pikeville its first 100-plus-yard rushing game since

then-quarterback Dan Wideman carried for 117 last Nov. 1 in a loss to Georgetown.

Ellis, the quarterback, followed with 42 yards on 14 carries.

Ellis was 7-of-17 for 60 yards in the air, throwing both interceptions. Senior Nick Jamerson caught three balls for 23 yards. The leader in total yardage was freshman Levi Hanks, whose only catch was good for 25 yards.

Brinkley led the Bulldogs in rushing as well as passing, carrying for 46 yards on seven tries. Union ran 36 times for 148. Burrows caught three passes for 22 yards, while Dandy gained 35 yards on two receptions.

Defensively, Pikeville was led by senior DeVaughn Whitley (four solo, four assists) and junior Jamar Porter (five and three) with eight tackles apiece.

Sophomore Jacob Crothers, who forced a fumble, recovered two and had an interception, led Union with six tackles. Senior Khambrel Simpkins also had six tackles and a pass breakup.

Guards named captains of PC men's basketball team

TIMES STAFF REPORT

PIKEVILLE — Pikeville College men's basketball coach Kelly Wells announced that Justin Hicks, Jonathan Clark, and Josh Samarco have been selected tri-captains by their teammates for the 2009-10 season.

"We did an internal captain vote that included the coaching staff and these three young men were chosen to represent our team in our efforts to be at our best. These three have shown great leadership to date and we expect that will continue."

ue."

Hicks, a 5-11 junior from Hazard, is a two-time Honorable Mention All-MSC selection. Hicks averaged 13.8 points per game, 4.4 assists per game hit 84 percent from the line, and shot 35 percent from the three.

Clark, a 6-0 senior from Charlotte, N.C., who is a transfer from Louisiana Tech. He averaged 9.5 points per game in 31.5 minutes, shot 34 percent from the three, 86.6 percent from the free throw line and had 2.7 rebounds per game.

Samarco, a 6-1 senior from Ypsilanti, Mich., was a Second Team All-American and First Team All-MSC averaged 20.4 points per game, shot 48 percent from the field and 89 percent from the three.

Well added, "It is a tremendous honor for Justin, J.C. and Scottie to be voted captains by their peers and coaches. With the leadership of these three along with their teammates, we look forward to great success on and off the court this season."

Search on: DeCook resigns as Pikeville College soccer coach

TIMES STAFF REPORT

PIKEVILLE — Robert Staggs accepted a letter of resignation on Thursday afternoon, opening up a pair of Pikeville College coaching positions.

Ken DeCook, head coach of the Pikeville College men's and women's soccer teams, stepped down, citing a family situation. His resignation stated his date of departure to be Sunday, Oct. 18, at noon.

DeCook was at the school for 18 hours before his teams' matches.

He said he'd been having family issues for about the last six weeks and needed to leave immediately. Staggs, the director of athletics at Pikeville College, said, "We

regret it and hope the situation plays out in his favor, and wish him the best of luck."

DeCook was the second coach of the soccer programs and had made great strides with the programs, which were only two years old when he came on board. The women entered play on Sunday 4-6-2, while the men were 5-6-1 on the season.

Pikeville plays host to Berea College on Sunday at the W.C. Hambley Athletics Complex in a doubleheader schedule to begin at 2 p.m.

For the time being, Staggs is leading the Pikeville College soccer programs. He also coaches volleyball and softball at the school.

Volleyball and both soccer teams will begin postseason play the first week of November, leaving only two weeks' remaining in the seasons.

"We are currently searching for head coaches for the men's and women's soccer programs," Staggs said. "We hope to have this situation resolved as soon as possible, but we are also looking for the right answer for the long-term success of our programs."

"We certainly won't rush to a coach because we only have a couple of weeks remaining in the season. We owe it to the players and fans to find the right coach to lead this program."

Rocky week ends with shutouts for Pikeville College soccer teams

TIMES STAFF REPORT

PIKEVILLE — The Pikeville College soccer teams ended a tumultuous week with a doubleheader sweep over Berea College Sunday afternoon at the W.C. Hambley Athletics Complex.

The women opened the twin bill with a 4-0 shutout, while the men followed with a late goal to win 1-0.

The wins came three days after the sudden resignation of Coach Ken DeCook. Robert Staggs, director of athletics, coached the team on Sunday.

The teams return to action on Wednesday afternoon when they travel to WVU Tech for a pair of games to begin at 4

p.m. They return home on Saturday when they'll host Johnson Bible College beginning at 2 p.m. with Senior Day ceremonies.

Women: Pikeville (5-6-2) scored a pair of goals in each half. Scoring opened when sophomore Ashley Crutcher netted an unassisted goal 14:38 into the match. That was quickly followed by a goal by freshman Lyndsay Monecko, who was assisted by junior Megan Johnson, in the 22nd minute.

The score stayed 2-0 until the Lady Bears posted goals less than three minutes apart late in the match. Johnson scored on a penalty kick in the 77th minute, while junior

Brittany Moore scored an unassisted goal 2:22 later.

The shutout was recorded by junior Becky Davenport, who needed only three saves to blank the Mountaineers.

Men: Sophomore forward Andrew Martin scored an unassisted goal with 5:00 remaining to give Pikeville College a 1-0 win over Berea. The Mountaineers had eight shots on goal in the contest, but freshman goalkeeper Sheldon Thomas was up to the task and recorded the shutout.

Pikeville (6-6-1) had only four shots on goal, but Martin managed to score the game's only goal for the win after 85 minutes of scoreless action.

Johnson named SEC Defensive Player of the Week

TIMES STAFF REPORT

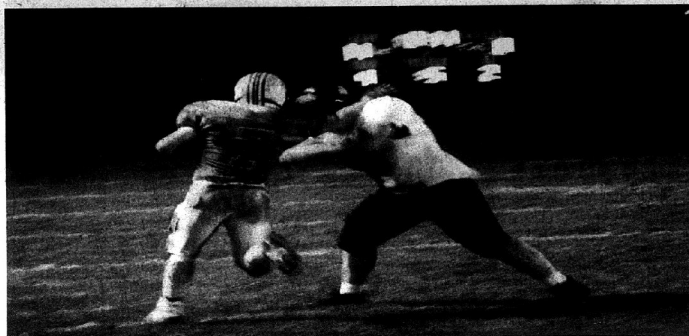
LEXINGTON — University of Kentucky linebacker Micah Johnson has been named the Southeastern Conference Defensive Player of the Week, the league office has announced. Johnson claimed 14 tackles in Saturday's 21-14 win at Auburn, sharing game-high honors with teammate

Danny Trevathan. Johnson also had a tackle for loss during the game.

Johnson claimed 14 tackles in Saturday's 21-14 win at Auburn, sharing game-high honors with teammate Trevathan. Johnson also had a tackle for loss during the game. The senior from Ft. Campbell spearheaded the Kentucky defense which limited Auburn

to seven offensive points and 91.5 total yards. Entering the game, Auburn had averaged 38.3 points and 489.8 yards per game.

Johnson is the second Wildcat to earn SEC Defensive Player of the Week honors this season. Cornerback Trevard Lindley also was honored for the Miami game.



REBEL RUNNERS

JUSTIN JACKSON (ABOVE) AND TRAVIS ADKINS (LEFT) were key contributors for the Allen Central offense Friday night.



Region

Hodge received 28 Hornet volleys, returned 21 and dug up four. Julie Halbert managed four digs for the Rebels. Dings, Williams and Blevins added one dig each.

The net defense played a big role in the second set as Jones had two solo blocks, one block assist and four deflections. Dings knocked down

one, turned in a block-assist and recorded two deflections. Burdizilskas delivered two block-assists for the victorious Rebels.

Betsy Layne, runner-up out of the 54th District, defeated Johnson Central 2-1 in another region tournament opener. The Ladycats upended 53rd District champion Johnson Central 25-23, 23-25, 25-9.

In the other region tournament matches, East Ridge eliminated Paintsville 2-0 (26-24, 25-21) and Belfry held off Pikeville 2-1 (25-14, 19-25, 25-23).

Allen Central was battling East Ridge and Belfry facing Betsy Layne at press time Tuesday evening in the 15th Region Tournament Semifinals.

■ Continued from p7

Media picks UK to win SEC

LEXINGTON — The University of Kentucky men's basketball team was picked by the media to win the Southeastern Conference this season as announced by the SEC on Monday.

Each SEC school selected media members that cover their team and additional writers from across the nation were selected by the conference office to form the 25-member voting panel.

UK earned 20 first-place votes, topping Mississippi State which earned three votes and Tennessee which had two votes as SEC Champion. Kentucky returns three starters, including Patrick Patterson. Perry Stevenson and Ramon Harris while adding one of the top recruiting classes in the nation.

The Cats were the media's favorite to win the East with 148 total points (23 first-place votes), ahead of second-place Tennessee's 117 points (two first-place votes). Vanderbilt, South Carolina, Florida and Georgia round out the top six.

In the West, Mississippi State's 144 total points (22 first-place votes) were ahead of Ole Miss' 120 points (two first-place votes). Alabama was picked third with 84 points. LSU, Arkansas and Auburn round out the top six in the West.

Kentucky junior Patrick Patterson was the choice of the media for SEC Men's Basketball Player of the Year with 11 votes. Kentucky freshman John Wall received six votes in the Player of the Year voting.

— Times Staff Report

Lindenwood teams sweep Pikeville bowling tourney

TIMES STAFF REPORT

PIKEVILLE — The Pikeville College women's bowling team placed all three of its teams in the championship round, had a playoff take medalist honors and had half the all-tournament team.

But when it came time for the big hardware from its own Orange & Black Classic, it went to another team.

Meanwhile, the men placed no team higher than 13th in the 49-team field and had only six bowlers among the top 100 individuals in the tournament. It hosted this weekend in the Dayton suburb of Beavercreek, Ohio.

On the women's side, senior Jennifer Wright was the top individual bowler with a total of 1416, outdistancing Robert Morris University's Samantha Kelly by 58 pins.

Senior Emily Witt and sophomore Kira Youlous also made the all-tournament team with totals of 1296 and 1293, respectively.

They were three of 10 bowlers to finish in the Top 25 from Pikeville College.

When the 20-team field was narrowed down to an eight-team tournament, Pikeville College fell in the finals, 3.5 to 0.5 to Lindenwood University Reid. Pikeville Black had eliminated Pikeville White in the opening round 3-1, while Lindenwood handled Pikeville Orange 3-0 in the semifinals.

Other Pikeville bowlers in the Top 25 individuals were senior Sarah Germano, who finished 10th, sophomore Melia Bennett, 11th, senior Becky Sullivan, 14th, sophomore Natasha Martin, 19th, senior Nichole Burke, 21st;

senior Ashley Stahurski, 22nd; and sophomore Chelsea Gilliam, 25th.

In the men's tournament, Lindenwood's Lions came from the four seed to win title, beating Calumet Black in the finals. Wright State University Black and Martin Methodist A finished third and fourth.

Pikeville's top individual performer was junior Nicholas Atkinson, who finished at 1226 for 30th place. Junior Jeremy King was 32nd; junior Matt Palinkas finished 53rd; sophomore Richard Lane 56th; freshman Jonathan Crews 89th; and junior James Cheff, 100th.

Pikeville will return to action the weekend of October 31 when it competes in the Brunswick Southern Collegiate Classic in Marietta, Ga.

Rebels

Jones blocked four and deflected four.

Mandy Howard stuffed one Betsy Layne offering and deflected another. The Rebels defended against 22 Bobcat volleys, committing 22 errors and earning 41 digs. Hodge led the back row, receiving 59 attempts and returning 42 and digging up 14. Porter returned 31 attempts and was credited with 11 digs. Julie Halbert had 25 opportunities, returned 14

and had seven digs. Jones returned 37 Bobcat attempts and earned five digs. Blevins and Mullins had two digs each.

"Obviously, this was a great win for this team and our program," Maynard said. "I cannot say enough about the individual contributions we had from all our players! Our team did a great job persevering, we were able to adjust our attacks balancing our offense; however, offense is not possible with-

out a good defense which was key to the win. Betsy Layne is an extremely talented team with very good players and, fortunately, we were able to sustain our intensity to take the match from them."

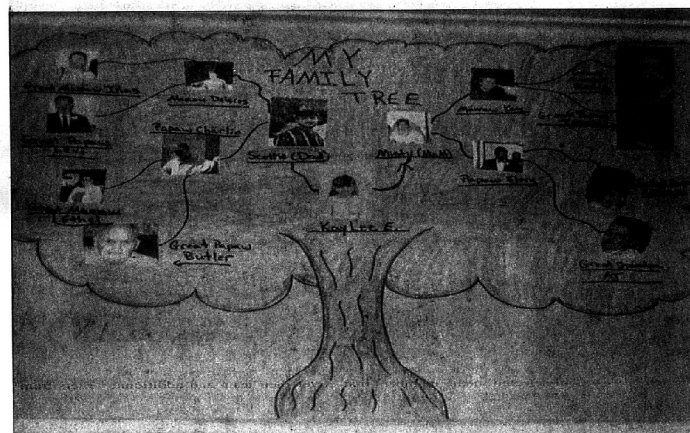
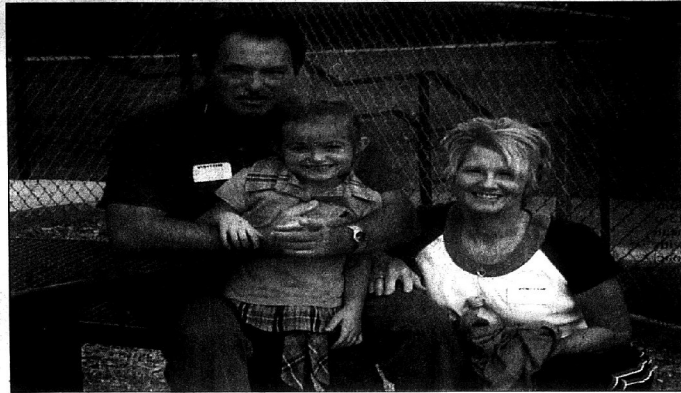
Allen Central entered the 15th Region Tournament as the region's top-ranked team.

■ Continued from p7

FAMILY READING NIGHT AT STUMBO ELEMENTARY



JMS held its first Family Read night of the new school year on September 10. Over 50 students and family members attended to celebrate Grandparents Day. Family trees and short stories about Grandparents were put on display for all to enjoy. Grandparents also visited the school during the day. Refreshments were served and door prizes awarded at the end of the night. Pictures were taken by DeAnna Kidd, sixth grade student at Stumbo Elementary.



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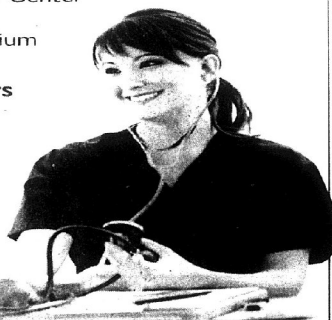
Highlands Regional Medical Center
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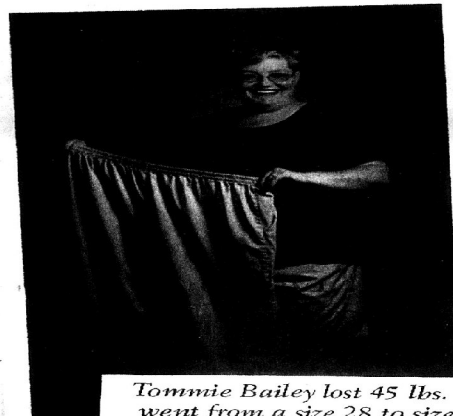
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State police to test trooper applicants in Richmond

FRANKFORT — Kentucky State Police has announced that testing for trooper applicants will be held the week of Nov. 16, at the Department of Criminal Justice Training located on the campus of Eastern Kentucky University in Richmond.

Applicants should contact the Kentucky State Police Recruitment Branch at (866) 962-3165. Anyone interested in obtaining information about joining the KSP can call the number during office hours from 8 a.m.-4:30 p.m., Monday through Friday, or leave a message any other time.

More information and application forms available for download are on the Internet at <http://www.kentuckystatepolice.org/>.

KSP applicants must be 21 years of age, a U.S. citizen, in good health and possess a valid driver's license with no more than six driver demerit points. Applicants must also possess a minimum of 60 college credit hours or an associate's degree from an accredited college or university or be a high school graduate with at least two years of either active military duty or experience as a full-time, sworn law enforcement officer.

Report highlights ways to improve school lunch, breakfast programs

WASHINGTON, D.C. — The Institute of Medicine of the National Academies on Tuesday released the report of its expert panel, commissioned by USDA, to develop recommendations on improvements to the National School Lunch and School Breakfast Programs to align them with the latest Dietary Guidelines for Americans.

The panel made eight recommendations addressing new nutrient targets and meal requirements for the implementation and monitoring of the new requirements, and evaluation and research activities to guide future program improvement.

"The U.S. Department of Agriculture takes its responsibilities for improving the health and nutrition of kids across the country very seriously and the report released today by the Institute of Medicine provides important information to help the USDA and the Obama Administration meet this important goal," said Agriculture Secretary Tom Vilsack. "Experts at USDA are engaged in a thorough review of the IOM recommendations and will develop a proposed rule to determine the best ways to improve the National School Lunch Program and School Breakfast Program based on IOM's final report. Stakeholders and the public will have ample opportunity to comment on USDA's proposed rule."

Vilsack also mentioned that USDA intends to continue to provide assistance to schools to help them increase the availability of fruits, vegetables, whole grains, and low-fat and fat-free dairy products in the lunch and breakfast menus. USDA's Team Nutrition initiative and the HealthierUS School Challenge will continue to help schools move in the direction of these recommendations. In the months ahead, USDA leadership will work

with Congress to support its effort to reauthorize these programs.

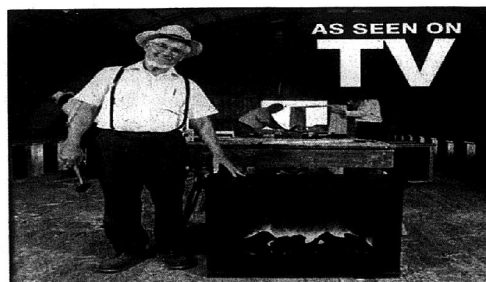
"We are grateful to the IOM expert committee for the hours of research, discussion, and deliberation that made these recommendations possible, and to the professional organizations, child nutrition advocates, and others who provided their experience and knowledge to support the IOM effort," said Kevin Concannon, Under Secretary for USDA's Food, Nutrition & Consumer Services. "We look forward to working with all those who care about children's nutrition and health to make these science-based recommendations a basis for positive change in tens of thousands of schools across America. Together, we can build on the success of today's school meals programs towards an even healthier tomorrow for our children."

The Richard B. Russell National School Lunch Act requires that meals served under the National School Lunch Program and School Breakfast Program reflect the most recent Dietary Guidelines for Americans (DGAs). In February 2008, USDA's Food and Nutrition Service contracted with the IOM seeking recommendations to update the meal patterns and nutrition standards for school lunches and breakfasts consistent with the 2005 DGAs.

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Free Vascular Screenings

King's Daughters Medical Center, in cooperation with the Kentucky Heart Foundation, is offering a free vascular screening to those 50 and older beginning at 8:30 a.m., Tuesday, Oct. 27, on the KDMC Mobile Health Unit at First Presbyterian Church, 1430 North Lake Drive, Prestonsburg, Ky. KDMC cardiologist Vaughn Payne, M.D., will review your results immediately following your screening.

Tests include:
Lipid profile: A breakdown of cholesterol levels, including HDL, LDL, triglycerides and total cholesterol.

Blood glucose: Level of sugar in the blood.

Ankle brachial index (ABI): A measurement of blood pressure at the ankle to check for signs of peripheral artery disease (PAD).

Electrocardiogram (EKG): A non-invasive test to measure electrical activity of the heart by attaching electrodes to the skin.

Appointments are required by calling 1.888.377.KDMC (5362). Fasting is required, and additional guidelines may apply, which help us see those most at risk for vascular disease.



Vaughn Payne, M.D.

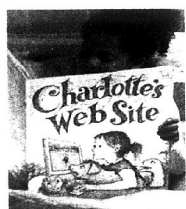
Tuesday
Oct. 27
beginning at 8:30 a.m.

on the KDMC Mobile Health Unit
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PMC director wins fight against breast cancer

PIKEVILLE — Linda Greer never dreamed she would face one of the biggest and most shocking decisions of her life — having to battle breast cancer.

There was no family history of the disease for Greer, who was 44 years old at the time she was diagnosed in May 2005.

"It (breast cancer) was the last thing on my mind, Greer, who serves as Cardio Pulmonary Director at Pikeville Medical Center said. "I just couldn't believe what was happening at the time."

Greer had decided because of her age to schedule a mammography examination. It's often referred to as a mammogram procedure used to aid in the early detection and diagnosis of breast diseases in women.

"I just felt like it was something I needed to get done," she said. "I honestly didn't expect anything to show up."

Greer was taking part in a director's meeting at the hospital the following week when she was beeped about her results.

"They (radiology) had told my physician that something showed up on the x-ray," she



A routine mammogram was the first step in saving Linda Greer from a disease for which she had no family history.

recalled. "The doctor recommended that I have a biopsy done on the left side."

A breast biopsy is a procedure in which part or all of a suspicious breast growth is removed and examined, usually for the presence of cancer. The growth sample is suctioned out through a needle or cut out using a surgical procedure.

The sample is then examined and evaluated under a microscope by a pathologist to identify either benign (non-

cancerous) or malignant (cancerous) tissue.

Greer had the procedure done on her 26th wedding anniversary.

"At the time there was so much going on in my life," she said. "My daughter was graduating from high school and I kept it hidden from my mother."

Doctors performed a lumpectomy on Greer. They removed part of the breast which contained a tumor known or suspected to be can-

cerous.

"I remember having to go through 36 radiation treatments," Greer said. "The support I received from hospital workers during this time was as good as it could have been."

Greer continued to work during her recovery time. She was often tired, but had no real side effects from the treatment.

Her husband was there to support her. He had gone through cancer treatments 10 years prior to her diagnoses.

Obviously no woman wants to receive this diagnosis, but hearing the words "breast cancer" doesn't always mean an end.

"I was determined to win this fight," said Greer, who has now worked at PMC for the past 30 years. "I was very confident with being treated right here at PMC."

Just one year after her diagnoses Greer was busy bringing awareness to breast cancer. She and her husband volunteered in May 2006 to walk an hour during the annual Relay for Life event at Bob Amos Park.

"The support I've received from my co-workers, family and friends has turned what seemed to be a bad situation into a positive experience for me," Greer said.

Studies show that women who never receive mammograms are far more likely to die of breast cancer than women who are regularly screened.

"I had no history in my family," Greer stressed. "Just because others in your family have never had a problem with this disease doesn't mean it can't strike you like it did me."

Seven killed on Kentucky highways last week

FRANKFORT — Preliminary statistics indicate that seven people died in six separate crashes on Kentucky roadways from Monday, Oct. 12, through Sunday, Oct. 18.

All of the crashes involved motor vehicles and four of those victims were not wearing seat belts. Single-fatality crashes occurred in Bullitt, Harrison, Jefferson, Muhlenberg and Russell counties. The crash in Bullitt County involved the suspected use of alcohol. One double-fatality crash occurred in Boone County.

Through Oct. 18, preliminary statistics indicate that 616 people have lost their lives on Kentucky roadways during 2009. This is 16 fewer fatalities than reported for the same time period in 2008.

There were 497 motor vehicle fatalities and 270 of those victims were not wearing seat belts. Twenty-nine pedestrians and five bicyclists have been killed. Seventy fatalities involved a motorcycle and fifteen fatalities involved an ATV. Sixty-four crashes involved a commercial motor vehicle. A total of 135 fatalities have

resulted from crashes involving the suspected use of alcohol.

Citizens can contribute to highway safety by reporting erratic drivers to the Kentucky State Police toll-free at 1-800-222-5555. Callers will remain anonymous and should give a description of the vehicle, location, direction of travel and license number if possible.

These statistics are still preliminary as KSP waits for all local law enforcement agencies throughout the state to report any crashes and fatalities that may have occurred in their areas.

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Kentucky's jobless rate drops to 10.9 percent in September

FRANKFORT — Kentucky's seasonally adjusted preliminary unemployment rate fell to 10.9 percent in September 2009 from a revised 11.2 percent in August 2009, according to the Office of Employment and Training (OET), an agency of the Kentucky Education and Workforce Development Cabinet. September 2009's jobless rate is 4 percentage points higher than the 6.9 percent rate recorded in September 2008.

"Kentucky's economy continued to struggle under the weight of the recession, suffering the biggest monthly employment decline and the largest number of year-over-year job losses on records dating back to January 1990. The drop in the unemployment rate reflects individuals who have faced long-term unemployment becoming discouraged and dropping out of the labor force," said Dr. Justine Detzel, OET chief labor market analyst.

The U.S. seasonally adjusted jobless rate rose from 9.7 percent in August 2009 to 9.8 percent in September 2009, according to the U.S. Department of Labor. This 9.8 percent rate is 1.1 percentage points below the 10.9 percent rate recorded in Kentucky in September 2009.

Unemployment statistics are based on estimates and are compiled to measure trends rather than actually to count people working.

One of the 11 major nonfarm North American Industry Classification System (NAICS) job sectors recorded an employment increase in September 2009, while 10 decreased, according to OET. A decrease of 14,600 jobs in September 2009 brought Kentucky's nonfarm employment to a seasonally adjusted total of 1,758,600. Since September 2008, Kentucky's nonfarm employment has plummeted by 86,400.

"This represents the largest monthly employment decline on records dating back to January 1990 and the 19th month of job losses since the recession commenced in December 2007," Detzel said. "Since the start of the recession, employment in Kentucky has decreased by 113,800 positions."

According to the seasonally adjusted employment data, Kentucky's construction sector added 400 positions in September 2009. Since September 2008, employment in the construction sector has fallen by 16,500 jobs.

"This is the first increase in the number of jobs in the construction sector since April 2009, reflecting the start of multiple commercial and public works construction projects," said Detzel.

The government sector, which includes public education, public administration agencies and state-owned hospitals, plummeted by 6,400 jobs in September 2009. The sector has 4,500 fewer jobs compared to September 2008.

"This represents the sixth time in the last eight months employment in the public sector has dropped. The decline in the number of professionals is indicative of the budget crisis

facing Kentucky and reflects a decrease in the number of jobs in the state government and local government subsectors, including cutbacks at public schools," Detzel said.

The state's leisure and hospitality sector reported an employment decrease of 1,800 jobs in September 2009. Since September 2008, employment in the sector has declined by 600 positions. The leisure and hospitality sector includes arts, entertainment and recreation, accommodations and food services and drinking places industries.

Year-over-year employment losses in the accommodation and food services industry outweighed year-over-year job gains in arts, entertainment and recreation businesses which included the openings of multiple recreation and entertainment facilities and two new spectator sports teams," Detzel said.

The financial activities sector dropped by 1,600 positions in September 2009. This segment, which includes businesses involved in finance, insurance, real estate and property leasing or rental, has fallen by 4,900 positions over the past 12 months.

Kentucky's trade, transportation and utilities sector lost 1,600 jobs in September 2009. This area includes retail and wholesale trade, transportation and warehousing businesses and utilities. It is the largest sector in Kentucky with 362,800 employees. Since September 2008, the number of jobs in this sector has fallen by 18,300.

"Year-over-year job losses are predominantly in transportation, warehousing, and utilities businesses. However, wholesale trade establishments and retail trade enterprises have also endured significant employment declines since September 2008. As households tightened their belts over the last year, retailers suffered declining sales, enacted layoffs, and closed underperforming stores. Likewise, wholesalers suffered layoffs as weak demand for products trickled back through the supply chain," Detzel said.

The state's professional and business services sector fell by 1,200 positions in September 2009. This area has lost 9,400 employees since September 2008. The professional and business services sector includes professional, scientific and technical services, management of companies and administrative and support and waste management, including temporary help agencies.

Kentucky's manufacturing sector lost 1,100 jobs in September 2009. Compared to September 2008, jobs in the sector plummeted by 31,500.

"The manufacturing sector lost 1,100 jobs in September 2009, for a total of 208,900 professionals. This marks the 15th time in the last 16 months that industrial employment has fallen. Job losses were concentrated in the durable goods subsector, reflecting layoffs at a number of automobile parts manufacturers, the closing of another automobile parts producer, and the closing of a durable goods plant," Detzel said.

The educational and health

services sector dropped by 1,000 jobs in September 2009. The sector had 500 fewer workers in September 2009 than September 2008. This sector includes private and nonprofit establishments that provide either education and training or health care and social assistance to their clients.

The state's other services sector, which includes such establishments as repair and maintenance businesses, personal and laundry services, religious organizations and service and professional organizations, fell by 100 positions in September 2009. This sector had 200 fewer jobs in September 2009 than in September 2008.

The information sector dropped by 100 positions in September 2009. This segment, which includes firms involved in publishing, Internet activities, data processing, broadcasting and news syndication, has decreased by 700 positions since September 2008.

The mining and logging sector had 100 fewer jobs in September 2009. The sector has added 700 workers since September 2008 because of hiring in the coal mining industry.

The U.S. Bureau of Labor Statistics' monthly estimate of the number of employed Kentuckians for September 2009 was 1,842,078 on a seasonally adjusted basis. This figure is up 5,026 from the 1,837,052 employed in August 2009, but down 66,051 from the 1,903,129 employed in September 2008.

The monthly estimate of the number of unemployed Kentuckians for September 2009 was 225,214, down 5,486 from the 230,700 Kentuckians unemployed in August 2009, but up 84,089 from the 141,125 unemployed in September 2008.

The monthly estimate of the number of Kentuckians in the civilian labor force for September 2009 was 2,067,292. This figure is down 460 from the 2,067,752 recorded in August 2009, but up 18,038 from the 2,049,254 recorded in September 2008.

Civilian labor force statistics include non-military workers and unemployed Kentuckians who are actively seeking work. They do not include unemployed Kentuckians who have not looked for employment within the past four weeks.

Kentucky's statewide unemployment rate and employment levels are seasonally adjusted. Employment statistics undergo sharp fluctuations due to seasonal events, such as weather changes, harvests, holidays and school openings and closings. Seasonal adjustments eliminate these influences and make it easier to observe statistical trends. However, because of the small sample size, county unemployment rates are not seasonally adjusted.

Learn more about the Office of Employment and Training at www.workforce.ky.gov.

A complementary experimental hours and earnings series is available at <http://www.bls.gov/sae/saeap.htm>.

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Cumberland Falls invites hikers to take 'Moonbow Trail Trek'

CORBIN — The 19th annual Moonbow Trail Trek, which will be held Saturday, Nov. 7, at Cumberland Falls State Resort Park, offers nature lovers the opportunity to combine a challenging hike with a chance to view some beautiful scenery.

Cumberland Falls is called the "Niagara of the South" because of its 125-foot-wide curtain of water. Sometimes at night, when conditions are right, mists from the falls produce a faint rainbow, known as a moonbow. The new moonbow may be visible after dark Nov. 1-4.

The Moonbow Trail Trek takes hikers during daylight hours to see the falls and other natural formations, including cascading streams, tower cliffs and house-sized rock formations. There is a 10-mile trek for the most adventurous hikers and a 4.5-mile trek for those with less experience. The 10-mile hike departs at 8:30 a.m., and the 4.5 mile trek leaves at 10 a.m.

Availability is limited and participants must be pre-registered by Oct. 30. Participation is limited to the first 100 people to register.

Check-in stations will be staffed throughout the hike and hikers will be conducted to ensure safety. The Moonbow Trail Trek is not recommended for children under 10 years old or solo hikers. The cost is \$15 per person and includes a T-shirt. Participants should bring a daypack, hiking boots, extra socks, a flashlight, batteries, rain gear, a first aid kit, a warm jacket, and enough food and water to last six to eight hours.

Cumberland Falls State Resort Park near Corbin has a lodge, cottages, the Riverview Restaurant, a campground, and hiking trails. For more information and to register for the Moonbow Trail Trek, call 1-800-325-0063 or 606-528-4121 or email Bret Smitley at BretA.Smitley@ky.gov.

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PUBLIC NO- TICE
Pursuant to 405 KAR 8-010, Section 16(5), the following is a summary of per- mitting decisions made by the De- partment for Nat- ural Re-sources, Division of Mine Permits, with re- spect to applica- tions to conduct surface coal min- ing and reclama- tion operations in Floyd County: Matt/Co. Inc. 836-0307 09/24/09 Clarence Hayes, LLC 836-0352 09/17/09 Consol of Ken- tucky, Inc. 836-5238 09/16/09



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UNITED STATES DISTRICT COURT
 EASTERN DISTRICT OF KENTUCKY
 PIKEVILLE DIVISION
 ACTION NO. 7:08-CV-209-ART

EQUITABLE PRODUCTION COMPANY,
 a Pennsylvania Corporation

PLAINTIFF

-vs-

NOTICE OF CONDEMNATION

A TRACT OF PROPERTY SITUATED IN
 MARTIN COUNTY, KENTUCKY CORRESPONDING
 TO PROPERTY TAX MAP NUMBER 15-5, 179.66 ACRES
 (PARCEL 135), et al.

DEFENDANTS

TO: UNKNOWN PROPERTY OWNERS

A Complaint in condemnation has been filed in the United States District Court for the Eastern District of Kentucky, to take property for the purpose of constructing of a gas pipeline. The interest to be taken is 8.03 acres, including 3,500 footage of the total 179.66 acres of property more particularly described in Deed Book 117 page 104, recorded in the Floyd County Court Clerk's office and more particularly described as follows:

Beginning at a Beech (now fallen) opposite the mouth of a small drain and on the North bank of said Laurel Fork on Wolf Creek; thence up a point N. 25 W. 88 poles to a Pine on said point; thence West 30 poles to a black oak on top of ridge N. 67 W. 88 poles to a Black oak on a ridge in a line of Kirk Survey S. 71 W. 38 poles to two Chestnut oaks and a Black oak N. 79 W. 26 poles to a Gum tree, S. 86 W. 37 poles to a Chestnut tree on a ridge S. 23 W. 35 poles to a large Chestnut oak on a ridge; thence with said ridge S. 18 W. 40 poles to two large rocks with three oaks of hatch on the side of one of them; thence S. 21 W. 40 poles to a chestnut oak on a knob S. 34 poles to a White oak S. 66 E. 42 poles to a Chestnut oak on a ridge N. 72 E. 47 poles to a point 3 poles short of a White oak marked with three hacks, S. 40 E. 64 poles to a Maple a few poles W. of and in Elm Log Gap (Maple Down) E. 70 poles to a Chestnut oak on top of Buck Knob corner to Lydia Collinsworth; thence N. 20 E. 52 poles to a White oak on a level place N. 6 E. 30 poles to a Chestnut oak on a point above the head of a drain N. 46 E. 26 poles to a small Black oak S. 20 E. 9 poles to a Birch N. 10 W. 20 poles to the beginning. Being the same land conveyed to Jack and Eunice Cline and Hanson Jude from Connell McCoy and Alice May.

Equitable seeks the condemnation of perpetual and temporary rights-of-way over various contiguous parcels of real property located in Martin, Pike and Floyd Counties, Kentucky, which are necessary for the construction and operation of an approximately forty three (43) mile, eight-inch (8") pipeline that will transport liquid hydrocarbons from the Kentucky Hydrocarbon plant in Langley, Kentucky, to Ranger West Virginia. Currently, the transportation and sale of liquid hydrocarbons produced from the Eastern Kentucky Basin is limited due to the availability of a single transmission outlet. Equitable is presently the owner and operator of a four (4) inch liquid hydrocarbons pipeline which was constructed in the mid 1950's and which is inadequate due to its limited capacity to transport the volume of gas required to meet the demands of the public and the increased volume of liquid hydrocarbons now being produced in the Eastern Kentucky Basin.

If you want to object or present any defense to the taking, you must serve an answer on the Plaintiff's Attorney, Michael J. Schmitt, Porter, Schmitt, Banks and Baldwin, 327 Main Street, P.O. Drawer 1767, Paintsville, Kentucky 41240 within 20 days after October 28, 2009. Your Answer must identify the property in which you claim an interest, state the nature and extent of that interest and state all your objections and defenses to the taking. Objections and defenses not presented are waived.

If you fail to answer you consent to the taking and the Court will enter a judgment that takes your described property interest. Instead of answering, you may serve on the Plaintiff's attorney, heretofore identified, a notice of appearance that designates the property in which you claim an interest. After you do that, you will receive a notice of any proceedings that affect you. Whether or not you have previously appeared or answered, you may present evidence at a trial to determine compensation for the property and share in the overall award.

HON. MICHAEL J. SCHMITT,
 ATTORNEY FOR EQUITABLE
 PRODUCTION COMPANY
 PORTER, SCHMITT, BANKS AND BALDWIN
 P.O. DRAWER 1767
 327 MAIN STREET
 PAINTSVILLE, KENTUCKY 41240
 TELEPHONE: 606-789-3747
 FACSIMILE: 606-789-9862
 E-MAIL: mschmitt@wpsj.com

UNITED STATES DISTRICT COURT
 EASTERN DISTRICT OF KENTUCKY
 PIKEVILLE DIVISION
 ACTION NO. 7:08-CV-209-ART

EQUITABLE PRODUCTION COMPANY,
 a Pennsylvania Corporation

PLAINTIFF

-vs-

NOTICE OF CONDEMNATION

A TRACT OF PROPERTY SITUATED IN
 MARTIN COUNTY, KENTUCKY CORRESPONDING
 TO PROPERTY TAX MAP NUMBER 38-26, 13.91 ACRES
 (PARCEL 117), et al.

DEFENDANTS

TO: UNKNOWN HEIRS OF EDNA CRUM

A Complaint in condemnation has been filed in the United States District Court for the Eastern District of Kentucky, to take property for the purpose of constructing of a gas pipeline. The interest to be taken is 2.98 acres, including 1,300 footage of the total 13.91 acres of property more particularly described in Deed Book 46 page 572 and Deed Book 125 page 452 recorded in the Martin County Court Clerk's office and more particularly described as follows:

Beginning at the County Road on Nigger Fork at the mouth of the Bringer Fork; thence up with the Bringer Branch to the line of Jane Carlisle Allen, thence an Easterly direction with said Allen's line to the County Road above the mouth of the Ivy Fork; thence a Westerly direction down the road to the beginning, containing 25 acres more or less.

Equitable seeks the condemnation of perpetual and temporary rights-of-way over various contiguous parcels of real property located in Martin, Pike and Floyd Counties, Kentucky, which are necessary for the construction and operation of an approximately forty three (43) mile, eight-inch (8") pipeline that will transport liquid hydrocarbons from the Kentucky Hydrocarbon plant in Langley, Kentucky, to Ranger West Virginia. Currently, the transportation and sale of liquid hydrocarbons produced from the Eastern Kentucky Basin is limited due to the availability of a single transmission outlet. Equitable is presently the owner and operator of a four (4) inch liquid hydrocarbons pipeline which was constructed in the mid 1950's and which is inadequate due to its limited capacity to transport the volume of gas required to meet the demands of the public and the increased volume of liquid hydrocarbons now being produced in the Eastern Kentucky Basin.

If you want to object or present any defense to the taking, you must serve an answer on the Plaintiff's Attorney, Michael J. Schmitt, Porter, Schmitt, Banks and Baldwin, 327 Main Street, P.O. Drawer 1767, Paintsville, Kentucky 41240 within 20 days after October 28, 2009. Your Answer must identify the property in which you claim an interest, state the nature and extent of that interest and state all your objections and defenses to the taking. Objections and defenses not presented are waived.

If you fail to answer you consent to the taking and the Court will enter a judgment that takes your described property interest. Instead of answering, you may serve on the Plaintiff's attorney, heretofore identified, a notice of appearance that designates the property in which you claim an interest. After you do that, you will receive a notice of any proceedings that affect you. Whether or not you have previously appeared or answered, you may present evidence at a trial to determine compensation for the property and share in the overall award.

HON. MICHAEL J. SCHMITT,
 ATTORNEY FOR EQUITABLE
 PRODUCTION COMPANY
 PORTER, SCHMITT, BANKS AND BALDWIN
 P.O. DRAWER 1767
 327 MAIN STREET
 PAINTSVILLE, KENTUCKY 41240
 TELEPHONE: 606-789-3747
 FACSIMILE: 606-789-9862
 E-MAIL: mschmitt@wpsj.com

5000
6000 Employment

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Appalachian Transportation in Martin, Ky. are now hiring a medical transportation driver. Must pass drug screen and have clean driving record. Call to apply 606-285-3140.

Drivers & Delivery

Drivers needed. Apply in person at Papa John's of Prestonsburg. Call 606-886-2800

Help Wanted - General

Cost Cutters Inside Pikeville Walmart is now hiring. PT/FT hair stylist. Excellent pay and benefits. Apply inside.

Help Wanted - General

Dental assistant needed. Experienced preferred. Send resume to PO Box 1381, Martin, Ky. 41649.

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Writer

Potential candidates will possess a

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Prestonsburg, KY 41653

Fax: (606) 886-8548

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E/O/E

NOTICE OF BOND SALE

Sealed bids will be received by the Southern Water and Sewer District at the District's office in McDowell, Kentucky, until 11:00 a.m., E.S.T., on November 5, 2009, for the purchase of \$50,000 of Southern Water and Sewer District Waterworks Revenue Bonds, Series 2009, to be dated as of the date of delivery and bearing interest from that date, payable semiannually, maturing on January 1, 2011, through 2048.

Minimum bid, par value. USDA, acting through Rural Development will submit a bid for the purchase of the Bonds. Good faith check 2%.

Approving legal opinion by Rubin & Hays, Municipal Bond Attorneys, Louisville, Kentucky. The Bonds will be issued on a tax-exempt basis, subject to certain qualifications set out in detail in the Official Notice of Sale of Bonds, Bid Forms. Official Notice and other information may be obtained from the undersigned.

(Signed) Paula Johnson, Chairperson, Southern Water and Sewer District.

COMMONWEALTH OF KENTUCKY

FLOYD CIRCUIT COURT

DIVISION II

C.A. NO. 09-CI-415

CITIMORTGAGE, INC., SUCCESSOR BY MERGER

TO

CITIFINANCIAL MORTGAGE COMPANY, INC.,

F/K/A ASSOCIATES HOME EQUITY SERVICES, INC.

PLAINTIFF

VS.

SABRENA STEPP

CACH, LLC

COUNTY

OF

FLOYD DEFENDANTS

NOTICE OF COMMISSIONER'S SALE

BY VIRTUE OF Judgment and Order of Sale referring to Special Master Commissioner of the Floyd Circuit Court entered on the 16th day of September, 2009, in the Floyd Circuit Court, in the above styled action, in the principal sum of \$158,135.40, together with interest, costs and fees, I shall proceed to offer for sale at the Old Floyd County Courthouse Door, South Central Avenue, Prestonsburg, Kentucky, (behind the new Floyd County Justice Center) to the highest bidder, at public auction on Thursday, the 5th day of November, 2009 at the hour of 9:00 a.m., the following described real estate lying in Floyd County, Kentucky, and more particularly described as follows:

BEING LOT NOS. 8-12, OF THE COPPERAS LICK ESTATES, PRESTONSBURG, FLOYD COUNTY, KENTUCKY.

BEING THE SAME PROPERTY CONVEYED TO SABRENA STEPP AND NORMA STEPP FROM CHARLES E. BRANHAM AND SHARON NEELEY-BRANHAM, HIS WIFE, BY DEED DATED SEPTEMBER 4, 1998, AND FILED FOR RECORD ON SEPTEMBER 9, 1998 IN DEED BOOK 424, PAGE 346 IN THE OFFICE OF THE FLOYD COUNTY CLERK.

NORMA STEPP IS NOW DECEASED. UPON HER DEATH, ALL RIGHT, TITLE AND INTEREST BECAME VESTED TO SABRENA STEPP.

PROPERTY ADDRESS: 115 COPPERAS LICK BRANCH, PRESTONSBURG, KY 41653.

TERMS OF SALE:

(a) At the time of sale, the successful bidder, if the other than the Plaintiff, shall either pay cash or \$5,000.00 of purchase price, with the balance on credit for thirty (30) days.

(b) The successful bidder shall be required to execute a bond with good surety thereon for the unpaid purchase price of said property, if any, bearing interest at the rate of twelve percent (12%) per annum from the date of sale until paid, having the force and effect of a Judgment.

(c) The property shall be sold subject to any easements and restrictions of record in the Floyd County Clerk's Office and such right of redemption as may exist in favor of the United States of America and/or the record owners thereof, pursuant to 28 U.S.C. 2410 or KRS 426.530.

(d) The purchaser shall be required to assume and pay all city and county ad valorem taxes for the year 2009, and all subsequent years which are not yet due and payable. Any and all delinquent city and county ad valorem taxes will be paid from the sale proceeds.

(e) In the event the Plaintiff is the purchaser of the above described property for an amount equal to, or less than, its first lien, it shall take a credit against said lien for the amount of the bid and no bond shall be required of the Plaintiff, and it shall only be obligated to pay court costs, the fees and costs of the Master Commissioner and any real estate taxes assessed against the real estate.

Any announcements made on date of sale takes precedence over printed matter contained herein.

Hon. William G. Francis, Special Floyd Master Commissioner

FOR SALE

25 Acres (more or less)

Located at East McDowell, on Frasure's Creek.

Old G&L Bar & Carry-out Property

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Jeans—B17..... 20% off
Carhartt Boot Cut
Jeans—B160..... 20% off
Carhartt Traditional Fit
Jeans—B18..... 20% off
Carhartt Carpenter
Jeans—B13..... 20% off

All Women's Carhartt
20% off

Key Brand Clothing

#820 Work Tee.....\$7.77
#523 Flannel Shirt.....\$12.77
#400 5-Pocket Jean.....\$14.98
#273 Prewash Zip Bib.....\$22.77
#337 Jacket.....\$33.77
#360 Camo-Duct Jacket.....\$38.77
#260 Camo-Duct Bib.....\$42.77

Royal Crown or Hotel Life Sheet Sets

600 Thread Count.....\$19.99
800 Thread Count.....\$29.99

BOYD'S BEARS.....30% OFF

WOLVERINE

Wolverine Brand Clothing

Five-Pocket Jeans.....\$14.97
Short Sleeve Work Tee.....\$8.88
Long Sleeve Work Tee.....\$9.98
Long Sleeve Miter Tee.....\$12.98
Hooded Sweatshirts.....\$18.88

Polo or Short-Sleeve Button-up
Were \$29.98 Now \$14.99

KNIVES

Smith & Wesson Knives.....25% off
Ruger Knives.....25% off
John Deere Knives.....25% off
Schrade Knives.....25% off

Georgia Boots.....20% off
Red Wing Casuals.....20% off
HI-TEC Boots and Shoes.....20% off

G9330 12" Georgia
Steel-Toe Mining Boot...\$139.98

Irish Setter Boots

	Was	Now
#3819	\$84.99	\$69.98
#3886	\$99.98	\$79.98
#878	\$119.98	\$89.98
#851	\$129.98	\$99.98

BOOTS & SHOES

Rocky Boots

	Was	Now
R5696	\$114.99	\$89.98
R6486	\$115.99	\$89.98
R6114	\$116.99	\$89.98
R5685	\$141.99	\$109.98
R6331	\$149.99	\$119.98
R6223	\$151.99	\$119.98
R6468	\$154.98	\$129.98
R6151	\$161.99	\$129.98
R6160	\$179.96	\$139.98
R6366	\$229.98	\$189.98



McRae Boots

85142 Slip-on.....\$49.00
85342 Slip-on
Steel Toe.....\$59.00
85144 Slip-on.....\$49.00
85344 Slip-on
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Road Wolf Cowboy Boots.....\$39.98
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OCT. 27th

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2x4	\$1.78	\$2.18	\$2.58	\$3.28	\$3.78
2x6	\$2.67	\$3.37	\$4.27	\$4.77	\$5.37
2x8	\$4.96	\$6.26	\$6.76	\$8.36	
2x10	\$7.95	\$10.55	\$11.15	\$12.65	

1x12 Sheathing.....per foot 48¢
7/16 inch OSB.....\$5.55
1/2 inch CDX.....\$11.58
3/4 inch Advantec.....\$18.79

MISCELLANEOUS

5-Gallon Driveway Sealer.....\$8.99
24-Pack Bottle Water.....\$2.99
2-Gallon Gott Cooler.....\$11.98
3-Gallon Gott Cooler.....\$19.99
5-Gallon Roof Cement.....\$21.98
5-Gallon Roof Coating.....\$23.98
5-Gallon Aluminum Roof Coating.....\$36.98

STEP LADDERS

5 Foot Aluminum.....\$35.00
6 Foot Fiberglass 225 Pd.....\$48.29
6 Foot Fiberglass 300 Pd.....\$64.98
8 Foot Fiberglass 250 Pd.....\$89.98
8 Foot Fiberglass 300 Pd.....\$99.98
10 Foot Fiberglass 300 Pd.....\$169.99

WOLVERINE

Five Pocket Jeans.....\$14.97
Short Sleeve Work Tee.....\$8.88
Long Sleeve Work Tee.....\$9.98
Long Sleeve Miter Tee.....\$12.98
All Wolverine Camo.....20% Off

KNIVES

Case XX Knives—25% off
Smith & Wesson Knives—25% off
Winchester Knives—25% off
Schrade Knives—25% off



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1/6th HP Sump-Pump.....\$59.98
1/4th HP Sump-Pump.....\$64.98
1/2 HP Submersible Pump.....\$199.00
3/4 HP Submersible Pump.....\$259.00
1 HP Submersible Pump.....\$299.00
40 Gallon Electric Water Heater.....\$218.00
50 Gallon Electric Water Heater.....\$228.00
40 Gallon Gas Water Heater.....\$309.00
500 Gallon Septic Tank.....\$249.00
750 Gallon Septic Tank.....\$309.00
1000 Gallon Septic Tank.....\$369.00

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200 Amp Trailer Disconnect.....\$79.99
200 Amp 30 Circuit Breaker Box.....\$89.98
200 Amp 40 Circuit Breaker Box.....\$99.98
Single Pole Breakers.....\$2.99
Double Pole Breakers 20 thru 60.....\$5.99

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White D-5 Dutchlap.....Per Sq. \$43.98
Almond D-5 Dutchlap.....Per Sq. \$44.98
Tan D-5 Dutchlap.....Per Sq. \$44.98
Clay D-5 Dutchlap.....Per Sq. \$44.98
Gray D-5 Dutchlap.....Per Sq. \$44.98

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Frigidaire Ranges.....20% off
Frigidaire Refrigerators.....20% off

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35,000 BTU
Reddy Heater
\$159.00
60,000 BTU
Reddy Heater
\$199.00
115,000 BTU Reddy Heater.....\$269.00
2 Plaque Natural Gas Heater.....\$109.00
3 Plaque Natural Gas Heater.....\$159.00
5 Plaque Natural Gas Heater.....\$159.00
100 Pound Propane Tank.....\$109.00



Wonderpal Heater.....\$555.00

Laminate Flooring
77 Cents Per Foot

FLOYD COUNTY Lifestyles

SECTION

B

YESTERDAYS

Items taken from The Floyd County Times,
20, 30, 40, 50, 60, 70 years ago. page B6

INSIDESTUFF

- Community Calendar • page B2
- Red, White & Blue • page B4-5
- Wedding • page B7

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EVERYBODY'S SCIENCE

Helping us 'just say no' to petroleum

by SANDY MILLER HAYS
AGRICULTURAL RESEARCH SERVICE

"See the USA in your Chevrolet!" I bet you haven't thought about that one in a while, have you? Do you remember the gorgeous blonde who sang that? (A later generation probably remembers her mostly as Burt Reynolds' attractive older girlfriend: Dinah Shore.)

I've been enjoying Dinah's 1952 Chevy commercial almost daily lately, because my friends Rob and Diana, whom I always call "the poster children for an idyllic retirement," are out and about the countryside doing just that: seeing the USA in their Chevrolet.

And Diana, who's easily 100 times more clever at "computer things" than I could ever be, has put that 1952 commercial on their daily travel blog, where visitors can watch Dinah at her perky best. (If you'd like to see Dinah doing her thing on behalf of Chevy, check out this website: <http://www.youtube.com/watch?v=KGZvQoPshN8>.)

Watching that old commercial (and feeling quite nostalgic about those cars, which I remember from my childhood), I have to admit -- we Americans love, love, love our cars!

But a lot of folks are worried about America's ever-increasing dependence on imported petroleum, with good reason. So the scientists at the Agricultural Research Service (ARS) are constantly coming up with new ways to help Americans Ajust say no to petroleum.

Consider lubricants, for example. Every machine that has moving parts, whether it's your car motor or that big earthmover at the construction site downtown, needs lubricants. And most of those lubricants are made from what's called "base oil," which is blended with additives to boost performance.

Boy, do we ever guzzle those additives: The U.S. demand is already at nearly 2 billion pounds a year, and it's expected to climb about 2 percent per year for the next five years.

That was just too juicy a target for some ARS scientists to pass up. So they turned their attention to making bio-based additives suitable for use in formulating greases, engine oils, and even hydraulic, transmission and drilling fluids.

These additives are based on the predominant fat molecules -- called triglycerides -- in the natural oils of familiar crops such as soybeans, corn and canola, and some not-so-familiar plants such as pennycress, camelina and crambe. The new additives are fully biodegradable and are just slightly darker and thicker than the light yellow cooking oil you probably have in your pantry right now.

The scientists say these bio-based additives could be used with either bio-based or conventional lubricants. The additives meet all the standard criteria for viscosity and liquidity, high flashpoint, and stability even in temperature extremes. And since they're biodegradable, proper disposal is fast, easy and inexpensive.

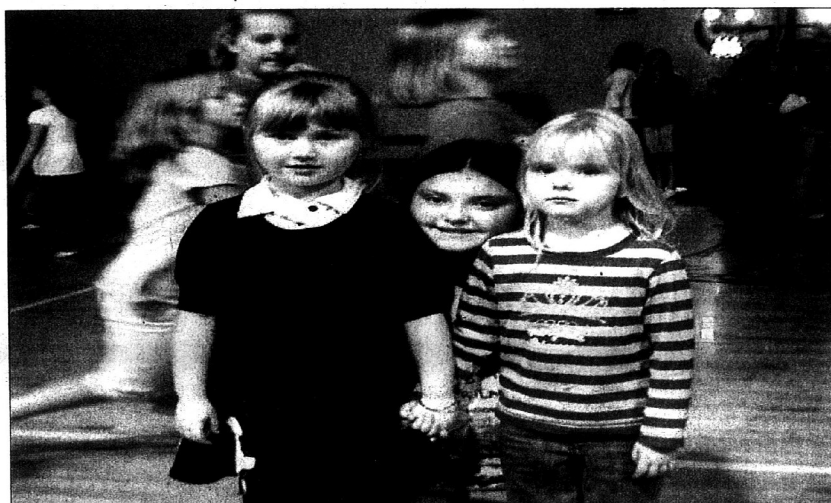
Another way ARS scientists are helping us "just say no" to petroleum is by developing products that are typically made with petroleum, for example, those hard, custom-shaped chunks of polystyrene that protect everything from computers to slow cookers to garden gnomes in the shipping boxes.

The ARS scientists say those foams could be made just as easily from wheat, potato and corn starches as from petroleum-based polystyrene. They've already patented two processes for making the starch-based foams to produce everything from shipping liners to disposable dinnerware.

The biofoams are strong, durable and versatile, the scientists say. They can be manufactured in the same range of densities as the conventional

(See SCIENCE, page seven)

STUMBO SOCK HOP



Every month at Stumbo Elementary, students with perfect attendance are rewarded with a special activity. The activity for the month of September was a sock hop. Students must not have even a tardy to attend these events. Congratulations to the students that were allowed to attend. In August, students with perfect attendance were treated to a cook out and field day. In October, students with perfect attendance will be allowed to attend a Halloween costume dance. November will be a movie with popcorn. December will be another Sock Hop. January/February will feature a Give-a-Way Day in which students will earn prizes in several drawings. In March, the school will have a block party outside with a DJ and games. In April, we will have another sock hop. The month of May will feature a cook out, field day and softball tournament. Students with 97 percent attendance or higher per semester are allowed to attend a sleepover event at school in which students stay the night and play games, etc. Eighth grade students that have perfect attendance all year will be in a drawing to win a laptop computer. Other students will win bicycles for their perfect attendance.

HCTC Appalachian Craft and Culture Fair set

HCTC will hold an Appalachian Craft and Culture Fair Nov. 11-14 in the First Federal Center. A wide variety of activities and demonstrations are planned, including story telling, demonstrations and small group performances. The Native Nations will conduct a Mini Powwow on Wednesday, Nov. 11 from 9 a.m. to 4 p.m. in the First Federal Center room 123A.

On Nov. 12-14, artists and crafts people in the area will sell their wares each day from 8:30 to 5 p.m. In response to requests from the public, the crafts fair is being extended to Saturday, Nov. 14 to allow more visitors.

"We have a lot of talented people in the area and this event allows them to showcase their work," noted Cora Hamilton, event coordinator.

"This is a great time to get some early Christmas shopping done, sample some wonderful homemade desserts, and gain a better appreciation for our Appalachian heritage," she said.

For more information regarding the Powwow, contact Elbert Hagans, (606) 487-3178. For other information about the event, contact Cora Hamilton at (606) 487-3071.



First Commonwealth Bank held a "Pink-Out" in support of Breast Cancer Awareness Month on Friday October 16th. The Pink-Out was in conjunction with the bank's ongoing Jeans Day Fundraiser where employees pay to wear jeans on Fridays. All money collected goes towards the First Commonwealth Bank Relay for Life fundraising efforts. The bank matched all contributions for employees that wore pink with their jeans. Pictured from left are President and CEO Greg Wilson, Main Office Teller Karen Nelson, Deonna Allen, and Tonya Shepherd, Teller Services Manager Elizabeth Keatner and Customer Service Representative Elaine Stamper.

Wal-Mart, Middle Creek VFD to hold haunted house

by JARRID DEATON
FEATURES WRITER

MIDDLE CREEK -- Prestonsburg Wal-Mart is joining with the Middle Creek Fire Department to provide a weekend of scares and fun

with a haunted house on Oct. 23, 24, and 30 from 7:30 p.m. until 11 p.m. at the Middle Creek Fire Station.

"All proceeds for this event go to benefit the Middle Creek Fire Department's yearly food drive for needy families in our local area,"

said Scott McPeck, assistant manager of the Prestonsburg Wal-Mart. "This will be our first annual haunted house."

Admission to the event is \$2, and donations of canned food will also be accepted, with two cans lowering

the admission to \$1 and four cans provided free admission.

For more information on the haunted house event and food donations, contact Scott McPeck at the Prestonsburg Wal-Mart by calling (606) 886-6681.

Community Calendar

Calendar items will be printed as space permits

Editor's note: To announce your community event, you may hand-deliver your item to The Floyd County Times office, located at 263 S. Central Avenue, Prestonsburg; or mail to: The Floyd County Times, P.O. Box 390, Prestonsburg, KY 41653; or fax to 606-886-3603; or email to: features@floydcountytimes.com. Information will not be taken over the telephone. All items will be placed on a first-come, first-serve basis as space permits.

Highlands Regional Medical Center "Living Well with Diabetes" Support Group "Holiday Time Tips"

Reward yourself with an evening of Holiday tips and tastes.
"Diabetic" doesn't have to mean giving up. Join us Thursday, October 22, 2009. Meeting will be held in the Medical Office Building Rooms A & B, 5:00 p.m. - 6:00 p.m.
All classes are free of charge.
For further information contact: Food & Nutrition Services at (606) 886-8511, ext. 7353.
We look forward to seeing you!!

Wal-Mart to sponsor haunted house, Oct. 23-30 at Middle Creek Fire Dept.
Wal-Mart in Prestonsburg is inviting everyone to join us on October 23, 24, and 30, 7:30 p.m.-11 p.m. nightly, for our first annual haunted house. This will be held at Middle Creek Fire Station No. 1. Admission fee is \$2.00. We are also collecting cap food donations on these nights. Bring two cans, get in for \$1.00, or four cans for free admission. All proceeds for this event go to benefit the Middle Creek Fire Department's yearly food drive for needy families in our local area. For any questions, call 606-886-6681 and ask for Scott. Be there...if you dare!

UMWA Health & Retirement Funds Invites You to attend:
An Education series for family members, caregivers and friends of those who suffer from memory disorders.
Presenters: Greg Jicha, MD PhD and staff of the UK Alzheimer's Disease Center and the Alzheimer's Association.
Thursday, October 22, at 6:30 p.m.-8 p.m. at the Pikeville Medical Library.

* Caring for the caregiver and helpful tips to prepare for the holiday season!
Please confirm your attendance by registering with the Alzheimer's Association at 1-800-272-3900.
Any other questions, may be directed to Debra, Kim or Christina at the Funds office (606) 432-1072, ext. 12, 13 or 14.
Light refreshments will be available!

Brothers of the Wheel Halloween Costume Party
The East Ky. Chapter of the Brothers of the Wheel M.C. will hold a Halloween Costume Party on October 24, at 7 p.m., till the witching hour at the B.O.T.W.C. Club house at Dwale, in Floyd County. Best costume contest 1st, 2nd, 3rd prizes. 9 p.m., Costume Poker Run. Live music, food, beverages. More information, contact: Deano, 297-3561 or Biker Bo, 874-3576. All proceeds go for Christmas gifts for area needy children.

Frasure-Patton Reunion Saturday, November 7

We are having a family reunion for the families of the James Frasure descendants from Langley (Maytown). Included in this reunion are the family members of Phillip Frasure, Mary Frasure Ratliff and James Frasure Cas. Also included in this reunion are the descendants of Mart and Egalline (time) Patton which originated from Langley (Maytown) Ky. These families are Emma, Fannie, Jane, Virginia, Jenny, Sarah, Darcus, Phoebe, Lula, Joe Jeff, Willie and Jake Patton. The reunion will take place Saturday, November 7, at 3 p.m., at the Bethel Church luncheon room, at Maytown. Everyone is welcome to attend and is asked to bring a covered dish and refreshments. If you need any more information, call Dora Allen at 285-9310.

PHS Open House planned Thursday, October 22

Prestonsburg High School will host open house on Thursday, October 22, from 4 p.m.-6 p.m. Everyone invited to attend! Chili dinner in the cafeteria.

Prestonsburg High School Classes of 1931-1949 Reunion

When: Saturday, November 14, 2009
Where: Jenny Wiley State Park Lodge
Gathering time: Beginning at 9 a.m. Sit, a spell, reminisce, story telling, visit, enjoy a game of Rook, share family photos, and/or photos of yesteryear or interesting travel experiences, etc. At noon, enjoy May Lodge's fabulous lunch buffet in our own dining area. After lunch, stay awhile longer. We have until 3 p.m. to enjoy each other's company. This is a casual event and everyone is welcome to attend. For more information, contact John & Ruth Arnett, 2220 Turkey Foot Road, Wheelersburg, Ohio 45694. Phone: 740-574-1134 or email: ruthandjohn1993@yahoo.com

PHS Class of '89 20th Reunion

Prestonsburg High School class of '89 will be having their 20th class reunion October 23rd and October 24th. The festivities will begin on Friday, October 23rd at the Prestonsburg vs. Shelby Valley football game. Remember to mention you are a member of the Class of '89 to receive free admission. The game starts at 7:30, and bring the whole family so everyone can catch up

with each other! The main event will be on Saturday, October 24th, at the Stone Crest Club House, from 7 p.m. until midnight. The price for Saturday night's event is \$40 for a single and \$75 per couple. Please make checks payable to PHS Class of '89 and mail to: DANA CLIFTON, P.O. BOX 822, Prestonsburg, KY 41653. Please RSVP by Friday, October 2nd, if you have not done so already. Please join the group "Prestonsburg High School Class of 1989" on Facebook for information and updates.

Betsy Layne High School Class of 1984 reunion

Betsy Layne High School Class of 1984 will be having their 25th class reunion on Friday, October 23, at the Betsy Layne High School and on Saturday, October 24, at the Jenny Wiley Lodge. For more information, you can contact Jenny Akers Tackett at (859) 433-7130 or you can visit our website at www.betsylayne1984.myevent.com

Become a Volunteer with Victim Services Program

You are more likely to be hurt by someone whom you know rather than be assaulted on Kentucky's streets by a total stranger. Learn to assist victims of sexual assault, child abuse and domestic violence by becoming a Volunteer with Victim Services Program. Call today to receive an application for our free training program. Call the Volunteer Coordinator at (606) 886-4323 for further information or to request an application. (The Victim Services Program is a program of Mountain Comprehensive Care Center.)

The Auxier Center Fall Class Schedule

Classes begin week of September 14, 2009.
Basic Computer Class
Mondays, 9 a.m.-noon to 6 weeks
Instructor: Gordon Scott
Thursdays, 9 a.m.-11 a.m. to 6 weeks
Instructor: Dan Bell
Thursdays, 5 p.m.-8 p.m.

5 to 6 weeks Instructor: Jerry Hatfield The Hidden Secrets of Windows

Computer class, Mondays, 6 p.m.-8 p.m.—5 to 6 weeks
Instructor: Frank Richter
(Windows class requires students bring a IGB jump/thumb drive)
All Computer Classes Cost \$30 non-refundable
•One computer per family—students must meet income guidelines and not have a computer of their own.

Quilting Class
Mondays, 5:30 p.m.-8:30 p.m.—8 weeks
Instructor: Nancy Froeschner
Cost: \$20

Sewing Class
Mondays, 10 a.m.-1 p.m.—8 weeks
Thursdays, 5:30-8:30 p.m.—8 weeks
Instructor: Donna Woods
Cost: \$20

OutPatient Drug Treatment Program and Education
Narcotics warns parents that abuse of addictive pharmaceutical drugs with youth is on the rise with deadly consequences. Learn the signs of drug abuse. Call Narcotics for a free brochure on the signs of addiction for all drugs. 877-379-0208.
www.drugsno.com

Duff Kindergarten Registration
Kindergarten registration will be every Wednesday, from 9:00-12:00 at James A. Duff Elementary. Call the school at 358-9420 or 358-9878 for the required items necessary for kindergarten registration.

Higher education begins here
The Kentucky Adult Education Learning for Life program offers GED, Adult Learning, Tutoring and College Preparation classes. These classes are managed by Big Sandy Community & Technical College. All classes are free to anyone 16 years old or older.

Along with GED preparation, we offer adult learning, tutoring and college preparation for

people who have high school diplomas or GED equivalent who want to continue their education. The (GED) classes are offered at various locations throughout Floyd County five days a week, from 8 a.m.-4:30 p.m. Evening classes are also available from 5-8 p.m. at some locations. There are no registration fees; all classes and materials are free.

For more information about the times and locations of these classes, call 606-886-7397, between 8 a.m. and 4:30 p.m., Monday through Friday. Information about home study for your GED is also available. Please call today, our instructors are waiting to assist you!

Reunion/Memorial to be held in 2010

Old House Hollow, "Bristle Buck", East McDowell, to be held in 2010. For information, Send a post card to 47 Frasure Creek Road, McDowell, KY 41647, or e-mail: patricia.466@hotmail.com; also Post Card, P.O. Box 431, McDowell, KY 41647.

Auxier Community Center
Free GED classes, Monday, Tuesday and Wednesday, from 10 a.m.-12.

Artistic Children Support Group plans monthly meeting
Support group for Guardians of Autistic Children will meet the first Thursday of every month at the Haven of Rest, 1601 Airport Road, Inez.

Democratic Woman's Club meets at May Lodge
The Floyd County Democratic Woman's Club meets the second Monday of each month at 6:00 p.m., at the May Lodge, Jenny Wiley State

Call 606-298-0520 for information.

Free Bible Lessons
Write to: Bible Way Outreach Ministry, P.O. Box 3371, Kingsport, TN 37664. Lessons completely free of charge to all interested.

Have an 'Out of this World' birthday party!
The East Kentucky Science Center is now offering a fun and distinctive party venue for kids of all ages. The Birthday Party package includes rental of a classroom and admission to exhibits and planetarium programs. Must be booked two weeks in advance, limit 40 guests. Call 889-8260 for more information.

Need Help With Home Repairs?

The Auxier Lifetime Learning Center can help! We are now taking applications for home repairs. If you, or someone you know, are low income and need help with repairs on your home, please call 606-886-0709 for your application, or stop by our office at 21 South River Street, Auxier. Office Hours: Monday-Friday, 8-4.

Democratic Woman's Club meets at May Lodge

The Floyd County Democratic Woman's Club meets the second Monday of each month at 6:00 p.m., at the May Lodge, Jenny Wiley State (See CALENDAR, page seven)

Riverview Health Care Fall Festival Friday, October 30th 6-8 p.m.

- Costume Contests for Kids
- Cake Walk, Duck Pond, and other Games
- Concession

Proceeds go to Residents' Christmas Fund.

It's flu season again and ARH is here for you.

Flu shots are available at ARH Clinics for only \$20 to the general public.

(Medicare and Medicaid patients will have no out of pocket cost with a valid card.)

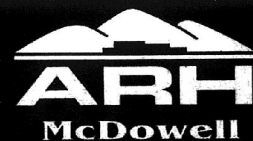
McDowell ARH Drive-thru Flu Shots at the main entrance of the hospital Friday, October 23, 2009 10:00AM – 2:00PM

\$20.00 Charge

Adults 18 & older

For your annual flu shot contact your local ARH Clinic or to find a location near you, go to www.arh.org/flushots

Walk-ins Welcome



The Floyd County Animal Shelter PET OF THE WEEK



Floyd County Animal Shelter celebrity of the week is former star major league baseball player, Johnny Lemaire, who played thirteen seasons as the shortstop for the San Francisco Giants, and was recently inducted into their hall of fame. Since returning to the mountains, Johnny operates a local sporting goods store, and has donated thousands of hours and inspired countless local youth, by volunteering as a coach, and serving as President of the Paintsville Little League. Johnny is holding "Babe" and "Ruth," two six-week-old terrier mixes, who are very playful, and would love to play ball in a loving home.

The Floyd County Animal Shelter is located at Sally Stephens Branch in West Prestonsburg
Phone 886-3189

UK COOPERATIVE EXTENSION SERVICE

UNIVERSITY OF KENTUCKY—COLLEGE OF AGRICULTURE

Floyd County Cooperative Extension Services

Report to the People



Heather J. Nelson, County Extension Agent for 4-H Youth Development



4-H YOUTH DEVELOPMENT

4-H is the dynamic, non-formal, educational youth program of the Cooperative Extension Service which combines the cooperative efforts of youth, volunteer leaders, and the University of Kentucky. 4-H Youth Development Education creates opportunities and supportive environments for culturally diverse youth and adults to be capable, competent, and caring citizens. Programs offered for the youth of Floyd County: In School Clubs, After School Clubs, Educational Programs, Projects, 4-H Camp, Summer Day Camps, Teen Conference, State Fair, East Kentucky Fair, and 4-H Teen Council.



Teen Council Helping Overcome Tobacco (H.O.T.) Public Service Announcement. Clover Corner at the Home & Garden Expo. Jump into Food & Fun day camp at the Maytown Center. Cloverbuds learn character. Learning Ethics Through Service for high school seniors. New Energy Club in the county.

COMMUNITY & ECONOMIC DEVELOPMENT

Educational services provided for community and economic development (CED) through the UK Cooperative Extension Service in Floyd County include small business support and development, business counseling and mentoring, tourism development including self-guided tours, the Kentucky Quilt Trail project, Kentucky Master Gardener Program (which includes community beautification and landscaping), recycling, conflict management and negotiation, public issues forums, and youth development primarily through the Appalachian Rural Cultural Heritage Education Initiative, health education and representation on the Friedell Health Reform Committee, Tri-county Diabetes Coalition and active Chamber of Commerce members.



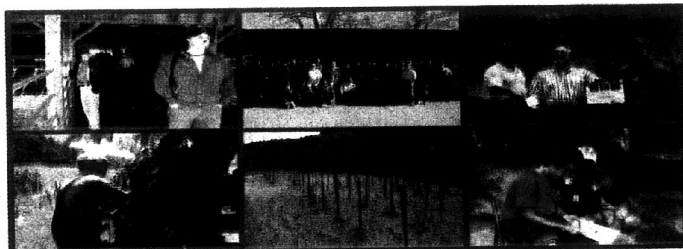
All three Floyd County Extension Agents work directly and indirectly in community development. The Cooperative Extension Service uses resources from the University of Kentucky with the goal of improving our local quality of life. Examples of activities included in our community and economic development work are leadership development, citizen participation, human resources, and job skills programs just to name a few. We focus on current community assets and broad community participation in strengthening and improving life for residents now and into the future.



Anthony Ray Tackett,
County Extension Agent for Agriculture & Natural Resources

AGRICULTURE & NATURAL RESOURCES

The Floyd County Cooperative Extension Agriculture and Natural Resource program provides education, training and technical assistance to individuals and businesses concerned with profitable agriculture. Our educational programs include information on food and fiber production, farm business management, marketing and processing agricultural products, natural resource management and home lawn and garden information. Extension is the major provider of research-based information and education for agricultural producers, agri-business, retailers, consumers, and homeowners. Special programs include beekeeping, master gardener program, pruning demonstrations, pesticide applicator trainings, and soil sampling.



As a County Extension Agent for Ag & Natural Resources I have the fortunate opportunity of working hand in hand with many individuals and organizations having interests in general Agriculture and Natural Resource issues. I have talked with people of all ages each having unique perspectives as to how things once were, "ought" to be, or could be in the future. This is a very exciting time to be working in a region where there is such a rich agriculture and natural resource history to build the future on.



Theresa M. Scott
County Extension Agent for Family & Consumer Sciences

FAMILY & CONSUMER SCIENCES

Strengthening the family through research-based education has long been a goal of the University of Kentucky Cooperative Extension Service Family and Consumer Sciences program. We have helped families invest in their future by helping them develop the competency to choose nutritious foods, manage resources, provide quality care for children and dependent elderly and become community leaders. Some of the activities offered by the Floyd County Family and Consumer Science Program are: Basic Life Skills, Financial Management, Health and Wellness Programs, Heritage/Cultural Arts, Ovarian Screening, Get Moving Kentucky, Nutrition & Food preparation, Limited Resource Nutrition Educational Programs and family focused workshops for parents. Looking for leadership opportunities? Join the Floyd County Extension Homemakers where over 125 members volunteer and share with the community.

Nutrition Education Program (SNAPED) is a federally funded program of quality educational efforts conducted by the University of Kentucky Cooperative Extension Service. Nutrition Education work with adult groups and youth with specific measurable outcomes such as: selecting more vegetables and fruits in most diets, increasing/managing food budgets. All NEP teaching and activities are supported by UK Cooperative Extension Service research-based (factual, proven multi-session programs).

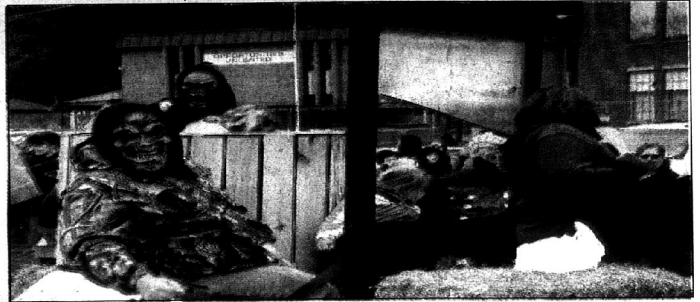


Highlighted above are pictures of Family & Consumer Sciences activities and community events led by FCS leaders.

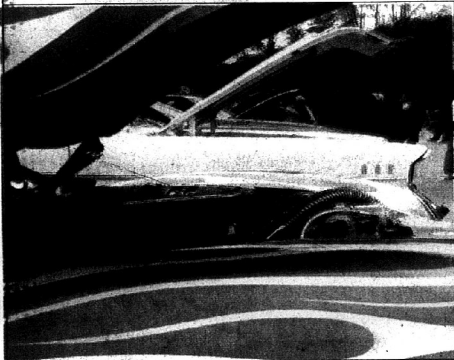
RED, WHITE & BLUE FESTIVAL & PARADE



Allen Central Middle School boys' varsity cheerleaders.



These ghouls appeared in the parade not only for chills, but also to let people know of the Haunted Hayride that will be held at the Martin Community Center over the next two weekends to raise money for Martin's Shop with a Cop program.



The car show was a popular attraction as always.



Betsy Layne Junior Band.



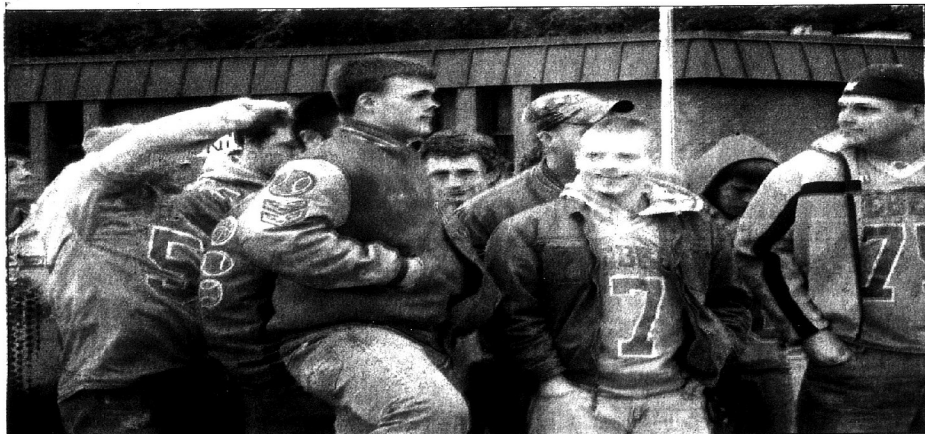
Martin Mayor Thomasine Robinson.



A long line of horses and their riders trailed the parade.



Allen Central High School JROTC.



The Allen Central High School football team, fresh off a Red, White and Blue Bowl win and sporting a best-ever record of 7-1, drew lots of cheers from the crowd along the parade route.



Downtown Martin had plenty of rides for the kids.

— photos by Ralph B. Davis

RED, WHITE & WHITE FESTIVAL & PARADE



Miss Red, White and Blue Brandi Brown.



Little Miss Red, White and Blue Kacie Lynn Johnson.



Wee Miss Patriotic Queen Aubrey Shelton.



Wee Miss Patriotic prettiest eyes winner Madison Morrison.



ACHS homecoming queen Kaitlyn Vanderpool.



Junior Miss Red, White and Blue Taylor Moore, of Allen Central Middle School, and escort Dillon Lawson.



Miss Red, White and Blue third runner-up Dorsa Hall.



Tiny Miss Patriotic Princess Brooklyn Rogers.



Tiny Miss Red, White and Blue photogenic winner and second runner-up Isabelle Tackett.

YESTERDAYS

(Items taken from
The Floyd County
Times,
10, 20, 30, 40, 50, 60,
70 years ago.)

Ten Years Ago

(Oct. 15, 17 and 20, 1999)

In one of the shorter meetings of the year, the Floyd County Board of Education met in a special-called session on Wednesday night to approve the general budget for the fiscal year; to clarify action taken by the Local Planning Committee (LPC); and to set property tax rates.

Tedi Vaughan who led the Jenny Wiley Theatre through a resurgence in the early 1990s has been tapped to lead the fledgling Mountain Arts Center.

Repeating the message "Yes to health insurance, no to union busting," three labor union spokespersons were in Prestonsburg, yesterday, to support the Service Employee International Union (SEIU) striking workers, at Highlands Regional Medical Center (HRMC).

Last weekend's rains and the cooler weather have lessened the chances of forest fires, so Floyd County Judge-Executive Paul Hunt Thompson has lifted the burning ban that he instituted in August.

The Floyd County Fiscal Court was in session for a brief time, Wednesday, to authorize Judge-Executive Paul Hunt Thompson to sign the paperwork for blacktopping county roads. The county accepted \$257,700 from the state Transportation Cabinet for the road work.

Last weekend, the western flag at the Betsy Layne Senior Citizen was burned on the lawn, and many local residents are burning mad. Officer director Nannetta Yates said the witness saw a single young man do the deed. The perpetrator is believed to be 17-18 years old, and probably lives in the area, she said.

When a 1,000-member chorus dazzled conventioners in Freedom Hall in Louisville in June, few people probably would have guessed that the conductor, Rev. Ronald Terry, began his musical journey in southern Kentucky. Terry, originally from Wheelwright, is president of the music department of the National Baptist Convention USA.

Seldom are the minutes of governing boards called into question. But on Thursday night's meeting of the Board of Directors of Prestonsburg Community College, approval of the minutes of a previous meeting was held up until after an executive session. The faculty representative on the board, Dr. Doug Herman, who was not present at the June 3 meeting, questioned a resolution adopted then, in support of Dr. Deborah Floyd, who subsequently went on leave and announced her retirement as PCC president.

Prestonsburg Community College's Board of Directors voted, Thursday evening, to sacrifice an existing building to avoid further delay in the construction of three other buildings. After an hour-and-a-half of debate, with input from students, community members, architects and college officials, the board approved the razing of Martin Student Center, a 13,000-square foot, one-story building, that is among the 35-year-old college's original structures.

The Floyd County Council on Domestic Violence met Thursday to discuss a new service in the prevention of domestic violence, offender counseling.

Floyd County Deputies Bobby Hackworth and Ralph Frasure, and Sheriff John K. Blackburn, along with Kentucky State Trooper Ronald Peppi, were involved in a rough and wild pursuit along the back roads of KY 550 Sunday night. The officers' vehicles reached speeds at 85-90 miles per hour down the wind-

ing road, as the officers attempted to apprehend two adult males who had broken into the home of Jackie Hall of Millard Allen Drive in Lackey. Robert Wendell Bishop, 41, of Teaberry, was formally sentenced in Floyd County Court, Friday to five years in state prison. Bishop pleaded guilty to one count of second degree burglary, a Class D felony, and to four counts of it by unlawful taking, Class C felonies.

At Friday's Floyd County Fiscal Court meeting, County commissioners approved the signing of a contract with the state Transportation Cabinet to use \$173,750 in federal funds to develop the Middle Creek battlefield in conjunction with the widening of KY 114.

Local fire departments were left out of the Planning and Development of the County 911, was the message sent to the Floyd County 911 Executive board by firefighter Eddie Clark of the Betsy Layne Fire Department. In a Thursday night meeting, Clark told board members that the local fire departments were "severely lacking" from a communications standpoint.

Big Sandy Area Community Action Program has funds available, once again, to assist low-income Floyd Countians with heating, this winter.

Sheila G. Wellman, 25, of Hellier, died early Sunday, when the vehicle she was driving ran off the road on US 23 at Caney Creek, and overturned. She was ejected from the vehicle, a 1990 Pontiac Sunbird convertible.

Ray Tackett, 26, is traveling throughout the county shaking hands and getting to know faces, but he isn't campaigning for the November election. He's campaigning for the Floyd County Extension Service—to let local residents know what the Service can do for them, free of charge. Tackett, a native of Johnson County, is the new agricultural agent for Floyd County. He replaces Pat Spicer.

During a month dedicated to domestic violence awareness, an Emergency Protective Order was filed in Family Court on Friday against Officer Fred Ray Myhner of the Martin City Police.

There died: C. Bruce Bartley, 33, of Howard, Ohio, Tuesday, October 12, as a result of an automobile accident; Donald Stewart Lewis, 45, of Prestonsburg, Monday, October 11, at Highlands Regional Medical Center; Sue Caudill Dearing, 56, of Covington, formerly of Floyd County, Monday, October 11, at her residence; May Hall, 87, of Galveston, Wednesday, October 13, at Our Lady of the Way Hospital, in Martin; T.J. Hicks, 59, of Lima, Ohio, Tuesday, October 12, at his residence; Nellie M. James, 88, of Endicott, Saturday, October 16, at her residence; Susie Mae Osborne, 84, of Bonnyman, Thursday, October 14, at the Hazard Appalachian Regional Hospital; Edward Nidzielski, 84, of Melvin, formerly of Detroit, Michigan, Friday, October 15, at Central Baptist Hospital, Lexington; Jack D. Ratcliffe, 58, of Mt. Sterling, Thursday, October 14, at the Jewish Hospital, Louisville; Jackie Lee Dotson, 70, of Oak Hill, Ohio, a native of Auxier, Friday, October 15, at Holzen Medical Center; Olive Thacker, 82, of Nashville, Tennessee, formerly of Langley, Sunday, October 17, at the Select Specialty Hospital, Nashville; Donald Oheson, 49, of Salsyville, formerly of Floyd County, October 15, at Norton Suburban Hospital, Louisville; James Shepherd Jr., 24, of Prestonsburg, Friday, October 15, at the Paul B. Hall Medical Center; Victor Hall, 52, a resident of Virgie, Saturday, October 16; Farris Martin, 82, of Dema, October 11, at the Hazard

Appalachian Regional Hospital; Roxie Branham, 81, of Wheelwright, Saturday, October 16, at the Paul B. Hall Regional Hospital; Howard Burke, 56, of Caledonia, formerly of Floyd County, Monday, October 18; Liney Hall Prater, 70, of Frenchburg, formerly of Prestonsburg, Sunday, October 17, at the St. Claire Medical Center, Morehead; Novelle Williams Stone, 76, of McDowell, Monday, October 18, at McDowell Appalachian Hospital; Richard Pitts, 49, of Martin, Saturday, October 16, at Cabell-Huntington Hospital; Sally Katherine Stone, October 16, at Pikeville Methodist Hospital; Fred Casebolt, 60, of Riverside, Ohio, formerly of Knott County, Tuesday, October 12, at his home.

Twenty Years Ago

(Oct. 18 and 20, 1989)

More than 750 students and teachers were stranded in McDowell schools, Tuesday morning, when water breached the banks of Frasure Creek above Left Beaver, pouring a torrent of water into the town and sending over two feet of water into several classrooms. The Floyd County Emergency and Rescue Squad expected a busy night to follow their rescue efforts of Tuesday.

A temporary injunction against the startup of the Kentucky Lottery's new football betting game was issued, Tuesday, by the Kentucky Court of Appeals.

Construction of an 80-room Sleep Inn motel (a subsidiary of Quality Inns, was announced Tuesday; construction is expected to begin next spring.

The Committee on Conference has restored the \$5 million for the construction of new US 23, cut earlier this year by the senate.

Flags, flew at half-mast throughout Prestonsburg, Wednesday, and Thursday, to mark the passing of William R. "Dickie" Campbell, 47, the city's chief of police.

Margie Osborne, supervisor of the Big Sandy Area Juvenile Detention Center in Prestonsburg, is serving a 48-hour sentence after being found guilty of contempt of court in

Pike District Court

If the weather clears up, Red, White & Blue Days will continue as planned, according to Eugene Hutchinson, festival representative.

There died: Bill Steve Evans, 61, of Stone's Valley; October 14; Wilma Price Hale, 84, of Prestonsburg; Carl Martin, 70, of Allen, October 13; Ellen Gearheart Martin, 95, of Abetz, Ohio, September 29; Mary Alice McKinney, 73, of Craynor, October 16; Anne Symon Rains, 78, of Martin, October 13; Della Lafferty Wallen, 77, of Allen, October 16.

Thirty Years Ago

(October 31, 1979)

Federal grant money will be available for new sewage lines at Allen, it was announced this week, regardless of whether a new sewage treatment plant is built there.

The race for county judge-executive, county wide, and the hot competition for city officers in three of the county's five incorporated towns, may bring out more votes than Brown and Nunn together.

"School at Home Branch is out until further notice," was the decision made at the office of the superintendent of schools, Tuesday, after another unsuccessful attempt was made Monday, to hold classes.

Improvement of one of the most polluted streams in Floyd County, as well as the cleanup and beautification of a mountainside, long marred by slag heaps and garbage dumps, was promised this week as the US Soil Conservation Service's first contract in northeast Kentucky for the Rural Abandoned Mine Program was presented to the David Community Development Corporation. Walter Heine, director of the Office of Surface Mining, announced Monday, that up to \$10,000 will be spent to correct a longstanding situation at Drift, which stems from a fire that has been burning in an abandoned underground coal mine.

There died: Luther Compton, 64, of Banner, Wednesday, October 24, at Our Lady of the

(See YESTERDAYS, page seven)

HIGHLANDS REGIONAL MEDICAL CENTER

HIGHLANDS REGIONAL
The Medical Center of Eastern Kentucky

AARP® Driving Safety Program
Age 50 and older
October 26th - 10am-2pm

AARP Driving Safety Program Info:

A charge of \$12.00 for AARP Members and \$14.00 non members.

- Reduction in automobile insurance premiums
- Offers defensive driving skills
- No written test - No driving test

■ To register call
Melissa Vance at 886-7468

Highlands Regional Medical Office Building
Meeting Rooms A & B
5000 KY Rt 321, Prestonsburg, KY 41653

www.hrhc.org • (606) 886-7468

WANTED

LOGS

FREDERICK & MAY LUMBER CO., INC.
Harold Log Yard

241 Lakeview Ln.
Located Little Mud Creek
Salem Church Rd.

Call 606-478-5528

Yesterdays

Way Hospital; Joe (Hoss) Turner, 82, of McDowell, of an apparent heart attack, while hunting last Saturday near Mt. Olivet; Henry C. Holbrook, 72, of Prestonsburg, at Highlands Regional Medical Center; Roena Cox Stone, 92, Thursday, at her home in Paintsville; James R. Spurlock Jr., 20, of Prestonsburg, last Friday, at Good Samaritan Hospital, Lexington, from a bullet wound to the head; Alafair Setser Boyd, 84, of Wyandotte, Michigan, formerly of this county, Tuesday, October 23, at Wyandotte General Hospital; Myrtle Moore, 69, Wednesday, October 24, at the McDowell Appalachian Regional Hospital; Iley B. Browning Jr., 53, of Louisville, Thursday, in Baptist East Hospital, Louisville; Steve Alfred Smith, 52, of Prestonsburg, last Wednesday, at the home of Jack Clark in Town Branch; Dellmer Jones, 59, of Pataskala, Ohio, formerly of Grethel, Saturday, at Riverside Hospital in Columbus, Ohio; David Sharp, 5, of Zella, Friday morning, after being struck by a car while attempting to board a school bus.

Forty Years Ago

(October 30, 1969)

Differences existing between two clinics operating at the McDowell Appalachian Regional Hospital have been settled, and effective today (Thursday), outpatient clinic facilities there will be staffed by doctors from both the Daniel Boone and the Regional Medical clinics. Under the new agreement, each clinic will have its own administrator.

Woodrow Branham, founder of Branham

Village on new US 23 here, and his son, Paul Ray, Saturday, became owners of the town of David. Acquired by the Branham's are 57 buildings, a complete water system, the sewage disposal system, community swimming pool, service station and 837 acres of land.

Student unrest is spreading from college to high school campuses, Kentucky School Board Assoc. President F.C. Bryan warned eastern Kentucky school officials.

There died: Paul Salyers, 42, of Dwaile.

Fifty Years Ago

(October 29, 1959)

Coal production in the Big Sandy Field, on a steady decline since the 1947 peak year, continues on its downward trend. The steel strike isn't helping matters any, as a large percentage of the area's coal, being of metallurgical quality, is consumed by the steel industry. Big Sandy production last year at this time was 9,368,000 tons.

A new product made from a residue material of mining operations was recently put on the market by the Hall Concrete Block Company of Allen. A conventional, size building block, it is revolutionary in that it combines its lesser weight with strength superior to cinder, and comparable to concrete blocks. The block, upon which the Hall firm has been experimenting for 10 years, has been given the trademark of Lite-wate, will be much cheaper than cinder or concrete.

There died: Fanny Hall, 65, of Amba, at the home of a daughter; Lovealla Reed, 80, Auxier, at the home of a daughter; Velma Combs

Young, 18, of Softshell, at Mayo Clinic, Rochester, Minn.; Robert Lee Conley, 36, Lackey, at Dexter Mich.

Sixty Years Ago

(November 3, 1949)

Hopes for a return to work in the nation's soft coal mines rose this week. The first break in the steel strike, the signing of a contract between the CIO and Bethlehem Steel Corp., has been viewed also as a chink in the armor of coal.

The passenger trains which began traveling the Beaver Creek section of this county 35 years ago, made their last runs, Monday, and two of the trains of the Big Sandy division, which first ran past Prestonsburg in 1904, ceased operation at the same time. Regular mail bus service is planned, but full mobile service is a matter yet to materialize.

A preliminary agreement was reached, Tuesday, between the Floyd and Prestonsburg boards of education which may result in the construction of the school building here to accommodate not only the overflow of high school pupils, but also take care of increased attendance for years to come.

An average of 300 a day received free lunches last month at the four school lunchrooms of this county, a survey shows.

The United Fuel Gas Company, serving 11 towns in eastern Kentucky, including Laynesville in this county, has petitioned for a \$262,000 rate increase.

There died: Troy Isaacs, 41, formerly of Bevinville, at the Boehue Hospital, Evansville, Ind.; Richard L. Hall, 45, Betsy Layne, at Pikeville Hospital; Marion J. Mayo, 79, former Floyd Countian, at his home in St. Louis, Mo. Dr. Mayo left the county early in manhood to join his brother, the late W.L. (Bee) Mayo, in the founding and maintenance of the East Texas Normal College at Commerce, Texas.

Seventy Years Ago

(October 26, 1939)

A call for additional nursing service, to meet the emergency created by the infantile paralysis epidemic in this county, was made upon the State Board of Health, this week, by Dr. Marvin Ransdell, director of the Floyd County Health Department.

An estimated 7,000 persons, during last Friday and Saturday, visited the Floyd County

Fair and viewed livestock and exhibits representative of every phase of agriculture.

Louis Harkey Mayo, former Prestonsburg youth, piled up 121 yards for Navy in the team's recent football contest with Dartmouth. His performance won for him a starting role to an upcoming game against Notre Dame.

William Norris, 44, of Virgie, an employee of the Kippers Coal Company, Weeksbury, was killed instantly, Wednesday night of last week, when he was caught beneath a fall of slate.

Three-year-old Ernest King, son of Ernest King Sr., of Drift, Saturday, was the ninth member of his immediate family to be buried in a Frozen Creek Cemetery since the "flash" flood which swept Frozen this year.

Some current prices at a Prestonsburg store—boys' all-wool makinaws, \$4.95; men's union suits, 55 cents; men's overalls, 49 cents.

There died: Joe Chick, Alpharetta farmer, Sunday; Charles Risner, 41, former Floyd County man, recently in a car wreck near Upper Sandusky, Ohio; G.B. Casey, 43, Sunday afternoon at Wayland; Samuel L. Spradlin, member of the Prestonsburg City Council, Wednesday morning.



Rex and Debbie Cecil, of David, would like to announce the forthcoming marriage of their daughter, Donna Ralyn Cecil to Jason Brian Hoover. Jason is the son of William and Belinda Hoover, of Jamestown. The wedding will be on Saturday, Oct. 22, at 2:30 p.m. at the First Church of Nazarene in Jamestown. A reception will follow at Jamestown Resort, and Marina in the Cumberland Room.

Calendar

Park.

Need help with addiction?
Lifeline of Floyd County "Conquer Chemical Dependency" is a Christ-centered 12-step program offering support to those who are coping with addiction and learning to live drug-free lives. The support group meets on the following schedule:

Mondays, at Minnie (beside pharmacy), from 7-8 p.m.

Mondays, at Little Mud, Spruce Pine School, from 7-8 p.m.

Tuesdays, in Prestonsburg, in the Van Ark Building, from 2-3 p.m.

Tuesdays, at David, The David School, from 3:30-4:30 p.m.

Wednesdays, at Allen Baptist Church, from 7-8 p.m.

Thursdays, at Allen Baptist Church, from 7-8 p.m.

For more information, call Shirley Combs at (606) 434-8400, or Tom Nelson at (606) 478-2836.

Hope in the Mountains
Hope in the Mountains will host public meetings on Mondays, at 9 a.m., at the junction of U.S. 23 and Rt. 80, on Water Gap Rd., behind the Trimble Chapel Church.

Meetings focus will be to offer information in regard to community resources available to women seeking freedom from drug abuse. Family members are also welcome to attend. The Hope initiative proposes to help women break free from addictive lifestyles to become self-respecting contributing members of society.

Call 874-2008 or 788-1006 for more information.

Prestonsburg Rotary Club
Prestonsburg Rotary Club meets, 12 noon to 1 p.m., at Made From Country at Heart. For additional information, contact Chris Daniel, 886-7354.

UNITE

The UNITE coalition of Floyd County will meet on the fourth Thursday of each month, at 5:30 p.m., at the New Allen Baptist Church. All interested persons welcome to join UNITE's fight against drugs.

"Living Free" - A support group sponsored by the Floyd

County UNITE Coalition. Group will meet weekly at the old Allen Baptist Church, on US 23 N., between Allen and Banner, on Tuesdays, at 1:15 p.m.

Living Free is a faith-based 12-step support group open to all who are searching for recovery. There is no fee to attend. For more info, contact Shirley Combs at 874-3388 or 434-8400.

"Earn While You Learn"
The Big Sandy Area C.A.P. office is taking applications for its "Senior Training Program." You must be 55 or older to apply. In Floyd, call 886-2929; Johnson, call 789-6515; Magoffin, call 349-2217; Pike, call 432-2775; and in Lawrence, call 638-4067.

Senior employment program
Are you a senior citizen on a fixed income struggling with soaring medical bills and living expenses? Could you use some extra spending money but don't know how to get back into the workforce?

If you are at least age 55, the Senior Community Service Employment Program (SCSEP) may be able to help. Earn extra money, learn new skills, and help your community at the same time! To find out more, call: 886-2929

Looking for a Support Group?

"Floyd County Alzheimer's Support Group" meets regularly at Riverview Manor Healthcare Center. Call the center for meeting times.

"Domestic Violence Support Group" - The Big Sandy Family Abuse Center meets each Tuesday, from 5:30 to 6:30 p.m. The meetings are free of charge. Call 886-6025 for more information.

"Overeater's Anonymous" - Meetings held each Wednesday at 6:30 p.m., at the old Allen Baptist Church, located in Allen, just past red light. Call 889-9620 for more info.

"US TOO! Prostate Cancer Survivors Support Group" - For all men with prostate cancer and their families. Group meets the 3rd Thursday of each month, at 6 p.m., at the Ramada Inn, Paintsville.

"Community Weight Loss Support Group" - Meets Thursday's at 6:30 p.m., at the Martin Community Center. For more info, call 377-6658. Those who have had gastric bypass surgery most especially welcome to attend. Meetings being offered as support to anyone needing extra support in dealing with weight loss.

"Domestic Violence Hotline" - 24-hour Crisis Line manned by Certified Domestic Violence counselors. Call 886-6025, or 1-800-649-6605. Remember, "Love Doesn't Have to Hurt."

"Disabled?" - You may be eligible for grant money to assist in your daily living. For an application or more information, call 886-4326.

"A.S.K. (Adoption Support for Kentucky)" - Support group for all adoptive parents (public, private, international, and kinship care), foster parents and all others interested in adoption. To be held the first Monday of each month, at the Department for Community Based Services office, 1009 North Lake Drive, Prestonsburg, from 6-8 p.m. Childcare will not be provided. For more information, contact Dedra Stone, adoptive parent liaison, at 432-4110 or 422-7927, or email to: doslone@eastky.net.

"PARENTS!" - Contact the Big Sandy Area Community Action Program, Inc. to find out about child care services in your area, the STARS for KIDS NOW licensing standards program, and how you can earn an income by staying home with your own children while caring for the children of others. Find out more by calling Cheryl Endicott at 886-1280, or 888-872-7227 (toll free).

"East Kentucky S.T.A.R.S. Homeschoolers" - Will hold monthly meetings at the Paintsville Recreation Center. For more information, call Trudy at 889-9333, or 297-5147. Everyone welcome.

"Narcotics Anonymous (NA)" - Each Wednesday, from 7-8 p.m., in the Atrium Conference Room, 2nd floor, May Tower, Pikeville Methodist Hospital. For more info, contact Chris Cook at 606-433-1119 or christopher-cook@hotmail.com.

Continued from p1

biodegradable.

To make the foams, the scientists use a piece of equipment called an extruder to heat and mix a dough-like blend of starch and other all-natural components. Then the extruder squeezes out long strings of the dough that are cut into small beads about half the size of a marble. These beads can be put into a mold and heated to press them into the desired shape. Natural fibers, such as

from southern pine trees, can be added to the mix to reinforce the foams' strength.

Such ingenuity - I bet that would make Dinah smile!

The Agricultural Research Service is the chief in-house scientific research agency of the U.S. Department of Agriculture. You can read more about ARS discoveries at <http://www.ars.usda.gov/news>.

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for Overall Pulmonary Services, 2010**



Heart Care

Valve Replacement, 2009 - 2010

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Coronary Artery Bypass, 2007 - 2010

Cardiac Surgery Excellence Award, 2007 - 2010

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