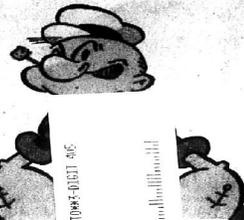


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WEEKEND EDITION

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Still no swine flu in Floyd County

by SHELDON COMPTON
STAFF WRITER

PRESTONSBURG — Results from a suspected case of swine flu at Highlands Regional Medical Center were returned recently and have shown negative, according to HRMC infection control representatives.

The case fell into the category that would warrant sending a specimen off

for further confirmation, according to Noreve Blackburn, the hospital's infection control specialist.

"The case did fall into one of those that would require us to send it off," Blackburn said Thursday, "but the results were negative."

Earlier this month, Floyd County Health Department Director Thursa Stone responded to rumors throughout the community that a case had turned

up locally, explaining that, at that time, no swine flu cases had been reported to the health department.

Stone said at that time that the health department was advising health care professionals, based on recommendations from the Centers for Disease Control and Prevention, to treat all type A influenza cases as if they could be swine flu.

However, only cases of type A

found in those with chronic illnesses, those already hospitalized with a sickness or during treatment of pregnant women would require a specimen be sent for confirmation of the swine flu.

Health officials are, likewise, recommending swine flu vaccines to be made available in October to people 6 to 24 years old, pregnant women and

(See SWINE FLU, page eight)

br1

Mars seeks funds for Mud Creek Park

Times Staff Report

PRESTONSBURG — During a regular meeting Thursday of the Big Sandy Area Development District a letter was presented from Floyd County Judge-Executive R.D. "Doc" Marshall asking for money to continue developing the Mud Creek Community Park.

Marshall drafted a letter to Big Sandy ADD Executive Director Sandy Runyon on Sept. 10 asking that the agency allocate just over \$16,000 to the county to see Phase 1 of a lighting project for the park get underway.

Marshall had asked that the funding request, which totals \$16,247, be brought before the full board of directors Thursday.

Marshall and other county officials have worked over the past several months to establish the park in the Mud Creek area, saying it was one of the last areas in the county that was without such an outlet for local residents.

DEEP IN THE BRUSH



Rescue workers were called to the scene of a single car accident Thursday when a small pickup truck left the Route 114 near Middle Creek National Battlefield, went over an embankment and was swallowed up by overgrowth. The driver was taken from the scene by ambulance, but did not appear seriously injured.

photo by Jackson Latta

ADD board supports Parkway proposal

by SHELDON COMPTON
STAFF WRITER

PRESTONSBURG — In the weeks following a presentation given by highway officials concerning a proposal to widen the Bert T. Combs Mountain Parkway in three counties, the Big Sandy Area Development District threw its support to the idea.

The project will include the conversion of the current two-lane undivided Mountain Parkway between Exit 57 in Wolfe County and Exit 75 in Magoffin County into a four-lane divided highway. The entire project will include a 17-mile stretch through Wolfe, Morgan and Magoffin counties. The plans also include the reconstruction of Exit 57, Exit 60, and Exit 72 along with a new exit for Middle Fork Road.

Sandy Runyon, Big Sandy ADD executive director, drafted a letter to the Kentucky Department of Transportation outlining the many reasons she says more "reasonable" routes in and out of the area would help across the board.

"A multi-lane Mountain Parkway will give our region such an enticement, giving an east-west four-lane roadway to go with the north-south four-lanes we currently have," Runyon said. "Our region has a large workforce that can be tapped into by companies who

(See PARKWAY, page eight)

2 DAY FORECAST

Today



Partly cloudy

High: 77 • Low: 58

Tomorrow



Partly cloudy

High: 81 • Low: 56

For up-to-the-minute forecasts, see floydcountytimes.com

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Folk festival back from the brink, organizers say

by JARRID DEATON
FEATURES WRITER

PRESTONSBURG — The Prestonsburg Tourism Commission spent the majority of a special called meeting on Wednesday discussing the upcoming Kentucky Highland Folk Festival, scheduled to get underway in the parking lot of the Mountain Arts Center today.

"It was dying a slow death when we started helping with it, and now it is revived," said Fred James, director

of tourism for Prestonsburg. "I think the decision to move it to the MAC was a big help."

Khrys Varney, director of education for the Mountain Arts Center, lauded the decision to move the festival outside.

"We were getting maybe 50 people when the festival was indoors," Varney said. "When we moved to the parking lot outside of the MAC, that number increased to 1,000. Now we

(See FESTIVAL, page eight)



The Prestonsburg Tourism Commission discussed the upcoming Kentucky Highland Folk Festival during a special called meeting on Wednesday.

photo by Jarrid Deaton

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Regional Obituaries

FLOYD COUNTY

■ **Larry Daniels**, 67, of Stanville, died Saturday, September 12, at his residence. Funeral services were conducted Tuesday, September 15, under the direction of Nelson-Frazier Funeral Home.

■ **Tobe Lawson**, 69, of Garrett, died Monday, September 14, at the Saint Joseph Hospital, in Lexington. Funeral services were conducted Thursday, September 17, under the direction of Hall Funeral Home.

■ **Maggie Marie Tackett Mullins**, 39, of Harold, died Tuesday, September 8, at her residence. Funeral services were held Saturday, September 12, under the direction of Nelson-Frazier Funeral Home.

PIKE COUNTY

■ **Estil "Hooch" Adkins**, 60, of Dans Branch, died Friday, September 11, at the South Williamson Appalachian Regional Skilled Nursing Facility. He is survived by his wife, Geneva Adkins. Funeral services were held Tuesday, September 15, under the direction of R.E. Rogers Funeral Home.

■ **Barbara Sue Ailiff**, 71, of Williamson, West Virginia, died Monday, September 7, in Fort Gay, West Virginia, the result of injuries suffered in an automobile accident. Graveside services were held Friday, September 11, under the direction of R.E. Rogers Funeral Home.

■ **James Morris Ailiff**, 38, of Belfry, died Monday, September 7, in Fort Gay, West Virginia, the result of injuries suffered in an automobile accident. He is survived by his wife, Carla Akers Ailiff. Graveside services were held Friday, September 11, under

the direction of R.E. Rogers Funeral Home.

■ **Donald Ray Carroll**, 55, of Harold, died Monday, September 7, at his home. Funeral services were held Wednesday, September 9, under the direction of J.W. Call Funeral Home.

■ **Harvey Childers**, 89, a Pike County native, died Saturday, September 5, in Fostoria Ohio. Graveside services were held Saturday, September 12, under the direction of Thacker Funeral Home.

■ **Cora Coleman**, 81, of Kimper, died Monday, September 7, at Pikeville Medical Center. Funeral services were held Thursday, September 10, under the direction of J.W. Call Funeral Home.

■ **Racine Dammor**, 81, of Robinson Creek, died Saturday, September 12, at the Pikeville Medical Center. Arrangements, under the direction of Hall and Jones Funeral Home.

■ **Trudie Catherine Dotson**, 86, of Phelps, died Wednesday, September 9, at Good Shepherd Community Nursing Center, Phelps. Funeral services were held Friday, September 11, under the direction of Phelps Funeral Services.

■ **Jeanette Hall**, 70, of Tiffin, Ohio, a Johns Creek native, died Wednesday, September 9, at her home. Funeral services were held Saturday, September 12, at his home. A memorial service will be held Sunday, September 20, under the direction of Farrar Funeral Home of Jefferson City.

■ **Randy Blake Ratliff**, 55, of Shelby Gap, died Sunday, September 13, at his home. Funeral services were held Wednesday, September 16, under the direction of Lucas and Son Funeral Home.

■ **Joseph Verlin "Jo Jo" Smith**, 31, of McAndrews, died Sunday, September 13, at Octavia Hollow. He is survived by his wife, Kristie Smith. A memorial service was held Thursday, September 17, under the direction of West Funeral Home, McAndrews.

■ **Eunice Franklin Sykes**, 73, of Pikeville, died Tuesday, September 8, at Pikeville Medical Center. Funeral services were held Saturday, September 12, under the direction of Lucas & Son Funeral Home.

■ **Edgie Bill Tostin**, 71, of Elkhorn City, died Friday, September 11, at Pikeville Medical Center. He is survived by his wife, Lucille Swiney Tostin. Funeral services were held Tuesday, September 15, under the direction of Bailey Funeral Home.

■ **Henry Varney**, 77, of Kimper, died Monday, September 14, at his home. Funeral services were held Thursday, September 17, under the direction of Community Funeral Home.

■ **Alice Wheeler Kratz**, 98, of St. Louis, Missouri, died Monday, September 7, at her residence. Graveside services were held Tuesday, September 15, under the direction of Jones-Preston Funeral Home.

■ **Ralph Lyons**, 58, of Lowmansville, died Tuesday, September 8. He is survived by his wife, Kay Stone Lyons. Funeral services were held Friday, September 11, under the direction of Wilson Funeral Home.

■ **Charles Ray Perkins**, 56, of Wabash, Indiana, died Tuesday, September 8, at Autumn Ridge Healthcare Center. He is survived by his wife, Delores Perkins. Arrangements, under the direction of Grandstaff-Hentgen Funeral Service, Wabash.

■ **Francis Rivers**, 67, died Sunday, September 12, at her residence in Paintsville. Funeral services were held Tuesday, September 15, under the direction of Preston Funeral Home.

■ **Christina Francis Turner**, of Ashland, died Sunday, September 13, in King's Daughters Medical Center. Funeral services were held Thursday, September 17, under the direction of Preston Funeral Home.

KNOTT COUNTY

■ **Martha Gayheart Cornett**, 81, of Hindman, died Monday, September 7, at the Hazard ARMC. She is survived by her husband, E.J. Cornett. Funeral services will be held at her home on Friday, September 11, under the direction of Hindman Funeral Services.

■ **Daniel Ray "Boone" Shepherd**, 43, of Malle, died Sunday, September 6, at the Hazard ARMC. Funeral services were held Thursday, September 10, under the direction of Hindman Funeral Services.

■ **Heather Michelle Shrum**, 29, of Topmost, died September 5, at her home. Funeral services were held Wednesday, September 9, under the direction of Hindman Funeral Services.

■ **Roger Lee Tackett**, 62, of Beaver, died Wednesday, August 26, at the Highlands Regional Medical Center, Prestonsburg. Funeral services were held Saturday, August 29, under the direction of Hall Funeral Home.

MAGOFFIN COUNTY

■ **Jeanette Asept**, 70, of Salyersville, died Sunday, September 13. Funeral services were held Wednesday, September 16, under the direction of Magoffin County Funeral Home.

■ **Douglas Hale Jr.**, 54, of

Louisa, died Sunday, September 13, in Lawrence County. He is survived by his wife, Anita Debord Hale. Funeral services were held Thursday, September 10, under the direction of Young Funeral Home.

■ **Henry Johnson, Jr.**, 74, of Prestonsburg, died Monday, August 31, at the Life Care Center, in Rochester, Indiana. He is survived by his wife, Ethel Dotson Johnson. Funeral services were held September 4, under the direction of Magoffin County Funeral Home.

■ **Hernalee Howard Lemaster**, 63, of Salyersville, died Tuesday, September 1, at the Highlands Regional Medical Center. Funeral services were held Friday, September 4, under the direction of Magoffin County Funeral Home.

■ **Ada K. Dolan (Katie) Prater**, 85, of Salyersville, died Wednesday, September 2, at the Paul B. Hall Medical Center. Funeral services were held Saturday, September 5, under the direction of Magoffin County Funeral Home.

■ **Lavenna Maureen Williams**, 87, of 800 Laura Drive, Marion, Ohio, a Salyersville native, died Thursday, September 3, in the Riverside Methodist Hospital, Columbus, Ohio. Funeral services were held September 8, under the direction of Boyd-Born Funeral Home.

■ **Chester Wireman**, 83, of Salyersville, died Saturday, September 12. Funeral services

were held Tuesday, September 15, under the direction of Magoffin County Funeral Home.

LAWRENCE COUNTY

■ **John Lee Brewer**, 72, of Lenore, died Sunday, September 13, in Community Hospice Care in Ashland. He is survived by his wife, Wanda Faye Smith Brewer. Funeral services were held Wednesday, September 16, under the direction of Young Funeral Home.

■ **Janet Faye Burgess**, 55, of Louisa, died Saturday, September 12, in Three Rivers Medical Center. Graveside services were held Wednesday, September 16, under the direction of Wilson Funeral Home.

■ **Stevie Cordle**, 51, of Fort Gay, W.Va., a Louisa native, died Saturday, September 12, in Hospice of Huntington, Wilson Funeral Home, in Louisa, is in charge of arrangements.

**In Memory of
Seth Addison
Lafferty**
On His Birthday
Sept. 19, 2000-Jan. 6, 2009



*A life so full of joy,
A life so full of grace.
Left us so suddenly,
One January day.*

*Just to see your smile,
That was always on your face.
To give you a hug,
To feel your warm embrace.
To tell you that I love you,
Each and every day.
Would be the greatest gift.
As your mother, I would
have to say.*

*You had a heart of gold that
rested beating.
Two shining eyes now at
rest.
God broke our hearts into
pieces.
To prove He only takes the
best.*

Happy Birthday
*My Son
Mommy and you brother,
Cute, miss you so much.
We will always love you.*

**Stoney Lee
"Red" Slone**
December 26, 1966 -
December 29, 2005



The grave of Stoney Lee Slone has been relocated to Gettsmane Gardens at Prestonsburg. He is husband of Lois Meadows Slone and Dad of Britney Leigh Slone and Brandon Isaiah Slone of Prestonsburg. He was the son of the late Henry & Clara Irene Goble Slone of Buckeye. Grave relocation was under the direction of Nelson-Frazier Funeral Home.

Card of Thanks

The family of Brenda Jarrell Hunter would like to thank everyone who brought food and sent flowers. We would especially like to thank Dr. Triplett and the great nurses at St. Joseph-Martin. We want to thank the Cow Creek singers, and also Pastor David Garrett. We appreciate everything that was done for the family.

**Husband-Arley Hunter
Daughter-Teresa Mullins**

Christ United Methodist Church
21st Annual
GOLF SCRAMBLE
SATURDAY, SEPT. 19, 2009
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Allen Christ United Methodist Church
21st Anniversary Celebration
Sunday, September 20, 2009, at 11:00 a.m.

Obituaries

Clarence Edward (Eddie) Baldrige

Clarence Edward (Eddie) Baldrige, 60, of Lexington, Ky., passed away after an extended illness, at the Good Samaritan Hospital in Lexington on Sunday, September 13, 2009.

He was the son of the late Rudolph Baldrige and Azlee Tolson. He leaves to mourn his passing, his loving wife, Sandra Owens Baldrige, along with two sons: Todd and Jeremy Baldrige of Lexington, Ky.

Also surviving are two brothers: Kenneth (Sonja) Baldrige of Louisville and Bobby (Beulah) Baldrige of Eastern, Ky. He also had one sister, Anita Louise (Anthony) Recanat of Lodi, New Jersey. Eddie had four nieces and two nephews and a host of friends and relatives.

He was a Vietnam veteran from 1968 to 1970, a former employee of Whayne Supply, and a life member of the VFW.

In celebration of his life, a memorial service will be held on Sunday, September 20, 2009, at the Bell House at 545 Sayre Avenue, in Lexington, Ky.

Visitation will begin at 1 p.m., on Sunday, and a memorial service will be at 2:00 p.m., with Brewster McLeod, minister of the Southland Christian in Lexington officiating and Brent Claiborne assisting. (Paid obituary)

Charles Randall Crider of Prestonsburg and Ricky Woodman (Rachel) Crider of Dwayne; one sister, Debra (Paul) Stanley of Prestonsburg; one grandson, Brayden Patrick Shraley and several nieces and nephews.

Funeral services were held Thursday, September 17, at 1:30 p.m., at the Nelson-Frazier Funeral Home, in Martin, with Randy Osborne officiating.

Burial was in the family cemetery, in Prestonsburg, under the direction of Nelson-Frazier Funeral Home.

Visitation was at the funeral home. (Paid obituary)

Gertrude Wallace Lawson

Gertrude Wallace Lawson, age 93, of Hazard, formerly of Hi Hat, widow of Virgil T. Lawson passed away Tuesday, September 15, 2009, at the Hazard Appalachian Regional Hospital.

She was born July 10, 1916, in Etowah, Tennessee, the daughter of the late James Wallace and Zephia Farmer Wallace. She was a homemaker, a member of the Pine Grove Baptist Church, in Hi Hat, a life member of the DAV Auxiliary, and the Wheelwright Senior Citizens.

Survivors include a son, Carlo Doug (Eula) Lawson of West Van Lear; a daughter, Norma Jean (Charles) Davidson of Hazard; four grandchildren: Tony R. Lawson, Linda E. Decker, Robert W. Davidson, Charles Douglas Davidson; and eleven great-grandchildren.

She was preceded in death by her husband and two sons: Chris Lawson and Paul Lawson.

Funeral services for Gertrude Wallace Lawson will be conducted Friday, September 18, at 11:00 a.m., at the Hall Funeral Home Chapel, in Martin.

Burial will follow in the Davidson Memorial Gardens, in Ivel, under the professional care of the Hall Funeral Home, in Martin. (Paid obituary)

Connie Jo Carr

Connie Jo Carr, 44, of Prestonsburg, died Sunday, September 13, 2009, at Cabell Huntington, W.Va.

Born February 23, 1965, in Prestonsburg, she was the daughter of Jewel Crider and the late Charles Crider. She was a homemaker.

She is survived by her husband, Bobby Carr.

In addition to her mother and husband, survivors include one son, Jeremy Carr of Prestonsburg; one daughter, Chassity Meeks of Prestonsburg; two brothers;

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A3

For the Record

Marriage Licenses

Tomacina Nicole Jervis, 18, of Allen, to Joshua David Johnson, 19, of Allen.
 Nancy Sue Cummings, 45, of Prestonsburg, to Allen Mitchell Lewis, 57, of Prestonsburg.
 Amber Dawn Lewis, 26, of Betsy Layne, to Rodney Darrel Scott, 27, of Garrett.
 Earnestine Hall, 39, of Wayland, to Jimmy D. Tackett, 42, of Wayland.
 Heather Lynn Meece, 22, of Melvin, to Jason Ray Jones, 27, of Melvin.
 Karen Rice, 51, of Martin, to Timothy Stone, 46, of Martin.
 Tawana Shawntae Jones, 19, of Hi Hat, to Bo Matthew Collins, 22, of Hi Hat.

Civil Suits Filed

Tax East Lien Investments 1 LLC vs. Gerald Moore; complaint.
 Tax East Lien Investments 1 LLC vs. Michael S. Hall; complaint.
 Tax East Lien Investments 1 LLC vs. Thomas Gibson; complaint.
 Green Tree Servicing LLC vs. Gene Sloan and Deborah Sloan; complaint.
 Tax East Lien Investments 1 LLC vs. Jimmy Crum; complaint.
 Ford Motor Credit Company vs. Gordon Tackett; complaint.
 John Brent Elswick and Valencia K. Woods, Administrator of the Estate of Loreta Elswick vs. Hartford Insurance Company; complaint.
 Catherine Neely vs. Russell Hamilton; complaint.
 Huntington National Bank

vs. Garlie Paige; complaint.
 Betsy Jo Mounts vs. Malcolm Layne; complaint.

Charges Filed

Charles Keith Hall, 31, Teaberry; second-degree wanton endangerment, second-degree assault.
 Justin B. Moore, age unlisted, Langley; criminal possession of a forged instrument, failure of owner to maintain required insurance.
 Joe Jayne, 31, Paintsville; flagrant non-support.
 Todd Randall Tackett, 43, Elkhorn City; second-degree assault.
 Rebecca Leah Thacker, 33, Prestonsburg; operating a motor vehicle while under the influence of alcohol or drugs, two counts possession of a controlled substance, two counts of prescription not in original container.
 Marvin J. Ousley, 29, Prestonsburg; theft by unlawful taking, criminal mischief, third-degree burglary.
 Matthew Wells, 43, Van Lear; criminal mischief.
 Beverly Marie Adkins, 42, Prestonsburg; theft by deception, second-degree forgery.
 Scott Kimbler, 37, Harold; theft by unlawful taking.
 Charles A. Hensley, 43, Prestonsburg; second-degree assault.

Inspections

Hot Rod Pizza, Allen, regular inspection. Violations noted: lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, thermometers for checking cooking and holding tempera-

ture of potentially hazardous food, food not protected during storage, lack of effective hair restraints, cloths used for food and non-food contact surfaces not stored and rinsed frequently in water sanitizing solution, food contact surface of equipment and utensils not clean, sanitary towel or hand-drying device not provided at lavatory or handwashing sink, floors not constructed properly, walls, ceiling, attached equipment not constructed properly, walls, ceiling, attached equipment not in good repair, light fixtures not shielded as required. Score: 88.
 Adkins Quick Stop, Honaker, regular inspection. Violations noted: sanitary towel or hand drying device not provided at lavatory or handwashing sink, garbage and refuse containers not covered as required, floors not in good repair, unnecessary articles in or around the establishment. Score: 94.
 Green's Dairy Bar, Betsy Layne, regular inspection. Violations noted: lack of numerically sealed thermometers for checking cooking and holding temperatures of potentially hazardous food, lack of accurate thermometers in all refrigeration and freezing units storing potentially hazardous foods, lack of effective hair restraints, food contact surfaces not properly constructed, non-food contact surfaces not properly maintained, sanitary towel or hand-drying device not provided at lavatory or handwashing sink, garbage and refuse containers not covered as

required, floors not in good repair. Score: 90.

Property Transfers

Brenden Anderson to Chris Jones and Thelma Jones, property not listed.
 Jon Drew Anderson to Sabrina Scott, property not listed.
 William Anderson to Chris Jones and Thelma Jones, property not listed.
 Gary Branham to Terra Properties, property located at Spradlin Branch.

Sandra Branham to Terra Properties, property located at Spradlin Branch.
 Samuel Caudill to Jeffrey Crum, property located at Stephens Branch.
 Jason Davis to John E. Boebinger, property located at Prestonsburg.
 Anthony Eric Delich to HTC Gas Company, property located at Middle Creek.
 Bernard Delich to HTC Gas

Company, property located at Middle Creek.
 Michael Steven Delich to HTC Gas Company, property located at Middle Creek.
 Phyllis R. Delich to HTC Gas Company, property located at Middle Creek.
 Yvonne Delich to HTC Gas Company, property located at Middle Creek.

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 TIME TRAVELERS WIFE (PG-13) Mon-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00.
Cinema 2—Starts Friday, Sept. 18
 FINAL DESTINATION (R) Mon-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00.
 Sunday Matinee—Open 1:00; start 1:30

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 9/18/09 - 9/24/09
Cinema 1—Hold Over
 ALL ABOUT STEVE (PG-13) Mon-Sun. 7:05-9:15; Fri. (4:15) 7:05-9:15; Sat-Sun. (2:05-4:15) 7:05-9:15.
Cinema 2—Hold Over
 HALLOWEEN 2 (R) Mon-Sun. 7:00-9:30; Fri. (4:30) 7:00-9:30; Sat-Sun. (2:00-4:30) 7:00-9:30.
Cinema 3—Hold Over
 FINAL DESTINATION (R) Mon-Sun. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat-Sun. (2:15-4:30) 7:15-9:30.
Cinema 4—Hold Over
 TYLER PERRY'S: I Can Do Bad All By Myself (PG-13) Mon-Sun. 6:50-9:15; Fri. (4:15) 6:50-9:15; Sat-Sun. (1:50-4:15) 6:50-9:15.
Cinema 5—Hold Over
 GAMER (R) Mon-Sun. 7:05-9:15; Fri. (4:15) 7:05-9:15; Sat-Sun. (2:05-4:15) 7:05-9:15.
Cinema 6—Hold Over
 SORORITY ROW (R) Mon-Sun. 7:10-9:25; Fri. (4:25) 7:10-9:25; Sat-Sun. (2:10-4:25) 7:10-9:25.
Cinema 7—Starts Friday, Sept. 18
 CLOUDY WITH A CHANCE OF MEATBALLS (PG) Mon-Sun. 7:10-9:25; Fri. (4:25) 7:10-9:25; Sat-Sun. (2:10-4:25) 7:10-9:25.
Cinema 8—Starts Friday, Sept. 18
 JENNIFER BODY (R) Mon-Sun. 7:00-9:20; Fri. (4:20) 7:00-9:20; Sat-Sun. (2:00-4:20) 7:00-9:20.
Cinema 9—Starts Friday, Sept. 18
 JENNIFER BODY (R) Mon-Sun. 7:00-9:20; Fri. (4:20) 7:00-9:20; Sat-Sun. (2:00-4:20) 7:00-9:20.

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 Lloyd Lowe606-432-5817

REVIVAL GARRETT FIRST BAPTIST CHURCH
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September 27, 28, 29, & 30
6:30 p.m. Nightly
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 Sunday Morning: Wings of Praise
 Sunday Night: Grace
 Monday Night:
 Drift Pentecostal Church Singers
 Tuesday Night: Gospel Anchors
 Wednesday Night: Troy Burchett

SOCIAL SECURITY NEWS

Financial planning for the under-35 crowd

by JENNIFER HOPKINS
 SERVICE REPRESENTATIVE
 SOCIAL SECURITY
 ADMINISTRATION
 Did you know that financial planning is not just for people nearing retirement? In fact, it's a good idea to begin planning for a comfortable and secure retirement when you're young.
 That's why Social Security has a new financial planning tool especially for the 25 to 35 crowd. It's a special mailer with information about Social Security, savings, and other items of interest to young workers. If you're between the ages of 25 and 35 and you work and pay Social Security taxes, you'll get this automatically with your next Social Security Statement.
 Social Security is the foundation for a secure retirement, but was never intended to be your only source of income when you retire. While Social Security replaces about 40 percent of the average worker's pre-retirement earnings, most financial advisors say that you will need 70 percent or more of pre-retirement earnings to live comfortably. Even with a pension, you will still need to

save. If you will not have a private pension, you will need to save more — and start saving sooner. Today's young workers can expect to spend 20, 30 or even more years in retirement, so saving is critical.
 Want to start planning your future? There are some easy ways to do so. Take a look at Your Social Security Statement, which you'll receive in the mail about two to three months before your birthday, as well as the helpful two-page insert tailored specifically to workers ages 25 to 35.
 Pay close attention to the information provided, including tips on saving, getting your employer to help with matching contributions to retirement plans, and how much of a difference beginning to save early can make. There's even a graph showing the significant difference saving over time can make, even if it's just \$25 or \$50 a week.
 The insert also includes helpful links to outside websites that can help you. For example, you can go to www.mymoney.gov for information on getting credit, paying for education, buying a

home, creating a budget, starting a business as well as financial calculators and planning tools. Or visit www.federalreserve.gov for a worksheet that will help you establish a budget to meet your financial goals. These and other financial links on the insert will help you become the master of your own financial future.
 Don't forget that Social Security coverage is not just for retirement, but also for disability and survivors benefits in the event that you are unable to work, or you leave behind a family that depends on your income when you die. Read more about retirement, disability and survivors benefits at www.socialsecurity.gov.
 For more information about online services just call your local Social Security Office in Prestonsburg at (606) 886-8525. The office is located at 1507 Kentucky Route 321 in Prestonsburg, KY. Representatives are available to answer questions.
 And remember, we have representatives available to give presentations and speeches about Social Security Programs. Contact the office for more information.

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Please call Ella at 886-9194 for more information.
 Please call to sign up before September 18th.



Viewpoint

Worth Repeating ...

A conservative is a man with two perfectly good legs who, however, has never learned to walk forward.

— Franklin D. Roosevelt

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Our View Triumph of the boors

Over the past couple of weeks, we've seen far many more examples of astonishing impudence than we really needed.

A lawmaker heckling the president during a formal address to Congress. A professional tennis player cursing and threatening a line judge. A musician disrupting an awards acceptance speech to protest the outcome.

All of these instances have grabbed much more attention and many more headlines than they really deserved, but they do appear at first glance to be symptomatic of a dismaying loss of civility in public discourse. These are but the most visible recent examples.

Our popular culture is filled with it. Reality television is seemingly a competition of infantile self-preoccupation. The common chords of popular music are disrespect, be it in the braggadocio of hip-hop or the bullheadedness of country. On the internet, snark trumps insight every day of the week.

Most disturbingly, bad manners have become the currency in which the media trades, specifically cable news stations. Facts and issues now take a backseat to yelling and insults. What gets said seems to matter very little, compared to how loudly and how crassly it is said.

This is particularly unfortunate when one realizes that there are children and even some adults who model their personal behavior on those they see on television. They see the outlandish antics of Bill O'Reilly and Chris Matthews result in large paychecks, the adoration of fans and even a misguided air of authority. What is to prevent them from imitating them?

If anything good can come from these recent episodes of gross behavior, perhaps our culture will learn the lesson that, yes, speech is free in our country, but rudeness can be very costly. Rep. Joe Wilson, Serena Williams and Kanye West might each have had serious opinions to express, but their points were lost when they voiced them a little loudly, a little crassly and at inappropriate times.

It really doesn't matter what you're saying if you say it with rudeness. And if you are rude, what you say doesn't really matter.

— The Floyd County Times

FRANK ZUCKERMAN

Who deserves a Congressional Rebuke?

THE PRESIDENT LIED.



WILSON

THE CIA LIED.



PELOSI

I LIED MY ASSETS OFF.



RANGEL

www.editorials.com/cartoon

Beyond the Beltway

Don't mess up our debate with facts

by DONALD KAUL
MINUTEMAN MEDIA

Sept. 1, 2009 — mark it down — the date when the United States of America officially became ungovernable.

It was the day when conservatives rose up with one voice to protest President Obama's speech to the school children of the nation. They put pressure on their school districts to ignore the speech or, at the very least, to excuse from listening children whose parents objected to the idea.

As might be expected, Texas led the way. "I don't want our schools turned over to some socialist movement," said one Texas man who said he'd keep his three kids home for the speech.

Admittedly, Obama did present some controversial ideas — openly socialist principles like staying in school, studying hard and going to college. Kids start doing that and there's no telling where it will end. Graduate school? Being smarter than their parents? Dangerous stuff.

Seriously though, you see what I mean when I say the nation is ungovernable. What can you tell people who view a simple inspirational speech by the president to children as subversive?

A commentator on the Rush Limbaugh show accused Obama of trying to create a cult of personality in the manner of Saddam Hussein or Kim Jong-Il. Oh well, at least they've stopped comparing him to Hitler — for the time being.

A couple of weeks ago I got an email from a reader taking me to task for my use of invective against conservatives. "We're finding both liberals and conservatives doing exactly the same thing, exaggerating the facts, calling each other names, distorting the truth and so on ... Because your column perpetuates negativity that serves no one well, we will not poison our minds and hearts with poorly written commentaries from you or anyone else."

My first response to that was: "What do they mean, poorly written?"

My second, which I sent on to the reader, was that I was only giving as good as I (and any liberal commentator) was getting from the Coulters, O'Reillys and Limbaughs of the world. Their answer was quick:

"Then have you not become what you say they are? Do you want to join forces with those people you call 'thugs'? You and others like you, who do not wish to exchange ideas in a healthy and constructive way, become yet another mud-slinging group, who quite frankly creates fear, revving up emotion of which only serves to break down our society without making efforts to inform."

That sounds good but don't tell it to me, tell it to Barack Obama who, when he tries to encourage kids to go to schools, is likened to Saddam Hussein. There is no dialogue that can

be had with these people.

Try to have a public discussion of health insurance and pretty soon you find yourself having to deny that you're in favor of murdering grandparents.

The New York Times had a front page story the other week on a Georgia man who had gone to his Congressman's town meeting to speak out against Obama's health plan. No, he wasn't rowdy, he didn't shout anyone down. As a matter of fact he seemed like a very nice guy who was concerned about health care and for good reason. His wife was a survivor of breast cancer and, if he lost his job, would be uninsurable with a new company.

So he was for change in theory, but he didn't want to see a public option. "She'd be on a waiting list," he said of his wife.

Then the article revealed that he received his information primarily from Fox News, Rush Limbaugh, and Matt Drudge.

I, who get my news from The New York Times, National Public Radio, The PBS NewsHour with Jim Lehrer, The Washington Post and The New Yorker, and who never, ever listens to or reads Fox, Rush, or Drudge, live in a parallel universe.

I think his sources are biased, untruthful, and worse. He thinks mine are. Between us, we are ungovernable. Alas.

Don Kaul is a two-time Pulitzer Prize-winning Washington correspondent who, by his own account, is right more than he's wrong. Email him at dkaul2@earthlink.net.

Letter Guidelines

Letters to the Editor are welcomed by The Floyd County Times.

In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be no

longer than two type-written pages, and may be edited for length or clarity.

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

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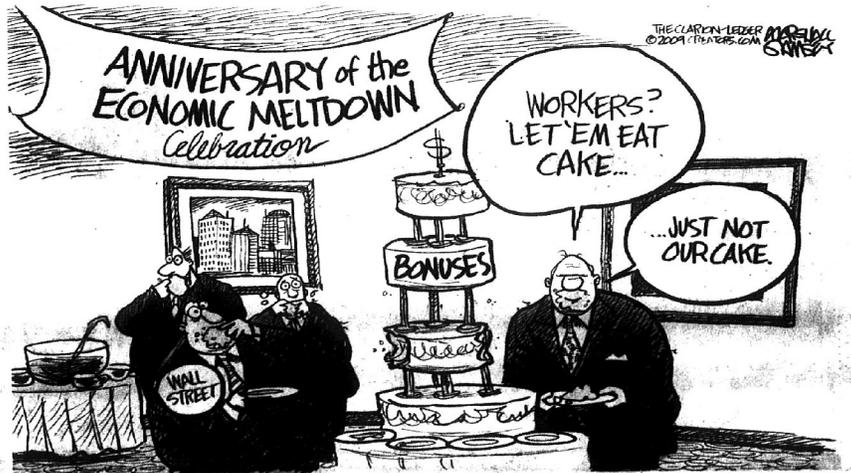
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PUBLISHER: Joshua Byers
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jbyers@heartlandpublications.com web@floydcountytimes.com

ADVERTISING MANAGER:
Jamie VanHoose
advertising@floydcountytimes.com



A5

Sports Editor: Steve LeMaster
Phone Number: 800-586-5803
Floyd County Times
Phone: (606) 586-5803
Fax: (606) 586-5803
www.floydcountytimes.com

FLOYD COUNTY Sports

PC women's soccer suffers first loss, Bears blank Marygrove

TIMES STAFF REPORT

PIKEVILLE — First-year programs tend to be easy marks on nearly every level of athletics, but that didn't hold true on Saturday afternoon as the Pikeville College soccer teams split with Marygrove College.

Marygrove, located in Detroit, got a win in the women's match 1-0 before falling in the men's contest by a 2-0 final.

Pikeville will be off until Saturday, Sept. 19 when it opens

the first on the season for the Lady Bears, who stand 3-1-1. Shana DeVoe rejected all eight shots by Pikeville in the win.

Eight different Pikeville players had shots on goal in the loss. Men: A pair of first-half goals were more than enough for Pikeville, which improved to 4-1 with the 2-0 win.

Pikeville scored early on a goal by sophomore Rene Ruiz, who left the net to play forward on Saturday. The next goal came at 26:19 when sophomore Cody Hayes scored.

Mid-South Conference play, hosting the University of the Cumberlands in matches at 2 and 4 p.m. at the W.C. Hambley Athletics Complex.

Pikeville and Marygrove will meet again in two weeks when Coach Ken DeCook takes his teams north.

Women: Freshman Sarah Kator scored an unassisted goal in the 79th minute and the Mustangs held on for the 1-0 win. Kator's goal was one of only six shots on goal for Marygrove on the day. The loss was



ALLEN CENTRAL SENIOR RUNNING BACK LOGAN CROWDER worked for yardage during Friday night's game versus Harlan. The Rebels will host Paintsville tonight in a key district game.

Real McCoy: Hand it to Hal

by RICK BENTLEY
TIMES COLUMNIST

Regular readers of this space know of the unique relationship I have with the guy I call Cousin Brian. He and I share a bond that goes far beyond bloodlines, a kinship that extends beyond the family we share and love.

In our youth, we grew up right beside each other, and spent much of our time playing basketball on the rickety old goal in my grandmother's back yard. When we weren't there, we were playing Strat-O-Matic Baseball or whiffle ball.

When it came time to read, we shared another bond. For years, I'm sure the mail guy wondered why he delivered the same magazine to two kids who lived next door to each other and had the same last name. It came each week, wrapped in brown paper with the mag itself sticking out of each end. I never really understood that; anyone who wanted could read it and just insert it again before it was delivered.

But it was a passion of ours. In those days, I thought The Sporting News was the greatest publication of all time. Here was a weekly magazine that had a guy who wrote about the National League — Philadelphia's Bill Conlin — and the American League, the great Peter Gammmons.

It went further than that, though. This magazine had a brief piece on every single team in Major League Baseball, giving us insights and notes we couldn't get elsewhere.

Allow me to pause here to say this to the younger readers of this column. You won't believe this, but there wasn't always an Internet. I know, it's impossible to believe today, but it's the case. We couldn't get instant news and information back then as you do today. Just trust me on this, it was a big deal to get TSN in the mail each week.

Anyway, my point is this — the guy who brought the Reds into our homes all these years was Hal McCoy of the Dayton Daily News. Many of you have probably never heard of him, a fact that I'm sure pleases him some. As writers, we aren't supposed to be the news, we're to cover it.

(See HAL, page six)



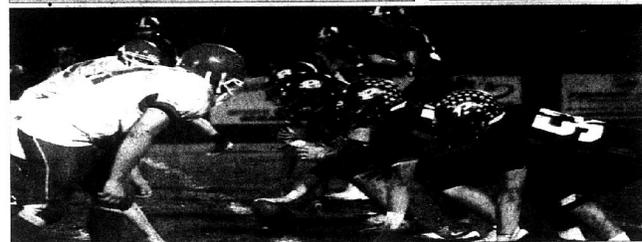
PRESTONSBURG QUARTERBACK MICHAEL BURCHETT looked down the field during Friday night's game against district foe Bath County. The Blackcats will visit Pikeville tonight for a non-district game.

HIGH SCHOOL FOOTBALL TONIGHT'S AREA GAMES

- Appalachian Bowl at Clay County
- Middlesboro-Johnson Central, 6 p.m.
- Knox Central-Clay Co., 8 p.m.
- Prestonsburg at Pikeville, 7:30 p.m.
- Belfry at Whitley County, 7:30 p.m.
- Paintsville-Allen Central, 7:30 p.m.
- East Ridge at Hurley, Va., 7:30 p.m.
- Shelby Valley at Lawrence Co., 7:30 p.m.
- Knott Central at Pike Central, 7:30 p.m.
- Betsy Layne at Magoffin Co., 7:30 p.m.
- Williamsburg at Hazard, 7:30 p.m.
- Pound, Va. at Jenkins, 7:30 p.m.



ABOVE: Prestonsburg defender Zak Key (52) closed in on the Bath County quarterback.



Left: The P'burg offensive line dominated against visiting Bath County.

Burchett nearing 1,000 yards passing mark

by STEVE LeMASTER
SPORTS EDITOR

PRESTONSBURG — Prestonsburg High School senior quarterback Michael Burchett is closing in on 1,000 yards passing. Burchett will likely go over the 1,000 yards mark tonight when the Blackcats visit Pikeville for a non-district matchup versus the Panthers. In four games, Burchett has completed 61-of-89 passes for 941 yards and 11 touchdowns. The Prestonsburg quarterback has been intercepted twice.

Prestonsburg is 4-0 heading into Pikeville. The Blackcats own wins over Belfry, Paintsville, Breathitt County and district counterpart Bath County. Prestonsburg has outscored its four opponents 152-49.

Senior Josh Craynon leads the balanced Prestonsburg offensive unit in both receiving and rushing. Craynon has hauled in 15 catches for 277 yards and five touchdowns. He has rushed 32 times for 247 yards and a pair of scores.

Sophomore Joseph Jamerson has reeled in a team-high 16 catches for 233 yards and four touchdowns. Josh Blackburn (12 catches — 172 yards, one touchdown) and Austin McKinney (13 catches — 158 yards, one touchdown) have also emerged as reliable pass-catchers.

Burchett and McKinney have both rushed for well over 100 yards and scored three touchdowns via ground attempts. Jamerson has one of Prestonsburg's nine rushing touchdowns.

Defensively, Burchett has picked off two passes for the Blackcats. Craynon has recorded one interception thus far.

Prestonsburg defenders continue to fly to the football. Craynon has recovered a team-high five fumbles. Zak Key has recovered two fumbles.

McKinney, Wes Robinson, Alex Griffith, Brad Little and Trevor Stovall each have one fumble recovery. McKinney and Robinson both returned their respective fumble recovery for a touchdown.

Griffith has made a team-high 43 tackles. McKinney has recorded 38 tackles for the Blackcats.

16TH REGION BOYS' SOCCER STANDINGS

Team	Record
South Laurel	9-3-0
Letcher County Central	8-0-2
Pikeville	6-2-0
Paintsville	5-3-1
Prestonsburg	5-4-1
Johnson Central	4-2-1
Perry County Central	4-3-1
Corbin	4-6-0
Shelby Valley	3-4-2
Oneida Baptist Institute	2-5-1
Belfry	2-6-0
Hazard	2-6-0
Middlesboro	1-3-0
North Laurel	1-8-1
Buckhorn	0-2-0
Pike County Central	0-8-0



Prestonsburg midfielder Caleb Petry battled Paintsville's John Cybrivsky to maintain control of the soccer ball during a recent game. Petry ranks as one of Eastern Kentucky's leading scorers.

16TH REGION GIRLS' SOCCER STANDINGS

Team	Record
Paintsville	8-1-2
Letcher County Central	7-1-1
North Laurel	6-2-1
Johnson Central	6-3-1
Pikeville	6-3-1
South Laurel	6-6-1
Corbin	5-2-2
Perry County Central	3-3-1
Belfry	3-4-0
Middlesboro	2-3-1
Pike County Central	2-5-0
Shelby Valley	2-7-0
Prestonsburg	2-9-0
Hazard	1-9-0
Sheldon Clark	1-9-0

BOYS' SOCCER: Blackcats pound Pike County Central

by STEVE LEMASTER
SPORTS EDITOR

PRESTONSBURG — Host Prestonsburg scored early and often Thursday, Sept. 10 in a home boys' high school soccer match against 16th Region rival Pike County Central. The Blackcats scored a season-high 10 goals, defeating Pike County Central 10-0.

Caleb Petry paced Prestonsburg in the victory over Pike County Central. Petry — one of the region's top players — led Prestonsburg in both scoring and assists. The athletic Petry scored a game-high three goals for the Blackcats. Petry also dealt out a game-high four assists.

Seven different Prestonsburg players netted at least one goal. Brad Stanley scored a pair of goals for the

Blackcats. Kaleb Rodebaugh, Nick Conn, Devin Clifton, Jeff Searis and Kyle Gearheart scored one goal each as Prestonsburg won convincingly.

Stanley recorded two assists while Conn, Gearheart and Joseph Kidd contributed one each.

Gearheart recorded the shutout for Prestonsburg from his goalkeeper position.

H.S. sports participation increases for 20th consecutive year

TIMES STAFF REPORT

INDIANAPOLIS

Despite cutbacks in funding in many high schools across the country, participation in high school sports has never been higher — increasing for the 20th consecutive year and establishing records for both girls and boys participants.

Based on figures from the 50 state high school athletic/activity associations, plus the District of Columbia, that are members of the National Federation of State High School Associations (NFHS), participation for the 2008-09 school year set an all-time high of 7,536,753, according to the 2008-09 National Athletics Participation Survey conducted by the NFHS.

In addition, boys and girls participation figures reached all-time highs, with 3,114,091 girls and 4,422,662 boys participating in 2008-09. The girls figure increased by 56,825 this year, while the boys figure increased by 50,547.

Based on the survey, it was also determined that 55.2 percent of students enrolled in high schools participate in athletics — a slight increase from last year's 54.8 percent.

"Given the state of the economy, this year's survey makes a great statement about the interest in high school sports in our nation's schools," said NFHS Executive Director Robert E. Kanaby. "The record participation levels for boys and girls reflect the fact that participation in high school sports is of great value to our nation's young people. Also, the survey's results support the NFHS 2008-2011 Strategic Plan, in which the organization vowed to provide stronger leadership and support for high school athletics and fine arts activities."

In addition to its chief task of writing playing rules for high school sports, the NFHS — through its Take Part, Get Set for Life™ initiative — is striving to promote participation and gain awareness and support from state and local governments, media, corporate partners, and especially students and their parents.

Swimming and diving gained the most combined participants in 2008-09, with an increase of 29,967, followed by outdoor track and field with 19,396 and cross country with an additional 18,193 participants. Lacrosse, one of the emerging sports in recent years, had an additional 9,579 participants in 2008-09.

With an increase of 4,017 participants, 11-player football again was No. 1 for boys this year with 1,112,303 participants, followed by track and field (558,007), basketball (545,145), baseball (473,184), soccer (383,824), wrestling (267,378), cross country (231,452), tennis (157,165), golf (157,062) and swimming and diving (130,182).

Outdoor track and field supplanted basketball as the most popular girls sport, with 457,732 participants. Basketball was in second place with 444,809 participants, followed by volleyball (404,243), fast pitch softball (368,921), soccer (344,534), cross country (198,199), tennis (177,593), swimming and diving (158,878), competitive spirit squads (117,793) and golf (69,223).

Texas remained the state with the most participants with a combined total of 781,000. California was second with 771,465 participants, followed by New York (380,870), Illinois (341,763), Ohio (330,056), Pennsylvania

(321,324), Michigan (311,277), New Jersey (257,798), Florida (242,356) and Minnesota (242,220).

PC Scholarship Golf Tournament registration underway

PIKEVILLE — Registration is underway for Pikeville College's 22nd annual scholarship golf tournament, Monday, Sept. 21, at Green Meadow Country Club in Pikeville.

This popular event, which draws golfers from all over the region, raises money for the College's student scholarship fund. Gearheart Communications, including Appalachian Wireless, Inter Mountain Cable, Coalfields Telephone, and Mikrotec, is the again the sponsor of this year's tournament.

The competition format for the tournament will be a team scramble. Registration for the first of two sessions begins Monday at 8 a.m., with a shotgun start at 8:30 a.m. Registration for the afternoon session begins at noon, with a shotgun start at 1:30 p.m. Golfers should arrive at least 30 minutes prior to their shotgun start.

The field is open to the first 96 golfers (24 teams), with registration limited to the first 48 golfers in the morning flight and the first 48 golfers in the afternoon flight. The entry fee, a portion of which is tax-deductible, is \$125 per person (\$500 per team). Registration includes all fees, meals, and a gift bag for each participant.

Prizes will be awarded to the top three teams. In addition, prizes will also be awarded for the longest drive, longest putt, closest-to-the-pin, and hole-in-one on selected holes. For more information, call 606.218.5276 or register online at <http://www.pc.edu/giving/golf.aspx>.



BLACKCAT FOOTBALL — Above: Prestonsburg head coach John DeRossett (left) and assistant Joe Chirico talked prior to a play. Below: Prestonsburg was able to move the football throughout the district game versus Bath County.



REBEL FOOTBALL — ALLEN CENTRAL got defensive throughout its non-district game versus Harlan last Friday night.



LEFT: Shane Hamilton tackled the Harlan quarterback just as he had released the football on a pass attempt.

ATHLETES OF THE WEEK

Chris Stumbo, Allen Central Football
Jaimie Mullins, Allen Central Volleyball



of Prestonsburg

SPORTS FAN OF THE WEEK



If you are the sports fan circled here...
it's your lucky day!

If you are the sports fan circled, you are entitled to a free 8-inch ice cream cake of your choice, redeemable at DAIRY QUEEN OF PRESTONSBURG. When claiming your ice cream cake, present this newspaper.

Hal

But sometimes that's not possible, and for the last couple of months Hal has found that out the hard way. After 37 years of covering the Reds for the Dayton Daily News — back in the day, I thought TSN was his only gig — the paper can no longer afford to send him around with the club. As a result, the best beat writer in town has ever known will be forced into retirement when the season ends the first Sunday in October.

Nowadays I keep up with Hal's musings a different way. A couple of years ago I stumbled upon his online blog called, "The Real McCoy." It is very entertaining, informative and funny. Hal enjoys baseball, and reading his stuff it's obvious. He enjoys travel, as he says, and has gotten paid for 37 years to do it.

But mostly he enjoys enter-

taining us, and that is the most obvious thing about the blog. Be it his difficulty in travel, his compromised vision or his love of food and cigar, Hal keeps us updated on the Reds and himself with remarkable ease. This is a guy who can simply write, and it's a pleasure to read his prose.

I'm a very blessed person. Among the things I get to do while writing this column is make the occasional trip to do a little writing on the Reds. Last summer I did a feature on Marty Brennaman — you know, because it's never been done before — and while I was there (be prepared to be shocked) I found my way back to the ice cream machine for some soft serve.

I turned and was standing right in front of Hal McCoy, a guy whose work I'd been read-

ing for 35 years. I nearly left him alone, thinking he couldn't possibly have time to speak with a small-time hack like myself.

But instead I spoke, mentioning his blog, I believe. He smiled and thanked me, laughing when I pointed out I was one of the idiots who made some truly insane comments on there from time to time. I simply read and used this space for my stupid remarks.

I found Hal to be a nice, soft-spoken, humble guy who really enjoyed talking to people, particularly about the Reds.

In the end, could you say something better about a Hall of Fame baseball writer?

Cousin Brian and I think that's about as good as it gets. Just like Hal McCoy.

Continued from p5

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www.floydcountytimes.com

COLLEGE FOOTBALL: NC Central awaits Morehead State

TIMES STAFF REPORT

MOREHEAD — The battle of the Eagles begins this Saturday in Durham when Morehead State travels to North Carolina Central for the first-ever meeting between the two teams.

MSU is coming off of a 31-0 loss at St. Francis, but it was a game that was decided by turnovers. Morehead's defense was strong once again and the offense was able to move the ball effectively. The rainy weather made the ball slick and the Eagles' giveaways resulted in all but three of SFU's points.

N.C. Central scored the first 10 points and took No. 24 Liberty to halftime with a 10-7 lead, but the Flames rallied in the second half with 28 points to hand NCCU a 35-10 loss, its second of the season. They also lost 31-24 in their opener at Hampton. Saturday will mark N.C. Central's first home game of 2009, the second time in as many weeks MSU has served as the opponent for a team's home opener.

NCCU is in its third year of reclassifying its athletic program from Division II to Division I. Once completed in 2011-2012, the Eagles will be a member of the Mid-Eastern

Athletic Conference. They are currently playing as an independent and were 4-7 last season and will play seven Division I members this season. MSU is one of only two DI members that will play at NCCU in 2009.

Against SFU, Morehead State's defense was again strong, allowing only 180 yards of total offense and only 42 of those came on the ground. The Eagles are holding opponents to an average of 29 yards per game on the ground and less than a yard per carry. Only one of the five touchdowns scored on MSU this season has come on the ground. Andrew Doan leads the defense with 13 total tackles, two of which were for losses and Josh Ballard, who had 10 tackles at St. Francis, is second with 12 total tackles and leads the team with 3.5 sacks for loss. Mark Hall has two sacks, and he and Derek Steiner have three tackles for loss.

Offensively MSU has nearly doubled the output of its opponents in the same number of plays. Desmond Cox leads Morehead with 81 yards on 13 carries and Evan Sawyer is 21-of-42. Ronnie McDermott leads the receiving corps with six catches for 83 yards.

On the flip side, NCCU has had a fairly effective offense, averaging 248.5 yards per game of total offense. The Eagles average 97.5 yards per game on the ground and 151 through the air. Their Achilles heel through two games has been the turnover margin with a -5 (four interceptions, four fumbles lost). Signal caller Michael Johnson is 26-for-43 in two games. He has 244 yards and three touchdowns. His favorite target is Will Scott with nine catches and two touchdowns. Tim Shankle is their feature back with 36 carries for 139 yards.

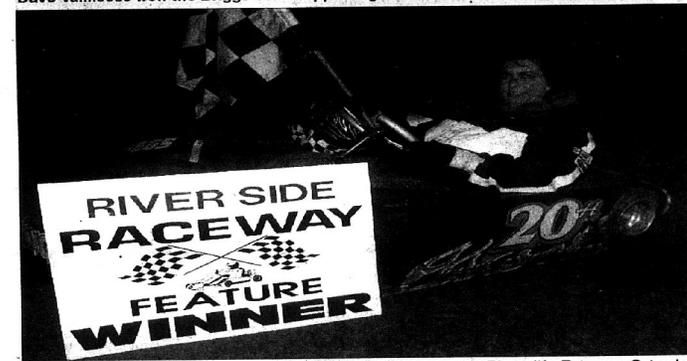
Defensively, N.C. Central has allowed 554 yards of total offense, and an average of 277 per game, including 158.5 yards per game on the ground. The pass defense is better, holding opponents to 118.5 yards through the air. Donald Laster has 17 tackles, a sack and a forced fumble to lead the NCCU defense. Jaquez Carty and Calvin Hillie each have 13 total tackles. Hillie also has a forced fumble and is the team leader in tackles for loss with 2.5. Saturday will be the first of three trips to North Carolina for Morehead State, who will also head to the Tar Heel State twice in October for Pioneer League games.



Tyler Combs won the Sealed Medium Feature at Riverside Raceway Saturday.



Dave Vanhoose won the Briggs Stock Appearing Feature at Riverside Raceway Saturday.



Shawna Hunley prevailed in the Ladies Powder Puff feature at Riverside Raceway Saturday. Riverside Raceway is located in Lawrence County.

Kentucky Speedway to host Nationwide, Camping World Truck Series races, again

TIMES STAFF REPORT

SPARTA — The NASCAR Nationwide and Camping World Truck series will return to Kentucky Speedway during the 2010 race season.

NASCAR Nationwide Series stars will visit Kentucky for the 10th time and open the June 11-12 weekend with Friday practice before engaging in a 300-mile battle under the lights on Saturday. Kentucky Speedway will play host to Race No. 14 on a 35-event series ledger which opens Feb. 13 at Daytona International Speedway and concludes Nov. 20 at Homestead-Miami Speedway.

The NASCAR Camping World Truck Series "Built Ford Tough 225 presented by

the Greater Cincinnati Ford Dealers" will be part of the facility's first Labor Day weekend doubleheader. NCWTS drivers will take to the 1.5-mile tri-oval for the 11th time in track history on Friday, Sept. 3. The race will be followed by an IndyCar Series 300-mile event and a Firestone Indy Lights 100-mile race on Saturday, Sept. 4. The Kentucky NASCAR Camping World Truck Series event will be Race No. 18 of a scheduled 25 while the IndyCar Series appearance will be Race No. 15 on a 17-event docket. The NASCAR Camping World Truck Series schedule opens Feb. 12 at Daytona International Speedway and closes Nov. 19 at Homestead-Miami

Speedway. The IndyCar Series slate will open March 14 in Brazil and finish up on Oct. 12 at Homestead-Miami Speedway.

"We're certainly looking forward to welcoming NASCAR Nationwide Series, NASCAR Camping World Truck Series, IndyCar Series and Firestone Indy Lights competitors to our facility for another entertaining, action-packed summer. We're happy our NASCAR Nationwide Series race will be featured as a premier event in our region in June and excited to offer fans a unique Labor Day weekend destination," Kentucky Speedway General Manager Mark Simendinger said.

Discount Tire to sponsor Penske No. 22 in 2010

TIMES STAFF REPORT

MOORESVILLE, N.C. — Discount Tire has reached a multi-year agreement with Penske Racing and driver Brad Keselowski beginning with the 2010 Nationwide Series. Discount Tire will serve as the primary sponsor for at least 26 races in next season's Nationwide Series on the Penske Racing No. 22 Dodge driven by Keselowski.

"We are looking forward to beginning our relationship with the Penske Racing team," said Bruce T. Halle, founder and chairman of Discount Tire, which has

been a sponsor in NASCAR since 2004. "Roger Penske and his team have built a winning tradition. Our goal is to compete for race wins and championships with Penske Racing and we can't wait to see the first green flag in 2010."

In addition to its Nationwide Series partnership with the team, Discount Tire will also become an associate sponsor on both the No. 12 Penske Dodge driven by Keselowski, as well as the No. 2 Dodge driven by Kurt Busch, in the Cup Series next season.

"Penske Racing welcomes

Discount Tire as a key partner in our NASCAR program," said Roger Penske. "Brad [Keselowski] is a proven winner and he will be a serious contender for the Nationwide Series championship next season. Discount Tire is a leader in tire retailing and an experienced NASCAR sponsor, and together we have created a powerful lineup for 2010 and beyond."

Discount Tire will also join the winning Penske Racing IndyCar Series program as an associate sponsor on the team's Indianapolis 500 entries next season.

2009 NASCAR SPRINT CUP SCHEDULE/RESULTS

- Feb. 7 — x-Budweiser Shootout, Daytona Beach, Fla. (Kevin Harvick)
- Feb. 15 — Daytona 500, Daytona Beach, Fla. (Matt Kenseth)
- Feb. 22 — Auto Club 500, Fontana, Calif. (Matt Kenseth)
- March 1 — Shelby 427, Las Vegas. (Kyle Busch)
- March 8 — Kobalt Tools 500, Hampton, Ga. (Kurt Busch)
- March 22 — Food City 500, Bristol, Tenn. (Kyle Busch)
- March 29 — Goody's Fast Relief 500, Martinsville, Va. (Jimmie Johnson)
- April 5 — Samsung 500, Fort Worth, Texas (Jeff Gordon)
- April 18 — Subway Fresh Fit 500, Avondale, Ariz. (Mark Martin)
- April 26 — Aaron's 499, Talladega, Ala. (Brad Keselowski)
- May 2 — Crown Royal Presents the Russell Friedman 400, Richmond, Va. (Kyle Busch)
- May 9 — Southern 500, Darlington, S.C. (Mark Martin)
- May 16 — x-NASCAR All-Star Challenge, Concord, N.C. (Tony Stewart)
- May 24 — Coca-Cola 600, Concord, N.C. (David Reutimann)
- May 31 — Dover 400, Dover, Del. (Jimmie Johnson)
- June 7 — Pocono 500, Long Pond, Pa. (Tony Stewart)
- June 14 — LifeLock 400, Brooklyn, Mich. (Mark Martin)
- June 21 — Toyota/Savemart 350, Sonoma, Calif. (Kasey Kahne)
- June 28 — LENOX Industrial Tools 301, Loudon, N.H. (Joey Logano)
- July 4 — Coke Zero 400, Daytona Beach, Fla. (Tony Stewart)
- July 11 — LifeLock.com 400, Joliet, Ill. (Mark Martin)
- July 26 — Allstate 400, Indianapolis. (Jimmie Johnson)
- Aug. 2 — Pennsylvania 500, Long Pond, Pa. (Denny Hamlin)
- Aug. 9 — Heluva Good! Sour Cream Dips At The Glen, Watkins Glen, N.Y. (Tony Stewart)
- Aug. 16 — Carfax 400, Brooklyn, Mich. (Brian Vickers)
- Aug. 22 — Sharpie 500, Bristol, Tenn. (Kyle Busch)
- Sept. 6 — Pep Boys Auto 500, Hampton, Ga. (Kasey Kahne)
- Sept. 12 — Chevy Rock & Roll 400, Richmond, Va. (Denny Hamlin)
- Sept. 20 — Sylvania 300, Loudon, N.H.
- Sept. 27 — AAA 400, Dover, Del.
- Oct. 4 — Price Chopper 400, Kansas City, Kan.
- Oct. 11 — Pepsi 500, Fontana, Calif.
- Oct. 17 — Bank of America 500, Concord, N.C.
- Oct. 25 — Tums Fast Relief 500, Martinsville, Va.
- Nov. 1 — Amp Energy 500, Talladega, Ala.
- Nov. 8 — Dickies 500, Fort Worth, Texas.
- Nov. 15 — Checker O'Reilly Auto Parts 500, Avondale, Ariz.
- Nov. 22 — Ford 400, Homestead, Fla.

Driver Standings

1. Mark Martin, 5,040
2. Tony Stewart, 5,030
3. Jimmie Johnson, 5,030
4. Denny Hamlin, 5,020
5. Kasey Kahne, 5,020
6. Jeff Gordon, 5,010
7. Kurt Busch, 5,010
8. Brian Vickers, 5,010
9. Carl Edwards, 5,000
10. Ryan Newman, 5,000
11. Juan Pablo Montoya, 5,000
12. Greg Biffle, 5,000
13. Kyle Busch, 3,195
14. Matt Kenseth, 3,165
15. Clint Bowyer, 3,059
16. David Reutimann, 3,048
17. Marcos Ambrose, 2,830
18. Jeff Burton, 2,738
19. Joey Logano, 2,705
20. Casey Mears, 2,639

State unemployment rate stays at 11.1 percent

FRANKFORT — Kentucky's seasonally adjusted preliminary unemployment rate was 11.1 percent, making it the same as July 2009's rate after it was revised slightly upward, according to the Office of Employment and Training (OET), an agency of the Kentucky Education and Workforce Development Cabinet. August 2009's jobless rate also matched the August

1983 rate of 11.1 percent and was 4.4 percent higher than the 6.7 percent rate recorded in August 2008.

"The Kentucky economy showed some signs of stabilization in August 2009, with average weekly hours of production workers rising and the temporary help industry experiencing an uptick in employment. However, the number of individuals facing long-term

unemployment continued to surge, suggesting the economic pain from the recession is far from over," said Dr. Justine Detzel, OET chief labor market analyst.

The U.S. seasonally adjusted jobless rate rose from 9.4 percent in July 2009 to 9.7 percent in August 2009, according to the U.S. Department of Labor. This 9.7 percent rate is 1.4 percentage points below

the 11.1 percent rate recorded in Kentucky in August 2009.

Unemployment statistics are based on estimates and are compiled to measure trends rather than actually to count people working.

Five of the 21 major non-farm North American Industry Classification System (NAICS) job sectors reported an employment increase in August 2009, while five decreased and one stayed the same, according to OET. A decrease of 400 jobs in August 2009 brought Kentucky's non-farm employment to a seasonally adjusted total of 1,772,700 in August 2008. Kentucky's nonfarm employment has plummeted by 85,100.

"This represents the 13th consecutive monthly employment decline and the 19th August 2009. The sector has added 1,200 workers since August 2008 because of hiring in the coal mining industry.

The government sector, which includes public education, public administration agencies and state-owned hospitals, maintained steady employment from July 2009 to August 2009. The sector has 2,900 fewer jobs compared to August 2008.

Kentucky's manufacturing sector lost 3,200 jobs in August 2009. Compared to August 2008, jobs in the sector plummeted by 35,300.

"This marks the 14th time in the last 15 months industrial employment has fallen. Job losses were concentrated in the durable goods subsector, reflecting layoffs at a number of automobile parts manufacturers, the closing of another automobile parts producer, and the start of a lengthy temporary shutdown of a durable goods plant," Detzel said.

"The durable goods subsector also accounted for the majority of the year-over-year employment decrease," said Detzel.

The construction sector lost 1,200 positions in August 2009. Since August 2008, employment in the construction sector has fallen by 18,300 positions.

"This represents the ninth decrease in employment in the last 10 months, reflecting a decline in specialty trade contractors and financial difficulties delaying commercial and public works construction projects," said Detzel.

The educational and health services sector dropped by 1,100 jobs in August 2009. The sector had the same number of workers in August 2009

as August 2008. This sector includes private and nonprofit establishments that provide either education and training or health care and social assistance to their clients.

The state's other services sector, which includes such establishments as repair and maintenance businesses, personal and laundry services, religious organizations and civic and professional organizations, fell by 800 positions in August 2009. This sector had 700 fewer jobs in August 2009 than in August 2008.

The information sector lost 100 positions in August 2009. This segment, which includes firms involved in publishing, Internet activities, data processing, broadcasting and news syndication, has 800 fewer positions than in August 2008.

The U.S. Bureau of Labor Statistics' monthly estimate of the number of employed Kentuckians for August 2009 was 1,837,304 on a seasonally adjusted basis. This figure is down 3,428 from the 1,840,732 employed in July 2009, and down 73,603 from the 1,910,907 employed in August 2008.

The monthly estimate of the number of unemployed Kentuckians for August 2009 was 230,488, up 1,654 from the 228,834 Kentuckians unemployed in July 2009, and up 92,459 from the 138,029 unemployed in August 2008.

The monthly estimate of the number of Kentuckians in the civilian labor force for August 2009 was 2,067,792. This figure is down 1,774 from the 2,069,569 recorded in July 2009, but up 18,856 from the 2,048,936 recorded in August 2008.

Civilian labor force statistics include nonmilitary workers and unemployed Kentuckians who are actively seeking work. They do not include unemployed Kentuckians who have not looked for employment within the past four weeks.

Kentucky's statewide unemployment rate and employment levels are seasonally adjusted. Employment statistics undergo sharp fluctuations due to seasonal events, such as weather changes, harvests, holidays and school openings and closings. Seasonal adjustments eliminate these influences and make it easier to observe statistical trends. However, because of the small sample size, county unemployment rates are not seasonally adjusted.

Pikeville College to plant 'Pinwheels for Peace'

PIKEVILLE — In today's world, peace needs to become more than just a word. On Sept. 21, Pikeville College will take part in an international art and literacy project, Pinwheels for Peace, by "planting" pinwheels with messages of peace around the college campus.

Pinwheels for Peace, an art installation project, was created in 2005 by art teachers, Ann Ayers and Ellen McMillan of Coconut Creek, Fla., as a way for students to express their feelings about what's going on in the world and in their lives. In the first year, there were approximately 500,000 pinwheels spinning in 1,325 locations around the world. In 2007, more than 1.2 million pinwheels were spinning in

2,500 locations, including the United States, Europe, Asia, Australia, Canada, the Middle East, Africa and South America.

Pinwheels for Peace is non-political. Peace doesn't necessarily have to be associated with the conflict of war. It can be related to violence and intolerance in our daily lives or peace of mind. To each of us, peace can take on a different meaning, but in the end, it all comes down to a simple definition: "a state of calm and serenity, with no anxiety, the absence of violence, freedom from conflict or disagreement among people or groups of people."

Pikeville College students, faculty and staff will create

pinwheels of all shapes and sizes. As part of the process, participants will write their thoughts about war and peace, tolerance or living in harmony with others on one side. On the other side they will draw, paint or make a collage to visually express their feelings.

On Sept. 21, keep a lookout for the pinwheels which will be "planted" as a public statement and art exhibit. The spinning of the pinwheels in the wind will spread thoughts and feelings about peace throughout the country and the world.

For more information, go to <http://www.pinwheelsforpeace.com> or contact Patricia Kowalski, professor of art at Pikeville College, at (606) 218-5758.

Parkway

will develop in Eastern Kentucky with the expectation of reasonable transportation routes into and out of our part of the state."

Another benefit, according to Runyon, would be that potential tourists would find getting to parts of the region from central and western Kentucky and beyond to be an easier task, perhaps leading to a surge in tourism.

"Vacationers will be more likely to plan trips to an area where travel is not hampered by a bottle-necked, heavily traveled, two-lane road," said Runyon.

Also, companies would have a safer, more reliable and more efficient route to move products, continued Runyon. "The letter was sent in sweeping support of the project on behalf of the Big Sandy

ADD board of directors, "strongly" urging the transportation department to complete the required study and construct the four-lane road as an "investment in the future of eastern Kentucky."

Nearly 200 citizens from across the region attended the presentation given by highway officials in late August in Magoffin County.

Continued from p1

Swine flu

adults who have respiratory and chronic disease.

Silve said earlier this month that she and others at the health department would remain concerned enough to urge people as to what should be done to prevent the spread of swine flu or any other virus that might crop up this winter

season.

Recent studies have said that up to half of U.S. residents will contract swine flu this season, with 30,000 to 90,000 dying as a result. The same studies pointed out that approximately 30,000 die annually from basic flu during the flu season.

Common things all people can do to help from spreading a virus this coming season are to wash their hands, cover their coughs, keep a distance from others if they are running a temperature greater than 100 degrees and also to see a doctor early if they do have a temperature.

Continued from p1

Festival

get around 2,000 visitors to the festival, including 1,000 school children. These children get the chance to see the culture and history of the region they grew up in."

The festival, scheduled to open at 9:30 a.m. on Friday, will feature authentic blacksmithing, mountain music, furniture making, clogging,

instrument making, storytelling and a sledhammer competition. The festival will remain open until 8 p.m. on Friday, and will open again at 10 a.m. on Saturday, with the closing time also set for 8 p.m.

Along with the activities and entertainment, the festival

will also feature a variety of regional foods and arts and crafts for purchase.

For more information on the Kentucky Highland Folk Festival and the scheduled events, visit the Mountain Arts Center website at <http://www.miacarts.com>.

Continued from p1

Are Your Hormones Out Of Balance?

Unbalanced hormones can cause a variety of health concerns, including:

Hot flashes • Night sweats • PMS
Post-partum depression • Weight gain • Infertility
Irregular menstrual cycle • Moodiness • Fibrocystic breasts
Decreased libido • Painful intercourse • Vaginal dryness

Bio-identical hormone replacement therapy (BHRT) may help restore your natural hormone balance. Our compounding pharmacist can assist your healthcare provider in evaluating your symptoms and determining a course of treatment designed specifically to provide the precise amount of hormones your body needs. Why not give yourself the option of customized, bio-identical hormone therapy?



McDowell Professional Pharmacy

Informational Meeting
Sept. 24, 2009 at 6:30 p.m.
The Perfect Setting
McDowell, KY

For More Info,
(606) 377-1088

Bring Back the Music Benefit Concert

South Floyd High School Raider Arena
Wednesday, Sept. 23, 2009—6:30 p.m.

\$1.00 Admission

Donations Appreciated

Proceeds will provide assistance in the rebuilding of Music Education Program at McDowell Elementary, South Floyd Middle and South Floyd High School
Concert sponsored by McDowell PCTO and South Floyd PCTO

Featuring Local talents:
KY Opry Performers **SUSAN SCOTT & JERRICA BLAIRE**
Special Ky. Opry Jr. Pro Performers
TEDDY PACK FRASURE, CHELSEA FRASURE, & JO PACK HALL
3 DAZE RIZIN—Rick Johnson, Tim Bailey, Josh Slong
Former Big Sandy Idol Winner **BOBBY CAWILL**
RUSTY HALL—lead singer of **Byrro Station**
TIM LAWSON
Music Students: **SFMS and SFHS**

School Music Program Directors:
McDowell Elementary Arts & Humanities Instructor & Music Club Coach: Patti Dye
South Floyd Middle & HS Music Instructor: Sarah Joseph



Special Guest
on tour from Los Angeles, CA
MELISSA COLLINS

Melissa's new single, "The Hard Way" now available on iTunes, Amazon and other fine retailers.
Returning to where it all began promoting & demonstrating the value of music education



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Tangent/Homma Productions

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MOVIES FROM THE BLACK LAGOON

'Cold Prey'

By TOM DOTY
TIMES COLUMNIST

Norway finally weighs in on the "slasher" cycle of horror cinema with this edgy effort that pits five snowboarders against a killer with a serious (pick) ax to grind.

The film opens with a great teaser montage that juxtaposes images of a young boy running for his life, while we get snippets of interviews with his parents. It's obvious that something horrible befell the child, but you'll have to wait until the last 30 seconds of the film to find out exactly what happened.

Meanwhile, we are introduced to our snowboarding heroes in an atypical slasher moment. It's that typical scene wherein you are introduced to the characters while they're driving to a remote location. There isn't a lot of character building here (just as in American horror films). We basically learn that the lead couple (Jannicke and Erik) are afraid to get serious about each other, while the two who have just met (Ingunn and Mikal) can barely restrain themselves when around each other. Then there's the fifth wheel guy, Morten, whose job it is to make



Tom Doty
Times Columnist

(See LAGOON, page three)

This Town, That World

Editor's Note: For years, Floyd County Times founder and former publisher Norman Allen wrote a weekly column that looked at Floyd County through his eyes. His columns are being reprinted due to request.

Until this week Dewey Lake was the hottest fishing spot in all Kentucky. The water temperature was 82 degrees.

WHAT'S THE USE?

I have this day indited an editorial about what is happening at Dewey Lake, and at the conclusion thereof was tempted to add these words.

"I could have spent my time as well baying at the moon."

WILL MR. CASSADY REPORT?

Arnold Cassady was back home from Michigan, last week, and he expressed an interest in having an interview with Lemna Moore, on the Watergate affair. Wonder, if he caught up with Moore. Also wonder if he did find him, if Moore has yet completed his "few remarks" on the subject.

MISSING STATISTICS

Across this somewhat cluttered desk flows a stream of information from a wide variety of sources. Even vital statistics. And none of these disclose just how many men we've lost making those television commercials in which a man shaves with two swipes of the blade?

WHEN WE FAIL

The following, which we reprint from an unidentified publication, should say something to

(See ALLEN, page two)

Wedding for dogs to be held Sept. 26

Hello, my name is Charley, and I am a basset hound mix. Yes, I am a dog. You don't often see wedding invitations for two dogs, and that is why I thought that you might be interested in my story.

I was rescued as a puppy along with my brother and siblings from a roadside ditch. I was too young to remember how we got there, but I don't think my Mom's humans wanted us all after we were born. I know it was a bad time for all of us. That changed when some kind people found us. I went to live with my forever family when I was still very little, and I have lots of dog, cat and

human friends. I was pretty content with my life until I met Cinder.

You see, my human mother is a nurse at an animal clinic. I go there with her a lot and do volunteer work. I talk to the patients and let them know that the doctors and nurses are going to help them. They worry less after I talk to them and they get better faster.

One day, an awful case came in. A beautiful young pit bull was brought in by the animal control officer. There had been a fire, and she had been burned terribly. That had been

(See WEDDING, page three)



Melissa Collins, a Minnie native now living in Los Angeles, has taken up the cause of restoring a music program at McDowell Elementary.

THE HALLS ARE ALIVE ...

Native works to bring back elementary school music

by JARRID DEATON
FEATURES WRITER

Music has been a part of Melissa Collins' life for as long as she can remember, and now the Floyd County native has taken up the cause of getting band programs back in the area's elementary schools.

Collins, who is a full-time musician currently living in Los Angeles, credits the band program at McDowell Elementary School for fostering her

interest in music.

"I grew up in Minnie and went to McDowell for all 12 years," Collins said. "I was in band every year and I started taking piano lessons on the side. I played an instrument all throughout school. I've been singing and performing for years, and my first paying gig was when I was 9-years-old. I got the fever for performing."

Collins said she wasn't aware of the decline in band programs in elementary schools, and a Facebook posting

by a classmate of hers now teaching at McDowell Elementary brought the issue to her attention.

"Patti Dye put out a plea on Facebook for anybody interested in starting up a music club to help groom the elementary students for high school music programs," Collins said. "I answered her right away. It weighed heavy on my heart, and I thought that surely there was something that I could do to help."

"It's grown into this fundraiser.

We've picked up 10 marching band instruments and we are going to donate them along with a chunk of money to these kids. Music is so important in schools. I wouldn't be where I am today without it. It's good for the soul."

The fundraising concert is scheduled to take place at the South Floyd High School Gym at 6:30 p.m. on Sept. 23.

For more information on Melissa Collins and her music, visit <http://www.melissacollins.net>.

DINNER DIVA

Ten weight loss tips



I am one of the lucky ones I guess. I've lost over 60 pounds and have kept it off (with a little slipping up and bringing it down again) for over 4 years. Someone asked me what I did so today I'm going to tell you the stuff that what most important. Taking it off isn't as hard as keeping it off! And because I went from a super tight size 18 to a size 10, I wanted to give the number 10 it's due. Here's my top 10 list of hints from a woman who admits she's over 40, had two children back to back (okay, so they're teenagers now) and LOVES to eat (I write cookbooks for living for heaven's sake!).

Here you go—the Top Ten Ways This Middle Aged Woman Got Her Groove Thing Back, starting with number 10—

10) Reality Check #1. Oprah always says, "This I know for sure," and then goes on to say something profound but simple that clicked with her. Here is my "this I know for sure": eating in the car, eating over the sink and eating standing in front of the fridge, really does count. You can't fool your digestive system and consequently your thighs. Everything that goes in your mouth counts!

9) Reality Check #2. Write it down. Yeah, yeah...I know what you're think-

ing! "I already know what I'm eating." You THINK you do, but when you write it down, there comes a moment (or most) when you find out some of the food you've been eating has been the result of an unconscious decision. You actually ate and you didn't know it! Writing it down makes every bite accountable because it's in black and white on paper and looking back at you! That'll make you think twice before snarfing down a Little Debbie in the car.

8) The Portion of Portion. When you

(See DIVA, page two)

inside lifestyles

CAR TALK

No need to go full-throttle

— page B3



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Classifieds	B5

Fun & Games

page B5





Family Medicine

Martha A. Simpson, D.O., M.B.A.
Associate Professor
of Family Medicine

Q I have found several bald spots in the last couple of months, and they're getting noticeable. I have no on my scalp now. My friend said it was from stress, and my doctor thought I was pulling my hair out; I am not. I'm a 22-year-old female, so having bald spots is not cool. What can you advise?

A Hair loss, medically referred to as alopecia, can be a major cosmetic or psychological concern, especially when it occurs in

patches and afflicts young and/or female patients. More importantly, it can also be a sign of a systemic disease.

It sounds like you may have a condition called alopecia areata. This condition causes hair loss anywhere, but it usually affects the scalp. The hair loss is rapid and occurs in spots. If all scalp hair is lost, the condition is called alopecia totalis. Both men and women can develop alopecia areata, but it tends to affect women more often. It occurs more

Bald patches, often temporary, can afflict young

often in younger adults, teens and children, it can affect anyone. There are generally no additional symptoms, although sometimes a tingling or slightly painful sensation occurs in the area of hair loss. The hair tends to fall out quickly, typically on one side of the head more than the other.

Most medical authorities believe that alopecia is an autoimmune disorder, meaning that it results from an overactive or inappropriate response of the body's own immune system. What causes the immune system to attack ordinary hair follicles is not known, but alopecia is frequently associated with other autoimmune disorders such as allergies, rheumatoid arthritis, and certain forms of lupus and colitis. It also seems to run in families, so a genetic element may be involved.

Most physicians can diagnose alopecia by simply inspecting the bald spots. Sometimes a diagnosis can be made by gently tugging on the hair surrounding a bald spot to see if any is dislodged; healthy hair should not fall out with gentle force. If your physician does this, rest assured that any hair dislodged would have fallen out anyway. This test is done once to diagnose the problem. Occasionally, a biopsy of the scalp is taken.

About 50 percent of the time, this condition resolves on its own within a year, with no treatment needed. Ninety percent of the time, hair eventually grows back. However, in more severe cases — particularly if the condition has advanced to alopecia totalis — hair only grows back partially or not at all.

Many people with alopecia areata

choose to wear wigs, but there are certain steroid creams and injections that can aid the re-growth of hair. Don't waste money on treatments that claim to treat hair loss but have not been proven to work.

Because alopecia areata can indicate the presence of another autoimmune disease, you should manage this condition with the advice and supervision of your family physician.

□ □ □

Family Medicine is a weekly column. To submit questions, write to Martha A. Simpson, D.O., M.B.A., Ohio University College of Osteopathic Medicine, P.O. Box 110, Athens, Ohio 45701, or via e-mail to readerquestions@familymedicine-news.org.

GOOD HEALTH

Murmurs not always serious heart trouble

DEAR DR. DONOHUE: During my recent physical exam, my doctor said I had a heart murmur but not to worry about it. I decided to go to my heart doctor anyway. He did an EKG — normal. I had a stress test last June — normal. He states that many people my age, 87, have heart murmurs. He said he would watch it.

Do I have a dangerous heart problem? I play tennis three nights a week and exercise with weights a few times a week. My weight is perfect for my height. I sleep well. My wife cooks without salt, and we watch our sugar intake. I take one pill for high blood pressure and one pill for an enlarged prostate gland. — R.E.

ANSWER: An 87-year-old with a dangerous heart problem could not play tennis three times a week and lift weights even a few times a week. You have no symptoms. You have a normal EKG and had a normal stress test. Your heart health must be good.

When doctors listen to hearts with a stethoscope, they hear a "lub-dub" sound due to the closing of the four heart valves. Murmurs are noises heard between those two sounds. Often they indicate narrow or leaky heart valves. The murmur comes from a dis-

turbance in blood flow due to the abnormal valve. It creates eddy currents in the blood, which generate sound. However, eddy currents arise for other reasons, some of which have nothing to do with heart valves. Older people often have such sounds, i.e., murmurs. Those sounds are innocent murmurs.

Even if your murmur is a sign of valve damage, the damage must be slight. You have no symptoms. You are more active than people half your age. The chance that a slightly damaged valve in someone 87 years old would progress to a dangerously damaged valve is most unlikely.

Readers who would like more information on heart valve disease can order the booklet on that topic. Write to Dr. Donohue — No. 105W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

□ □ □

DEAR DR. DONOHUE: For four years I have been dealing with lichen planus. Is there any new treatment? — J.P.

ANSWER: Lichen planus is most often found on the skin of the wrists, ankles and legs. It can also find its way into the mouth. The genital skin is another target. It starts as flat-topped, many-sided, small red patches that can merge into a larger patch. The color turns purple. White lines crisscross the surface of the patch. The outbreak is intensely itchy. A cause hasn't been identified, but it might result from an immune system gone berserk. Sometimes it's seen in conjunction with another illness, like hepatitis C.

The strongest varieties of cortisone creams and ointments are the usual treatment. Many patients are free of the condition in a year or so. To prevent relapses, some have to keep applying the ointments on a less-frequent basis once the skin has cleared.

□ □ □

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475. Health newsletters also may be ordered from www.drmanall.com.

Weekly Horoscope

Salome's Stars

ARIES (March 21 to April 19) Travel plans could be interrupted by the re-emergence of a workplace problem that was never quite fully resolved. Deal with it at once, and then take off on that well-deserved trip.

TAURUS (April 20 to May 20) Aspects favor cultural activities for sensuous Bovines. Attend a concert or an art show. Better yet, create something yourself (a poem, perhaps?), and dedicate it to someone special.

GEMINI (May 21 to June 20) Respect any doubts you might now be feeling about a new situation. They could be reflecting your inner awareness that some essential information might be missing. Check it out.

CANCER (June 21 to July 22) It's important to start the new month with as clean a slate as possible. Either complete all those unfinished tasks or pass them on to others who would be more than happy to take them on.

LEO (July 23 to August 22) This is a good time to cut down on expenses and tame that urge to splurge. Applying some financial discipline now could help the Big Cat ride out a possible monetary crunch later on.

VIRGO (August 23 to September 22) Money matters are dominant this week. Recheck your accounts and make sure they're up-to-date. Also, pay more attention to personal issues before they become major problems.

LIBRA (September 23 to October 22) You might be tempted to employ the same tactics as your adversary, but that could backfire. Better to use the same balanced approach that has worked for you before and could again.

SCORPIO (October 23 to November 21) A changing workplace environment could stir up confusion as well as apprehension. Best to ignore the rumors and get the facts. You could find that the changes bring positive elements.

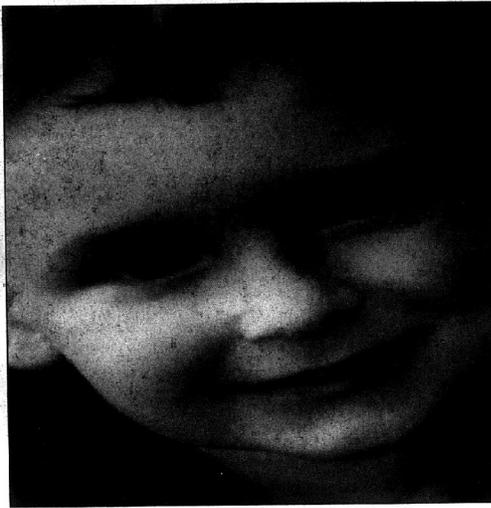
SAGITTARIUS (November 22 to December 21) Communication is easier this week with people ready and eager to hear what you have to say. Also, check for possible technical problems before you start your new project.

CAPRICORN (December 22 to January 19) Aspects favor change for the usually traditional Goat. Opening your mind to possibilities you had ignored could lead you to make decisions you once considered improbable.

AQUARIUS (January 20 to February 18) Making personal as well as professional adjustments to changing conditions might be easier with more information explaining the "hows" and "whys" of the situations in question.

PISCES (February 19 to March 20) With a growing tide of positive reactions to buoy your confidence, this could be the right time to put the finishing touches on your new project and get it well and truly launched.

BORN THIS WEEK: You have a gift for setting an example of quiet, calm reasoning in the midst of chaotic conditions.



Brayden Nathaniel Tussey celebrated his third birthday on August 23, with a beach-themed pool party. Brayden is the son of Nathan and Amanda Tussey, of Prestonsburg, and the grandson of Donald and Kim Shepherd, of Prestonsburg, and William and the late Katrina Lynn Tussey, of Blue River.

Allen

all of us. When the polls are open and I stay at home, I cast my vote for tyranny.

When the polls are open and I go unrepresented at the issues or candidates, I cast my vote for ignorance.

When my representative faces a decision about which I have a mortal conviction, and I neglect to write him a letter, I give my silent consent to the opposite position.

When my community needs my voice to speak about fair housing and better schools, and I am too busy, I neglect my responsibility as a citizen under God.

Diva

apply portion control to healthy eating, that's when the magic happens. Regardless of how healthy something is, if you're eating too much, you're not going to lose the weight! You must be absolutely aware of how much you're eating. For example, a deck of cards is the right size for a portion of protein. An ounce of cheese looks like a pair of dice, and so on. Keeping portion size in mind will keep it OFF your behind.

7) **Waist Not, Want Not.** When I go out to dinner, they almost always bring me way more food than I need. I ask for a doggie bag immediately when I get the food and make sure I get the food halved into the container and sometimes, I'll put even more in my little bag. The old adage, out of sight, out of mind applies big time.

8) **The No Bag Rule.** I've made a rule for myself and that is to NEVER eat out of any bag anything was purchased in. On the off chance that I would actually have potato chips in my pantry (it happens occasionally), I will transfer

HAVE YOU RE-REGISTERED?

Having printed that, we ask—Have you re-registered to vote? September 24 is the deadline. And please don't say, "So what?"

SOUNDS OF THE SEASONS

The seasons bring changes that are more than merely visual. The sounds change, too. In the spring everything bursts into bloom and every wood is a choir-loft. It is then that every stream or pool comes alive with the cacophony of peepers. This summer, the cardinals around our place

made life worth living. Now, with fall only a few days away, the more raucous jays are chattering away, and there is at evening, a constant den in the ears as a myriad of insects compose a choir invisible. But a few weeks more and the whirr will depart. Some night, what the copy books personify as Jack Frost, will clamp down his own type of freeze, and after that, the bark of a dog will be a welcome relief from those other sounds which are always with us—the clanking of gears and the roar of motors.

Yea, verily, the melancholy days are come—almost.

Continued from p1

with me and I am now to the point that if I don't drink enough water, I get really thirsty. Water helps slake not just thirst though; it helps to calm a rambunctious appetite as well.

2) **Smaller Sizes.** If I found a pair of pants I liked, I would buy those pants and buy them in one size smaller. I would hang that pair on the back of my bathroom door and look at them everyday. I would tell myself I would be in them X amount of time as I laced up my running shoes. I kept those pants in my head too, as I ran. Made a huge difference in how much cardio got accomplished!

3) **Use White Out.** In other words, get the white out of your food. White flour, white sugar all spell disaster. There are much healthier alternatives, like whole wheat flour and xylitol (HYPERLINK "http://www.xylitol.org" www.xylitol.org) out there!

That's it—pretty basic, you're probably saying. But put these principles into action and they'll change your life. I'm living proof!

B3

No need to go full throttle in today's cars

by TOM and RAY MAGLIOZZI

Dear Tom and Ray:
I know we are supposed to drive our cars gently ... accelerate gently, brake gently, etc. But is there any benefit from occasional and brief full-throttle blast, for, say, a mile or so? As a boy in the 1960s, I recall my dad and my friends' dads making reference to "blowing out the cobs," like it was something the family sedan needed every now and then. It may have been a reference to something else that sounded like cobs — I'm not really sure. So, my question is multi-part: Are you familiar with this expression? Do you know the correct version and its origin? Was it ever good for a car? Should we be doing it today? I hope you can clear up this "cob" mystery. — Terry

P.S. As a teenage driver, I saw to it that the engine in Dad's car was completely free of cobs.

RAY: Great question, Terry. You must have grown up in the Midwest, where corn seedlings often get blown by the wind into people's exhaust pipes. And due to the heat and moisture there, corn stalks would often sprout and, ultimately, produce corn.

TOM: And you had to drive fast

once in a while to "blow out the cobs." This was most problematic in August and September, during harvest season, of course.

RAY: We're pulling your leg, Terry. The phrase is "blow out the carb," as in "carburetors." And here are the likely explanations:

TOM: Back in the 1960s, some high-performance cars had four-barrel carburetors. If you drove slowly around town, you'd use only two of the barrels. In order to exercise the other barrels — the high-speed barrels — and keep them from potentially sticking, you'd have to get the car out on the highway and accelerate hard for at least a short time.

RAY: The other explanation is that, since carburetors ran so rich, the extra fuel they poured in would lead to carbon buildup on the pistons. And the thought was that by running full throttle, you could heat up the pistons and burn off some of the carbon. So the carbon may have been the "carbs" that some people were referring to.

TOM: But mostly, "blowing out the carbs" was an excuse to drive fast as you ably figured out on your own. So I'm thinking I should not be too necessary now. In fact, it's dangerous, and a waste of fuel.

RAY: All cars now have fuel injection, in which the fuel is carefully and precisely metered by the computer. So there are no carburetors to blow out, and there shouldn't be any carbon buildup on the pistons.

TOM: So if a policeman stops you for speeding, saying you're "blowing out the carb" will not get you very far, Terry.

RAY: Yeah. You might have better luck telling him you're trying to make it to the farmer's market before it closes, because they're having a "blowout on cobs."

Junkyard is the way to go for replacement seats

Dear Tom and Ray:
I have an old 1995 Toyota Celica with 180,000 miles on it. It's in great shape, but the driver's seat has become worn and broken — so broken that an upholstery shop cannot repair it. Buying new aftermarket seats is expensive, and probably requires drilling new mounting holes and other work that I'm not mechanically inclined or equipped to perform. So I'm thinking I should try to find an old, used seat to replace mine. My question is, How do I go about finding a used seat? I'm assuming I must

go to an auto salvage yard. Is it possible to search online to find a local yard with the part I'm looking for or find a non-local salvage yard that will mail me the part? I have no idea how salvage yards work. — Earl

RAY: We happened to cover this very issue in depth, in an article we wrote on our Web site.

It's called: "Car Talk's Complete Guide to American Junkyards (Oops, Auto Recycling Facilities)." You can read the whole thing at www.cartalk.com.

TOM: But here's the part you need to know, Earl. Just call a local junkyard. THEY'LL find you the seat you need.

RAY: Right. Most junkyards have an online parts locator system to find parts for their customers. So if they don't have the seat you're looking for, they'll order it for you, and some other yard with a pristine '95 Celica driver's seat with only 40,000 but miles on it, will ship it to them.

TOM: Or, you may get a '94 or '96 seat. The junkyard has access to a database that can tell which seats from other model years will fit your '95 — without drilling new holes or remodeling the console.

RAY: And this is absolutely the right way to go, Earl. There are some parts we don't recommend buying at a junkyard, either because of safety issues or because of the high ratio of labor-to-parts cost. But a seat is an absolute junkyard winner — as long as it passes the sniff test.

Get more Click and Clack in their new book, "Ask Click and Clack: Answers from Car Talk." Got a question about cars? Write to Click and Clack in care of this newspaper, or call them by visiting the Car Talk Web site at www.cartalk.com.



CLICK & CLACK
Talk Cars

Strange ... but true

by SAMANTHA WEAVER

■ It was beloved comedian Bill Cosby who made the following sage observation: "I don't know the key to success, but the key to failure is trying to please everybody."

■ Before the 1800s, lobster was not considered to be the delicacy it is today. In fact, the crustacean was so ill-regarded as a food source that only the very poor — such as widows, orphans and servants — ate them.

■ Famed 19th-century Russian composer Peter Ilyich Tchaikovsky wasn't just a musical genius. With the ability to fluently speak Russian, French

and German by the time he was 6 years old, he evidently had a gift for languages, too.

■ At 50 feet in diameter, the world's largest clock is the Colgate Clock. If you want to see it in person, you'll have to travel to Jersey City, N.J., to do so.

■ Besides having successful careers in film, what do Steven Spielberg, Tom Cruise, Sela Ward and Lucy Liu have in common? All of them had an engineer for a father. TV's *ER* stars Ray Romano did, too, as did singer Mariah Carey.

■ When the popular word game Scrabble was first put on the market in 1938, the game's

creator, Alfred Mosher Butts, received only 5 cents for each game that was sold.

■ When he was in college, comedian and TV host David Letterman was fired from his job as a disc jockey.

■ Considering the franchise's longevity, you might be surprised to learn that the original "Star Trek" series never did better than 52nd place in the ratings during its relatively brief three-year stint on TV in the late 1960s.

Thought for the Day

"The nice thing about being a celebrity is that when you bore people, they think it's their fault." — Henry Kissinger

Rental Central

by TOM DOTY
TIMES COLUMNIST

One mega-budgeted dud arrived this week alongside several more modestly priced films that scored a lot higher.

■ "X-Men Origins: Wolverine" — From its clunky title to its convoluted plot (which makes a hash of Marvel Comics' original storyline) this overpriced ham arrives undone. Hugh Jackman returns as Wolverine and takes some of the blame as a co-producer for this bloated train wreck. Live Schriber steals a few scenes as Sabretooth, but the real crime is that Ryan Reynolds wasn't given his own movie as "Deadpool." He has a great time with the part, but his scenes are limited and his character is poorly handled considering the popularity of the character. Skip it.

■ "Next Day Air" — The lives of 10 people are adverse-

ly effected when two hapless UPS drivers accidentally deliver a supply of cocaine to a pair of wannabe drug kingpins. This works as a crime comedy in the vein of Donald Westlake's "Dortmunder" series. The casting is top notch, with Mos Def standing out as one of the delivery men and Wood Harris (Avon Barksdale on HBO's "The Wire") as a guy who's just not cut out for the gangster life style.

■ "Phantasm 2" — Fans of this horror series can rejoice now that the elusive second feature finally hits DVD. Director Don Coscarelli was given a much bigger budget to guide this sequel to the screen and it shows in every shot. The result is a perfect follow-up to the original that continues the story of two men waging war against cosmic slave lords who pose as funeral home managers. The film boasts some neat special effects but

nothing tops the metal spheres which latch onto a victim's head and burrow right through like a crazed beaver.

■ "The John Carpenter Collection" — Just in time for Halloween comes this prime sampler of the Kentucky suspense master's best work. This is a true mix that features a little bit of everything. You get his ultra-gory remake of "The Thing," the paranoid future actioner "They Live," the low-key redux of "Village of the Damned," and the apocalyptic chiller "Prince of Darkness." Themes of alienation and darkness abound but there are also moments of dark humor and the looniest fistfight ever captured on film. Includes Rowdy Roddy Piper and Keith David. A great deal for a sluggish economy at less than 20 bucks.

Next week look for "Battle for Terra" and Clive Barker's "Book of Blood."

KIM'S KORNER

Giving grace to those who give us grief

by KIM LITTLE FRASURE

This past Wednesday night was our sixth lesson from the study of "Facing Your Giants." From its title, "Grief Givers," you may already have an idea about what we all about. But, oh, did it dig deep, and credit must be given to Angie here, for she is such a good teacher, so anointed to teach God's Word and we are so blessed to have her.

This particular lesson began with a story about the "sacred tree" in Oklahoma City. Some of you may have heard about this tree. For those of you who have not, it is the most sacred symbol in Oklahoma City. It is reported tourists drive from miles around to see this magnificent tree. And what is it that is so special about her, her endurance. You see, this tree is treasured not for her appearance but for what she stands for — Oklahoma City bombing.

Our lesson told how no one expected this tree to survive. Actually, no one in fact had even given the dusty branch stripped tree any thought. But then one day, she began to bud!

Sprouts began to burst through her damaged bark; green leaves pushed away dusty gray soot. Yes, life resurrected from an area of death. Just what the people of Oklahoma City desired, this tree modeled the resilience the victims so desperately needed to witness. So, they named the tree "Survivor Tree."

The lesson shared how we can imitate the tree — survive the evil, and rise above the ruin.

The lesson took us to the story of David and Saul. Saul enters David's world bringing him much grief. Yet David kept his God-saturated mind and refused to take things in his own hands, but let go and let God handle the situation and FORGIVE SAUL.

How many of us do want to be able to do the same, yet fall short of following through? Some say it is our nature to snap back when someone offends us, goes that extra mile to hurt us, or heaven forbid one of our children.

Most of us can usually forgive one-time offenders those misdeeds, if you will. You know the ones, parking place takers, date breakers, rude sales clerks, and things such as that. Ah, but when it comes to the biggies, the felonies of the grief givers, it's like our minds go into overtime and we forget scripture where God tells us "Vengeance is mine saith the Lord" and take "vengeance is ours" to a whole new level. In our lesson there was a quote, "Vengeance fixes your attention where God tells us to. And you better believe it does. 'Resentment kills a fool, and envy slays the simple.'" (Job 5:2) NIV

"Score settling freezes your stare at cruel events in your past. Is this where you want to look?" Reliving and rehearsing our hurts does not make us a better person by any means. It only destroys us!

What was so amazing about this lesson to me was the fact that no matter how much grief Saul tossed David's way, David refused to see Saul as anything less than a Child of

God and that gave David hope. Oh, to see our enemies not as God's failures, BUT as God's projects!

How many of us have a Saul in our lives? Maybe we have more than one Saul. How many of us time after time have been ready to pull our hair out strand by strand, scream in fits of disgust and frustration over the hurt, pain and pure audacity our Sauls can cause?

Years ago I had a "particular" Saul, and with every fiber of my being I wanted to mop the floor with this person. In our neck of the woods it's been called "Breakin' Wheelwright" on them. It's true and then a very dear friend of mine took me to the side and in her soft, loving, so sweet and kind voice, she said, "Kim ask God to let you see them as He sees them."

People I am telling you that was life changing for me.

"Only God assesses accurate judgments. We impose punishments too slight or severe. God dispenses perfect justice. Vengeance is His job. Leave your enemies in God's hands. You're not endorsing their misbehavior when you do. You can hate what someone did without letting hatred consume you. Forgiveness is not excusing. Nor is forgiveness pretending. David didn't gloss over or even sidestep Saul's sin. He addressed it directly. He didn't avoid the issue, but he did avoid Saul."

We must to do the same. Give grace, but, if need be, keep our distance.

Yes, give grace to those who give us grief!

"Tl next week, God's blessings!"



Kim Little Frasure

Lagoon

jokes.

The next scene deposits them at their remote location, where they proceed to snowboard like mad men. It's all in good fun until Morten loses control and wipes out in spectacular fashion. The accompanying crackling noise is pretty gruesome.

Later you get a revealing shot of the compound fracture Morten has incurred and you realize the special effects will be gory enough to pass U.S. muster.

The group determines that they are way too high (as in elevation and not mental state) to get cell phone signals and way too far away from their vehicle to haul Morten there before dark. Naturally they spot an abandoned lodge and opt to spend the night there.

We all know where this is going, but let's just say that the execution here is flawless.

You get scenes of the group bonding, a sexual tryst and some light banter just before

all hell breaks loose. The lodge is, of course, inhabited by a psychopath who wields a mean pick-ax, and he isn't at home to visitors.

The film does a 180, though, by giving you victims who figure out that they are in trouble even before they see their first body. When one of their group disappears, and blood is found at the scene, it doesn't take these folks any time at all to determine that they are not alone. They also do some quick math and determine that it's time to leave.

The killer, of course, weighs in with his own opinion, but at least they come up with a plan and try to escape before having to fight for their lives.

The finale features plenty of chills, last-minute escapes and gore. It is all well rendered and should delight fans of the genre, who will marvel at the final set piece, which involves hand-to-hand combat between the killer and the final female

atop a gaping crevasse that already holds the remains of countless victims.

No matter how you slice it, the end result is a good chiller that delivers on moments you'd expect but also offers a fresh take on the genre. Sure, they deliver on the carnage, but you also get some refreshing changes, which include smarter characters and a more mature take on premarital sex than other films in this genre.

Characters who are almost as smart as the audience members are a pleasant change. The problem is that they don't leave much room for the time-honored tradition of yelling at the screen every time a character does something stupid.

Ignore the cover art, which makes this look like any old gore movie with a pretty cast. It's better than that. Don't judge this book by its cover.

Last line of the art all over my neighbor, and his laptop computer.

2006, unrated.

Wedding

days before, and on one had brought her in to be treated. (She told me later that she had been trying to get her puppies out of the fire, but she couldn't. She doesn't like to talk about that, so I don't bring it up.)

Anyway, the animal control officer asked our doctors to help her get better so she could find a good forever home. Our doctors said they would try, even though she was hurt badly. They gave her the name Cinder because that is what she looked and smelled like. She had big barns all over her sides and back, and the remaining patches of white hair were singed. She smelled like smoke.

The whole time she was in the hospital, she never complained, even though she was covered in smelly cream and had to take lots of pills. There are scars and a lot of her hair is gone forever. The pain medicine helped a lot, but of course there were still the bad memories. I admired her so much.

Before then I thought my story was sad.

As she got better, I got scared because she would soon be adopted and I would never get to see her again. But guess what? My human mom was also falling in love with her, and I found out she was coming to live with us! Mom will be able to take special care of her sensitive skin, like keeping sunscreen on it so she doesn't get an uncomfortable sunburn. She will have her own private nurse!

Now you are going to think this is strange, but I asked Cinder to marry me! We have so much in common and we think we will make a good team. We discovered that we both have a very special interest—preventing pet overpopulation.

Thank goodness, we have both been "fixed" so we don't have to worry about contributing more puppies to the world. I am sure Cinder would have been a good mother, but we

have both seen the bad things that can happen to puppies and to dogs who are not spayed or neutered. We are both very committed to the task of helping other dogs and cats who are less fortunate to have this surgery.

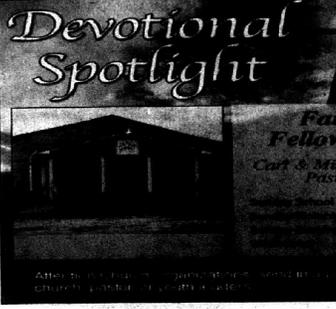
We have everything we could have ever wanted, so we just look forward to a celebration with all our friends and helping other animals. That's why, instead of bringing gifts to our wedding, we decided to ask that our friends donate postage stamps, envelopes, printer paper, or money to SNOOP, our local spay and neuter organization. Donations can be mailed to SNOOP, box 321, Prestonsburg, Ky 41653.

We would be delighted to have you join us on Sept. 26, at 2:30 p.m. at the gazebo on North Lake Drive in Prestonsburg for our wedding ceremony. Please feel free to bring your humans!

Sincerely,
Charley

Floyd County Devotional Page

This devotional and directory is made possible by these businesses who encourage all of us to attend worship services.



evening Service, All Welcome 7 p.m.
Pastor Mark Hunt, 606-478-2698

Faith Bible Church, an independent Baptist Church, located on 1428, between Allen & Martin; Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Wednesday Bible Study & Prayer, 6 p.m.; Pastor, Rev. Bob Wiresman.

Faith Freewill Baptist, 1/4 mile above Worldwide Expt. on Rt. 1428; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Elder Donnie Patrick, Minister.

Frat Baptist, Garrett; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister.

Frat Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. Sunday Evening Service 7 p.m.; Wednesday, 7 p.m.; Greydon Howard, Minister.

Frat Baptist, Prestonsburg, 157 South Front Street; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wed., 6:30 p.m.; Jerry C. Workman, minister.

Highland First Baptist, 1063 Big Branch, P.O. Box 410, Prestonsburg, KY 41653; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Tommy Reed.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.

Greeth Baptist, State Rt. 3379, (Branchman's Creek Rd.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.

Garrett Regular Baptist, Route 550, Garrett; Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Willie Grace, pastor; Asst. Larry Patton. Phone 358-4275.

Highland Avenue Freewill Baptist; Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Truay.

Jacks Creek Baptist, Bevinville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Truay.

Katy Friend Freewill Baptist, 2 miles up Abbott; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chad Blair, Pastor.

Lackey Freewill Baptist, Lackey; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister.

Lancaster Baptist Church, 71 Cooley St., Prestonsburg; Sunday School, 10:00 a.m. Morning Worship, 11:00 a.m. Evening Worship, 6:00 p.m. Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter.

Left Beaver Regular Baptist Church across from Garth Church, 285-3385; Sunday 10:00 a.m., Odd Saturday 6:00 p.m.; Gary Compton, Pastor.

Liberty Baptist, Denver; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Marie Little, Minister.

Ligon Community Freewill Baptist, Ligon Worship Service, Sunday, 11:00 a.m. Thursday, 7 p.m.

Little Rose Regular Baptist Church of Jesus Christ, (Indian Bottom Association) Services: 1st Saturday & Sunday observance 9:30 a.m., 3rd Sunday 9:30 a.m., 5th Sunday 9:30 a.m.

Martin Branch Freewill Baptist, Estill; Sunday Service, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Morris, Minister.

Martin Freewill Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister.

Maytown First Baptist, Main St., Maytown; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Varney, Minister.

McDowell First Baptist, McDowell; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Gene Bracken, Minister.

Middle Creek Baptist, Blue River; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; William L. Hunt, Minister.

Lighthouse Baptist, 2194 KY Rt. 1428, Prestonsburg; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister. home phone 285-3385

Pleasant Home Baptist, Water Gap Road, Lancer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.

Prater Creek Baptist, Banner; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Rock Fork Freewill Baptist, Garrett Sunday School, 10 a.m.; Worship Service, 11 a.m. Wednesday, 7 p.m.; Wendell Crager, Minister.

Rock Fork Regular Baptist, Garrett; Worship Service, 9:30 a.m.; Jerry Marns, Pastor, Willie Grace Jr., Assistant Pastor.

Salt Lick United Baptist, Salt Lick, Huesyville; Worship Service, 2nd & 4th Sunday, 10:30 a.m.; Pastor, Allen Chaffins, phone 946-2123

Sanny Clark Branch Freewill Baptist, Dana; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Stephens Branch Missionary Baptist, Stephens Branch; Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.

The Third Avenue Freewill Baptist; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Phillip Ramey, Pastor.

Tom's Creek Freewill Baptist, U.S. 23 north of Layne Brothers; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chuck Ferguson, Minister.

Tom Moore Memorial Freewill Baptist; Cliff Road; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Youth Services, 5:00 p.m.; Evening Service, 6:00 p.m.; No Service the 1st Sunday of each month; Wednesday, 7 p.m.; Jody Spencer, Minister.

Trumble Chapel Freewill Baptist; Intersection of U.S. 23 and KY 80, Water Gap; Sunday School, 10 a.m.; Morning Worship Service, 11 a.m. and Evening Worship Service 6 p.m.; Wednesday Bible Study, 7 p.m.; Youth Services 7 p.m.; Everyone

United Community Baptist, Hwy. 7, Huesyville; Worship Service, 2 p.m.; Friday, 7 p.m.; Carolyn Beverly, Minister.

Wheelwright Freewill Baptist, Wheelwright Junction; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louie Ferratt, Minister.

ASSEMBLY OF GOD

First Assembly of God, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lorie Vannucci, Minister.

In Victory Assembly of God, West Prestonsburg; Sunday School, 10:00; Worship Service, 11:00 & 6:30; Wednesday Evening, 6:30; Gary Stanley, Pastor.

New Bethel Assembly of God, Burning Fork Rd., Salyersville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Arthur (Sam) Smith, Minister.

Prairie Assembly, 1 mile S. of Prestonsburg, Intersection of Rt. 80 and U.S. 23; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; J.M. Sloca, Minister.

BAPTIST

Allen First Baptist, Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.

Auxler Freewill Baptist, Auxler; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thursday, 7 p.m.; Bobby Spencer, Pastor.

Ball Branch Regular Baptist Church, Moussey Ky; Worship Service, 9:30; Every third Sat. and Sun. of each month; Roger Hicks, Pastor; Ralph Howard, Asst. Pastor. Contact Karmit Newsome 606-377-6881 for more information.

Benedict Baptist, Slick Rock Branch, Cow Creek; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Gordon Lewis, Minister.

Betsy Layne Free Will Baptist, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.

Big Sandy Community and Technical College Baptist Student Union, J 102; Wednesday, 11:30 a.m.; Vera Joiner, 886-3863, ext. 67267.

Bonanza Freewill Baptist, Abbott Creek Road, Bonanza; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; D. D. Lewis, Minister.

Brandy Keg Freewill Baptist, Corn Fork; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Misk, Minister.

Calvary Southern Baptist, Betsy Layne; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; D. D. Lewis, Minister.

Community Freewill Baptist, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.

Cow Creek Freewill Baptist, Cow Creek; Sunday School, 10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathan Lafferty, Minister.

Daniels Creek Baptist Fellowship Church of God, Banner; Services: Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.

Drift Freewill Baptist, Drift; Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m. Jim Fields, Minister.

Endicott Freewill Baptist, Buffalo; Sun. School, 10 a.m.; Church every Sun. Morning 11:00 a.m.; Wed. evening Bible Study & Prayer Meeting, 7:00 p.m.; First Sat.

and 6:30 p.m.; Wed., 6:30 p.m.; Jerry C. Workman, minister.

Highland First Baptist, 1063 Big Branch, P.O. Box 410, Prestonsburg, KY 41653; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Tommy Reed.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.

Free United Baptist, West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.

Greeth Baptist, State Rt. 3379, (Branchman's Creek Rd.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.

Garrett Regular Baptist, Route 550, Garrett; Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Willie Grace, pastor; Asst. Larry Patton. Phone 358-4275.

Highland Avenue Freewill Baptist; Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Truay.

Jacks Creek Baptist, Bevinville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Truay.

Katy Friend Freewill Baptist, 2 miles up Abbott; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chad Blair, Pastor.

Lackey Freewill Baptist, Lackey; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister.

Lancaster Baptist Church, 71 Cooley St., Prestonsburg; Sunday School, 10:00 a.m. Morning Worship, 11:00 a.m. Evening Worship, 6:00 p.m. Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter.

Left Beaver Regular Baptist Church across from Garth Church, 285-3385; Sunday 10:00 a.m., Odd Saturday 6:00 p.m.; Gary Compton, Pastor.

Liberty Baptist, Denver; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Marie Little, Minister.

Ligon Community Freewill Baptist, Ligon Worship Service, Sunday, 11:00 a.m. Thursday, 7 p.m.

Little Rose Regular Baptist Church of Jesus Christ, (Indian Bottom Association) Services: 1st Saturday & Sunday observance 9:30 a.m., 3rd Sunday 9:30 a.m., 5th Sunday 9:30 a.m.

Martin Branch Freewill Baptist, Estill; Sunday Service, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Morris, Minister.

Martin Freewill Baptist, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister.

Maytown First Baptist, Main St., Maytown; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Bob Varney, Minister.

McDowell First Baptist, McDowell; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Gene Bracken, Minister.

Middle Creek Baptist, Blue River; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; William L. Hunt, Minister.

Lighthouse Baptist, 2194 KY Rt. 1428, Prestonsburg; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister. home phone 285-3385

Pleasant Home Baptist, Water Gap Road, Lancer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.

Prater Creek Baptist, Banner; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Rock Fork Freewill Baptist, Garrett Sunday School, 10 a.m.; Worship Service, 11 a.m. Wednesday, 7 p.m.; Wendell Crager, Minister.

Rock Fork Regular Baptist, Garrett; Worship Service, 9:30 a.m.; Jerry Marns, Pastor, Willie Grace Jr., Assistant Pastor.

Salt Lick United Baptist, Salt Lick, Huesyville; Worship Service, 2nd & 4th Sunday, 10:30 a.m.; Pastor, Allen Chaffins, phone 946-2123

Sanny Clark Branch Freewill Baptist, Dana; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Stephens Branch Missionary Baptist, Stephens Branch; Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.

The Third Avenue Freewill Baptist; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Phillip Ramey, Pastor.

Tom's Creek Freewill Baptist, U.S. 23 north of Layne Brothers; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chuck Ferguson, Minister.

Tom Moore Memorial Freewill Baptist; Cliff Road; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Youth Services, 5:00 p.m.; Evening Service, 6:00 p.m.; No Service the 1st Sunday of each month; Wednesday, 7 p.m.; Jody Spencer, Minister.

Trumble Chapel Freewill Baptist; Intersection of U.S. 23 and KY 80, Water Gap; Sunday School, 10 a.m.; Morning Worship Service, 11 a.m. and Evening Worship Service 6 p.m.; Wednesday Bible Study, 7 p.m.; Youth Services 7 p.m.; Everyone

United Community Baptist, Hwy. 7, Huesyville; Worship Service, 2 p.m.; Friday, 7 p.m.; Carolyn Beverly, Minister.

Wheelwright Freewill Baptist, Wheelwright Junction; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louie Ferratt, Minister.

CHRISTIAN

First Christian, 560 North Arnold Avenue; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister.

Victory Christian Ministries, 1428 E.; Sunday School, 11:30 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Sherm Williams, Minister.

CHURCH OF CHRIST

Betsy Layne Church of Christ, Betsy Layne; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.

Prestonsburg Church of Christ, 88 Hwy 1428; Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Kelly and Nelson Kidder, Minister.

Harold Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Willie E. Meade, Minister.

Highland Church of Christ, Rt. 23, Hager Hill; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Huesyville Church of Christ; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chester Varney, Minister.

Lower Toler Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Lonnie Meade, Minister.

Mare Creek Church of Christ, Stanville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Martin Church of Christ, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Gary Mitchell, Minister.

Maytown Church of Christ, 66 Turkey Creek Rd., Langley; Sunday Bible Study 10:00 a.m., Sunday morning worship 11:00 a.m., Evening Bible Study 6:00 p.m., Wednesday Bible Study 6:00 p.m.

Upper Toler Church of Christ, 3.5 miles up Toler Creek on right; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Weeksbury Church of Christ; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; John Burke, Minister.

CHURCH OF GOD

Betsy Layne Church of God, Old U.S. 23; Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 6:30 p.m.; Lonnie Meade, Minister.

Community Church of God, Arkansas Creek, Martin; Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Crum, Minister.

First Church of God; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven V. Williams, Pastor.

Garrett Church of God, Garrett; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Family Training Hour: Thursday 7 p.m., Bill B. Tussey, Pastor.

Landmark Church of God, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11:10 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr. and J. Smith, Minister.

Little Point First Church of God, 871 Little Point Road, Huesyville; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Charles Heater Jr., Minister.

The Ligon Church of God of Prophecy, Saturday 9:30 a.m., Sunday 10 a.m.; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph Hall, Pastor.

EPISCOPAL

St. James Episcopal; Sunday Service, 9:45 a.m., Holy Eucharist 11:00 a.m. Wednesday Study Group 6:00 p.m., Holy Eucharist & Healing 7:30 p.m. Father Johnnie E. Ross, Rector.

LUTHERAN

Our Savior Lutheran, Sipp Bayers Room Carriage House Motel, Paintsville; Sunday Service, 11 a.m.; WKLV (600 am) 12:05 p.m.; Rolland Bentrup, Minister.

METHODIST

Auxler United Methodist, Auxler; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Mearl Misk, Minister.

Betsy Layne United Methodist, next to B.L. Gymnasium; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister.

Allen Christ United Methodist, Allen; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m.; Kenneth Lemaster, Minister.

Community United Methodist, 147 Burke Avenue (off University Drive and Mesley St.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Glen "Sandy" Douglass, Rev.

Elliott's Chapel Free Methodist, Rt. 979, Beaver; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor David Profit.

Emma United Methodist, Emma; Sunday School 10 a.m.; Sunday Worship Service 11 a.m. Pastor David Profit.

First United Methodist, 256 South Arnold Avenue; Sunday School, 9:45 a.m.; Worship Service, 10:55 a.m.; Youth Service 6 p.m.; Rev. Jim Adams, Pastor.

Horn Chapel Methodist, Auxler Road, Auxler; Sunday School, 10 a.m.; Sunday Morning Service, 11 a.m.; Midweek Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Judy Carr-Back, Minister.

Graceway United Methodist, Rt. 80, Sunday School, 9:45 a.m.; Worship Service, 11 a.m.; Wednesday Night, 7 p.m.; Roy Harlow, Minister.

Salisbury United Methodist, Printer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday Bible Study, 6 p.m.; Bobby G. Lawson, Minister.

Wayland United Methodist, Rt. 7, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Pastor Howard, Pastor.

Wheelwright United Methodist, Wheelwright; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bobby Isaac, Minister.

Vogle Day United Methodist Church, Harold; Sunday School, 10 a.m.; Worship Service, 11:00 a.m.; Wed. Bible Study, 7:00 p.m.; Dennis C. Love, Pastor.

Drift Pentecostal, Drift; Sunday School 10 a.m.; Worship Service, Saturday/Sunday, 7 p.m.; Wednesday, 7 p.m.; Ted Shuler, pastor.

Free Pentecostal Church of God, Rt. 1428, East Point; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs. 6:30 p.m.; Buster Hayton, Minister.

Free Pentecostal Church of God, Weeksbury; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday/Saturday, 7 p.m.; John Jay Patton, Minister.

Free Pentecostal Deliverance, Ext. 46 off Mt. Parkway at Campton; Worship Service, Saturday and Sunday, 7 p.m.; Patricia Corder, Minister.

Free Pentecostal Holiness, Rt. 122, Upper Burton; Sunday School, 11 a.m.; Worship Service, 6 p.m.; Friday, 7 p.m.; Louis Sanlan, Minister; David Pike, Associate Minister.

Goodloe Pentecostal, Rt. 850, David; Worship Service, 6 p.m.; Malcolm Stone, Minister.

Parkway First Calvary Pentecostal, Floyd and Magoffin County Line.; Worship Service, 6:30 p.m.; Mike D.

Presbyterian

Drift Presbyterian, Route 1101, Drift; Worship Service, 11 a.m.

First Presbyterian, North Lake Drive; Sunday School, 9:30 a.m.; Worship Service, 11 a.m. Rev. Vicki Poole, pastor.

SEVENTH DAY ADVENTIST

Seventh-Day Adventist, 5 miles West on Mountain Parkway; Church Service, 9:15; Sabbath School, 10:45; John Baker, Pastor, 358-9263; Church, 886-3459, leave message. Everyone welcome!

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

The Church of Jesus Christ of Latter-Day Saints; Sacramento Mlg., 10:00 a.m.; Sunday School, 11:20 a.m.; Society/Presthood/Primary, 12:00 p.m.; Wednesday, 6 p.m. Church Meeting House address, Hwy. 80, Martin, KY 41649; Meeting House telephone number: 285-3133; Ken Carriere, Bishop.

OTHER

Pastor Atha Johnson welcomes everyone to attend services at the CHURCH OF GOD OF PROPHECY TRAM KENTUCKY. Sunday school 10 a.m., WORSHIP SERVICE 11 a.m.

Drift Independent, Drift; Sunday, 11 a.m.; Thursday, 6:30 p.m.

Grace Fellowship Prestonsburg, (next to old flea market), Sunday School, 10 a.m. Worship, 11 a.m. Bill Stukenberg, Pastor 889-0905.

Faith Deliverance Tabernacle, West Prestonsburg; Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shepherd, Minister.

Faith Revelation, Harkins Ave., West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thurs. 7 p.m.; Randy Adams, Minister, 886-0460.

Faith Fellowship, Allen, Ky, Sun. School, 10 a.m.; Worship Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed. 7 p.m. Carl & Missy Woods, Pastors.

Faith Worship Center, US 460, Paintsville; Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude Frye, Minister.

Full Gospel Community, (formerly of Martin) moved to Old Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 p.m.; Lavonne Lafayette, Minister.

Lighthouse Temple, Main St. and Hall St.; Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister.

Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge; Wednesday, 7:00 p.m., Sunday Evening, 6:00 p.m. Pastor: Curt Howard.

Martin House of Worship, Old Post Office St.; Martin Service, 7 p.m. Saturday/Sunday.

Our Time Holiness, 2 miles up Arkansas Creek, Martin; Sunday School, 11 a.m.; Worship Service, 7 p.m.; Friday, 7 p.m.; John W. Patton, Minister.

Spurlock Bible (Baptist), 6227 Spurlock Creek Rd., Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jim Stephens, Minister. 888-1003.

Town Branch Church; Sunday School 10 a.m. except for first Sunday in each month; Worship Service, Sun. morning 10:00 a.m., Evening 6 p.m.; Wednesday, 6 p.m.; No Sunday night services on first Sunday of each month. Tom Nelson, Minister.

The Father House, Big Branch, Abbott Creek; Sunday School, 10 a.m.; Worship Service, 6 p.m.; J.J. Wright, Minister.

The Tabernacle, Rt. 321 (Old Plantation Motel), Christian Educator, 10:00; Sunday Morning, 11:00; Sunday Evening, 7:00; Wednesday, 7:00; Pastors, Paul and Ramona Alken.

Zion Fellowship Center, Wheelwright; Monday-Tuesday, 6 p.m., Thursday, 7 p.m.

Zion Deliverance, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m. Prayr Line: 358-2464; Darlene V. Arnette, Pastor

Taylor Chapel Community Church, formerly the old Price Food Service building, located 1 quarter mile above Worldwide Equipment, Rt. 1428, Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30 p.m. Kenny Vanderpool, Pastor.

International Pentecostal Holiness Church, 10974 N. Main St., Martin, Rev. Ellis J. Stevens, Senior Pastor.

Rising Sun Ministries, 114 Rising Sun Lane, Prestonsburg, Ky 41653; Sunday, 11:00 a.m.; Wednesday 6:30 p.m. Pastor D.P. Curry.

Church of God of Prophecy, Sunday School 10 a.m., Worship Service, 11 a.m. Sunday Night - 6 p.m. Wednesday Night - 6 p.m. Pastor Glen Hayes, West Prestonsburg.

House of Refuge, Rock Fork; Sunday Evening Worship 6 pm; Monday Bible Study 7:30 pm; Wednesday Prayer Meeting 7:30 pm; Bill B. Tussey, Pastor

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Saint Joseph Martin

CATHOLIC
St. Martha, Water Gap, Mass. Sunday, 11:15 a.m.; Saturday, 6 p.m.; Sunday; Father Robert Darron, pastor.

fun & games

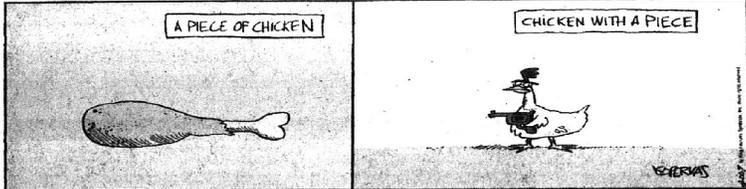
Amber Waves



by Dave T. Phipps

Out on a Limb

by Gary Kopervas



R.F.D.

by Mike Marland



The Spats

by Jeff Pickering



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by Dave T. Phipps



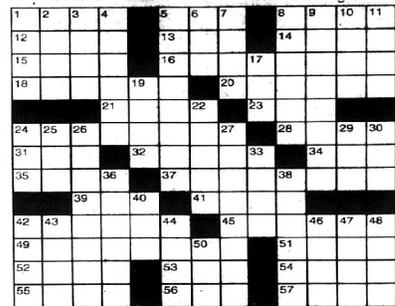
LAFF-A-DAY



King Crossword

ACROSS

- 1 Scolded
- 5 Young lion
- 8 Skaters' venue
- 12 Dorothy's destination
- 13 Work with
- 14 Mideast port city ...
- 15 ... and a dweller therein
- 16 Soft fabric
- 18 Grayish red
- 20 Long, harsh speech
- 21 House section
- 23 Cauldron
- 24 Heavy military footwear
- 28 Makes a hole
- 31 Rowing prop
- 32 Missionary
- 34 Junipero
- 34 Unit
- 35 Breckinridge
- 56 Type
- 37 "Sinker" squares
- 57 Mirh
- 39 "That tastes awful!"
- 41 Infamous lyre player
- 42 Damage
- 45 Household linens
- 49 Agree
- 51 Pelvic bones



- 6 Mex. neighbor
- 7 A-number-1
- 8 Rifleman's tamping
- 9 Act of thinking
- 10 Dweeb
- 11 Leg joint
- 17 With it
- 19 Weeps loudly (Abbr.)
- 22 Dunderhead
- 24 Make marginal notes
- 25 "That feels good"
- 26 Casino employee
- 27 Actuality
- 29 Wildebeest
- 30 Prepared
- 33 Taj Mahal city
- 36 Kampala's country
- 38 Optimistic
- 40 Topper's interruption
- 42 Cold War weapon (Abbr.)
- 43 Magical herb of myth
- 44 Ceremony
- 46 Hebrew month
- 47 Anger
- 48 Harvard's rival
- 50 Poorly lit

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Weekly SUDOKU

by Linda Thistle

	5	4		8				6
4	7			1		3		
9			7				8	5
6	4				5		2	
		7		2		1		4
		2	3	8			7	
		3			1	5	4	
5	2			4		9		
	6		9		7			1

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: *

* Moderate ** Challenging *** HOO BOY!

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HOCUS-FOCUS

BY HENRY BOLTOFF



Find at least six differences in details between panels.



Overdifferences: 1. Source is missing. 2. Birds are in sky. 3. Boy's hat is different. 4. More, more are on ground. 5. Kitchen has been moved. 6. Tree branch is missing. 7. Sun.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, I will equal C throughout the puzzle. Solution is accompanied by trial and error.

Clue: 8 equals I

RTXZ QLSU GLJ QTSS TAG
YTXZVM RZL QLWVI YMLW
HAUHTAT? H RLJSU ITG
"ZLLIHVM UTUUGI"

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Trivia test by Fifi Rodriguez

1. MEDICAL: What are the symptoms of a person suffering from a scotoma?
2. INVENTIONS: What color were early Model T Ford autos?
3. FAMOUS PEOPLE: Where was the French emperor Napoleon born?
4. GEOGRAPHY: What is the basic currency of Singapore?
5. ASTRONOMY: Ganymede is a moon of which planet in our Solar System?
6. CHEMISTRY: What is the common use for the drug diphenhydramine hydrochloride?
7. ROYALS: Who was the second wife of Henry VIII of England?
8. MYTHOLOGY: Who was the Roman god of fire?
9. TELEVISION: What was Ethel's last name on the "I Love Lucy" show?
10. COMICS: In Superman comics, what was the motto of The Daily Planet?

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1. A spot in the visual field
2. Black
3. The island of Corsica
4. Potter
5. As an antimiasm to treat allergies
6. Anne Bolton
7. Marie Bolton
8. Vatican
9. Merit
10. Always first with the News



King Crossword

Solution time: 21 mins.

8	6	4	9	6	7	2	2	3	1
5	2	1	8	4	3	9	6	7	1
7	9	3	2	6	1	4	3	9	6
1	5	2	3	6	8	4	6	7	9
3	8	7	8	2	8	1	4	3	9
6	4	0	1	7	8	8	2	3	9
9	1	6	7	3	2	4	8	9	6
4	7	8	9	3	2	4	8	9	6
2	3	5	4	9	6	7	1	8	9

Weekly SUDOKU

Answer

The Times CLASSIFIEDS work for you!

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Over 18,000 Readers every issue!

Local Rates Include Online
 only \$0.50 for the first three lines, \$1.00 each additional line
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"For Sale Special" \$16
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1. Call: (606) 886-8506, LeighAnn Williams
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5. Mail: P.O. 390, Prestonsburg, KY 41653

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 Sunday's paper @ Thurs., 5 p.m.

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- State your price or terms
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NAME _____

ADDRESS: _____

PHONE #: _____

Write your ad here:
 (approximately 18 letters per line)

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Our CLASSIFIEDS Will Work For You!!!

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300 Services

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Own a computer for as little as \$29.99 per week!
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CREDIT CARD RELIEF

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 Call Credit Card Relief for your free consultation: 1-877-284-8031

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For the best TV experience, upgrade from cable to Directv today!
 Packages start at \$29.99
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No Experience Required.

Must apply in Person.

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Myra, KY

is now accepting applications for the following position:

Lube Truck Driver with two years experience servicing surface mine equipment. PM record keeping required. KY Surface Mine Certification and CDL License required.

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An identity is stolen every 3 seconds. Call Lifelock now to protect your family free for 30-days!

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Save up to 40% off your cable bill! Call Dish Network today!

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We solve debt problems!

If you have over \$12,000 in debt CALL NOW!

1-877-266-0261

Miscellaneous

NOTICE TO UNKNOWN DEFENDANT, SPOUSE OF KAREN JOHNSON WARNING ORDER

Notice is hereby given that the undersigned attorney has been appointed to notify the Defendant UNKNOWN DEFENDANT, SPOUSE OF KAREN JOHNSON, that a civil action has been filed against her in Floyd Circuit Court, Division I, as C.A. No. 09-CI-940. Said Defendant must immediately file an Answer in this matter, otherwise judgment may be entered against him. Said Defendant should contact the undersigned attorney immediately.

Anthony Craig Davis

Davis Law Office

104 Hayes Complex

P.O. Box 220

Selsy, Laysie, Kentucky 41605

Office (606) 478-1002

For Sale: 1.15, 14k diamond engagement ring with matching band. Size 7. Retail \$1798.00. Will sell for \$650. Also 1/2 carat diamond cluster size 5 1/2 retail for \$300. Will sell for \$150. Call 886-1859.

Discount Fabric 100% cotton. Fabric starting at \$2.00 per yard. Windham Marcus, RR Kaufman only \$5.00 per yard. Call 297-1462.

For sale: WA 500L Komatsu Loader. New paint job. Clean inside & out. Tires about 70% Approx 25,000 hours. \$44,600. Call 886-3113 after 9 pm.

For sale: Washer, dryer, stove & refrigerator. Call 886-1840.

Established Medical Practice/arge Base of Patients, Office Equipment and Furniture/Serious Inquiries Only/For More Information, please contact William S. Kendrick, Executor of the Estate of Charles J. Kendrick, phone 606/886-8933 facsimilekendrick@kik.net

Commercial

Commercial property for sale. Income producing. Call 606-438-9184

Houses For Sale

2 Story, 4 br home for sale. Located at Stammers Branch in Wayland, L&T HOME. PAY FOR ITSELF \$25,000. 606-949-2271 or 606-785-5556.

3 Br, 2 ba house for sale. City water, city sewer located in a nice subdivision at the mouth of Abbot. 606-438-9184

House for sale. Located in Prestonsburg. Completely remodeled. New heating and cooling system and new appliances. Covered driveway with large fenced in yard. Asking \$89,999. Call 226-6010.

Approx 1 1/2 acre of land for sale. Located at Valley View Estates. Cut of flood plain. Sewer is approved and has city water. Asking \$23,500. Call 886-3113 after 8 pm.

House for sale: 1.5 acres- 2 br. with ceiling fans, bonus room, 2 storage bldg, attic space, central heat / air, with washer / dryer. \$55,000 or land contract with 20% down. Call 606-363-2334 mor 791-0263.

Apartment/ Townhouses

For lease : Clean 2 br apartment. No yard. Great for single person. No pets. Call 358-2318 or 358-4429.

Large apartment for rent. Located on US 23 at Starville. 2 br, 2 bath, Walk in closet. Large living room area. 1 yr lease. NO PETS. \$650 per month \$650 security deposit. Call 606-478-8100

For rent 2 br apartment. Fully furnished with kitchen appliances and washer/dryer hookup. Large living front & back porch. Call 606-226-1099

Efficiency apartment for rent. Utilities included. \$375 month plus \$375 deposit firm. Call 285-9003 or 258-5469.

Apartment for rent. Located above Unsign on US 23 at hvt 2 br, 1 bath, \$400 month plus \$400 deposit. 1 year lease. No pets. Call 606-478-8100.

3000 Real Estate Sales

1000 Recreational Vehicles

2000 Automotive

3500 Real Estate Rentals

For Sale: 1.15, 14k diamond engagement ring with matching band. Size 7. Retail \$1798.00. Will sell for \$650. Also 1/2 carat diamond cluster size 5 1/2 retail for \$300. Will sell for \$150. Call 886-1859.

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2 Story, 4 br home for sale. Located at Stammers Branch in Wayland, L&T HOME. PAY FOR ITSELF \$25,000. 606-949-2271 or 606-785-5556.

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Commercial

Commercial property for sale. Income producing. Call 606-438-9184

Houses For Sale

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3 Br, 2 ba house for sale. City water, city sewer located in a nice subdivision at the mouth of Ab

B7

Apartments/Townhouses
Renovated apartments in downtown Martin. Good location & parking. Deposit required. Call 360-3072 2pm-5pm Mon-Sat.

Apartments/Townhouses
New Renovated 2 br apartment for rent. Located in the new Lakeland. Includes washer/dryer, water and electric included. Deposit required. Call 226-0159.

Commercial
50 X 50 Building 18 ft tall for rent. Located at Martin. \$550 a month.

Houses For Rent
For rent: Small efficiency apartment on nice private lot, completely furnished, all utilities paid including TV cable. \$475 month plus deposit. References required. No pets, no kids. Located at 1428 between Allen and Prestonsburg. Call 1-859-408-9617 or 226-6512.

2 Br. house for rent. \$600 per month. Call for details 806-478-5403.

3 br. house in Allen. \$600 month. Call 734-0249.

Houses For Rent
Newly remodeled house for rent in Prestonsburg. Less than 5 minutes from school. This is a must see! 2 br, 1 bath. Back ground check, credit check and deposit required upon signing. No pets and no smoking. For more information call John @ 259-5156.

2 Br house on US 23 for rent. Located near 4 lane at level. KY. Good neighborhood. NO HUD. No pets. \$575 per month plus deposit and utilities. Call 606-424-1150 or 424-7771.

Rentals
14X60 Mobile home for sale. 2 br 1 bath. \$4,300. Call 606-358-4593.

2 br mobile home for rent. Located at Garrett. HUD approved. Call 886-1840.

Houses For Rent
Special FHA Finance Program \$0 Down if you own land or use family land. We own the bank your approved. Call 866-567-2063.

2 br Town House located for rent. Located in Prestonsburg. \$475 month plus utilities. Deposit and references required. No Pets! Call 606-263-4370.

4000 Manufactured Housing
View our homes on display www.galvulhome.com/04. Call 866-597-2063 for more info.

Rentals
For rent 2 br 1 bath newly remodeled house. Located at Martin \$500 per month plus \$500 deposit. Call 478-8159 after 5 pm or 791-6571.

3 Br. mobile home for rent. Located at Silk Rock. Call 874-9949.

2 Br. mobile home for rent. Total electric, stove, refrigerator on private lot. Suitable for single or working couple. No pets. No HUD. Close to school. White State park. Call 886-3705.

3 Mobile homes for sale. Equipped with air conditioner, refrigerator and stove. First mobile home \$1,000. Second is \$1,500 and the third is \$3,500. Call 358-4524.

3 br Mobile home for rent. Washer, dryer, refrigerator and stove included. \$400 per month plus \$400 deposit. Call 358-4505.

For Sale: Like new 14x60 2006 Clayton Mobile home 2 br. all window wood windows. Stove, refrigerator, washer & dryer, central heat & air. \$15,000 firm. Call Bob Brown @ 377-6889.

A 2 & 3 br mobile home for rent in Haysville, Ct. Water. Deposit & references required. HUD approved. Call 866-8223.

6000 Employment

Help Wanted - General

Mystery Shoppers!
Earn up to \$160 per day. Undercover shoppers needed to judge retail and dining establishments. Experience not required. Call 877-341-3504.

Help Wanted: Clean, people friendly book keeper for small business. Send resume to PO Box 233, Prestonsburg, KY 41653.

Community Connections is hiring a Direct Care Provider. A criminal background check is required for this position. Apply in person at Community Connections, 4021 US 23 South, Ives, KY 41602. Phone Number: 800-Community-connections is an equal opportunity employer.

Local agency seeking Full time case manager, Must have a Bachelor's degree in Human Services or BSN and experience with SCL. A criminal background check is required for position. Send resume to PO Box 6511, Prestonsburg, KY 41653.

Prestonsburg Health Care center currently have an opening for a Certified Nurse Aide. We offer competitive pay and benefits. For more information please call 606-886-2378.

Central Financial Services, Inc has immediate openings for multiple positions. Individuals will become a member of a team devoted to providing quality customer service. Duties include greeting customers, processing cash/check payments and receiving of dues. Must be a high school graduate or equivalent. Apply in person to Central Financial Services, Inc 198 Collins Circle Box 4, Prestonsburg, KY 41653. EOE

Delaware is Hiring! Aide positions available. Comparable wages and benefits. Apply in person at 1025 East Avenue, Paintsville, KY from 9:00 am to 4:30 pm, Monday - Friday.

HIGHLANDS REGIONAL
The Medical Center of Eastern Kentucky.
Come grow with us!!
Highlands, a growing premier healthcare facility in Prestonsburg, is currently recruiting for
House Director - Full Time Nursing Administration

Highlands Regional Medical Center has an opening for a full-time House Director. The House Director is responsible for all aspects of staff management, departmental management, and for creating a positive professional work environment that focuses on the customer. Administrative responsibilities include: annual work plan development, budget preparation, performance review, performance improvement programs, professional development programs for staff, and preparation and maintenance of regulatory requirements, such as JOAHO, OSHA, etc. Managers are expected to embrace, utilize, and champion technology to advance HRMC & HHS and its strategic agenda.

Graduate of accredited nursing program and currently licensed in the state of Kentucky. Management training or experience required. BSN preferred. Must be able to stand and walk for long periods and do heavy lifting.

- Nine (9) Paid Holidays
- Medical/Dental Insurance
- 401k Retirement Plan
- Life Insurance

Interested applicants may apply to the Human Resources Department
Highlands Regional Medical Center
5000 Kentucky Route 321, Prestonsburg, KY 41653
(606) 886-7531 • Fax (606) 886-7534
E-mail: tlark@hrmc.org

Highlands is an equal opportunity employer.

Be an Angel.

Become a Kentucky organ & tissue donor. Sign the back of your driver's license or place a Donor Data on it. & tell your family of your wishes.

For information contact:
1-800-523-3456,
or www.trustforlife.org

Kentucky Organ & Tissue Donor. Organ & Tissue Donor Agreement.

PREMIER ELKHORN COAL COMPANY
is now accepting applications for the following position:
MECHANIC with five years experience as a heavy equipment mechanic on a surface mine job. Requires CDL and KY Surface Mine Certifications.
Applications will be accepted at:
Kentucky Department for Employment Services
1333 College Street
Pikeville, KY 41501
Premier Elkhorn Coal Company is an EOE.

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the Busiest Web Site in the Area.
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www.floydcountytimes.com

HIGHLANDS HEALTH SYSTEM
Come Grow With Us!!
Highlands, a growing premier healthcare facility in Prestonsburg, is currently recruiting for
Office Coordinator - Full-Time Highlands Orthopaedics

Highlands Health System has an opening in the Highlands Orthopaedic department for a full-time Office Coordinator. The Office Coordinator will be responsible for planning, organizing, coordinating, and controlling the day to day operations of the office. Coordinates interoffice activities including patient scheduling and billing for Orthopaedic Office. Duties will include checking patients in, preparing files, answer phones, greet patients, and registering patients in EMR. Will account for cash payments, complete deposit forms, verify patient insurance eligibility and satisfy billing requirements.

High school diploma or G.E.D. equivalent. Preferred candidates will have an Associate Degree in related field or will have a minimum of 5 years experience in a Medical Office or with a Physician practice. Most have knowledge and skills in using computer software with emphasis on basic word processing and spreadsheet applications in a Windows environment. Knowledge of medical procedures and terminology is desired. Ability to communicate with employees, physicians and mid-level practitioners, the public and management in a courteous and professional manner. Ability to effectively work in a multi-task environment.

- Nine (9) Paid Holidays
- Medical/Dental Insurance
- Retirement Plan
- Life Insurance

Interested applicants may apply to the Human Resources Department
Highlands Regional Medical Center
5000 Kentucky Route 321, Prestonsburg, KY 41653
(606) 886-7531 • Fax (606) 886-7534
E-mail: tlark@hrmc.org

Highlands is an equal opportunity employer.

Increase Sales
When you place your ads with us you get the best of both worlds — local print circulation and Internet distribution on the area's most-visited Web site!

Call us at 606-886-8506
Or visit us at www.floydcountytimes.com

NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-547 Amendment # 4

In accordance with KRS 350.070, notice is hereby given that Matco Co., Inc., 438 Meadows Branch, Prestonsburg, Kentucky 41653 has applied for an amendment to an existing surface and underground coal mining and reclamation operation located 1.8 miles northwest of Emma in Floyd County. The amendment will add 178.59 acres of surface disturbance and will underlie an additional 296.17 acres making a total area of 1115.48 acres within the amended permit boundary.

The proposed amendment area is approximately 1.51 miles north from KY 194 Cow Creek Road's junction with KY 1423. This amendment area includes Sand Branch of Levisa Fork.

The proposed operation is located on the Lancer USGS 7 1/2 minute quadrangle map. The operation will use the area, contour, auger and highwall methods of surface mining. The surface area is owned by Aima Land Company and Tri-Star Development. The amendment will underlie land owned by Aima Land Company and Tri-Star Development.

The amendment application has been filed for public inspection at the Division of Mine Reclamation and Enforcement, Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Mine Permits, #2 Hudson Hollow, U.S. South, Frankfort, Kentucky 40601. This is the final advertisement of this application. All comments, objections or requests for a conference or hearing must be received within 30 days of the day of this notice.

NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-5530 Amendment # 1

In accordance with the provisions of KRS 350.070, notice is hereby given that Natural Resource Group, LLC, P.O. Box 792 Brevard, North Carolina 28714 has applied for an amendment to an existing underground coal mining and reclamation operation located 1.5 miles northwest of Bonanza in Floyd County. The amendment will add 4.24 acres of surface disturbance. The resulting operation will now disturb 16.66 surface acres and will underlie 64.89 acres. The total area within the permit boundary will now be 653.70 acres.

The proposed amendment is approximately 0.6 mile west of Conley Fork Road's junction with KY 1750 and located 0.1 miles south of Conley Fork.

The proposed operation is located on the Ivyton and Prentissburg U.S.G.S. 7-1/2 minute quadrangle maps. The surface area to be disturbed is owned by Sonja Ratliff, David & Linda Bowling, and Renee Spaulding.

The application has been filed for public inspection at the Department for Natural Resources, Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Mine Permits, #2 Hudson Hollow, U.S. South, Frankfort, Kentucky 40601. This is the final advertisement of this application. All comments, objections or requests for a conference or hearing must be received within 30 days of the day of this notice.

Sell your car in no time fast!
Call **Donnetta** at 886-8506.

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HIGHLANDS HEALTH SYSTEM
Come Grow With Us!!
Highlands, a growing premier healthcare facility in Prestonsburg, is currently recruiting for
L.P.N. - Full-Time Highlands Orthopaedic

Highlands Health System has an opening in the Highlands Orthopaedic department for a full-time L.P.N. The L.P.N. would be responsible for delivering nursing care for patients according to Kentucky Practice Standards and under supervision of Orthopaedic Physician. Records and reports all observed symptoms, reactions, treatments and change in patient's condition to the Orthopaedic Physician. Demonstrates knowledge regarding emergency measure for sudden adverse development in the environment and/or patient. Assists physician with special tests and procedures. Provides direct care for patients in a transitional care setting. Other responsibilities include patient families and maintain casts, braces, and traction for Orthopaedic Physician. Requires technical knowledge of cast, brace, traction and software equipment, application, monitoring and removal.

Graduate from accredited licensed practical/vocational school of nursing. Current licensure in state of Kentucky. Completion of Support Care training preferred. Must be able to stand and walk for long periods and do heavy lifting. Preferred candidates will have one year experience in cast application and removal. Interpersonal skills necessary to instruct, comfort patients and their families and maintain effective communication with a wide variety of office and hospital personnel. Must have knowledge of basic computer skills.

- Nine (9) Paid Holidays
- Medical/Dental Insurance
- Retirement Plan
- Life Insurance

Interested applicants may apply to the Human Resources Department
Highlands Regional Medical Center
5000 Kentucky Route 321, Prestonsburg, KY 41653
(606) 886-7531 • Fax (606) 886-7534
E-mail: tlark@hrmc.org

Highlands is an equal opportunity employer.

HIGHLANDS REGIONAL
The Medical Center of Eastern Kentucky.
Come grow with us!!
Highlands, a growing premier healthcare facility in Prestonsburg, is currently recruiting for
ICU/CCU PRN - Registered Nurses

Highlands Regional Medical Center has opening in the Critical Care Unit for PRN Registered Nurses. The Critical Care nurse is responsible for providing optimal care for the critically ill patient through incorporation on the following: individual accountability, thorough knowledge of the interrelatedness of the body systems, recognition of the patient as an individual and all the needs that implies, and appreciation of the collaborative role of all members of the health care team.

Graduate of accredited nursing program and currently licensed in the state of Kentucky. Must have successfully completed HRMC's RN staff nurse orientation program and CCU orientation program and qualify exam. Must be able to stand or walk for long periods. Heavy lifting required. Maintain current BLS and ACLS provider status.

Interested applicants may apply to the Human Resources Department
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(606) 886-7531 • Fax (606) 886-7534
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